

# Holy Trinity

Catholic Church and School

JANUARY 25TH | THIRD SUNDAY OF ORDINARY TIME

Taking the Journey TOGETHER



## MASS SCHEDULE

**MON:** No Mass/Communion Service

**TUE:** 8:30 AM Mass

**WED:** 8:30 AM Mass

**THU:** 8:30 AM Mass & 2:00-9:00 PM Adoration

**FRI:** 8:30 AM Mass

**SAT:** 3:00-3:45 PM Reconciliation & 4:30 PM Mass

**SUN:** 8:30 AM & 10:30 AM Mass

*\*Mass Times often change for Holy Days of Obligation*

**WORSHIP  
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[HTTPS://HOLYTRINITY  
DM.ORG/](https://holytrinitydm.org/)

## GET TO KNOW US

### INTENTIONS

*Please pray for the students, teachers, staff, and families of Holy Trinity Catholic School, that they may grow in faith, knowledge, and service during Catholic Schools Week January 25-30.*



**Holy Trinity**  
Catholic Church and School

### MINISTRY TRAINING

**Sunday, January 25th**

Have you ever been interested in serving as a Eucharistic Minister or Lector for Holy Trinity? Now is your chance. Holy Trinity will have Eucharistic Minister and Lector training Sunday, January 25.

No sign up is necessary. We will meet following 8:30 Mass next to the Ambo.

### PARISH INFORMATION

#### Ministries at Holy Trinity

**Pastoral Care.** Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. Asking for help is not easy. We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help. There is help, and hope, available.

Nourish for Caregivers meets monthly on the 2nd Monday of the month. Locations for Nourish for Caregivers sessions are Holy Trinity in Des Moines (using the parish main entrance) and St. Pius X (using east entrance).

Questions? Contact Deacon Troy Thompson at [troyt@holytrinitydm.org](mailto:troyt@holytrinitydm.org) or Deacon Jim Houston at [pastoralcare@saintpiuschurch.org](mailto:pastoralcare@saintpiuschurch.org).

**Coffee and Donuts:** We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate, please [sign up here!](#) You may also get in touch with Jan Swinton at [jans@holytrinitydm.org](mailto:jans@holytrinitydm.org) in the parish office.

**Rosary:** Join us as we pray the rosary together. The next date is Monday, February 2<sup>nd</sup> at 7pm at Sarah Sullivan Bigelow's house: 403 42nd street. The Rosary is a form of contemplative prayer that draws people into deeper relationship with Jesus Christ by meditating on key events in His life.

**Baptism:** Do you want to celebrate your child's baptism at Holy Trinity? The next Baptism Class is Monday, March 16 at 6pm in the Media Center. Contact Jan Swinton in the Parish Office at [jans@holytrinitydm.org](mailto:jans@holytrinitydm.org) with questions.

### BRING OLD PALMS TO CHURCH

**By Tuesday, February 10th**

We are collecting palms to be burned and used for Ash Wednesday services. Bring your palms to church and place them in the baskets by the doors by Tuesday, February 10. Ash Wednesday is February 18.



**RESPECT LIFE  
CORNER**

**"The hairsplitting difference between formed and unformed makes no difference to us. Whoever deliberately commits abortion is subject to the penalty for homicide."**

**~Saint Basil**

## SCHEDULES

## UPCOMING MASS SCHEDULE

Jan. 25th	8:30AM	For the Homeless
	10:30AM	For the Young People of Our Parish
Jan. 27th	8:30AM	Souls in Purgatory
Jan. 28th	8:30AM	For the Unemployed
Jan. 29th	8:30AM	Protection of Life
Jan. 30th	8:30AM	World Peace
Jan. 31st	3:00-3:45PM	Reconciliation
	4:30PM	For the Parish
Feb. 1st	8:30AM	Mary Ellen McGough
	10:30AM	For the Poor

