



Holy Trinity

Catholic Church and School

MAY 31ST | SOLEMNITY OF THE MOST HOLY TRINITY

JUNE 7 | SOLEMNITY OF THE MOST HOLY BODY & BLOOD OF CHRIST

Taking the Journey TOGETHER



MASS SCHEDULE

MON: No Mass/Communion Service

TUE: 8:30 AM Mass

WED: 8:30 AM Mass

THU: 8:30 AM Mass & 2:00-9:00 PM Adoration

FRI: 8:30 AM Mass

SAT: 3:00-3:45 PM Reconciliation & 4:30 PM Mass

SUN: 8:30 AM & 10:30 AM Mass

**Mass Times often change for Holy Days of Obligation*

WORSHIP

ONLINE

on Youtube



/HTSCHOOLDM



@HOLYTRINITYDSM



[HTTPS://HOLYTRINITY
DM.ORG/](https://holytrinitydm.org/)



Grieving with Great **HOPE**

Grief Support Workshop

Grieving with Great HOPE is a five week grief support workshop series that offers a **prayerful, practical and personal** approach for anyone who is mourning the loss of a Loved One. If you have lost a Spouse, a Child (including pregnancy loss), a Grandchild, a Parent, another Family Member or a Friend, YOU are encouraged to attend.

Weekly Sessions will be held on
Thursdays from 2pm to 4pm

Dates will be June 4, 11, 18, 25 and July 2, 2026
at Holy Trinity Catholic Church

Registration is required but there is no charge for this program.

For more information and to register please contact:
Deacon Troy Thompson, Pastoral Care Minister at
troyt@holytrinitydm.org, 515-447-5707 or 515-255-3162 ext 124.



Holy Trinity Catholic Church

2926 Beaver Avenue, Des Moines, Iowa 50310

www.holytrinitydm.org - 515-255-3162

SCHEDULES

UPCOMING MASS SCHEDULE

May 31st	8:30AM	For the Parish
	10:30AM	Tim Simmons
June 2nd	8:30AM	Barbara Esser
	8:30AM	James Bergman
June 3rd	8:30AM	For the Unborn
June 4th	8:30AM	Ben Zenti
June 5th	8:30AM	Ben Zenti
	8:30AM	Ben Zenti
June 6th	3:00-3:45PM	<i>Reconciliation</i>
	4:30PM	Father Ostdiek & All Holy Trinity Pastors
June 7th	8:30AM	For the Parish
	10:30AM	John Erickson

UPCOMING LITURGICAL MINISTERS & ALTAR SERVERS

Saturday, June 6th: 4:30pm

Altar Servers | Austin & Tyler Leo and Joan and Nora Niday

Lectors | Todd Treese & Gary Thull

EMHC | Team 3

Music Coordinator | Tom Quiner

Sunday, June 7th: 8:30am

Altar Servers | Elizabeth Bungert, Jonah & Gwennie Johnson and Bennett Steinkamp

Lectors | Mark McAndrews & Jeff Nielsen

EMHC | Team 1/MC: Karen Quiner

Children's Liturgy | TBD

Music Coordinator | Tom Quiner

Sunday, 7th: 10:30am

Altar Servers | Mia & Madelyn Daskalakes and Isaac & Lukas Perry

Lectors | Tom Green & Rob Hoover

EMHC | Team 1/MC: Jim Wilwerding

Children's Liturgy | TBD

Music Coordinator | Eric Sharp

CALENDAR | MAY 31ST, 2026

	Sunday May 31st	Monday June 1st	Tuesday June 2nd	Wednesday June 3rd	Thursday June 4th	Friday June 5th	Saturday June 6th
School							
Faith Formation			Morning Prayer following 8:30AM Mass (CH)				Sunday Reading Groups Mens (MC) (7:30AM) Womens (MC) 8:30AM
Adult Faith Formation					Knights of Columbus 7:00-8:30PM (MC)		
More	HT Parish Picnic following 10:30 Mass (Cym, SR if inclement weather)						NO Confessions

SCHEDULES

UPCOMING MASS SCHEDULE

June 7th	8:30AM 10:30AM	For the Parish John Erickson
June 9th	8:30AM	Paul Binder
June 10th	8:30AM	William Judkins
June 11th	8:30AM	Dan & Jean Severson
June 12th	8:30AM	Inez McGough
June 13th	3:00-3:45PM 4:30PM	<i>Reconciliation</i> For the Parish
June 14th	8:30AM 10:30AM	Mary Ann Bitner Dennis Hurley

