

# Holy Trinity

Catholic Church and School

MAY 17TH | SEVENTH SUNDAY OF EASTER

Taking the Journey TOGETHER



## MASS SCHEDULE

**MON:** No Mass/Communion Service

**TUE:** 8:30 AM Mass

**WED:** 8:30 AM Mass

**THU:** 8:30 AM Mass & 2:00-9:00 PM Adoration

**FRI:** 8:30 AM Mass

**SAT:** 3:00-3:45 PM Reconciliation & 4:30 PM Mass


**SUN:** 8:30 AM & 10:30 AM Mass

*\*Mass Times often change for Holy Days of Obligation*

**WORSHIP  
ONLINE**  
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*please join us for a*

# BABY SHOWER

for Moms and Babies in need

## Sunday, May 17

AFTER THE 8:30 & 10:30 MASSES



**NEEDED ITEMS:** Diapers (*all sizes*), Wipes, Sleepers (*9m-24m/2t*), Sippy Cups, Toddler Utensils (*forks, spoons, bowls*), Toddler Bibs, Books - (*english or bilingual*), Maternity Clothes (*sized med. and up*)



**NEW OR GENTLY USED ON ALL ITEMS. CASH DONATIONS ACCEPTED AND WILL BE DONATED TO MARY'S HELPING HANDS**

**All items will be distributed by  
Mary's Helping Hands: [mhhiova.org](http://mhhiova.org)**

**FOUNDER'S DAY**  
**31ST MAY 2026**  
**JOIN US!**

Enjoy an outdoor picnic with a special kid's menu, old fashioned games for the young at heart, and inflatables. Don't miss out on this parish event!



**Holy Trinity**  
Catholic Church and School

Don't miss this wonderful parish event!

**On the menu...**

Burgers, brats, and hotdogs.

Chips, potato salad, baked beans, watermelon, and icecream sandwiches.

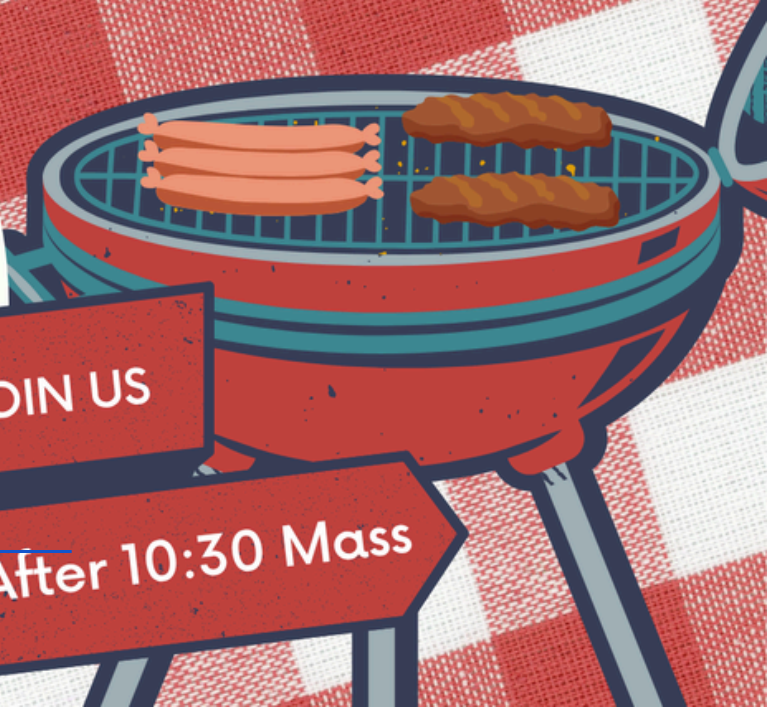
Lemonade, iced tea and water are provided.



