

PRAYER & READINGS



READINGS

PENTECOST SUNDAY

Reading I : Acts 2:1-11 All were filled with the Holy Spirit.

Reading II : 1 Corinthians 12:3b-7, 12-13

There are different gifts, but the same Spirit.

Gospel : John 20:19-23 As the Father sent me, so I send you.

QUESTION OF THE WEEK

Question for Children: When have you heard your inner voice or conscience guiding you to do what is right?

Question for Youth: On Pentecost, the apostles were able to speak in a language that everyone could understand. As a young person, you have your own way of communicating Jesus' importance in your life. How will you make Jesus more known to others in your own way this week?

Question for Adults: Share about times when you felt the power of the Spirit, giving you the right words, giving you insight into a dilemma, or in other ways.

CHURCH FINANCES

Financial Blessings Ending week of 5/22/2026 will be in the June 14/21 bulletin.

For pledging & payment:
<https://holytrinitydm.org/donate/>
or scan the QR Code --->

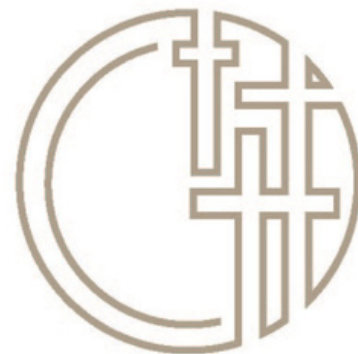


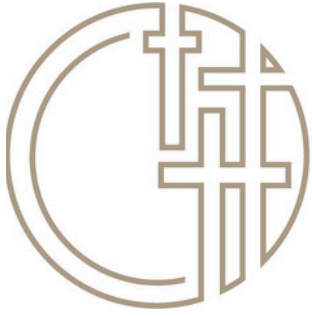
HOLY TRINITY PRAYER

Gracious God, the perfect love and communion of the Father, Son and Holy Spirit together makes the Most Holy Trinity; one God. God the Father, who created us; Jesus God the Son who gave His life to save ours; God the Holy Spirit who guides us each day.

Help us follow the example of the Most Holy Trinity as we seek to faithfully walk the path that you lay before us; to love and serve others; build a more caring and respectful world and answer your call in our lives as we take this journey together as one people of God.

AMEN





Holy Trinity

Catholic Church and School

MAY 24TH | PENTECOST SUNDAY

Taking the Journey TOGETHER



MASS SCHEDULE

MON: No Mass/Communion Service

TUE: 8:30 AM Mass

WED: 8:30 AM Mass

THU: 8:30 AM Mass & 2:00-9:00 PM Adoration

FRI: 8:30 AM Mass

SAT: 3:00-3:45 PM Reconciliation & 4:30 PM Mass

SUN: 8:30 AM & 10:30 AM Mass

**Mass Times often change for Holy Days of Obligation*

**WORSHIP
ONLINE**
on Youtube

 /HTSCHOOLDM

 @HOLYTRINITYDSM

 [HTTPS://HOLYTRINITY
DM.ORG/](https://holytrinitydm.org/)

FOUNDER'S DAY
31ST MAY 2026
JOIN US!

Enjoy an outdoor picnic with a special kid's menu, old fashioned games for the young at heart, and inflatables. Don't miss out on this parish event!



Holy Trinity
Catholic Church and School

Don't miss this wonderful parish event!

On the menu...

Burgers, brats, and hotdogs.

Chips, potato salad, baked beans, watermelon, and icecream sandwiches.

Lemonade, iced tea and water are provided.



Knights of Columbus



JOIN US

After 10:30 Mass



Grieving with Great **HOPE**

Grief Support Workshop

Grieving with Great HOPE is a five week grief support workshop series that offers a **prayerful, practical and personal** approach for anyone who is mourning the loss of a Loved One. If you have lost a Spouse, a Child (including pregnancy loss), a Grandchild, a Parent, another Family Member or a Friend, YOU are encouraged to attend.

Weekly Sessions will be held on
Thursdays from 2pm to 4pm

Dates will be June 4, 11, 18, 25 and July 2, 2026
at Holy Trinity Catholic Church

Registration is required but there is no charge for this program.

For more information and to register please contact:
Deacon Troy Thompson, Pastoral Care Minister at
troyt@holytrinitydm.org, 515-447-5707 or 515-255-3162 ext 124.