UPCOMING LITURGICAL  
MINISTERS & ALTAR SERVERS**Saturday, January 31st: 4:30pm****Altar Servers** | Maggie Fiddelke, Olivia Thorne, Liam Dumermuth and Gabriel Amador**Lectors** | Todd Treese & Gary Thull**EMHC** | Team 3**Music Coordinator** | Tom Quiner**Sunday, February 1st: 8:30am****Altar Servers** | Cartier Bryant, Jackson Hoodjer, Andreo Castro and Jacob Heikes**Lectors** | John Goode & Doug Gross**EMHC** | Team 3/MC: Mark McAndrews**Children's Liturgy** | Team D: Alicia & Luke Lynch**Music Coordinator** | Tom Quiner**Sunday, February 1st: 10:30am****Altar Servers** | Hannah Hermann, Wyatt McElroy, Miriam Stegman and Jack Mundy**Lectors** | Mary Ellen Winston & Bridget Sheaff**EMHC** | Team 1/MC: Jim Wilwerding**Children's Liturgy** | Team 5: Jean Smith & Alaina Hoover**Music Coordinator** | Meggan Fox

## CALENDAR | JANUARY 25, 2026

	Sunday Jan. 25th	Monday Jan. 26th	Tuesday Jan. 27th	Wednesday Jan. 28th	Thursday Jan. 29th	Friday Jan. 30th	Saturday Jan. 31st
School	CSW Open House 11:45AM-1PM			All School Mass Hosted by Student Council	SFO Family Night 5:45 (Gym, SR)	Talent Show!	
Catholic Schools Week January 25 - 30							
Faith Formation	Liturgical Ministry Training 9:30AM (CH)		Morning Prayer following 8:30AM Mass (CH)	FF & Edge Class 6:30PM (103, 104)  All Catechist In Service 6-8PM (MC)		Morning Prayer following 8:30AM Mass (CH)	Sunday Reading Groups Mens (MC) 7:30AM Womens (CH) 8:30AM
Adult Faith Formation							
More	Knights of Columbus CSW Breakfast Kick-off following 8:30 & 10:30 Mass		OCIA 6:30PM (CH)	Children's Choir Practice 5:45PM (CH)  Schola 6:30PM (CH)			

## PARISH NEWS



Holy Trinity Catholic Parish 2026 Lenten Fish Dinners

Friday 5:15-6:30 pm Holy Trinity gym

**Date: Feb. 20, March 6, and 27**

**Menu:** Baked Tilapia, Baked Beer Battered Cod, Fish Tacos

Mac n' Cheese, Cheesy Potatoes, Vegetable, Coleslaw,

Dinner roll/butter ***Proceeds benefit charitable causes of***

***the HT Knights of Columbus***

**Adults – \$14 | Age 5-11 – \$8**

**Desserts** provided by Holy Trinity Youth Group.

Free Will Offering to support Youth Group Activities.

## GIVE BLOOD, GIVE LIFE

DATE: SATURDAY, FEB 14, 2026

TIME: 8:00AM TO 11:30AM

THIS VALENTINE'S DAY

FEBRUARY 14, 2026

JOIN THE LIFESERVE BLOOD DRIVE

AT

HOLY TRINITY CATHOLIC CHURCH

Be entered into a drawing  
when you and Your "Plus One" both give blood!!

Be the lucky winner of a Luncheon for Two & Chocolate Basket

And, donors of Double Red will get entered twice into  
this drawing!



**Holy Trinity**  
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**SIGN UP HERE!!!**





## PARISH/DIOCESAN NEWS

## THE HOLY TRINITY PARISH ART GROUP

### Back For Winter/Spring Season

Stay connected to the church and nurture your creative side with fellowship, inspiration, and even motivation to work on that creative hobby you've been "meaning to" start!

Join us for any (or all!) of our open studio sessions in the 7th grade rooms in the school on:

- **Sunday, Feb. 15 from 1-3:30**
- **Sunday March 22 from 1-3:30**
- **Sunday, May 3 from 1-3:30**

Bring your own personal art or craft projects to work on, or just stop over to check things out and get inspired! This group is open to any Holy Trinity parishioners age 14 and over and all skill levels and artistic interests are welcome!