**Knights of Columbus**

**JOIN US**

**After 10:30 Mass**



## SCHEDULES

### UPCOMING MASS SCHEDULE

<b>May 17th</b>	8:30AM 10:30AM	J.P. Golinvaux For the Parish
<b>May 19th</b>	8:30AM	Joyce Otting
<b>May 20th</b>	8:30AM	William Judkins
<b>May 21st</b>	8:30AM	For the Unborn
<b>May 22nd</b>	8:30AM	For the Homeless
<b>May 23rd</b>	3:00-3:45PM 4:30PM	<i>Reconciliation</i> Kay Kefner
<b>May 24th</b>	8:30AM 10:30AM	For the Parish Carl & Elizabeth Neal

### UPCOMING LITURGICAL MINISTERS & ALTAR SERVERS

**Saturday, May 23rd: 4:30pm**

**Altar Servers** | Gabrielle Amador, Liam Dumermuth, Maggie Fiddelke and Olivia Thorne  
**Lectors** | Lorraine Riseley & Vonnie Salem  
**EMHC** | Team 1  
**Music Coordinator** | Tom Quiner

**Sunday, May 24th: 8:30am**

**Altar Servers** | Charlie, Jamison & Quinton Lynch and Phillip McAndrews  
**Lectors** | John Goode & Doug Gross  
**EMHC** | Team 1/MC: Karen Quiner  
**Children's Liturgy** | NO CHILDREN'S LITURGY-MEMORIAL DAY  
**Music Coordinator** | Tom Quiner

**Sunday, May 24th: 10:30am**

**Altar Servers** | Madelyn & Mia Daskalakes, Sophia Clark and Ruth George  
**Lectors** | Mark Amadeo & Teresa Baustian  
**EMHC** | Team 4/MC: Mark Amadeo  
**Children's Liturgy** | NO CHILDREN'S LITURGY-MEMORIAL DAY  
**Music Coordinator** | Eric Sharp

## CALENDAR | MAY 17TH, 2026

	<b>Sunday May 17th</b>	<b>Monday May 18th</b>	<b>Tuesday May 19th</b>	<b>Wednesday May 20th</b>	<b>Thursday May 21st</b>	<b>Friday May 22nd</b>	<b>Saturday May 23rd</b>
<b>School</b>	Altar Server Training 11:30AM (CH)		4 <sup>th</sup> Grade Wax Museum 1:45PM (Gym)	All School Mass Hosted by the 1st Grade 8:30 AM (CH)		Last Day of School for 8th Grade & Preschool	
<b>Faith Formation</b>			Morning Prayer following 8:30AM Mass (CH)			Morning Prayer following 8:30AM Mass (CH)	Sunday Reading Groups Mens (MC) (7:30AM) Womens (CH) 8:30AM
<b>Adult Faith Formation</b>	Mary's Helping Hands Baby Shower (Gym, SR) following 8:30 & 10:30 Mass Hosted by: Respect Life			Schola 6:30PM (CH)			
<b>More</b>	Coffee & Donuts following 8:30 & 10:30 Mass (Gym, SR) Hosted by: Respect Life Committee				Finance Committee Meeting 6:30PM (PO Conf. Room)		

## PARISH NEWS

### INTENTIONS

*We pray for the repose of the souls of John Zeitler, husband of Carmen Campi. (John was a former priest here at HT in the 1970s); Ben Zenti, husband of Vonnice; Mike Trimble, uncle of Mary Gisler; Holy Trinity Parish Business Manager and James (Jim) Bergman, husband of Bernice and brother of Margaret Durbala. Eternal rest grant unto Them O Lord and let Perpetual Light shine upon them. May their Souls and the Souls of all the Faithful departed, through the Mercy of God, rest in peace.*

**Amen.**

### PARISH INFORMATION

#### Ministries at Holy Trinity

**Coffee and Donuts:** We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate, please [sign up here!](#) You may also get in touch with Jan Swinton at [jans@holytrinitydm.org](mailto:jans@holytrinitydm.org) in the parish office.

**Baptism:** Do you want to celebrate your child's baptism at Holy Trinity? The next Baptism Class is Monday, May 18 at 6pm in the Media Center. The next one available will be June 29<sup>th</sup>. Contact Jan Swinton in the Parish Office at [jans@holytrinitydm.org](mailto:jans@holytrinitydm.org) with questions.

**Pastoral Care.** Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. Asking for help is not easy. We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help. There is help, and hope, available.

