



Holy Trinity

Catholic Church and School

MARCH 1ST | SECOND SUNDAY OF LENT

Taking the Journey TOGETHER



MASS SCHEDULE

MON: No Mass/Communion Service

TUE: 8:30 AM Mass

WED: 8:30 AM Mass

THU: 8:30 AM Mass & 2:00-9:00 PM Adoration

FRI: 8:30 AM Mass

SAT: 3:00-3:45 PM Reconciliation & 4:30 PM Mass

SUN: 8:30 AM & 10:30 AM Mass

**Mass Times often change for Holy Days of Obligation*

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[HTTPS://HOLYTRINITY
DM.ORG/](https://holytrinitydm.org/)

GET TO KNOW US

INTENTIONS

Please pray for the repose of the Soul of Margie Nelson, Deacon Troy Thompson's aunt, who died early Sunday morning in Council Bluffs. She reached 98 years old and was always young at heart and full of gratitude!

Eternal rest grant unto her, O Lord, and let Perpetual Light shine upon her. May her soul and the souls of all the faithful, through the Mercy of God, rest in peace. Amen

STATIONS OF THE CROSS

Fridays During Lent

In a world that often avoids suffering, the Stations of the Cross remind us that love forms the foundation of suffering and that our burdens can be united with His for our redemption.

Join us at Holy Trinity for Stations of the Cross every Friday during Lent at 5:00 p.m. in the church.

PARISH INFORMATION

Ministries at Holy Trinity

Coffee and Donuts: We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate, please [sign up here!](#) You may also get in touch with Jan Swinton at jans@holytrinitydm.org in the parish office.

Rosary: Join us as we pray the rosary together. The next date is Monday, March 2nd at 8pm at Sarah Sullivan Bigelow's house: 403 42nd street. The Rosary is a form of contemplative prayer that draws people into deeper relationship with Jesus Christ by meditating on key events in His life.

Baptism: Do you want to celebrate your child's baptism at Holy Trinity? The next Baptism Class is Monday, March 16 at 6pm in the Media Center. Contact Jan Swinton in the Parish Office at jans@holytrinitydm.org with questions.

HELP PROVIDE LUNCH AT THE CONNECTION CAFE

Last Thursday of the Month

On the last Thursday of the month, Holy Trinity Parish has agreed to assist with lunch preparation and service at the Connection Cafe. On Thursday, March 26, we will serve around 200 people sloppy joe sandwiches or shredded BBQ chicken along with fruit, chips, and cookies. St. John's Lutheran Church, located at 600 6th Ave. in Des Moines, will provide lunch.

Please use this link <https://signup.com/go/Qbkvymy> to sign up to help. We really appreciate your support of the The Connection Cafe!

LENTEN ADORATION



Join us Friday mornings!

Join us for a period of Lenten Adoration following Morning Prayer on Fridays during Lent. This is a time for quiet, reflection, and spiritual renewal designed to "unplug" from daily life and focus on God's presence.

LENTEN CONFESSION TIMES

March 4th: 5-6 pm

March 11th: 6-7pm

March 17th: 1-2 pm

March 25th: 5:30-6:30pm

March 26th: 5:30-6:30pm



Holy Trinity
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SCHEDULES

UPCOMING MASS SCHEDULE

March 1st	8:30AM 10:30AM	Carl & Elizabeth Neal Mildred McClavy
March 3rd	8:30AM	For the Homeless
March 4th	8:30AM	Souls in Purgatory
March 5th	8:30AM	The Unborn
March 6th	8:30AM	Gerry Engelbert
March 7th	3:00-3:45PM 4:30PM	<i>Reconciliation</i> For the Parish
March 8th	8:30AM 10:30AM	Inez McGough Dennis Hurley

UPCOMING LITURGICAL MINISTERS & ALTAR SERVERS

Saturday, March 7th: 4:30pm

Altar Servers | Frank & Louie Brett and Jude & Hugh Kajewski
Lectors | Mary Sanders & Dave Bunkers
EMHC | Team 2
Music Coordinator | Tom Quiner

Sunday, March 8th : 8:30am

Altar Servers | Sullivan Kelley, Gwennie & Jonah Johnson and Elizabeth Bungert
Lectors | Mark McAndrews & Karen Quiner
EMHC | Team 2/MC: Katy Polich
Children's Liturgy | TBD
Music Coordinator | Tom Quiner

Sunday, March 8th : 10:30am

Altar Servers | Colton Barney, Madelyn & Mia Daskalakes and Ruth George
Lectors | Billy Howe & Tim Stacy
EMHC | Team 2/MC: Mary Ellen Winston
Children's Liturgy | TBD
Music Coordinator | Meggan Fox

