

Holy Trinity

Catholic Church and School

JANUARY 18TH | SECOND SUNDAY OF ORDINARY TIME

Taking the Journey TOGETHER



MASS SCHEDULE

MON: No Mass/Communion Service

TUE: 8:30 AM Mass

WED: 8:30 AM Mass

THU: 8:30 AM Mass & 2:00-9:00 PM Adoration

FRI: 8:30 AM Mass

SAT: 3:00-3:45 PM Reconciliation & 4:30 PM Mass

SUN: 8:30 AM & 10:30 AM Mass

**Mass Times often change for Holy Days of Obligation*

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GET TO KNOW US

INTENTIONS

Please pray for the repose of the soul of Mary Boesen McAuliffe. Eternal rest grant unto Her, O Lord, and let Perpetual Light shine upon Her. May Her Soul and the Souls of all the Faithful departed through the Mercy of God, Rest in Peace. Amen."

PARISH INFORMATION

Ministries at Holy Trinity

Pastoral Care. Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. Asking for help is not easy. We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help. There is help, and hope, available.

Nourish for Caregivers meets monthly on the 2nd Monday of the month. Locations for Nourish for Caregivers sessions are Holy Trinity in Des Moines (using the parish main entrance) and St. Pius X (using east entrance).

Questions? Contact Deacon Troy Thompson at troyt@holytrinitydm.org or Deacon Jim Houston at pastoralcare@saintpiuschurch.org.

Coffee and Donuts: We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate, please [sign up here!](#) You may also get in touch with Jan Swinton at jans@holytrinitydm.org in the parish office.

Rosary: Join us as we pray the rosary together. The next date is Monday, February 2nd at 7pm at Sarah Sullivan Bigelow's house: 403 42nd street. The Rosary is a form of contemplative prayer that draws people into deeper relationship with Jesus Christ by meditating on key events in His life.

Baptism: Do you want to celebrate your child's baptism at Holy Trinity? The next Baptism Class is Monday, March 16 at 6pm in the Media Center. Contact Jan Swinton in the Parish Office at jans@holytrinitydm.org with questions.



MINISTRY TRAINING

Sunday, January 25th

Have you ever been interested in serving as a Eucharistic Minister or Lector for Holy Trinity? Now is your chance. Holy Trinity will have Eucharistic Minister and Lector training Sunday, January 25.

No sign up is necessary. We will meet following 8:30 Mass next to the Ambo.

BRING OLD PALMS TO CHURCH

By Tuesday, February 10th

We are collecting palms to be burned and used for Ash Wednesday services. Bring your palms to church and place them in the baskets by the doors by Tuesday, February 10. Ash Wednesday is February 18.

"Each child is sent into this world by God with a unique message to deliver, a new personal act of love to bestow."
- Fr. John Powell



SCHEDULES

UPCOMING MASS SCHEDULE

Jan. 18th	8:30AM 10:30AM	For the Parish Tom Gray
Jan. 20th	8:30AM	Elizabeth & Carl Neal
Jan. 21st	8:30AM	Joal Jones
Jan. 22nd	8:30AM	Pope Leo
Jan. 23rd	8:30AM	Fr. Francis B. Ostdiek & All Former Pastors
Jan. 24th	3:00-3:45PM 4:30PM	Reconciliation For the Parish
Jan. 25th	8:30AM 10:30AM	For the Homeless For the Young People of our Parish