Nourish for Caregivers will recess for the summer months and will begin again in the Fall.

### NEW ALTAR SERVER TRAINING

#### Join Our Altar Serving Team

May 17th, following 10:30 Mass, there will be new Altar Server Training. This includes students who have made their 1st Communion through 7th Grade.

If you would like your student to assist our Parish as a server, RSVP to the Parish Office. Thank you for your help with this ministry!

### GRIEF SUPPORT WORKSHOP

#### Grieving with Great HOPE

Holy Trinity will host a five-week grief support series for those mourning the loss of a loved one. This prayerful and practical program is open to anyone who has experienced loss, including family members or friends.

Sessions will be held on Thursdays from 2:00–4:00 PM, June 4 through July 2, at Holy Trinity Catholic Church.

Registration is required, but there is no cost.

For more information or to register, contact Deacon Troy Thompson, Pastoral Care Minister at [troyt@holytrinitydm.org](mailto:troyt@holytrinitydm.org), 515-447-5707 or 515-255-3162 ext 124.

### PARISH DOOR SECURITY

#### Parish Entrance

As part of our ongoing security on the school campus and parish offices, there is an additional doorbell/buzzer located inside the parish office entryway that you will need to engage in order to gain access to the building. We appreciate your patience as we navigate this new level of security to ensure the safest environment possible for school and parish staff and for our precious children. If you have questions, please feel free to contact the parish office.

## PARISH NEWS

### HOLY TRINITY BOOK CLUB

#### Join us at the Franklin Library!

Are you interested in seeing fiction through our catholic faith? Consider joining our book club. We'll be meeting at the Franklin Library -- in a small conference room from 6:30-8 pm.

If you have questions, email Sarah Sullivan Bigelow at [ssullivanbigelow@gmail.com](mailto:ssullivanbigelow@gmail.com). The next three meetings and titles are as follows:

- **Final Date-** July 14 "Imagine Heaven" by John Burke



### VACATION BIBLE SCHOOL

#### Rainforest Falls: Exploring the Nature of God

**Dates:** Monday, July 20-Friday, July 24

**Time:** 9:00 am - 11:30 am each day

**Participants:** Those entering Kindergarten through grade 5 in the fall of 2026

**Leaders:** Middle School & High School students entering grades 6-12 in the fall of 2026, College Students, Parents, Grandmas & Grandpas, any adult of the parish.

**Cost:** Participants are \$60 per child with a \$150 family maximum. Leaders are \$10 to help cover T-shirt costs.

VIRTUS & Background Checks are a requirement for all adults 18 years of age and older. Contact: John Mertes, Director of Faith Formation at [johnm@holymtrinitydm.org](mailto:johnm@holymtrinitydm.org), or via telephone at (515) 255-3162 extension 224 Applications will be available starting April 15th. Application Deadline is June 30th.

### THE HOLY TRINITY PARISH ART GROUP

#### Show Off Your Creative Side!

Stay connected to the church and nurture your creative side with fellowship, inspiration, and even motivation to work on that creative hobby you've been "meaning to" start! Join us for any (or all!) of our open studio sessions in the 7th grade rooms in the school on:

- Sunday, June 7th from 1-3:30
- Sunday, July 12th from 1-3:30
- Sunday, August 16th from 1-3:30
- 

Bring your own personal art or craft projects to work on, or just stop over to check things out and get inspired! This group is open to any Holy Trinity parishioners age 14 and over and all skill levels and artistic interests are welcome!

Contact Hannah Zimmerman with any questions [hmzimmerman@gmail.com](mailto:hmzimmerman@gmail.com)



### CATHOLIC CHARITIES FAMILY SHELTER

#### Please Prayerfully Consider

Would you prayerfully consider preparing and serving a dinner to the people who live in the Catholic Charities Family Shelter? Slots for 2026 are now open for sign-up; however; the slot for **May 23** is currently unoccupied. You are welcome to collaborate on this with your organization or a group of families.

For more information, visit <http://tinyurl.com/htstjoe> Please contact Nick Bigelow at [bigelow.nick@gmail.com](mailto:bigelow.nick@gmail.com) with additional questions.