Contact Hannah Zimmerman with any questions [hmjzimmerman@gmail.com](mailto:hmjzimmerman@gmail.com)



CATHOLIC SCHOOLS WEEK 1/26/26 - 2/1/26

## Let's Celebrate Catholic Schools All Month Long



SHOP WITH DIVINE TREASURES AND  
SUPPORT CATHOLIC EDUCATION

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## CONNECTION CAFE

### JANUARY 29th

Holy Trinity Parish has committed to help provide and serve lunch each month at the Connection Cafe. We'll be providing shredded BBQ chicken or sloppy joe sandwiches, fruit, chips, and cookies for about 200 people on Thursday, January 29. Lunch will be served at St. John's Lutheran Church (600 6th Ave Des Moines).

Please sign up to help using this link:  
<https://signup.com/go/Qbkvymy>

This link will work for each month if you want to sign up in advance.

Thank you so much for your support of The Connection Cafe!

## BENEDICTINE SISTERS OF PERPETUAL ADORATION

### SINGLE CATHOLIC WOMEN INVITED

The Benedictine Sisters of Perpetual Adoration invite single Catholic women, ages 18-40, who are curious about religious life, to their Monastic Experience February 27-March 1, at their monastery in Clyde, Missouri.

It's a chance to experience the daily rhythm of monastic life where participants can join the Sisters in praying the Divine Office, daily Mass and Eucharistic Adoration, as well as experiencing Lectio Divina (praying with Scripture) and gaining wisdom from the Benedictine tradition.

There is no cost to attend, and more details are available at [www.benedictinesisters.org](http://www.benedictinesisters.org) - Vocations - Events, including additional dates for 2026.

To register, please contact Sister Nancy Rose at (660) 944-2221 ext. 142 or [vocation@benedictinesisters.org](mailto:vocation@benedictinesisters.org).

Complete the form at <https://bit.ly/4skj3Xa>

## SCHOOL NEWS

### CTO-GRATITUDE CAMPAIGN

#### DONATE TODAY!

Donors to CTO have declined in recent years due in part to changes in Iowa tax laws and the creation of Education Savings Accounts – leading to assumptions that the need for tuition support has evaporated, however many CTO donors continue to support families who may need help covering a portion of their student's school tuition expenses.

**[Learn more and donate here.](#)**

### ENROLLMENT 2026-2027

#### NOW OPEN!

Starting January 10th, Catholic Schools in the Des Moines metro opened admission for the general public. Hundreds of families have already applied, so if you're considering Catholic education, don't wait. Contact the Catholic Schools Office to see which classes still have open seats. Visit [dmdiocese.org/schools](http://dmdiocese.org/schools) to learn more.

**[Enroll at Holy Trinity for the 2026-27 school year here.](#)**

### CATHOLIC SCHOOLS WEEK

#### Celebrate with us from Jan. 25th-30th!

We are excited to add a number of events to our Catholic School's week schedule this year!

Along with bringing back our Open House with breakfast and our jazz band, we will be introducing our Multicultural Fair and Blessing Bags to Catholic School's Week!

**[See the full week schedule here!](#)**

### UPCOMING DATES

#### Mark your calendar!

**JANUARY 25TH** Open House

**JANUARY 25TH-30th** Catholic Schools Week  
**[See Full Week Schedule Here!](#)**

**JANUARY 28<sup>th</sup>** Noon Dismissal

### SUPPORT HT'S SCRIP PROGRAM

#### By Shopping at Your Favorite Places!

**What Is Scrip?** Scrip is a nationwide program that allows Holy Trinity to purchase both electronic and physical gift cards from national and local retailers at a discounted rate. Holy Trinity then sells these gift cards to you at their full face value. The profit generated from this transaction is shared equally: 50% goes to you, and the remaining 50% supports Holy Trinity's School & Family Organization (SFO). The SFO uses its portion to fund a variety of incredible initiatives and activities for our school community. You will receive an annual check for your share to use however you wish!

