



Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 515.255.3162 www.holytrinitydm.org

Dec 26 / Jan 2

The Holy Family of
Jesus, Joseph & Mary

2021

Taking the Journey TOGETHER

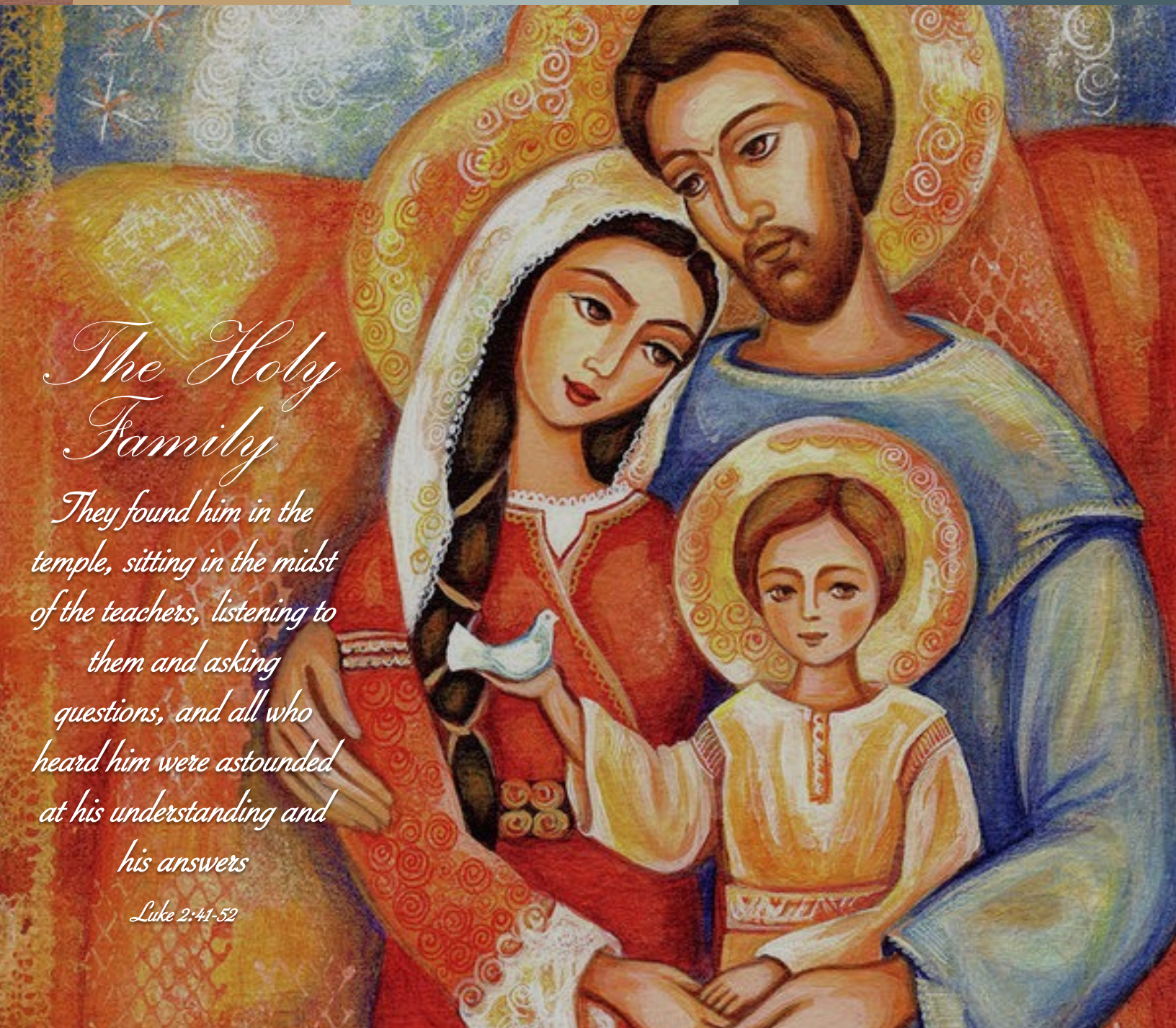
The Holy Family

They found him in the temple, sitting in the midst of the teachers, listening to them and asking questions, and all who heard him were astounded at his understanding and his answers

Luke 2:41-52

Join us in person or [WORSHIP WITH US ONLINE](#)

www.holytrinitydm.org Rev. Mark Neal, Pastor 515 255 3162 X126



*For unto you
is born this day
in the city of David a Savior,
who is Christ the Lord.*

(Luke 2:11)





FROM THE CHURCH DEC 26 / JAN 2 2022

HOLIDAY PLANNING We will have 2 Mass obligations to fulfill between Dec. 24 and Dec. 26, one for Christmas and one for Sunday. Please note, one cannot “kill two birds with one stone.” We must go to two Masses, one for Christmas and one on Sunday, the 26th of December.