CALENDAR | MARCH 1ST, 2026

	Sunday March 1st	Monday March 2nd	Tuesday March 3rd	Wednesday March 4th	Thursday March 5th	Friday March 6th	Saturday March 7th
School				All School Mass hosted by 5th Grade	ESA, Now What? (Presentation) (Gym)		
Faith Formation	2nd Sunday of Lent		Morning Prayer following 8:30AM Mass (CH)	FF & Edge Class 6:30PM (103, 104) Schola 6:30PM (CH)		Morning Prayer following 8:30AM Mass (CH) Lenten Adoration following Morning Prayer	Sunday Reading Groups Mens (MC) 7:30AM Womens (CH) 8:30AM
Adult Faith Formation	Children's Choir at 10:30 Mass	Rosary at the Bigelows 8:00PM		Lenten Confessions 5:00-6:00PM	Knights of Columbus 7:00PM (MC)	KOC Lenten Fish Dinner 5:15-6:30PM (Gym, SR)	
More	Coffee & donuts following 8:30 & 10:30 Mass Hosted by: SVdP		OCIA 6:30PM (CH)	Children's Choir Practice 5:45PM (CH)		Stations of the Cross 5:00PM (CH)	

Lent with Pope Leo XIV

Generations of Faith

Wednesday, March 4th: 6:00-8:00 pm

Sunday, March 8th: 4:00-6:00 pm

As we prepare for the start of Lent, please join us in discovering more about our new Pope, and where he is calling the church during this Holy season.

We will take a deeper dive into the papacy and learn more about Robert Prevost, the first Pope to be elected from the United States. We have put together an interactive presentation with different activities, video clips, prayer from the hallow app, and more to help make your Lent truly reflective and transformational.

These evenings will have activities for everyone, and there is no charge. As always, dinner will be provided!

If you have any questions, please contact John Mertes, Director of Faith Formation at johnm@holytrinitydm.org, or via telephone at (515) 255-3162, extension 224.

About Paulette M. Chapman

Paulette Chapman is a ministry consultant and writer from Urbandale, who has more than 35 years of experience in ministry at the parish, diocesan, and regional level. Paulette earned her BA in Theology from Briar Cliff University in Sioux City, Iowa, and her MA in Theology from University of Notre Dame in South Bend, Indiana. Paulette and her husband, Tom, have three adult children, all of whom attended Holy Trinity School. They have been members of Holy Trinity Parish for 30 years.



Sign up here

PARISH NEWS

PASTORAL CARE

Nourish for Parents Support Group for Children with Disabilities and Mental Health Challenges

This support group encourages and empowers parents in their caregiver roles offering practical, emotional and spiritual support through faith.

The location is moving to Sacred Heart Parish, 1627 Grand Avenue, West Des Moines.

The **next meeting is March 14th at Holy Trinity** Parish from 9:30-11:00.

Child care is provided. [Click here](#) to register your child/children before each meeting. We'd love you to join us!

Please contact Kate McInroy kmcinroy59@gmail.com or Anna Wholey awholey@gmail.com

Future dates are:

- March 14th - Holy Trinity School
- April 11th - Holy Trinity School
- May 9th - Holy Trinity School

LADIES' NIGHT PICKLEBALL

Serve, Rally, and Connect!

Come join our new Women's Pickleball Group!

• When: **March 3rd & March 24th are the next two dates!**

• Where: Holy Trinity Gym

• Who: All ladies of the parish and school are welcome!

No need to sign up—just show up ready to play! Waivers will be available to sign before play. We can't wait to see you on the court!

HOLY TRINITY BOOK CLUB

Join us at the Franklin Library!

Are you interested in seeing fiction through our catholic faith? Consider joining our book club. We'll be meeting at the Franklin Library -- in a small conference room from 6:30-8 pm.

If you have questions, email Sarah Sullivan Bigelow at ssullivanbigelow@gmail.com. The next three meetings and titles are as follows:

March 24 "Theo of Golden" by Allen Levi
 May 5 "This is Happiness" by Niall Williams
 July 14 "Imagine Heaven" by John Burke

THE HOLY TRINITY PARISH ART GROUP

Back For Winter/Spring Season

Stay connected to the church and nurture your creative side with fellowship, inspiration, and even motivation to work on that creative hobby you've been "meaning to" start!

Join us for any (or all!) of our open studio sessions in the 7th grade rooms in the school on:

- **Sunday March 22 from 1-3:30**
- **Sunday, May 3 from 1-3:30**

Bring your own personal art or craft projects to work on, or just stop over to check things out and get inspired! This group is open to any Holy Trinity parishioners age 14 and over and all skill levels and artistic interests are welcome!