## SCHOOL NEWS

### UPCOMING DATES

#### Mark your calendar!

**May 14th thru 21st-** Scholastic BOGO Book Fair

**May 20th-** All School Mass- Hosted by the 1<sup>st</sup> Grade

**May 22nd-** Last Day for Preschool and 8<sup>th</sup> Grade



*Congrats to our 2026 Margot Award Recipients!  
Gemma Kahler and Elliot Sherzan.*



### ROSARY GARDEN

#### Beautiful Campus Addition!

With grateful hearts, we thank SFO and Sarah Sullivan Bigelow for the beautiful gift of our Rosary Garden. This sacred space is a wonderful addition to our campus and a peaceful reminder of the Blessed Mother's presence among us. We are especially thankful for the dedication and blessing led by Father Mark and our 8th graders following May Crowning last week.

May this garden be a place of prayer, peace, and reflection for all who visit. We warmly invite everyone to come and spend time in prayer in the Rosary Garden, located on the west side of campus.



### ESA APPLICATION

#### Now Open thru June 30th!

The [Students First ESA Application](#) is available in English and Spanish. The application window for the 2026-27 school year is open from 8:00 a.m. on April 16, 2026 through 11:59 p.m. on June 30, 2026. [Apply Now](#)

#### [ESA Funding](#)

- ESA funding for the 2026-27 school year is \$8,148.
- 

Application Help: [help.ia@withodyssey.com](mailto:help.ia@withodyssey.com) or 515-368-9564

[Apply Now!](#)

## DIOCESAN NEWS

### NOW HIRING AT HT

#### Positions Open At Holy Trinity!

We are now hiring for the following positions:

- Music Teacher

If you are interested in applying, email Monica Morrison at [mmorrison@htschool.org](mailto:mmorrison@htschool.org).

### WOMEN'S EVENING OF RECOLLECTION

**June 8, 2026**

St. Augustin Church (enter the north door on the east side of the Church)  
545 42nd Street, Des Moines

Spend a brief time away from the world to be with Our Lord. The Evening is designed to help you spend time alone with God, to look at your life from His perspective, and find practical ways to serve God amid your ordinary work and family life.

A priest will present two meditations based upon the spirituality of St. Josemaria Escrivá, the founder of Opus Dei. There will be time for personal prayer, reflection, and confession. The evening will conclude with Benediction. Women of all ages are invited, including high school and college students

6:30 Confession.  
6:40 Practical Talk.  
7:00 First meditation. Confession. Meditation.  
8:00 Benediction  
8:00-8:30 Social Time

The Women's Evenings of Recollection will take place on the 2nd Monday of each month.

Questions: Terry McFarland (630-885-0246).  
[terryanmcfarland@gmail.com](mailto:terryanmcfarland@gmail.com)

### NOW HIRING IN DSM

#### Featured Job Opportunities: St. Anthony

St. Anthony Catholic School is hiring several faculty and staff members to join their team. St. Anthony is the only Catholic school in the diocese with Spanish-immersion and dual-language programs, creating a vibrant, diverse place to work in the heart of Des Moines.

#### Positions include:

Administrator/Assistant Administrator  
Music Teacher  
Middle School Language Arts Teacher  
Middle School Science Teacher  
3rd Grade Teacher  
Interventionist  
School Nurse

If you or someone you know is interested, please contact Denise Mulcahy ([dmulcahy@dmdiocese.org](mailto:dmulcahy@dmdiocese.org)). To view all open positions across all 16 schools in our diocese, please visit <http://www.dmdiocese.org/careers>

### VOLUNTEERS NEEDED

#### Attention willing photographers!

NPM, our local Catholic music ministry chapter, is seeking volunteers (i.e. anyone with a camera) to take photos at local ministry events (4-5 per year). It's a great way to do intermittent service. Contact Julie Curry at [desmoinesia@npm.org](mailto:desmoinesia@npm.org).



