



Holy Trinity

Catholic Church and School

JANUARY 11TH | FEAST OF THE BAPTISM OF THE LORD

Taking the Journey TOGETHER



MASS SCHEDULE

MON: No Mass/Communion Service

TUE: 8:30 AM Mass

WED: 8:30 AM Mass

THU: 8:30 AM Mass & 2:00-9:00 PM Adoration

FRI: 8:30 AM Mass

SAT: 3:00-3:45 PM Reconciliation & 4:30 PM Mass

SUN: 8:30 AM & 10:30 AM Mass

**Mass Times often change for Holy Days of Obligation*

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ONLINE**
on Youtube



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GET TO KNOW US

VOLUNTEERS NEEDED

Sunday, January 11 following the 10:30 Mass, we will be taking down the Christmas decorations. Many hands make light work! Thank you to all who have volunteered this Advent and Christmas season! We look forward to end the year on a strong note.

PARISH INFORMATION**Ministries at Holy Trinity**

Pastoral Care. Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. Asking for help is not easy. We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help. There is help, and hope, available.

Nourish for Caregivers meets monthly on the 2nd Monday of the month. Locations for Nourish for Caregivers sessions are Holy Trinity in Des Moines (using the parish main entrance) and St. Pius X (using east entrance).

Questions? Contact Deacon Troy Thompson at troyt@holytrinitydm.org or Deacon Jim Houston at pastoralcare@saintpiuschurch.org.

Coffee and Donuts: We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate, please sign up here! You may also get in touch with Jan Swinton at jans@holytrinitydm.org in the parish office.

Rosary: Join us as we pray the rosary together. The next date is Monday, February 2nd at 7pm at Sarah Sullivan Bigelow's house: 403 42nd street. The Rosary is a form of contemplative prayer that draws people into deeper relationship with Jesus Christ by meditating on key events in His life.

Baptism: Do you want to celebrate your child's baptism at Holy Trinity? The next Baptism Class is Monday, March 16 at 6pm in the Media Center. Contact Jan Swinton in the Parish Office at jans@holytrinitydm.org with questions.

NOURISH**Join us on January 12th**

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. Asking for help is not easy. We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help.

There is help, and hope, available. Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging parent, grandparent, or spouse, either in your home, in town or at a distance.

Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view. Discover blessings in caring for another.

Please join us:

January Nourish for Caregivers. All caregivers are invited to attend.

When: Monday January 12, 2026

6:00 pm- 7:30 pm

Holy Trinity Parish

2926 Beaver Ave, Des Moines

Room: School Media Center

Please contact- Deacon Troy Thompson: troyt@holytrinitydm.org or Deacon Jim Houston pastoralcare@saintpiuschurch.org

"My help comes from the Lord, who made heaven and earth" (Psalm 121:2)

**Future 2026 Nourish for Caregiver Events**

February 9 St. Pius X- Urbandale

March 9 St. Pius X- Urbandale

April 14 Holy Trinity- Des Moines

May 12 St. Pius X- Urbandale

SCHEDULES

UPCOMING MASS SCHEDULE

Jan. 11th	8:30AM 10:30AM	Charles Whisenand Dennis Hurley
Jan. 13th	8:30AM	For Vocations to the Priesthood
Jan. 14th	8:30AM	For the Unborn
Jan. 15th	8:30AM	For World Peace
Jan. 16th	8:30AM	For the Pope, Bishops and Priests
Jan. 17th	3:00-3:45PM 4:30PM	<i>Reconciliation</i> Mary Ann Grieb
Jan. 18th	8:30AM 10:30AM	For the Parish Tom Gray