Holy Trinity Catholic Church

2926 Beaver Avenue, Des Moines, Iowa 50310

www.holytrinitydm.org - 515-255-3162

SCHEDULES

UPCOMING MASS SCHEDULE

May 24th	8:30AM 10:30AM	For the Parish Carl & Elizabeth Neal
May 26th	8:30AM	Joyce Otting
May 27th	8:30AM	Bill McGough
May 28th	8:30AM	Fr. Leonard Kenkel
May 29th	8:30AM	Wil & Cleo Dubes
May 30th	3:00-3:45PM 4:30PM	<i>Reconciliation</i> Mary Ann Grieb
May 31st	8:30AM 10:30AM	For the Parish Tim Simmons

UPCOMING LITURGICAL MINISTERS & ALTAR SERVERS

Saturday, May 30th: 4:30pm

Altar Servers | Jude & Hugh Kajewski and Burke & Vinnie Smith
Lectors | Mary Sanders & Marsha Szymczuk
EMHC | Team 2
Music Coordinator | Tom Quiner


Sunday, May 31st: 8:30am

Altar Servers | Mary Cate & Ronan Bergman, Penelope Blaser and Cartier Bryant
Lectors | Wayne Johnson & Luke Lynch
EMHC | Team 2/MC: Katy Polich
Children's Liturgy | Team A: Janelle & Ian Kerr
Music Coordinator | Tom Quiner

Sunday, May 31st: 10:30am

Altar Servers | Hannah Hermann, Miriam Stegman, Wyatt McElroy and Paul Meylor
Lectors | Chris Coleman & Matt Connolly
EMHC | Team 5/MC: Mark Amadeo
Children's Liturgy | Team 5: Jean Smith & Alaina Hoover
Music Coordinator | Eric Sharp

CALENDAR | MAY 24TH, 2026

	Sunday May 24th	Monday May 25th	Tuesday May 26th	Wednesday May 27th	Thursday May 28th	Friday May 29th	Saturday May 30th
School		No School		All School Mass Hosted by the 7th Grade 8:30 AM (CH)		Last Day of School for TK-7th Grade FREE Dress Down Day	
Faith Formation			Morning Prayer following 8:30AM Mass (CH)			Morning Prayer following 8:30AM Mass (CH)	Sunday Reading Groups Mens (MC) (7:30AM) Womens (MC) 8:30AM
Adult Faith Formation				Schola 6:30PM (Choir Room)			
More	Coffee & Donuts following 8:30 & 10:30 Mass (Gym, SR) Hosted by: SFO	Parish Office Closed 	SVdP Meeting 4:00PM (104)				NO Confessions

PARISH NEWS



SUMMER OFFICE HOURS

Starting June 1st

Beginning June 1st, Holy Trinity Parish office hours will be 8:00 a.m. to 2:00 p.m. Monday through Friday.

Regular office hours will resume Monday, August 24. Have a great summer!

PARISH INFORMATION

Ministries at Holy Trinity

Coffee and Donuts: We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate, please [sign up here!](#) You may also get in touch with Jan Swinton at jans@holytrinitydm.org in the parish office.

Baptism: Do you want to celebrate your child's baptism at Holy Trinity? The next Baptism Class is Monday, June 29th. Contact Jan Swinton in the Parish Office at jans@holytrinitydm.org with questions.

Pastoral Care. Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. Asking for help is not easy. We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help. There is help, and hope, available.

Nourish for Caregivers will recess for the summer months and will begin again in the Fall.

GRIEF SUPPORT WORKSHOP

Grieving with Great HOPE

Holy Trinity will host a five-week grief support series for those mourning the loss of a loved one. This prayerful and practical program is open to anyone who has experienced loss, including family members or friends.

Sessions will be held on Thursdays from 2:00–4:00 PM, June 4 through July 2, at Holy Trinity Catholic Church.

Registration is required, but there is no cost.

For more information or to register, contact Deacon Troy Thompson, Pastoral Care Minister at troyt@holytrinitydm.org, 515-447-5707 or 515-255-3162 ext 124.

PARISH DOOR SECURITY

Parish Entrance

As part of our ongoing security on the school campus and parish offices, there is an additional doorbell/buzzer located inside the parish office entryway that you will need to engage in order to gain access to the building.

We appreciate your patience as we navigate this new level of security to ensure the safest environment possible for school and parish staff and for our precious children. If you have questions, please feel free to contact the parish office.

INTENTIONS

We pray for the repose of the soul of Cynthia Bagby Jackson, sister of David Bagby; Holy Trinity's Office Facilities Manager. Eternal rest grant unto Her O Lord and let Perpetual Light shine upon her.