UPCOMING LITURGICAL MINISTERS & ALTAR SERVERS

Saturday, January 24th: 4:30pm**Altar Servers** | Joan & Nora Niday and Lola & Penelope Carroll**Lectors** | Vonnie Salem & Kathie Obradovich**EMHC** | Team 2**Music Coordinator** | Tom Quiner**Sunday, January 25th: 8:30am****Altar Servers** | Phillip McAndrews; Charlie, Jamison and Quinton Lynch**Lectors** | Scott Flood & Wayne Johnson**EMHC** | Team 2/MC: Katy Polich**Children's Liturgy** | Team C: Breanna Castro & Jessica Bergman**Music Coordinator** | Tom Quiner**Sunday, January 25th: 10:30am****Altar Servers** | E.J. & Peter Flynn, Jack Mundy and Paul Meylor**Lectors** | Chris Coleman & Jim Wilwerding**EMHC** | Team 4/MC: Mark Amadeo**Children's Liturgy** | Team 4: Chris Coleman & Joan Niday**Music Coordinator** | Eric Sharp

CALENDAR | JANUARY 18, 2026

	Sunday Jan. 18th	Monday Jan. 19th	Tuesday Jan. 20th	Wednesday Jan. 21st	Thursday Jan. 22nd	Friday Jan. 23rd	Saturday Jan. 24th
School		No School Teacher PD		All School Mass Hosted by 3rd Grade		Free Spirit Dress Down Day	
Faith Formation			Morning Prayer following 8:30AM Mass (CH)	FF & Edge Class 6:30PM (103, 104) 9th Grade Confirmation 6:30PM (101,102)		Morning Prayer following 8:30AM Mass (CH)	Sunday Reading Groups Mens (MC) 7:30AM Womens (CH) 8:30AM
Adult Faith Formation				Advent Project 6:30PM (MC)			
More	Coffee & Donuts following 8:30 & 10:30 Mass Hosted by Sybil Schoenberg		OCIA 6:30PM (CH)	Children's Choir Practice 5:45PM (CH) Schola 6:30PM (CH)			

THE HOLY TRINITY PARISH ART GROUP

Back For Winter/Spring Season

Stay connected to the church and nurture your creative side with fellowship, inspiration, and even motivation to work on that creative hobby you've been "meaning to" start!

Join us for any (or all!) of our open studio sessions in the 7th grade rooms in the school on:

- **Sunday, Feb. 15 from 1-3:30**
- **Sunday March 22 from 1-3:30**
- **Sunday, May 3 from 1-3:30**

Bring your own personal art or craft projects to work on, or just stop over to check things out and get inspired! This group is open to any Holy Trinity parishioners age 14 and over and all skill levels and artistic interests are welcome!

Contact Hannah Zimmerman with any questions hmjzimmerman@gmail.com



LADIES' NIGHT PICKLEBALL

Serve, Rally, and Connect!

Looking for a fun way to connect with other ladies of the parish and get some energetic exercise? Come join our new Women's Pickleball Group!

- When: **January 20th is the next date.** (The First & Third Tuesday of every month at 7:30 PM)
- Where: Holy Trinity Gym (We have two courts set up!)
- Who: All ladies of the parish and school are welcome!

No need to sign up—just show up ready to play! Waivers will be available to sign before play. We can't wait to see you on the court!

SLOWING DOWN TO THE SPEED OF JOY

JOIN US JANUARY 21st

On January 14 and 21, we will gather in the Media Center to discuss the book, Slowing Down to the Speed of Joy, which was given out during Advent and Christmas.

We will meet at 6:30 p.m. and would love to hear your insights and your thoughts regarding this book and how it has impacted you. On January 14, we will discuss parts one and two up to page 64. The following week, January 21, we will discuss the remainder of the book.

CONNECTION CAFE

JANUARY 29th

Holy Trinity Parish has committed to help provide and serve lunch each month at the Connection Cafe. We'll be providing shredded BBQ chicken or sloppy joe sandwiches, fruit, chips, and cookies for about 200 people on Thursday, January 29. Lunch will be served at St. John's Lutheran Church (600 6th Ave Des Moines). Please sign up to help using this link: <https://signup.com/go/Qbkvymy>

This link will work for each month if you want to sign up in advance.

Thank you so much for your support of The Connection Cafe!