UPCOMING LITURGICAL MINISTERS & ALTAR SERVERS

Saturday, January 17th: 4:30pm

Altar Servers | Austin & Tyler Leo and Anna & Paul Heilman

Lectors | Dave Bunkers & Lorraine Riseley

EMHC | Team 1

Music Coordinator | Tom Quiner

Sunday, January 18th: 8:30am

Altar Servers | Penelope Blaser, Jonah & Gwennie Johnson and Kaley Maloney

Lectors | Karen Quiner & Linda Willems

EMHC | Team 1/MC: Karen Quiner

Children's Liturgy | Team B: Katy Polich

Music Coordinator | Tom Quiner

Sunday, January 18th: 10:30am

Altar Servers | Lydia & Bridget Caswell and Noah & Piper Dragoo

Lectors | Lisa Rea & Tim Stacy

EMHC | Team 3/MC: Paul Bush

Children's Liturgy | Team 3: Margaret Toomey & Colton Barney

Music Coordinator | Eric Sharp

CALENDAR | JANUARY 11, 2026

	Sunday Jan. 11th	Monday Jan. 12th	Tuesday Jan. 13th	Wednesday Jan. 14th	Thursday Jan. 15th	Friday Jan. 16th	Saturday Jan. 17th
School			SFO Meeting 6-8PM (MC)	All School Mass Hosted by 4 th Grade			
Faith Formation	Children's Choir 10:30 Mass		Morning Prayer following 8:30AM Mass (CH)	FF & Edge Class 6:30PM (103, 104) 9th Grade Confirmation 6:30PM (101, 102)		Morning Prayer following 8:30AM Mass (CH)	Sunday Reading Groups Mens (MC) 7:30AM Womens (CH) 8:30AM
Adult Faith Formation		Nourish for Caregivers 6:00PM (MC)		Advent Project 6:30PM (MC)			
More	Taking Down Christmas Decorations 11:30AM (CH)		OCIA 6:30PM (CH)	Children's Choir Practice 5:45PM (CH) Schola 6:30PM (CH)			



Knights of Columbus®

Knights of Columbus Updates-

2026 marks the 20th anniversary of the founding of the Holy Trinity Knights of Columbus Council. Thanks to your continued support of our parish Lenten fish dinners, breakfasts, Super Bowl chili sales, and Tootsie Roll drives, we were able to donate over \$10,000 in 2025. A breakdown of these donations is listed below.

Donation

\$3,522 Tootsie Rolls Ruby Van Meter PTO

\$1,616 CFUM Monthly Meals

\$1,089 Tootsie Rolls Campaign for People with Intellectual Disabilities

\$493 Meal for Walk-A-Thon

\$400 Gala

\$871 Misc Charitable Donations

\$835 Mother's Day Flowers

\$500 Donation to Seminarian

\$300 Donation to purchase the book "Slowing Down to the Speed of Joy"

\$367 Marys Meals

\$200 Ancient Order of Hibernians

\$375 Seminarian Gifts

\$72 Pennies from Heaven

As of January 1st, we have 69 active members. Interested in joining the Holy Trinity Knights of Columbus? Contact Wendell Eck at 515-564-9274 or eckbuilt@live.com.

Upcoming events

Sunday, January 25 - Parish Breakfast

After the 8:30 and 10:30 masses to kick off Catholic Schools week.

Super Bowl Chili sales after masses

Feb 7 and 8

Lenten Fish Dinners

February 20

March 6

March 27



**Become a Knight
Here!**



PARISH NEWS

1ST CHILI COOK-OFF!**THANK YOU!**

Thank you to all of the contestants, volunteers and attendees who made our first annual Respect Life Chili Cook-Off a huge success! What a fun evening of fellowship and delicious chili!

Keep working on perfecting those chili recipes throughout the year, we'll be back again next year!!

NOW HIRING**DIRECTOR OF HIGH SCHOOL
YOUTH MINISTRY**

The Director of HS Youth Ministry position will be 25-30 hours per week year-round, and is responsible for implementing the Parish's pastoral plan for youth in a framework that promotes lifelong formation in faith. Candidates must be Catholics in good standing and be able to pass a background check.

For a full job description [click HERE](#). Resume and cover letter should be sent to the attention of Father Neal, fmneal@holytrinitydm.org.

**LADIES' NIGHT
PICKLEBALL****Serve, Rally, and Connect!**

Looking for a fun way to connect with other ladies of the parish and get some energetic exercise? Come join our new Women's Pickleball Group!

- **When:** **January 20th is the next date.** (The First & Third Tuesday of every month at 7:30 PM)
- **Where:** Holy Trinity Gym (We have two courts set up!)
- **Who:** All ladies of the parish and school are welcome!

No need to sign up—just show up ready to play! Waivers will be available to sign before play. We can't wait to see you on the court!

**SLOWING DOWN TO THE
SPEED OF JOY****JOIN US JANUARY 14th & 21st**

On January 14 and 21, we will gather in the Media Center to discuss the book, Slowing Down to the Speed of Joy, which was given out during Advent and Christmas.