May her Soul and the Souls of all the Faithful departed, through the Mercy of God, rest in peace.

Amen.

PARISH NEWS

HOLY TRINITY BOOK CLUB

Join us at the Franklin Library!

Are you interested in seeing fiction through our catholic faith? Consider joining our book club. We'll be meeting at the Franklin Library -- in a small conference room from 6:30-8 pm.

If you have questions, email Sarah Sullivan Bigelow at ssullivanbigelow@gmail.com. The next three meetings and titles are as follows:

- **Final Date-** July 14 "Imagine Heaven" by John Burke



VACATION BIBLE SCHOOL

Rainforest Falls: Exploring the Nature of God

Dates: Monday, July 20-Friday, July 24

Time: 9:00 am - 11:30 am each day

Participants: Those entering Kindergarten through grade 5 in the fall of 2026

Leaders: Middle School & High School students entering grades 6-12 in the fall of 2026, College Students, Parents, Grandmas & Grandpas, any adult of the parish.

Cost: Participants are \$60 per child with a \$150 family maximum. Leaders are \$10 to help cover T-shirt costs.

VIRTUS & Background Checks are a requirement for all adults 18 years of age and older. Contact: John Mertes, Director of Faith Formation at johnm@holymtrinitydm.org, or via telephone at (515) 255-3162 extension 224 Applications will be available starting April 15th. Application Deadline is June 30th.

THE HOLY TRINITY PARISH ART GROUP

Show Off Your Creative Side!

Stay connected to the church and nurture your creative side with fellowship, inspiration, and even motivation to work on that creative hobby you've been "meaning to" start! Join us for any (or all!) of our open studio sessions in the 7th grade rooms in the school on:

- Sunday, June 7th from 1-3:30
- Sunday, July 12th from 1-3:30
- Sunday, August 16th from 1-3:30

Bring your own personal art or craft projects to work on, or just stop over to check things out and get inspired! This group is open to any Holy Trinity parishioners age 14 and over and all skill levels and artistic interests are welcome!

Contact Hannah Zimmerman with any questions hmzimmerman@gmail.com



SCHOOL NEWS

UPCOMING DATES

Mark your calendar!

May 25th- No School (Memorial Day)

May 27th- All School Mass- Hosted by the 7th Grade

May 28th- Field Day for TK-7th Grade

May 29th- Last Day TK-7th Grade | Free Dress Down Day

GET A HEAD START ON NEXT SCHOOL YEAR WITH EDUKIT! SKIP

Orders Due by June 22nd

Skip the back-to-school shopping chaos and get everything your child needs delivered straight to the school! EduKit offers a fast, easy, and affordable way to order teacher-approved school supplies for the 2026–27 school year. Just a few clicks and you're done! But don't wait—orders must be placed by June 22nd. Order now and check one big thing off your summer to-do list!

[Buy your edukit supplies here!](#)

ESA APPLICATION

Now Open thru June 30th!

The [Students First ESA Application](#) is available in English and Spanish. The application window for the 2026-27 school year is open from 8:00 a.m. on April 16, 2026 through 11:59 p.m. on June 30, 2026. [Apply Now](#)

[ESA Funding](#)

- ESA funding for the 2026-27 school year is \$8,148.
-

Application Help: help.ia@withodyssey.com or 515-368-9564

[Apply Now!](#)



ROSARY GARDEN

Beautiful Campus Addition!

With grateful hearts, we thank SFO and Sarah Sullivan Bigelow for the beautiful gift of our Rosary Garden. This sacred space is a wonderful addition to our campus and a peaceful reminder of the Blessed Mother's presence among us. We are especially thankful for the dedication and blessing led by Father Mark and our 8th graders following May Crowning last week.

May this garden be a place of prayer, peace, and reflection for all who visit. We warmly invite everyone to come and spend time in prayer in the Rosary Garden, located on the west side of campus.

NOW HIRING AT HT

Positions Open At Holy Trinity!

We are now hiring for the following positions:

- Music Teacher
- Physical Education
- Middle School Associate

If you are interested in applying, email Monica Morrison at mmorrison@htschool.org.



Holy Trinity
Catholic Church and School

DIOCESAN NEWS

SUMMER MONTHS

Additional Prayer Opportunities

During the Summer Months of June, July, and August, Morning Prayer will follow daily Mass at Holy Trinity Catholic Church only on Tuesdays. In September, we will resume Morning Prayer on Tuesdays and Fridays. If you are able, please join us as we praise our Heavenly Father with people from all over the world. Prayer books will be provided.