PARISH/DIOCESAN NEWS

KNIGHTS OF COLUMBUS UPDATE

On Dec. 19, the Holy Trinity Knights of Columbus presented \$3,521.72 to Ruby Van Meter School for the Special Olympics and donated \$1,089.08 to Iowa Special Olympics. A huge thank you to everyone who contributed to our Tootsie Roll drive to make this possible!

Interested in joining the Holy Trinity Knights of Columbus? Contact Wendell Eck at 515-564-9274 or eckbuilt@live.com.



CATHOLIC DAUGHTERS OF AMERICA

LENTEN RETREAT

Saturday, February 21, 2026

St Augustin Church

Rosary at 8:30 am;

Program 9:00 am-1pm

Speaker: Deacon Bill Richer from St Francis of Assisi parish

Light breakfast & lunch will be provided

For reservations email:

cdaavemaria302@yahoo.com

Or call Chris at 515-991-9912

Free will offering will be accepted to support - Kenyan Nazareth Sisters of the Annunciation

SHOW SUPPORT FOR SCHOOL CHOICE IN IOWA

SIGN BY JANUARY 18th

The Iowa Legislature convened on Monday, January 12th, and school choice is certain to be a topic of discussion! State legislators need to know that their constituents support policies that give parents more options when it comes to educating their children.

Let your legislators know you want them to prioritize school choice this session by signing this petition. It's an easy, effective way to support educational choice for Iowa families! Please sign by Sunday, January 18th.

Visit <https://www.iowaace.org/take-action/>

BENEDICTINE SISTERS OF PERPETUAL ADORATION

SINGLE CATHOLIC WOMEN INVITED

The Benedictine Sisters of Perpetual Adoration invite single Catholic women, ages 18-40, who are curious about religious life, to their Monastic Experience February 27-March 1, at their monastery in Clyde, Missouri.

It's a chance to experience the daily rhythm of monastic life where participants can join the Sisters in praying the Divine Office, daily Mass and Eucharistic Adoration, as well as experiencing Lectio Divina (praying with Scripture) and gaining wisdom from the Benedictine tradition.

There is no cost to attend, and more details are available at www.benedictinesisters.org - Vocations - Events, including additional dates for 2026.

To register, please contact Sister Nancy Rose at (660) 944-2221 ext. 142 or vocation@benedictinesisters.org.

Complete the form at <https://bit.ly/4skj3Xa>

NOMINATE NOW!

2026 Teacher, Administrator, Volunteer of the Year

We are now accepting nominations! Please nominate someone at your school, and [share this form](#) with our community. Nominations will be accepted until January 18.

Winners will be announced during Catholic Schools Week (January 25 - 31).

Nomination form here!

ENROLLMENT 2026-2027

NOW OPEN!

Starting January 10th, Catholic Schools in the Des Moines metro opened admission for the general public. Hundreds of families have already applied, so if you're considering Catholic education, don't wait. Contact the Catholic Schools Office to see which classes still have open seats. Visit [dmdiocese.org/schools](#) to learn more.

Enroll at Holy Trinity for the 2026-27 school year here.

CATHOLIC SCHOOLS WEEK

Celebrate with us from Jan. 25th-30th!

We are excited to add a number of events to our Catholic School's week schedule this year!

Along with bringing back our Open House with breakfast and our jazz band, we will be introducing our Multicultural Fair and Blessing Bags to Catholic School's Week!

[See the full week schedule here!](#)

UPCOMING DATES

Mark your calendar!

JANUARY 19TH- No School

JANUARY 25TH Open House

JANUARY 25TH-30th Catholic Schools Week

SUPPORT HT'S SCRIP PROGRAM

By Shopping at Your Favorite Places!

What Is Scrip? Scrip is a nationwide program that allows Holy Trinity to purchase both electronic and physical gift cards from national and local retailers at a discounted rate. Holy Trinity then sells these gift cards to you at their full face value. The profit generated from this transaction is shared equally: 50% goes to you, and the remaining 50% supports Holy Trinity's School & Family Organization (SFO). The SFO uses its portion to fund a variety of incredible initiatives and activities for our school community. You will receive an annual check for your share to use however you wish!