UPCOMING LITURGICAL MINISTERS & ALTAR SERVERS

Saturday, June 13th: 4:30pm

Altar Servers | Frank & Louie Brett and Lola & Penelope Carroll

Lectors | Pat Pithan & Doug Volkmer

EMHC | Team 1

Music Coordinator | Tom Quiner

Sunday, June 14th : 8:30am

Altar Servers | Sullivan Kelley, Geneva Knapp, Kaylee Maloney and Hilari Thibodeau

Lectors | Karen Quiner & Jean Severson

EMHC | Team 2/MC: Katy Polich

Children's Liturgy | TBD

Music Coordinator | Tom Quiner

Sunday, 14th : 10:30am

Altar Servers | Andreo & Luciano Castro and Noah & Piper Dragoo

Lectors | Billy Howe & Lisa Rea

EMHC | Team 2/MC: Mary Ellen Winston

Children's Liturgy | TBD

Music Coordinator | Eric Sharp

CALENDAR | JUNE 7TH, 2026

	Sunday June 7th	Monday June 8th	Tuesday June 9th	Wednesday June 10th	Thursday June 11th	Friday June 12th	Saturday June 13th
School							
Faith Formation			Morning Prayer following 8:30AM Mass (CH)				Sunday Reading Groups Mens (MC) (7:30AM) Womens (MC) 8:30AM
Adult Faith Formation							
More	Art Group 1:00-3:30PM (103, 104)						

PARISH NEWS



SUMMER OFFICE HOURS

Starting June 1st

Beginning June 1st, Holy Trinity Parish office hours will be 8:00 a.m. to 2:00 p.m. Monday through Friday.

Regular office hours will resume Monday, August 24. Have a great summer!

PARISH INFORMATION

Ministries at Holy Trinity

Coffee and Donuts: We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate, please [sign up here!](#) You may also get in touch with Jan Swinton at jans@holytrinitydm.org in the parish office.

Baptism: Do you want to celebrate your child's baptism at Holy Trinity? The next Baptism Class is Monday, June 29th. Contact Jan Swinton in the Parish Office at jans@holytrinitydm.org with questions.

Pastoral Care. Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. Asking for help is not easy. We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help. There is help, and hope, available.

Nourish for Caregivers will recess for the summer months and will begin again in the Fall.

SUMMER MONTHS

Additional Prayer Opportunities

During the Summer Months of June, July, and August, Morning Prayer will follow daily Mass at Holy Trinity Catholic Church only on Tuesdays. In September, we will resume Morning Prayer on Tuesdays and Fridays. If you are able, please join us as we praise our Heavenly Father with people from all over the world. Prayer books will be provided.

PARISH DOOR SECURITY

Parish Entrance

As part of our ongoing security on the school campus and parish offices, there is an additional doorbell/buzzer located inside the parish office entryway that you will need to engage in order to gain access to the building.

We appreciate your patience as we navigate this new level of security to ensure the safest environment possible for school and parish staff and for our precious children. If you have questions, please feel free to contact the parish office.

INTENTIONS

Loving Creator, we come before you with hearts filled with both grief and hope. We entrust all of our departed loves ones, and all who have left this world, into your loving and merciful hands. Thank you for the gift of their lives, the love they shared, and the legacies they left behind.

*Grant them eternal rest, and let perpetual light shine upon them. **Amen.***



PARISH NEWS

HOLY TRINITY BOOK CLUB

Join us at the Franklin Library!

Are you interested in seeing fiction through our catholic faith? Consider joining our book club. We'll be meeting at the Franklin Library -- in a small conference room from 6:30-8 pm.

If you have questions, email Sarah Sullivan Bigelow at ssullivanbigelow@gmail.com. The next three meetings and titles are as follows:

- **Final Date-** July 14 "Imagine Heaven" by John Burke



VACATION BIBLE SCHOOL

Rainforest Falls: Exploring the Nature of God

Dates: Monday, July 20-Friday, July 24

Time: 9:00 am - 11:30 am each day

Participants: Those entering Kindergarten through grade 5 in the fall of 2026

Leaders: Middle School & High School students entering grades 6-12 in the fall of 2026, College Students, Parents, Grandmas & Grandpas, any adult of the parish.

Cost: Participants are \$60 per child with a \$150 family maximum. Leaders are \$10 to help cover T-shirt costs.

VIRTUS & Background Checks are a requirement for all adults 18 years of age and older. Contact: John Mertes, Director of Faith Formation at johnm@holymtrinitydm.org, or via telephone at (515) 255-3162 extension 224 Applications will be available starting April 15th. Application Deadline is June 30th.

EUCCHARISTIC MINISTER

Are you looking for a meaningful way to serve our parish community?

Do you hold a deep love and reverence for the Most Holy Eucharist? We invite you to prayerfully consider becoming an Extraordinary Minister of Holy Communion.