ONLINE WORSHIP UPDATE We will be livestreaming only the Wednesday Daily Mass, the Weekend Masses and Holiday/Special Masses starting the week of Dec 14. This is [THE LINK to our livestream](#). If you have any question, please contact Father Mark. Thank you!

Parish Office Closed Friday Dec 24, Monday Dec 27 & Friday December 31. **Parish Holiday Offices Hours** 8 AM until 2 PM Dec 28, 29 & 30th

VOLUNTEER OPPORTUNITY We still need of a few sponsors for this year's RCIA candidates. This is a wonderful way to help a new candidate as well as learn more about our Catholic faith. If you would like to accompany one of our candidates on their journey to becoming Catholic, please contact the Parish Office at 255-3162 ext. 128 or talk to/email Deacon Doug at dougr@holytrinitydm.org.

ALTAR SERVERS NEEDED We can have 3! Eligible servers are students already trained with Parental Permission. **Parents—email student's name and Mass time availability to** carolynr@holytrinitydm.org.



USHERS NEEDED! As we are now required to maintain our holy obligation for Sunday masses, we need you! Please **contact Andy Negrete** 255-3162 ext. 129 or andyn@holytrinitydm.org



THANK YOU
FOR YOUR
SUPPORT OF
THE HOLY TRINITY
GIVING TREE!
We were able to
gift so many items
to our charities
this holiday
season!

In light of our increasing number of hospitalizations and COVID cases, and the ongoing celebration of Christmas, this is a friendly reminder that **the Diocese continues to strongly encourage masks at all indoor liturgies and other events**, especially for those who are unvaccinated and without natural immunity, as a small sacrifice that can assist our health care professionals and help all members of our community feel comfortable worshipping together.

PLEASE REMEMBER THE FAITHFUL DEPARTED...

Marilyn Limke

Longtime parishioner of Holy Trinity



SUPPORT OUR ADVERTISERS! To advertise, contact **Andy Negrete** 255-3162 ext. 129 or andyn@holytrinitydm.org

FINANCIAL BLESSINGS ENDING WEEK OF DEC 19, 2021

Budget - July 2021 - June 2022	\$1,000,000	YTD Surplus (Deficit)	(\$41,621)
YTD Actual Tithing through Dec 12	\$421,382	Tithing for the week ending Dec 12	\$11,033
YTD Budget through Dec 12	\$463,003	Number of Donations Received	70

DONATE AT MASS OR ONLINE AT <https://holytrinitydm.org/donate>

Want more information? Call the Parish Office 515 255 3162 X128 M-F 8AM-4PM

Celebrate the *WHOLE* season with intentionality

Tips for Making and Keeping New Year's Resolutions

- Reflect on where God is inviting you to improve
- Choose one thing; make it specific; state it in the positive; write it down
- Make a plan: what circumstances present obstacles? What motivates?
- Review and start again each morning--examine your conscience at night
- Contemplate the habit/virtue in Jesus & Mary. Ask the Holy Spirit's help
- Tell someone close to you, so they can help hold you accountable

JAN 1 HAPPY NEW YEAR

- Take some reflective time as a family to make a list of the things you're grateful for in this past year, and a list of prayer intentions for the coming year.
- Pray a rosary together or learn about and pray the Angelus. Go to Mass together as a family. Ask Mary to join with you in presenting your previously reflected upon list of gratitude and intentions to the Lord at Mass. Honor Mary for her spiritual motherhood and find a way to thank your own mom.
- Choose saints for the number of people in your family. Read enough about each saint to assign an appropriate virtue to them. Write them on slips of paper or print prayer cards and have each family member draw their "patron saint for the year" as their spiritual "buddy" to learn about and imitate.
- New Year's Eve party family-style: food, music, fun kid-friendly "drink menu," dance-party in the kitchen, games. . . If you're able to be with family/friends enjoy the celebration! Hold hands for a simple prayer to close the year and give hugs and kisses all around at midnight!