How Can I Participate? Participating in the program is easy and convenient. The simplest way to get involved is by using the RaiseRight app or by visiting www.raiseright.com to create your account. When you sign up, please make sure to enter our school code: B6E193E11415.

We also have a selection of physical gift cards available in the Parish Office. If you are interested or need assistance, please email holytrinitysfo@gmail.com. We are happy to help you with your purchase!

Questions? If you have any questions or need further information, please contact Sarah Brett at 515-897-9781 or send an email to holytrinitysfo@gmail.com. Thank you for supporting Holy Trinity's Scrip Program!

[Online Enrollment Form Here](#)



Holy Trinity

Catholic Church and School

PRESCHOOL
THRU
8TH GRADE

OPEN HOUSE

JOIN US FROM 11:45AM-1PM

JANUARY 25TH, 2026



Learn more about Holy Trinity on
our website

<https://holytrinitydm.org/school/>

BREAKFAST
SERVED IN THE
GYM AFTER MASS
BY THE KNIGHTS
OF COLUMBUS!

DIOCESAN NEWS

TAP INTO FAITH

SUNDAY, JANUARY 25th

Catholic social teaching offers a hopeful and challenging vision for how we live together, one that's often very different from what the culture teaches us. With Dr. John Huynh, Director of Social Justice for the Diocese of Des Moines, we'll explore a few core principles and look at what they mean for our everyday choices, relationships, and community life.

Adults of all ages are welcome to attend this evening of faith and fellowship in a casual environment. There is no cost and no registration needed. Come as you are! Food and drinks are available for purchase.

7-7:30pm - Social
7:30-8:30pm - Speaker

Sponsored by Our Lady's Immaculate Heart Catholic Church

WORLDWIDE MARRIAGE ENCOUNTER

Check Out Upcoming Dates

Register for the next Worldwide Marriage Encounter Weekend - it's the best gift you'll ever give to each other and your marriage! For more information contact Denise and Greg at 563-920-9419 or visit wwme.org.

Upcoming Dates:
February 13-15 in Dubuque
April 10-12 in Marshalltown
October 9-11 in Epworth, IA.

For more information call Greg and Denise:
563-920-9419



Show Your Love for St. Vincent de Paul

The St. Augustin SVdP Conference invites you to join us at our FIRST ANNUAL
ST. VINCENT de PAUL FUNDRAISER DINNER

Monday, February 9, 2026

Maxie's Supper Club, West Des Moines

5:30 pm social, 6:15 pm dinner, 7 pm program

Speaker: Steve Havemann, SVdP Council CEO

\$50 per person includes buffet dinner and non-alcoholic beverages

To reserve your seat: E-mail staugustindsmsvdp@gmail.com and include your name, number in your party, and phone number. **Pay via the Venmo link** or mail or drop off payment to St. Augustin Church, 545 42nd St., Des Moines, IA 50312. Make checks payable to SVdP St. Augustin Conference and include "dinner" in the memo line. **WE HOPE YOU CAN JOIN US FOR AN INFORMATIVE AND IMPACTFUL EVENING PLUS WHILE ENJOYING A DELICIOUS MEAL!**

Please RSVP by Friday, January 30.

St. Vincent de Paul Mission Statement: To serve Christ in the poor through person-to-person service, bringing faith alive by helping those in need with love, respect, and justice, and working to build a more just world by addressing poverty's causes.