WOMEN'S EVENING OF RECOLLECTION

June 8, 2026

St. Augustin Church
545 42nd Street, Des Moines

Spend a brief time away from the world to be with Our Lord. The Evening is designed to help you spend time alone with God, to look at your life from His perspective, and find practical ways to serve God amid your ordinary work and family life.

A priest will present two meditations based upon the spirituality of St. Josemaria Escrivá, the founder of Opus Dei. There will be time for personal prayer, reflection, and confession. The evening will conclude with Benediction. Women of all ages are invited, including high school and college students

6:30 Confession.
6:40 Practical Talk.
7:00 First meditation. Confession. Meditation.
8:00 Benediction
8:00-8:30 Social Time

The Women's Evenings of Recollection will take place on the 2nd Monday of each month. Questions: Terry McFarland (630-885-0246). terryannmcfarland@gmail.com

NOW HIRING IN DSM

Featured Job Opportunities: St. Anthony

St. Anthony Catholic School is hiring several faculty and staff members to join their team. St. Anthony is the only Catholic school in the diocese with Spanish-immersion and dual-language programs, creating a vibrant, diverse place to work in the heart of Des Moines.

Positions include:

Administrator/Assistant Administrator
Music Teacher
Middle School Language Arts Teacher
Middle School Science Teacher
3rd Grade Teacher
Interventionist
School Nurse

If you or someone you know is interested, please contact Denise Mulcahy (dmulcahy@dmdioocese.org). To view all open positions across all 16 schools in our diocese, please visit <http://www.dmdioocese.org/careers>

VOLUNTEERS NEEDED

Attention willing photographers!

NPM, our local Catholic music ministry chapter, is seeking volunteers (i.e. anyone with a camera) to take photos at local ministry events (4-5 per year). It's a great way to do intermittent service. Contact Julie Curry at desmoinesia@npm.org.



OUR FAITH EXPLAINED

SAINT OF THE WEEK

Anthony of Padua, Priest and Doctor, 1195-1231

Saint Anthony lived in Portugal, and studied at the cathedral schools there. He was ordained and became a Franciscan friar. He became a great preacher and attracted large crowds wherever he spoke. He lived much of his life in Padua, Italy, where he taught theology and worked for social justice, especially for prisoners and the poor. He died very young, at age 36.

Anthony has been a favorite saint for hundreds of years because of the belief that he intercedes with God on behalf of many who have lost articles. Any Catholic who has, say, misplaced the car keys and said a short prayer to Saint Anthony can tell you how they “miraculously” found their keys virtually “under their noses.” We can count on the saints to help us, knowing that they, too, experienced many of the difficulties we encounter in our own lives.

Saint Anthony is the patron of many things and places besides lost articles. Among them are American Indians, expectant mothers, and sailors. His memorial is celebrated on June 13.

Anthony's message today: Anthony has been a favorite saint for hundreds of years because of the belief that he intercedes with God on behalf of many who have lost articles. Any Catholic who has, say, misplaced the car keys and said a short prayer to Saint Anthony can tell you how they “miraculously” found their keys virtually “under their noses.”

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InnerVisions HealthCare

PILGRIMAGE FOR THE UNBORN

"Where two or three are gathered in my name, there am I in the midst of them." - Matthew 18:20

What to Expect:

- 67 mile pilgrimage
- 33 hours
- 20 Rosaries
- Join for pray, walk miles or support financially

Saturday May 30th
 5 AM Mass - 6 AM Walk Starts
 St Boniface Catholic Church Waukee Iowa
 More Info: www.IVHcare.org/pilgrimage
 Sign up today and join us on the walk

VIRTUES, EXPLAINED!

Self Control, Explained!

Love. Joy. Anger. Desire. Fear.

These are just a few of what are called the “passions” of humankind, and in order to understand self-control, we must first understand the passions. Our passions are neither good nor bad — it’s all in how we interact with them.

Enter the virtue of self-control.

Self-control flows from the cardinal virtue of temperance, and it’s really all about boundaries. Passions only become problematic when we allow them to control us. Through self-control, a gift of the Holy Spirit, we avoid surrendering too much of ourselves to our passions.

“When regulated by reason, and subjected to the control of the will, the passions may be considered good and used as means of acquiring and exercising virtue,” we read in The Catholic Encyclopedia. “The sensitive is given to man by God, and therefore its acts have to be employed in His service.”

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