JAN 2 FEAST OF THE EPIPHANY

- Go to Sunday Mass as a family. Reflect on the Sunday Gospel together. If the Wisemen of your crèche were displayed separately, bring them before Jesus.
- In many countries families eat a circlet-shaped "3 Kings Cake." Buy one or make one. Traditionally a dried bean or plastic figure of Baby Jesus is baked into the sweet bread. Whoever ends up with the object in their slice. . . (you decide! In Mexico, the "winner" hosts the party on Feb. 2, the Presentation of the Lord.)
- In Germany and Austria, families seek the Wisemen's protection for the new year, by writing over the front door in chalk: the year and initials of Caspar, Melchior, & Balthazar (ie.: 20-c-m-b-22)
- Watch The Fourth Wiseman or read The Gift of the Magi together.
- Go out star-gazing (maybe you need to drive out in the country where it's darker!). Bundle up, sip cocoa, and reflect on the faith of the Wisemen and the power of God to bring about the miraculous star. Sing "We Three Kings."
- Epiphany celebrates God revealing himself to "the nations" (the world beyond Israel). Celebrate with an international pot -luck (each participating family or family member makes an ethnic food), each shares a few facts about the country of their choice or learns "Merry Christmas" in that country's language. Pray for the countries represented. Thank God for including us (for the non-Jewish reading this!) in his plan. Discuss how your family can help reveal Jesus to others.
- For moms — in Ireland, this feast is also known as "Women's Christmas!" The men do the cooking/housework and the women get to "take the day off," gathering with friends for tea and visiting! (JUST an idea. . . coming from a mom, of course!)



SAVE THE DATE

22-23 ENROLLMENT AT HOLY TRINITY SCHOOL STARTS JANUARY 30

Make sure you have access to early enrollment!

https://htschool.schooladminonline.com/portal/new_inquiry



A PARTNER IN YOUR CHILD'S EDUCATION

At Holy Trinity our inclusive partnerships with parents, students and parishioners provide experiential, inquiry-based activities designed to build confidence, facilitate problem solving and develop critical thinking skills all while building a strong foundation of gratitude, passion, empathy and a commitment to service.

Expect more. Explore Catholic education at Holy Trinity. Visit holymtrinitydm.org/school for more information.

MORE THAN A GREAT LEARNING ENVIRONMENT

Walk the halls of Holy Trinity and you'll discover not just a great learning environment, but also an opportunity to form lifelong friendships with students and families who have the same values, aspirations and desires to advance the common good. There is still time to register for the 2022-2023 school year. Expect more. Explore Catholic education at Holy Trinity. Schedule your visit today at dmdiocese.org/expectmore.

MÁS QUE UN GRAN ENTORNO DE APRENDIZAJE

Camine por los pasillos de Holy Trinity y descubrirá no solo un excelente entorno de aprendizaje, sino también la oportunidad de formar amistades para toda la vida con estudiantes y familias que tienen los mismos valores, aspiraciones y deseos de promover el bien común. Todavía hay tiempo para inscribirse para el año escolar 2022-2023. Esperar más. Explore la educación católica en Holy Trinity Programe su visita hoy en www.dmdiocese.org/catholic-schools/espanol.

DAY OF GIVING FEB 1 & 2



Many Gifts, One Nation
A Day of Giving to Catholic Schools

Please support our school by donating \$100 to Holy Trinity Catholic's Centennial Student Grant to ensure students, no matter their need, have access to a Catholic Education over the next 100 years.

<https://factsmgtadmin.com/give/appeal/VRpxPmb5h>

SAVE THE DATE! SAVE THE DATE! SAVE THE DATE! SAVE THE DATE! SAVE THE DATE!

Lighten Up! **Holy Trinity**

2022 Parish Mission

A Celebration of Faith & Family

Sunday Jan 23

Monday Jan 24



6:47 PM

Featuring the wit & wisdom of

Doug Brummel

& His 'Cast' of Characters



 Guaranteed to tickle your faith and nourish your soul! 