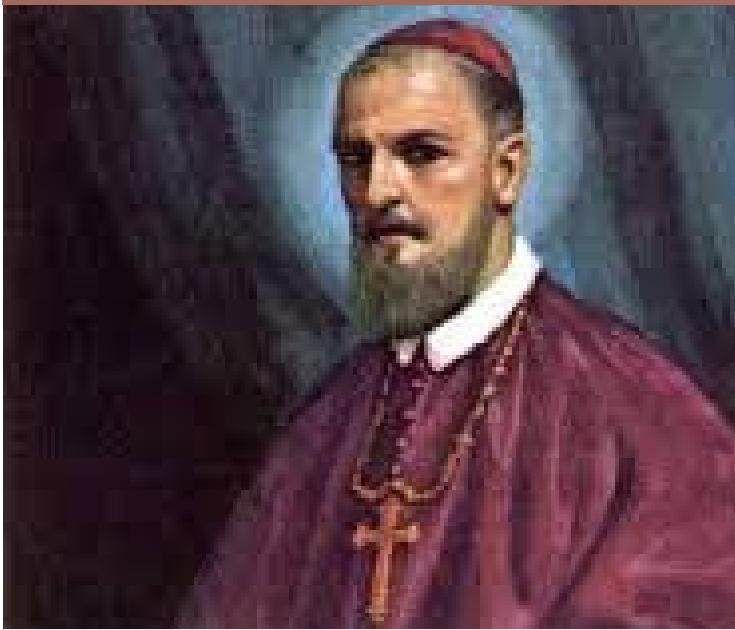


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OUR FAITH EXPLAINED



SAINT OF THE WEEK

Francis de Sales, Bishop and Doctor, 1567-1622

Francis was born France and studied at the University of Padua where he received his doctorate in law at the age of twenty-four. Despite the opposition of his father and an offer of a high government position, Francis chose to become a priest and was ordained in 1593. He was a very good preacher and spoke with clear, plain language. Many people came to hear him. He also loved the poor and rejected, and was committed to them throughout his life. Eventually, because of his holiness, he was made a bishop.

Francis was dedicated to people whose faith was weak and he worked to bring them back to the faith. How can you help the church welcome back those whose faith has grown cold?

We celebrate the memorial for St. Francis de Sales on January 24.

Francis' message today: Despite the clear danger to himself, Francis did not hesitate to volunteer to help bring back the "lost sheep" of Chablais. Each of us probably knows some lost sheep, family members or neighbors who no longer go to church. We can encourage them to return to the faith by prayer, our example, and a quiet word or two.

- Have you prayed for those people who have fallen away? Invite someone who has left the fold to attend church with you.

GOODNESS, EXPLAINED!