We will meet at 6:30 p.m. and would love to hear your insights and your thoughts regarding this book and how it has impacted you. On January 14, we will discuss parts one and two up to page 64. The following week, January 21, we will discuss the remainder of the book.

CONNECTION CAFE**JANUARY 29th**

Holy Trinity Parish has committed to help provide and serve lunch each month at the Connection Cafe. We'll be providing shredded BBQ chicken or sloppy joe sandwiches, fruit, chips, and cookies for about 200 people on Thursday, January 29. Lunch will be served at St. John's Lutheran Church (600 6th Ave Des Moines). Please sign up to help using this link: <https://signup.com/go/Qbkvmy>

This link will work for each month if you want to sign up in advance.

Thank you so much for your support of The Connection Cafe!

**Made in
God's Image**

Every life matters.
YOUR life matters.



NOMINATE NOW!

2026 Teacher, Administrator, Volunteer of the Year

We are now accepting nominations! Please nominate someone at your school, and [share this form](#) with our community. Nominations will be accepted until January 18.

Winners will be announced during Catholic Schools Week (January 25 - 31).

[Nomination form here!](#)

ENROLLMENT 2026-2027

NOW OPEN!

Starting January 10th, Catholic Schools in the Des Moines metro opened admission for the general public. Hundreds of families have already applied, so if you're considering Catholic education, don't wait. Contact the Catholic Schools Office to see which classes still have open seats. Visit [dmdiocese.org/schools](#) to learn more.

[Enroll at Holy Trinity for the 2026-27 school year here.](#)

CATHOLIC SCHOOLS WEEK

Celebrate with us from Jan. 25th-30th!

We are excited to add a number of events to our Catholic School's week schedule this year!

Along with bringing back our Open House with breakfast and our jazz band, we will be introducing our Multicultural Fair and Blessing Bags to Catholic School's Week!

[See the full week schedule here!](#)

UPCOMING DATES

Mark your calendar!

JANUARY 19TH- No School

JANUARY 25TH Open House

JANUARY 25TH-30th Catholic Schools Week

SUPPORT HT'S SCRIP PROGRAM

By Shopping at Your Favorite Places!

What Is Scrip? Scrip is a nationwide program that allows Holy Trinity to purchase both electronic and physical gift cards from national and local retailers at a discounted rate. Holy Trinity then sells these gift cards to you at their full face value. The profit generated from this transaction is shared equally: 50% goes to you, and the remaining 50% supports Holy Trinity's School & Family Organization (SFO). The SFO uses its portion to fund a variety of incredible initiatives and activities for our school community. You will receive an annual check for your share to use however you wish!

How Can I Participate? Participating in the program is easy and convenient. The simplest way to get involved is by using the RaiseRight app or by visiting www.raiseright.com to create your account. When you sign up, please make sure to enter our school code: B6E193E11415.

We also have a selection of physical gift cards available in the Parish Office. If you are interested or need assistance, please email holytrinitysfo@gmail.com. We are happy to help you with your purchase!

Questions? If you have any questions or need further information, please contact Sarah Brett at 515-897-9781 or send an email to holytrinitysfo@gmail.com. Thank you for supporting Holy Trinity's Scrip Program!

[Online Enrollment Form Here](#)



Holy Trinity
Catholic Church and School

PRESCHOOL
THRU
8TH GRADE

OPEN HOUSE

JOIN US FROM 11:45AM-1PM

JANUARY 25TH, 2026



Learn more about Holy Trinity on
our website

<https://holytrinitydm.org/school/>

BREAKFAST
SERVED IN THE
GYM AFTER MASS
BY THE KNIGHTS
OF COLUMBUS!

LUNCH PROGRAM JOB OPENING

St. FRANCIS IS NOW HIRING

St. Francis of Assisi Catholic School is seeking a part-time team member to assist in the lunch program two days a week from 8:00 am – 1:30 pm. If you're detail-oriented, organized, enjoy being part of a team, and love serving others, this could be the perfect opportunity for you! Training is provided. For more information or to apply, contact Cheryl Riedl at criedl@saintfrancisschool.org.

WOMEN'S EVENING OF RECOLLECTION

January 12 | 6:30-8:30 p.m.