Contact John Mertes at 515 255 3162 x 224 or johnm@holytrinitydm.org for more info





DIOCESE / COMMUNITY DEC 26 / JAN 2 2022



Will you help spread the Word of God through Iowa Catholic Radio this Christmas? [We are asking for your support on behalf of listeners like Dan from West DSM, who shared:](#)

*"While listening to Iowa Catholic Radio, my daughter heard about a crisis pregnancy center in her time of need. Now we are blessed with a healthy grandchild because of the **lifesaving** information your station provided!"*

[CLICK HERE TO MAKE A YEAR END DONATION](#)

INTERNAL CONTROL SPECIALIST JOB OPPORTUNITY The Diocese of Des Moines has an immediate opening in our Finance Department working with parishes and schools. More information can be found on the Employment page of our website under Diocesan openings. www.dmdiocese.org

FOOD PANTRY The Des Moines Area Religious Council (DMARC) has provided a food pantry service to the Des Moines area for the past 45 years. It now provides food security to families from 14 partner food pantries and 31 mobile food pantry sites located throughout the city. During this time of Pandemic, more people are being assisted now than at any time in the program's history. We are still accepting donations here at HT. Those wishing to provide their support may drop either food or non-food items (diapers, wipes, personal products, etc.) into one of the green collection tubs located at the Holy Trinity Church entries. DMARC also welcomes cash/check donations as they are able to buy items at discounted prices and realize savings with their purchases. Checks written should be made payable to Holy Trinity (noted for DMARC) and placed in the collection basket. Thank you for your continued support.



LIVING CHRISTMAS

In American culture, we tend to put the Christmas cart before the horse! Lit trees go up and carols start playing in stores right after Thanksgiving. By December 26, we're fatigued by it all and start packing up all that's Christmas-y. NOT. . . SO. . . FAST!

Our Catholic faith invites us to a different approach. Advent offers a time for preparing our minds, hearts, and homes. But come Christmas Eve, we pivot to celebrating. We're no longer focused so much on the future, as relishing the promise that is fulfilled. . . now. Emmanuel. . . God with us. . . has arrived! This truth is so game-changing that a single day is not adequate to take it in and celebrate it. Our Christmas joy spills over into a whole liturgical season all its own.

Please go to this [DIOCESAN LINK](#) to find out how you can LIVE Christmas in the faith Dec 25-Jan 9!

PRAYER SERVICE INVITATION All are invited to join the DM Faith Committee for Peace for our Feast of the Holy Innocents service on Tuesday, December 28 at 6:30 p.m. This will be at the Capitol Hill Lutheran Church 511 DM St. with masks highly encouraged. Or you can join live at <https://www.facebook.com/Des-Moines-Faith-Committee-for-Peace-440186426119102/>. With our theme "Wailing for Children Who Are No More" we will raise our prayers to stop violence against innocent children. Donations will benefit the U.S. Committee for Refugees and Immigrants.

Want more information? Go to dmdiocese.org

Taking the Journey TOGETHER



NOTES ON THE MASS DEC 26 / JAN 2 2022

SPIRITUALITY OF THE READING DEC 26

Tempted But Without Sin

In the [Gospel](#) Reading, when Mary finally finds her almost-adolescent son, she says to him, "Son, why have you done this to us? Your father and I have been looking for you with great anxiety." It is not hard to recognize her lines to him as a rebuke. She has been looking for him for three days!

But here the story has to bump up against doctrine. Scripture tells us that Jesus was like us in every way, except that he had no sin ([Heb. 4:15](#)). Anyone in doubt about the moral seriousness with which Scripture takes honoring one's parents should look again at the [First Reading](#). How is the doctrine that Jesus is without sin compatible with this story in the Gospel about his mother's having to search for him for three days?

The answer lies in the explanation Jesus gives his mother. He says to her, "Why were you looking for me? Didn't you know that I must be in my Father's house?"

So, Jesus thought that his mother understood his relation to God and his need to be in God's temple learning at this time. He was wrong, on this score, of course. But it's a kind of wrongness that shows something sweet in him, isn't it? He is attributing to his mother more knowledge, more understanding, than she has.

He is therefore not dishonoring her when he takes off for three days without a word to her. On the contrary, he is in fact honoring her by thinking of her as if she had Christ's own knowledge of his relation to his father.

It is true that I am showing a way in which Jesus in this story is guilty of no sin—but only by virtue of pointing out that he is guilty of a mistake. But the Scriptural line says that Jesus is like us in every respect except sin, and to err is human. Thinking more highly of your mother than is warranted is a sinless mistake if anything is.

Jesus is human enough to learn from his mistake, though. The story goes on to say that Jesus went home with his parents and was obedient to them. And so, the story finishes, Jesus advanced in wisdom as well as age. And that is a good way to age, isn't it?