**How Can I Participate?** Participating in the program is easy and convenient. The simplest way to get involved is by using the RaiseRight app or by visiting [www.raiseright.com](http://www.raiseright.com) to create your account. When you sign up, please make sure to enter our school code: B6E193E11415.

We also have a selection of physical gift cards available in the Parish Office. If you are interested or need assistance, please email [holytrinitysfo@gmail.com](mailto:holytrinitysfo@gmail.com). We are happy to help you with your purchase!

**Questions?** If you have any questions or need further information, please contact Sarah Brett at 515-897-9781 or send an email to [holytrinitysfo@gmail.com](mailto:holytrinitysfo@gmail.com). Thank you for supporting Holy Trinity's Scrip Program!

**[Online Enrollment Form Here](#)**



# Holy Trinity

Catholic Church and School



PRESCHOOL  
THRU  
8TH GRADE



# OPEN HOUSE

JOIN US FROM 11:45AM-1PM



JANUARY 25TH, 2026



Learn more about Holy Trinity on  
our website

<https://holytrinitydm.org/school/>



BREAKFAST  
SERVED IN THE  
GYM AFTER MASS  
BY THE KNIGHTS  
OF COLUMBUS!

## DIOCESAN NEWS

### TAP INTO FAITH SUNDAY, JANUARY 25th

Catholic social teaching offers a hopeful and challenging vision for how we live together, one that's often very different from what the culture teaches us. With Dr. John Huynh, Director of Social Justice for the Diocese of Des Moines, we'll explore a few core principles and look at what they mean for our everyday choices, relationships, and community life.

Adults of all ages are welcome to attend this evening of faith and fellowship in a casual environment. There is no cost and no registration needed. Come as you are! Food and drinks are available for purchase.

7-7:30pm - Social

7:30-8:30pm - Speaker

Sponsored by Our Lady's Immaculate Heart Catholic Church

### CATHOLIC DAUGHTERS OF AMERICA

#### LENTEN RETREAT

**Saturday, February 21, 2026**

#### St Augustin Church

- Rosary at 8:30 am;
- Program 9:00 am-1pm
- Speaker: Deacon Bill Richer from St Francis of Assisi parish
- Light breakfast & lunch will be provided

For reservations email:

cdaavemaria302@yahoo.com

Or call Chris at 515-991-9912

Free will offering will be accepted to support -  
Kenyan Nazareth Sisters of the Annunciation



### Show Your Love for St. Vincent de Paul

The St. Augustin SVdP Conference invites you to join us at our FIRST ANNUAL

#### ST. VINCENT de PAUL FUNDRAISER DINNER

**Monday, February 9, 2026**

**Maxie's Supper Club, West Des Moines**

5:30 pm social, 6:15 pm dinner, 7 pm program

Speaker: Steve Havemann, SVdP Council CEO

*\$50 per person includes buffet dinner and non-alcoholic beverages*

**To reserve your seat:** E-mail [staugustindsmsvdp@gmail.com](mailto:staugustindsmsvdp@gmail.com) and include your name, number in your party, and phone number. **Pay via the Venmo link** or mail or drop off payment to St. Augustin Church, 545 42nd St., Des Moines, IA 50312. Make checks payable to SVdP St. Augustin Conference and include "dinner" in the memo line. **WE HOPE YOU CAN JOIN US FOR AN INFORMATIVE AND IMPACTFUL EVENING PLUS WHILE ENJOYING A DELICIOUS MEAL!**

*Please RSVP by Friday, January 30.*

St. Vincent de Paul Mission Statement: To serve Christ in the poor through person-to-person service, bringing faith alive by helping those in need with love respect, and justice, and working to build a more just world by addressing poverty's causes.