## OUR FAITH EXPLAINED



## SAINT OF THE WEEK

### Charles Lwanga and Companions, Martyrs, d. 1886

Charles Lwanga lived in Uganda, Africa. He was baptized on the very day that his own teacher was murdered for the faith. Because he refused to take part in the immorality of the day, he was sent to prison. Enroute, three of his companions, including Lwanga, were murdered, burned to death along with two soldiers. Saint Charles Lwanga, together with twenty one other martyrs, was canonized in 1964 by Pope Paul VI. He has been named the patron of African youth. He and his companion martyrs are honored by a memorial on June 3. What strong faith this young man had!

Knowing that it would probably lead to his own martyrdom, he persevered in his request for Baptism. Then he stood up to the king, defending himself and others against what he knew to be wrong.

Saint Charles Lwanga, together with twenty-one other martyrs, was canonized in 1964 by Pope Paul VI. He has been named the patron of African youth. He and his companion martyrs are honored by a memorial on June 3.

**Charles' message today:** What strong faith this young man had! Knowing that it would probably lead to his own martyrdom, he persevered in his request for Baptism. Then he stood up to the king, defending himself and others against what he knew to be wrong.

- Think of some ways that you can help a young person affirm their faith. Pray for those in your parish who are to be confirmed this year.

## VIRTUES, EXPLAINED!

### Justice, Explained!

“Original justice” is what the Catechism calls the state of harmony that existed between God, mankind and all creation (CCC 376) before the fall. Though original justice perished when sin entered the world, our souls still bear its memory, and we are oriented toward this virtue like a flower is oriented to the light of the sun: “Blessed are those who hunger and thirst for justice, for they will have their fill.” (Matthew 5:6)

The cardinal virtue of justice has to do with the fulfillment of our duty to one another and to God (religion is the justice we owe to our Creator). Justice gives us a framework for existing in the Justice is made possible by the virtue of charity (CCC 1825) because justice demands what is right for all, not just for one.

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## PILGRIMAGE FOR THE UNBORN

*“Where two or three are gathered  
in my name, there am I in the  
midst of them.” - Matthew 18:20*

**What to Expect:**

- 67 mile pilgrimage
- 33 hours
- 20 Rosaries
- Join for pray, walk miles or support financially

**Saturday May 30<sup>th</sup>**  
**5 AM Mass - 6 AM Walk Starts**  
 St Boniface Catholic Church Waukee Iowa  
**More Info:** [www.IVHcare.org/pilgrimage](http://www.IVHcare.org/pilgrimage)  
 Sign up today and join us on the walk

## PRAYER & READINGS



### READINGS

#### SEVENTH SUNDAY OF EASTER

**Reading I : Acts 1:12-14** They were all gathered in the upper room, waiting.

**Reading II : 1 Peter 4:13-16** If you suffer for something, let it be for Christ.

**Gospel : John 17:1-11a** Jesus prays to his Father.

### QUESTION OF THE WEEK

**Question for Children:** Jesus helps us be strong in our faith. When do you need to be really strong in faith?

**Question for Youth:** Prayer is essential to being a disciple, because it is the way we build our relationship with God—through talking and listening. What is one way you can take more time this week to listen to God in prayer?

**Question for Adults:** In these heartfelt instructions from a leader of the church, what are the ways in modern life that we sometimes suffer for our faith? Or are there no such ways?

## CHURCH FINANCES

### Financial Blessings Ending week of 5/8/2026

Budget July '25 thru June '26 .....	\$1,000,000
YTD Actual Tithing.....	\$909,777
YTD Budget .....	\$873,981
YTD Surplus (Deficit).....	\$35,796
Tithing for the Week .....	\$24,920
Number of Donations Received .....	258

For pledging & payment:  
<https://holytrinitydm.org/donate/>  
or scan the QR Code --->



## HOLY TRINITY PRAYER

Gracious God, the perfect love and communion of the Father, Son and Holy Spirit together makes the Most Holy Trinity; one God. God the Father, who created us; Jesus God the Son who gave His life to save ours; God the Holy Spirit who guides us each day.

Help us follow the example of the Most Holy Trinity as we seek to faithfully walk the path that you lay before us; to love and serve others; build a more caring and respectful world and answer your call in our lives as we take this journey together as one people of God.

**AMEN**



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