Eleonore Stump

SPIRITUALITY OF THE READING JAN 2

Who knew?

Who knew the Messiah was born as the baby Jesus in Bethlehem in that wintertime? In our [Gospel Reading](#), a lot of people came to figure it out. The chief priests and scribes knew where the Messiah would be born, because they could interpret the parts in the Old Testament that predicted the Messiah's birth. The magi from the East knew that the Messiah had been born, because they could interpret the presence of the star in the sky. When the magi followed the star to Bethlehem to see for themselves, Herod the King ordered them to come back and tell him too.

For all these people, there was a way to know the birth of the Messiah. The priests could interpret Scripture, and the magi could read the stars. King Herod had the political power to command their knowledge and wisdom for his own purposes. But what about people who lack the advantages of the priests and magi and who have no power to command others? How are they to know? Does God make provision only for the fortunate?

Consider the shepherds. They lacked the money needed for education, and so they lacked the ability to use Scripture or stars to know the birth of the Messiah. They had no power to command others to share the fruits of their education with them either.

But it isn't powerlessness or poverty that keeps a person from knowing the birth of the Messiah. In the end, it was not the shepherds but the powerful and wealthy King Herod, with his evil-hearted intentions, who didn't know the baby Jesus was the Messiah. The magi didn't tell him, because God warned them in a dream not to. And so Herod the King didn't know.

In spite of their lack of all worldly advantages, the shepherds in fact outranked the king and all the others. They were by the side of the Messiah first, and they didn't have to figure it out for themselves either.

The shepherds may have been poor and simple, but they were trusting and open-hearted, too. And so they knew Christ Jesus was born in a manger in Bethlehem that cold winter night because they heard the angels sing.

Eleonore Stump



READING I Samuel 1:20-28

PSALM 84:2-10

READING II 1 John 3:1-24

GOSPEL Luke 2:41-52

Question for Children: Why is it important to obey our parents? Why is it important to obey God?

Question for Youth: Jesus was obedient to his parents, even though he was the Son of God. Why is obedience so important? Is it something you struggle with?

Question for Adults: How are you, too, called to our Father's house?

Use these activities as a way to further reflect:

- God works in every family, calling it to be holy. No family is perfect, but Jesus helps families to grow in holiness. Talk to your family about what it means to be a holy family. This week make an extra effort to do nice things for your family members.

SAINT OF THE WEEK

John, Apostle and Evangelist

John and his brother, James, were the sons of Zebedee, and we know about them from the Gospels. They were fishers on Lake Gennesaret until they were called by Jesus to follow him. Saint John was very close to Jesus, and was present with Mary at the foot of the cross when Jesus died. He was a pillar of the early Church and he wrote eloquently about love. We celebrate his Feast on December 27.

John's message today: Imagine being one of Jesus' closest friends! Imagine living, working, and sharing your life with the Messiah, traveling where he traveled, witnessing his miracles, listening to his stories. Toward the end of his life, John recorded his experiences as a disciple of Jesus so that we can have an idea of what it was like to know Jesus.

Reading Scripture will help you develop a stronger relationship with Jesus. Start with John's first letter to get an idea of how much God loves you.

READING I Numbers 6:22-27

PSALM 67:2-8

READING II Galatians 4:4-7

GOSPEL Luke 2:16-21

Question for Children: In your life, who helps you to see Jesus in other people such as a classmate or a friend?

Question for Youth: The star guided the Magi to Jesus. What are the people or events who have guided you in your relationship with Jesus?

Question for Adults: How this past week did you demonstrate God's love at home and at work?

Use these activities as a way to further reflect:

- Epiphany is a traditional time for the blessing of homes. It is a time to celebrate the fact that God can be found in our everyday environment. Plan a blessing of your home. Use the following format: Read John 1:14 from the Bible. Then go in procession from room to room, blessing each room with holy water.

SAINT OF THE WEEK

John Neumann, Bishop

After attending a diocesan seminary, John Neumann came to the United States from the Czech Republic. Soon after his arrival he was ordained a priest and served European immigrants on the frontier. He joined the Redemptorist Order and established many schools. Later, John was named bishop of Philadelphia. He encouraged religious orders to settle in the area. He also built a number of new parishes and began building a cathedral. His feast day is January 5.