Contact Hannah Zimmerman with any questions hmjzimmerman@gmail.com

SCHOOL NEWS

UPCOMING DATES

Mark your calendar!

MARCH 4th VIP Breakfast

MARCH 4th All School Mass hosted by 5th Grade

MARCH 5th ESA-Now What?

MARCH 6th School Stations of the Cross

CTO-GRATITUDE CAMPAIGN

Donate Today!

Donors to CTO have declined in recent years due in part to changes in Iowa tax laws and the creation of Education Savings Accounts – leading to assumptions that the need for tuition support has evaporated, however many CTO donors continue to support families who may need help covering a portion of their student's school tuition expenses.

[Learn more and donate here.](#)

DADDY DAUGHTER DANCE

Join us April 11th, 2026!

Save the date for the Daddy Daughter Dance on April 11 from 6 to 8 PM. Be sure to check future bulletins for more information.

[Check out our Evite and RSVP Here!](#)



ESA, NOW WHAT?!

March 5th at 6:30pm

Learn about ESA, how to financially plan for your child's education, and what the cost to educate means! Enjoy a reception at 6:30p and the program at 7pm.

[Learn more here!](#)

CTO & ESA

Deadlines this Spring!

Please note that the Catholic Tuition Organization (CTO) financial assistance application, which normally opens on February 1, will not be available until sometime in March this year.

CTO is transitioning from the FAIR application to the FACTS application, which will make the financial assistance process much simpler for families.

We want to reassure you that CTO financial assistance will still be available.

Please plan accordingly:

- March – Apply for CTO Financial Assistance
- April – Apply for the ESA (Education Savings Account)

Thank you for your patience as this improvement is put in place. More details will be shared as soon as the application opens.

SPIRIT WEAR SHOP

Get your Holy Trinity Gear!

Another great way to get cold weather gear? Start shopping online today [here!!](#) Filter and see what items are uniform approved.

Every purchase from the Spirit Store helps raise funds for our school community. Shop today at <https://sascampus.com/collections/holy-trinity>



GARAGE SALE

Holy Trinity Spring Garage Sale 2026

March 19 , 9am-5pm | March 20, 9am-5pm | March 21, 9am-Noon

We Need Volunteers!

Consider assisting with set-up, collection, and tear down. Contact Teresa at parmentert13@gmail.com or call parish office at 515-255-3162 ext. 128

Donation Drop-Off

Sunday, March 15, after 10:30 am Mass until 5pm

Monday and Tuesday from 9am until 5pm

NO Donations after 5pm on Tuesday

What Sells?!

Sewing and Craft Materials | NEW Items of ALL KINDS | Dishes and China | New Small Carpet Samples | Jewelry | Toys and Books | Pots and Pans | Furniture in Good Condition | School Uniforms | Lamps and Lampshades | Baskets | Glassware and Mirrors | Garden Tools | Stereos | Drapery and Curtains | Silk Flowers | Plants | Sporting Goods | CDs and DVDs | Small Appliances | Bedding and Linens | Clean Clothing

****NO computers, monitors, fax machines, printers, keyboards, TVs, VCRs, cassette tapes, magazines, textbooks, underwear, baby cribs or car seats, bed frames, mattresses, exercise equipment, or light fixtures.**

DIOCESAN NEWS

MARRIED COUPLES

A Worldwide Marriage Encounter Weekend

A Worldwide Marriage Encounter Weekend is like Springtime. It's a weekend of fresh air, the rebirth of romance and new beginnings.

If you'd like to make your marriage even more special than it already is sign up now at wwme.org or call Greg & Denise at 563-920-9419 or sign up at wwme.org.

Upcoming dates: April 10-12 in Marshalltown and October 9-11 in Epworth.

ITALIAN PILGRIMAGE INVITATION

November 2nd-12th

Italy Pilgrimage Invitation to Iowa Knights of Columbus, Spouses and Widows of Former Knights: Note that there is still room to come along November 2-12, 2026, to some of the most sacred and beautiful sites in all of Europe! We'll visit great places like Venice, Padua, Florence, Assisi, Rome and so much more! Our time in Rome will include a Papal Audience with Pope Leo XIV! We'll have Mass daily in great Churches and Cathedrals along the way. This pilgrimage is for Knights of Columbus from around the State of Iowa, spouses and widows of former members, and is being organized by Fr. Dan Guenther, the State of Iowa Chaplain for the Knights of Columbus. Cost for the trip is \$4,599 with departure from either Des Moines or Omaha, while seats are available.

For a brochure and more information, contact Fr. Dan Guenther, 276 Country Club Drive, Lake Park, Iowa 51347 or call 712-899-6870 or email frdanguenther@gmail.com

ANNUAL DIOCESAN APPEAL

Assumption Church is Hiring!