Eucharistic Ministers play a vital role in our liturgical life. By assisting the priests with the distribution of the Body and Blood of Christ, you help ensure our community is nourished at every Mass.

This ministry is open to all baptized, confirmed Catholics in good standing with the Church who are at least 16 years old.

- Please contact the parish office if you are interested. 515-255-3162 ext.128

THE HOLY TRINITY PARISH ART GROUP

Show Off Your Creative Side!

Stay connected to the church and nurture your creative side with fellowship, inspiration, and even motivation to work on that creative hobby you've been "meaning to" start! Join us for any (or all!) of our open studio sessions in the 7th grade rooms in the school on:

- Sunday, June 7th from 1-3:30
- Sunday, July 12th from 1-3:30
- Sunday, August 16th from 1-3:30

Bring your own personal art or craft projects to work on, or just stop over to check things out and get inspired! This group is open to any Holy Trinity parishioners age 14 and over and all skill levels and artistic interests are welcome!

Contact Hannah Zimmerman with any questions hmzimmerman@gmail.com

SCHOOL NEWS



UPCOMING DATES

Mark your calendar!

June 18th- Pizza at the Park

GET A HEAD START ON NEXT SCHOOL YEAR WITH EDUKIT! SKIP

Orders Due by June 22nd

Skip the back-to-school shopping chaos and get everything your child needs delivered straight to the school! EduKit offers a fast, easy, and affordable way to order teacher-approved school supplies for the 2026–27 school year. Just a few clicks and you're done! But don't wait—orders must be placed by June 22nd. Order now and check one big thing off your summer to-do list!

[Buy your edukit supplies here!](#)

ESA APPLICATION

Now Open thru June 30th!

The [Students First ESA Application](#) is available in English and Spanish. The application window for the 2026-27 school year is open from 8:00 a.m. on April 16, 2026 through 11:59 p.m. on June 30, 2026. [Apply Now](#)

ESA Funding

- ESA funding for the 2026-27 school year is \$8,148.
-

Application Help: help.ia@withodyssey.com or 515-368-9564

[Apply Now!](#)

NOW HIRING AT HT

Positions Open At Holy Trinity!

We are now hiring for the following positions:

- Music Teacher
- Physical Education
- Middle School Associate

If you are interested in applying, email Monica Morrison at mmorrison@htschool.org.

PIZZA AT THE PARK

June 18th, 2026

Pizza, games and time with Holy Trinity families! Meet SFO and Holy Trinity families at Ashby Park from 5pm-7pm.

This has become a favorite summer event and is a great way for friends to see each other, and new families to make new friends!



**RESPECT LIFE
CORNER**



“Each child is sent into this world by God with a unique message to deliver, a new personal act of love to bestow.”
– Fr. John Powell

DIOCESAN NEWS

SWING DANCE BALL

July 18th at Sacred Heart

When: Saturday July 18th 7-9pm (doors at 6pm)
Where: Sacred Heart Church, WDM
What: Open dance floor (for ages 17+), live big band, dance instructors and more!
Cost: all included in a \$15 cover!

Mark your calendars for a memorable event!

WOMEN'S EVENING OF RECOLLECTION

June 8, 2026

St. Augustin Church
545 42nd Street, Des Moines

Spend a brief time away from the world to be with Our Lord. The Evening is designed to help you spend time alone with God, to look at your life from His perspective, and find practical ways to serve God amid your ordinary work and family life.

A priest will present two meditations based upon the spirituality of St. Josemaria Escrivá, the founder of Opus Dei. There will be time for personal prayer, reflection, and confession. The evening will conclude with Benediction. Women of all ages are invited, including high school and college students

6:30 Confession.
6:40 Practical Talk.
7:00 First meditation. Confession. Meditation.
8:00 Benediction
8:00-8:30 Social Time

The Women's Evenings of Recollection will take place on the 2nd Monday of each month.
Questions: Terry McFarland (630-885-0246).
terryannmcfarland@gmail.com



NOW HIRING IN DSM

Featured Job Opportunities: St. Anthony

St. Anthony Catholic School is hiring several faculty and staff members to join their team. St. Anthony is the only Catholic school in the diocese with Spanish-immersion and dual-language programs, creating a vibrant, diverse place to work in the heart of Des Moines.

Positions include:

Administrator/Assistant Administrator
Music Teacher
Middle School Language Arts Teacher
Middle School Science Teacher
3rd Grade Teacher
Interventionist
School Nurse

If you or someone you know is interested, please contact Denise Mulcahy (dmulcahy@dmdiocese.org). To view all open positions across all 16 schools in our diocese, please visit <http://www.dmdiocese.org/careers>

MISSION TRIP

January 2027 in South Africa

Father Ray McHenry, the retired pastor of St. Francis of Assisi Parish in West Des Moines, will be leading his 12th Mission Trip to South Africa January 14 – 26, 2027. If you have felt the calling to do missionary service this is an opportunity to serve. There will be an informational meeting on Monday June 15 at 6:30 pm at St. Francis of Assisi in the Serra Room.