John's message today: John Neumann's goal was to have a school in every Catholic parish. This was very nearly realized by the middle of the twentieth century. While the numbers of schools has fallen in the years since, the need for educating our children in their faith remains as strong as ever.

Consider how you could use your talents in the Faith Formation program in your parish. Could you teach a grade? Be a classroom helper? Coordinate instruction schedules?

DONATE AT MASS OR ONLINE AT <https://holytrinitydm.org/donate>

Want more information? Go to www.holytrinitydm.org or call 515 255 3162



PARISH CALENDAR WEEK OF DEC 26 2022

	SUNDAY 12/26	MONDAY 12/27	TUESDAY 12/28	WEDNESDAY 12/29	THURSDAY 12/30	FRIDAY 12/31	SATURDAY 1/1
HOLY TRINITY SCHOOL		SCHOOL & SCHOOL OFFICE CLOSED for Christmas Break				NO KIDS CONNECTION	Happy New Year
FAITH FORMATION			NO RCIA Tonight	No Faith Formation Classes			
ADULT FAITH FORMATION	Mass 8:30AM 10:30AM	No Communion Service	No Morning Mass Communion Service 8:30AM	No Morning Mass Communion Service 8:30AM	Mass 8AM Adoration 2-9PM Rosary 4:15PM	Solemnity of Mary Mass 5:30PM No morning Mass today	NO Reconciliation Mass 4:30PM Sunday Reading Group MEN'S 7:30AM SR WOMEN'S 8:30AM CH
AND MORE	Holy Family of Jesus, Joseph & Mary	PARISH OFFICE CLOSED DEC 27 Christmas Break	Parish Office on Holiday Hours 8AM-2PM			PARISH OFFICE CLOSED DEC 31 New Year's	Epiphany

CH: Church 101-106: Classrooms DC: Day Chapel K: Kitchen MC: Media Center PO: Parish Office SR: Social Room

MASS / LITURGY SCHEDULE AND INTENTIONS

DAILY MASS READINGS @ <https://bible.usccb.org/bible/readings/100421.cfm>

Sunday Dec 26

8:30 AM Mass
10:30 AM Mass

Holy Family

Jim Durbala
Mildred McClavy

Monday Dec 27

NO Communion Service

Tuesday Dec 28

8:30 AM Communion Service

Wednesday Dec 29

8:30 AM Communion Service

Thursday Dec 30

8 AM Mass
2-9 PM
4:15 PM

Marcie Coleman
Adoration
Rosary

Friday Dec 31 Solemnity of Mary -- No Morning Mass

5:30 PM Mass

Therese Gilroy

Saturday Jan 1 Happy New Year -- Epiphany

4:30 PM Mass

Bill Hicks

Sunday Jan 2

8:30 AM Mass
10:30 AM Mass

Epiphany

Marcie Coleman
For the Parish

NEXT WEEK LITURGICAL MINISTERS / ALTAR SERVERS

Saturday Jan 1 4:30 PM

Altar Servers
Lectors
EMHC
Musical Coordinator

Solemnity of Mary

Ella Kiernan & Volunteers
Matt Kiernan & Liv Kiernan
Team 1
Tom Quiner

Sunday Jan 2 8:30 AM

Altar Servers
Lectors
EMHC
No Children's Liturgy
Musical Coordinator

Feast of the Epiphany

McAndrews Family
Wayne Johnson & Ben Klaus
Team 2
Tom Quiner

Sunday Jan 2 10:30 AM

Altar Servers
Lectors
EMHC
No Children's Liturgy
Musical Coordinator

Feast of the Epiphany

Vivian/Ava Skeffington & Siobhan Bigelow
Mark Amadeo & Margaret Toomey
Team 1
TBA