**venmo**

@StAugustin-SVdP





## OUR FAITH EXPLAINED



## SAINT OF THE WEEK

**Angela Merici, Religious and Virgin, 1470-1540**

Angela Merici was orphaned at the age of ten. Raised by an uncle, she eventually entered religious life and lived in prayer and austerity. She founded a school for poor children and eventually founded the Ursuline order, who were sisters that lived in their own homes and gave future wives and mothers a solid Christian education. Even today, the work of the Ursuline nuns stresses religious education for girls, especially the poor.

Angela recognized and met a need in the Church of her time—that of educating young girls in their faith as well as in running a household. What can you do today to help meet the needs of the church for good faith formation in your parish?

An Optional Memorial is celebrated in honor of St. Angela on January 27.

**Angela's message today:** Angela recognized and met a need in the Church of her time—that of educating young girls in their faith as well as in running a household. Today, Catholic schools and parish Faith Formation programs provide an opportunity for all children (as well as their parents) to be educated in the faith.

- Every parish has a faith formation program for its young people. How could you contribute your talents to the success of this program?

TRUTHFULLNESS,  
EXPLAINED!**Virtues, Explained**

Sin began with a lie.

It was a lie that Satan told Eve in the Garden of Eden, and it was by doubting God's faithfulness — by thinking God to be a liar — that the fall of man came about.

Of course, God Himself is Truth — Adam and Eve discovered that when they believed the lie. Therefore, if we belong to God, we must live truthfully — in small matters and in large ones, so that the witness we bear to the ultimate Truth of God shall always be taken seriously. "Witness is an act of justice that establishes the truth or makes it known," says the Catechism (CCC 2472), which also calls the act of martyrdom "truth written in letters of blood." (CCC 2474)

When Ananias tries to deceive the Christian community and secretly hoard wealth for himself, Peter tells him he has "lied not to human beings, but to God." (Acts 5:4)

©LPi



## PRAYER & READINGS



## READINGS

### THIRD SUNDAY OF ORDINARY TIME

**Reading I : Isaiah 49:3, 5-6**

I will make you a light to the nations. To the ends of the earth.

**Reading II : 1 Corinthians 1:10-13, 17**

Let there be no factions among you.

**Gospel : Matthew 4:12-23**

Come with me.

## QUESTION OF THE WEEK

**Question for Children:** How do you hear Jesus calling you to do what he wants you to?

**Question for Youth:** As you grow into young adulthood, Jesus calls you to follow him in particular ways, both big and small. What are some of the small ways in which Jesus calls you to follow him?

**Question for Adults:** How does Jesus call you to assist in his ministry: the building up of the Reign of God? How do you know what God wants of you in this regard?

## CHURCH FINANCES

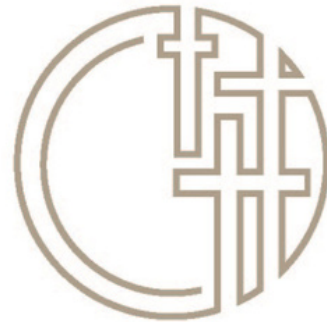
### Financial Blessings Ending week of 1/16/2026

Budget July '25 thru June '26 .....	\$1,000,000
YTD Actual Tithing.....	\$527,697
YTD Budget.....	\$544,661
YTD Surplus (Deficit).....	(\$16,964)
Tithing for the Week.....	\$16,986
Number of Donations Received....	66

For pledging & payment:

<https://holytrinitydm.org/donate/>

or scan the QR Code --->



## HOLY TRINITY PRAYER

Gracious God, the perfect love and communion of the Father, Son and Holy Spirit together makes the Most Holy Trinity; one God. God the Father, who created us; Jesus God the Son who gave His life to save ours; God the Holy Spirit who guides us each day.

Help us follow the example of the Most Holy Trinity as we seek to faithfully walk the path that you lay before us; to love and serve others; build a more caring and respectful world and answer your call in our lives as we take this journey together as one people of God.

**AMEN**



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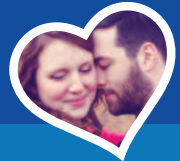
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