OUR FAITH EXPLAINED



SAINT OF THE WEEK

John Fisher, Bishop and Martyr

John was born in Beverly, York, England, and he was a gifted scholar. He eventually came to serve as bishop, chancellor of the University of Cambridge, and in other high positions. While he was advising Catherine of Aragon, wife of King Henry VIII, he began his final journey.

When Henry tried to divorce Catherine, the bishop strongly defended the validity and indissolubility of the marriage. And as Henry took further steps toward separating the Church in England from Rome, John Fisher spoke out in defense of the Church and the supremacy of the pope. Eventually he was beheaded for his loyalty to the Catholic Church.

John Fisher refused to go against his principles. It can be easy to compromise one's beliefs for worldly gain, particularly when one's life is at stake. We can look to people like John Fisher as models when we are called upon to yield on what we believe in.

Saint John Fisher was canonized by Pope Pius XII in 1935. An optional memorial honors this saint along with Saint Thomas More on June 22.

John's message today: John Fisher refused to go against his principles. It can be easy to compromise one's beliefs for worldly gain, particularly when one's life is at stake. We can look to people like John Fisher as models when we are called upon to yield on what we believe in.

- Have you compromised your principles for a gain in power, influence, or wealth? Do you have the strength to stand up for your beliefs?

RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Looking for God

What do we think when we see Jesus coming to save us?

The first thing the Apostles scream is "Ghost!" when they catch sight of Jesus walking towards them on water. That always makes me laugh. After all they have witnessed thus far as the companions of the Messiah, they see someone walking on water and they still react like extras in a bad episode of Scooby-Doo.

We are always more quick to believe a bad thing than a good thing. We can easily believe gossip and hearsay about a friend, but we fear being taken for a fool when it comes to faith. We would rather look cynical than stupid.

"Save me, God, for the waters have reached my neck," reads Psalm 69. "My eyes fail, from looking for my God."

I think back on my life, on all the various ways that God has rescued me from slipping beneath the surface. Rarely did it ever occur to me, in the midst of it, that I was being rescued. In fact, I usually thought I was being held underwater. Did I hear His voice directing me, or did I only hear my own despairing? "Save me, God." Was I looking for Him, or were my eyes shut in fear? "My eyes fail, from looking for my God."

It's never until after the fact — sometimes years after, or decades — that we see things clearly. That we see Christ in the situation, making his way toward us, hand outstretched.

©LPi



PRAYER & READINGS

HOLY TRINITY PRAYER

Gracious God, the perfect love and communion of the Father, Son and Holy Spirit together makes the Most Holy Trinity; one God. God the Father, who created us; Jesus God the Son who gave His life to save ours; God the Holy Spirit who guides us each day.

Help us follow the example of the Most Holy Trinity as we seek to faithfully walk the path that you lay before us; to love and serve others; build a more caring and respectful world and answer your call in our lives as we take this journey together as one people of God.

AMEN

READINGS

SOLEMNITY OF THE MOST HOLY TRINITY

Reading I : Exodus 34:4-6, 8-9

A merciful and gracious God.

Reading II : 2 Corinthians 13:11-13

Brothers and sisters, mend your ways.

Gospel : John 3:16-18

God so loved the world that he gave his only Son.

SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

Reading I : Deuteronomy 8:2-3, 14b-16a

One does not live by bread alone, but by the Word of God.

Reading II : 1 Corinthians 10:16-17

We are the Body of Christ when we participate in the Eucharist.

Gospel : John 6:51-58

The Word of God made flesh, Jesus, declared he was the Bread of Life.

CHURCH FINANCES

Financial Blessings Ending week of 5/22/2026 will be in the June 14/21 bulletin.

For pledging & payment:
<https://holytrinitydm.org/donate/>

or scan the QR Code --->



THANK YOU!

THANK YOU to everyone who attended and supported the Baby Shower for Mary's Helping Hands. With your generosity, the Respect Life committee is able to present a check to Mary's Helping Hands for \$550. The receiving mothers and fathers will appreciate the cards made with love, along with diapers, wipes, clothes and other needed essentials for their babies. Thanks for playing a role in helping parents support and love their children!



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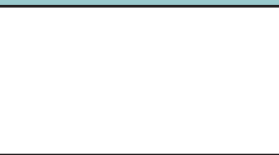
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