WEEKEND MASSES Sat 4:30 PM / Sun 8:30 & 10:30 AM

WEEKDAY MASSES Tue, Wed & Fri 8:30 AM / Thurs 8AM

Want more information? Call the Parish Office 515 255 3162 X128 M-F 8AM-4PM

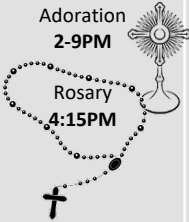


Mass Time 5:30PM
Dec 31

Solemnity
of Mary,
THE HOLY
MOTHER OF
God





PARISH CALENDAR WEEK OF JAN 2 2022

	SUNDAY 1/2	MONDAY 1/3	TUESDAY 1/4	WEDNESDAY 1/5	THURSDAY 1/6	FRIDAY 1/7	SATURDAY 1/8
HOLY TRINITY SCHOOL		WELCOME BACK TO SCHOOL				\$1 JEANS DAY	
FAITH FORMATION			RCIA 6:30 PM CH	Faith Formation 6:30PM SR			
ADULT FAITH FORMATION	Mass 8:30AM 10:30AM	No Communion Service	Mass 8:30AM	School Mass 8:30AM Hosted by Grade 6	Mass 8AM Adoration 2-9PM Rosary 4:15PM 	Mass 8:30AM	Reconciliation 3-3:45PM Mass 4:30PM Sunday Reading Group MEN'S 7:30AM SR WOMEN'S 8:30AM CH
AND MORE	 Epiphany						 Baptism Of the Lord

CH: Church 101-106: Classrooms DC: Day Chapel K: Kitchen MC: Media Center PO: Parish Office SR: Social Room

MASS / LITURGY SCHEDULE AND INTENTIONS

DAILY MASS READINGS @ <https://bible.usccb.org/bible/readings/100421.cfm>

Sunday Jan 2

8:30 AM Mass
10:30 AM Mass

Epiphany

Marcie Coleman
For the Parish

Monday Jan 3

NO Communion Service

Tuesday Jan 4

8:30 AM Mass

Jim Cooney

Wednesday Jan 5

8:30 AM School Mass

Marilyn Limke

Thursday Jan 6

8 AM Mass
2-9 PM
4:15 PM

Harold McCarville
Adoration
Rosary

Friday Jan 7

8:30 AM Mass

Robert & Janice Weast

Saturday Jan 8

3-3:45 PM
4:30 PM Mass

Baptism of the Lord
Reconciliation
For the Parish

Sunday Jan 9

8:30 AM Mass
10:30 AM Mass

Baptism of the Lord
Jim Durbala
Diane Smith

NEXT WEEK LITURGICAL MINISTERS / ALTAR SERVERS

Saturday Jan 8 4:30PM

Altar Servers
Lectors
EMHC
Musical Coordinator

Baptism of the Lord

Payton/Owen Wolf & Volunteers
Marsha Szymczuk & Karen Quiner
Team 2
Tom Quiner

Sunday Jan 9 8:30 AM

Altar Servers
Lectors
EMHC
Children's Liturgy
Musical Coordinator

Baptism of the Lord

Gabe Polich & Volunteer
Steve Stimmel & Scott Flood
Team 3
Chris & Kaylyn Sachs
Frances Paterik

Sunday Jan 9 10:30 AM

Altar Servers
Lectors
EMHC
Children's Liturgy
Musical Coordinator

Baptism of the Lord

Fahlander/Ian Alonzo/Ruth George
Lisa Rea & Mary Ellen Winston
Team 2
Chris & Ellie Coleman
Frances Paterik

WEEKEND MASSES Sat 4:30 PM / Sun 8:30 & 10:30 AM

WEEKDAY MASSES Tue, Wed & Fri 8:30 AM / Thurs 8AM

Want more information? Call the Parish Office 515 255 3162 X128 M-F 8AM-4PM

Epiphany

*Where is the newborn King of the Jews?
We saw his star at its rising and have come
to do him homage.*

Matthew 2:1-12

Saturday Vigil Mass
Jan 1 4:30PM

Sunday Mass Jan 2
8:30 & 10:30AM



 <p>KAPOW massage + wellness Katy Polich Owner/Parishioner 5601 Hickman Rd Ste #6 515-770-9515</p>	<p>Ingersoll Family Dentistry Bernard Gradoville, D.D.S. 2800 Ingersoll Ave. • Des Moines IA 515-243-2412</p>	<p>Matt Nolan Mortgage Lender NMLS #441192 13523 University Ave Clive, IA 50325 Cell: (515) 490-4113 Email: Matt.Nolan@MylSB.com Website: MyLSBMortgage.com</p> 	<p>SAY MORE WITH BOESEN SINCE 1923 Boesen.com 3422 Beaver & 3801 Ingersoll 515-244-ROSE (7673)</p> 	 <p><i>Westover Chapel</i> 276-4567 <i>Dunn's Chapel</i> 244-2121 <i>Grandview Park</i> 262-1652 Kelly Broderick Iles Funeral Homes Funerals • Cremations • Pre-planning www.IlesCares.com</p>
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