St. Augustin Church (enter the north door on the east side of the Church)
545 42nd Street, Des Moines

Spend a brief time away from the world to be with Our Lord. The Evening is designed to help you spend time alone with God, to look at your life from His perspective, and find practical ways to serve God amid your ordinary work and family life.

A priest will present two meditations based upon the spirituality of St. Josemaría Escrivá, the founder of Opus Dei. There will be time for personal prayer, reflection, and confession. The evening will conclude with Benediction. Women of all ages are invited, including high school and college students

- 6:30 Confession.
- 6:40 Practical Talk.
- 7:00 First meditation. Confession. Meditation.
- 8:00 Benediction
- 8:00-8:30 Social Time

The Women's Evenings of Recollection will take place on the 2nd Monday of each month. No Women's Evening of Recollection in December.

Questions: Terry McFarland (630-885-0246).
terryannmcfarland@gmail.com

SECRETARY JOB OPENING

ALL SAINTS IS NOW HIRING

All Saints is currently accepting applications for a Secretary. This position requires scheduled office hours from 8:30 AM – 3:00 PM, Tuesday through Thursday and Friday 8:30 AM – 11:30 AM.

Responsibilities include, but are not limited to collect, edit and enter all information needed for the weekly bulletin; coordinate schedules, rental contracts and needs for use of the parish facilities; set up and coordinate monthly calendar of events and meetings; coordinate needs related to all sacramental events and Masses, including updating records; and update parish Website information.

Skills required are PC literate, with a working knowledge of Adobe Express Premium, Microsoft Word and Excel, and Parish Soft systems. Must be able to take initiative, communicate effectively, relate well with others, multi-task, and work with many interruptions. Related education and experience are desirable.

Please submit resumes to Mary Treanor, Business Manager at the Parish Office or by email to maryt@dmallsaints.org.

WORLDWIDE MARRIAGE ENCOUNTER

Check Out Upcoming Dates

Register for the next Worldwide Marriage Encounter Weekend - it's the best gift you'll ever give to each other and your marriage! For more information contact Denise and Greg at 563-920-9419 or visit wwme.org. Upcoming Dates: February 13-15 in Dubuque, April 10-12 in Marshalltown, October 9-11 in Epworth, IA.

For more information call Greg and Denise: 563-920-9419

OUR FAITH EXPLAINED



SAINT OF THE WEEK

Agnes, Virgin and Martyr

Agnes may have been a young girl when she died. Legend has it that she was very beautiful and from a wealthy Roman family. Many young men wanted to marry her, but she decided to commit herself only to God. One of the men who wanted her eventually reported her to the authorities for being a Christian, which was then against the law. She was eventually martyred for her faith and is honored today for that.

When we dedicate ourselves to God as the most important thing in our lives, we have to give up some other things. What would you give up in order to dedicate yourself entirely to God?

St. Agnes (her name is derived from the Greek word for "pure") has become the great Christian symbol of virginal innocence. She is honored by mention in the Mass and is the patron of the children of Mary and of young girls. A memorial to this saint is celebrated on January 21.

Agnes' message today: Agnes dedicated herself to God. None of the threats or the prospect of death could turn her from this course. Like many martyrs, indeed, like Jesus himself, Agnes prayed for her persecutors.

- How do you treat those who persecute you: the person at work who spreads gossip about you, the neighbor who constantly complains, or the merchant who tries to cheat you?

OBEDIENCE, EXPLAINED!