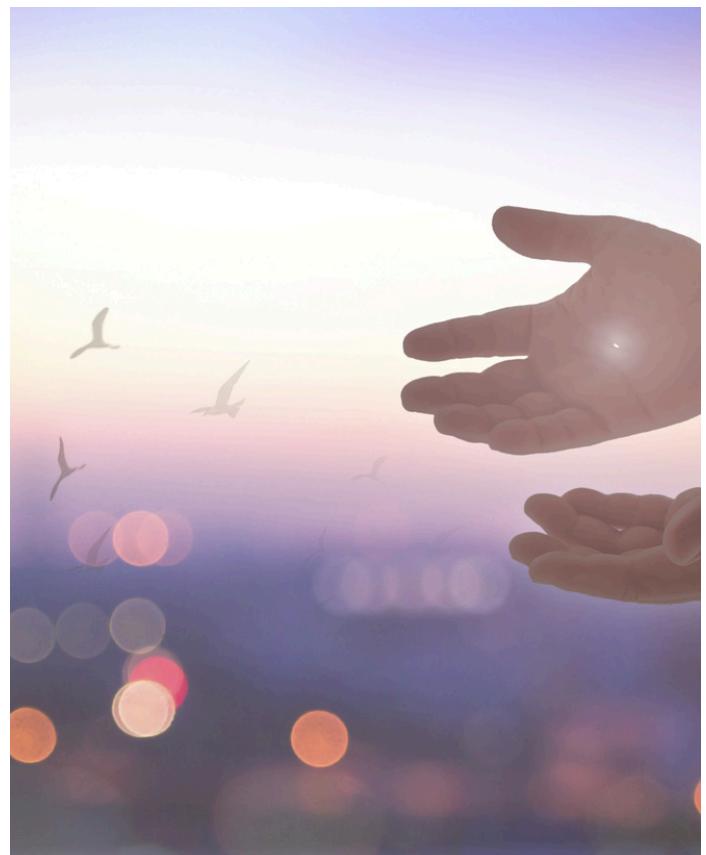
Virtues, Explained

In the beginning, goodness was all there was. And in the end, only goodness will remain.

The word "good" is repeated so often in the first verses of Genesis that it has become almost cliché. God sees what He has made, and He calls all of it "good" (Genesis 1:31). Likewise, on the very first page of the Catechism of the Catholic Church, we read that God created man "in a plan of sheer goodness ... to make him share in his own blessed life." (CCC 1). When we see goodness, we cannot help but think of God (Wisdom 13:1).

In baptism, the Holy Spirit gives us the sanctifying grace of justification, which is, among other things, the ability to grow in goodness through an increase in moral virtue (CCC 1266). Baptism, therefore, disposes us toward goodness, and the more we ask the Holy Spirit for goodness, the more it will be possible for us.

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PRAYER & READINGS



READINGS

SECOND SUNDAY OF ORDINARY TIME

READING I : ISAIAH 49:3, 5-6

I will make you a light to the nations. To the ends of the earth.

Reading II : 1 Corinthians 1:1-3

Grace and peace of God our Father and the Lord Jesus Christ.

Gospel : John 1:29-34

Now I have seen for myself.

QUESTION OF THE WEEK

Question for Children: If someone were to ask you, "who is Jesus?" how would you answer?

Question for Youth: How are you able to see through all the busyness, the distractions, and the din of today's world to really see Christ as he makes himself present today? Where do you see him or experience his presence?

Question for Adults: In the gospel today, John tells us who Jesus is for him. If someone were to ask you, how would you answer this question: Who Jesus is for you?

CHURCH FINANCES

Financial Blessings Ending week of 1/2/2026

Budget July '25 thru June '26	\$1,000,000
YTD Actual Tithing.....	\$483,801
YTD Budget.....	\$503,543
YTD Surplus (Deficit).....	(\$19,742)
Tithing for the Week.....	\$15,375
Number of Donations Received....	64

Financial Blessings Ending week of 1/9/2026

Budget July '25 thru June '26	\$1,000,000
YTD Actual Tithing.....	\$510,711
YTD Budget.....	524,102
YTD Surplus (Deficit).....	(\$13,391)
Tithing for the Week.....	\$26,910
Number of Donations Received....	260

For pledging & payment:

<https://holytrinitydm.org/donate/>

or scan the QR Code --->



HOLY TRINITY PRAYER

Gracious God, the perfect love and communion of the Father, Son and Holy Spirit together makes the Most Holy Trinity; one God. God the Father, who created us; Jesus God the Son who gave His life to save ours; God the Holy Spirit who guides us each day.

Help us follow the example of the Most Holy Trinity as we seek to faithfully walk the path that you lay before us; to love and serve others; build a more caring and respectful world and answer your call in our lives as we take this journey together as one people of God.

AMEN

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Calendar

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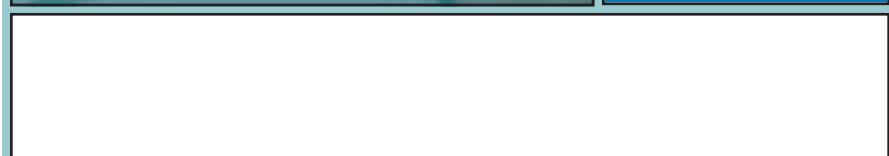
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