Today, as we hear the Gospel of the Transfiguration, Peter proclaims, "Lord, it is good for us to be here." In that sacred encounter, the disciples glimpse Christ's glory and are transformed. Stewardship begins the same way—by recognizing the gift of Christ among us and responding with gratitude. Today is Annual Diocesan Appeal Sunday, an opportunity for Sowing God's Spirit across our Diocese. The greatest resource to Sow God's Spirit is already here—in you. You are blessed with gifts that strengthen ministries, forms future priests and deacons, and serves those in need.. Please join in prayerful and material support of the ADA. Every gift will create encounters. Thank you!



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OUR FAITH EXPLAINED



SAINT OF THE WEEK

Mary, Mother of Jesus, First Century

As we celebrate the Solemnity of the Annunciation this week on March 25, it is appropriate that we choose Mary, the greatest and first among all of our saints, as our Saint of the Week.

In the Gospels of Matthew and Luke, we learned that the angel Gabriel came to Mary and announced that she was to be the mother of Jesus. Greeting her, he said, "Hail, favored one! The Lord is with you." [Lk 1:28] Troubled by this greeting, Mary did not know what to make of it. Gabriel assured her of God's love for her and told her, "...you will conceive in your womb and bear a son, and you shall name him Jesus." [Lk 1:31] The angel informed her how the Holy Spirit would come to her and, to help her to understand the power of God, told her that her cousin, Elizabeth, had conceived a child in her old age. Mary's response to Gabriel's words were, "...I am the handmaid of the Lord. May it be done to me according to your word." [Lk 1:38]

Mary did not immediately think of herself, but set out to visit her cousin, Elizabeth, to be with her at the birth of John the Baptist. We will celebrate this unselfish act on May 31, the Visitation.

Mary's message today: Our greatest saint, Mary did one simple thing. She listened to God's will—that she was to be the mother of Jesus—and she accepted God's will.

- Have you accepted God's will in your life? Pray for an understanding of what God is calling you to do?

LENT

Question of the Week!

Question:

After attending our parish retreat and feeling much better and stronger about my faith, I want to make this Lent worthwhile. What can I do to keep the spirit and practice of Lent?

Answer:

You've already taken the first step by going on the parish retreat. It is important for us to "tune up" our faith, taking some time to renew ourselves through prayer, meditation and education. By deepening our knowledge and understanding of faith, we are often better attuned to its richness and meaning for our life.

Lent is an intense retreat, a forty-day period of reflection and penance that prepares us to celebrate the passion, death and resurrection of Christ. Our communication with God and our awareness of him is the purpose of prayer. Setting aside extra time each day helps intensify the season. Prayer includes daily Mass, Stations of the Cross, communal penance services and private confession. Making restitution for sin as well as disciplining our hearts and minds to focus on God is the purpose of penance. It helps us restore a sense of balance to our souls, thrown off kilter by sin. Penance includes personal sacrifice, self-denial, fasting, almsgiving and charitable works.

Finally, spiritual practices help us sharpen our understanding and insight into the meaning and understanding of our faith. When you take your faith seriously, you do what is necessary to follow Jesus more closely, to integrate your life and your faith more carefully.

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PRAYER & READINGS



READINGS

SECOND SUNDAY OF LENT

Reading I : Genesis 12:1-4a I will make of you a great nation

Reading II : 2 Timothy 1:8b-10 God has called us to a holy life.

Gospel : Matthew 17:1-9 Get up! Do not be afraid!

QUESTION OF THE WEEK

Question for Children: What do you plan to do during Lent this year as a way of showing you want to grow closer to Jesus?

Question for Youth: Jesus was tempted by the devil. How are you tempted? What helps you resist these temptations?

Question for Adults: When you yourself pause to be alone with God, what distracts and prevents you from dwelling in that? Busyness? The demands of life? TV? The internet?

CHURCH FINANCES

Financial Blessings Ending week of 2/20/2026

Budget July '25 thru June '26	\$1,000,000
YTD Actual Tithing.....	\$679,478
YTD Budget.....	\$645,263
YTD Surplus (Deficit).....	\$34,215
Tithing for the Week.....	\$29,046
Number of Donations Received....	289

For pledging & payment:
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HOLY TRINITY PRAYER

Gracious God, the perfect love and communion of the Father, Son and Holy Spirit together makes the Most Holy Trinity; one God. God the Father, who created us; Jesus God the Son who gave His life to save ours; God the Holy Spirit who guides us each day.

Help us follow the example of the Most Holy Trinity as we seek to faithfully walk the path that you lay before us; to love and serve others; build a more caring and respectful world and answer your call in our lives as we take this journey together as one people of God.

AMEN

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