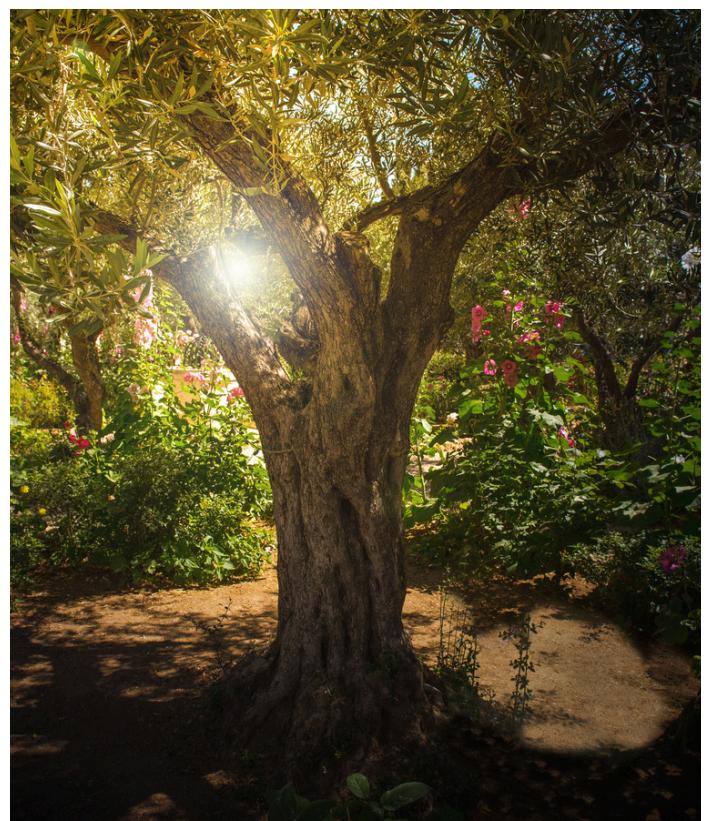
Virtues, Explained

Disobedience was humanity's original sin. Conversely, obedience became the instrument of humanity's reconciliation to God.

Scripture calls man's submission of his own intellect and will to God, the author of revelation, "the obedience of faith." (CCC 143) "To obey in faith is to submit freely to the word that has been heard, because its truth is guaranteed by God, who is Truth itself," we read in the Catechism (CCC 144).

We see perfect obedience shown by Christ amidst his agony in the Garden of Gethsemane. His human will dreads what will come — "My Father, if it is possible, let this cup pass from me" — but his divine will, which is never at odds with his human will, submits to the Truth: "Yet, not as I will, but as you will." (Matthew 26:39). Despite his fear, he embraces the divine will for man to be redeemed, and so we say that he was "obedient unto death." (Philippians 2:8)

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PRAYER & READINGS



READINGS

BAPTISM OF THE LORD

Reading I : Isaiah 42:1-4, 6-7

I, the Lord, have called you.

Reading II : Acts 10:34-38

God anointed Christ with the Holy Spirit.

Gospel : Matthew 3:13-17

We must do what God wants.

QUESTION OF THE WEEK

Question for Children: What does God want you to do? To forgive? Be generous? To love?

Question for Youth: As you grow, how do you know what God wants you to do? How do you hear the voice of God saying, "you are one of mine, of my chosen?"

Question for Adults: Today's readings lead to a core question: As you follow God and do what he wants, how do you experience his loving words: "You are my own. My favor is upon you."?

CHURCH FINANCES

Financial Blessings Ending week of 12/19/2025

Budget July '25 thru June '26	\$1,000,000
YTD Actual Tithing.....	\$434,895
YTD Budget.....	\$457,261
YTD Surplus (Deficit).....	(\$22,366)
Tithing for the Week.....	\$13,795
Number of Donations Received....	65

Financial Blessings Ending week of 12/26/2025

Budget July '25 thru June '26	\$1,000,000
YTD Actual Tithing.....	\$468,426
YTD Budget.....	482,984
YTD Surplus (Deficit).....	(\$14,558)
Tithing for the Week.....	\$33,532
Number of Donations Received....	312

For pledging & payment:

<https://holytrinitydm.org/donate/>

or scan the QR Code --->



HOLY TRINITY PRAYER

Gracious God, the perfect love and communion of the Father, Son and Holy Spirit together makes the Most Holy Trinity; one God. God the Father, who created us; Jesus God the Son who gave His life to save ours; God the Holy Spirit who guides us each day.

Help us follow the example of the Most Holy Trinity as we seek to faithfully walk the path that you lay before us; to love and serve others; build a more caring and respectful world and answer your call in our lives as we take this journey together as one people of God.

AMEN

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Calendar

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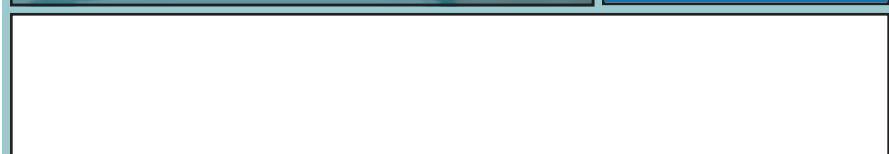
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