



Holy Trinity

Catholic Church and School

DECEMBER 28TH, 2025 | FEAST OF THE HOLY FAMILY

JANUARY 4TH | SOLEMNITY OF THE EPIPHANY

Taking the Journey TOGETHER



MASS SCHEDULE

MON: No Mass/Communion Service

TUE: 8:30 AM Mass

WED: 8:30 AM Mass

THU: 8:30 AM Mass & 2:00-9:00 PM Adoration

FRI: 8:30 AM Mass

SAT: 3:00-3:45 PM Reconciliation & 4:30 PM Mass

SUN: 8:30 AM & 10:30 AM Mass

**Mass Times often change for Holy Days of Obligation*

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GET TO KNOW US

CHRISTMAS SEASON

During the Christmas season from December 24th until the Sunday after Epiphany, we reflect upon the mystery of love that is made visible in the birth and early childhood of Christ.

PARISH INFORMATION

Ministries at Holy Trinity

Pastoral Care. Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. Asking for help is not easy. We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help. There is help, and hope, available.

Nourish for Caregivers meets monthly on the 2nd Monday of the month. Locations for Nourish for Caregivers sessions are Holy Trinity in Des Moines (using the parish main entrance) and St. Pius X (using east entrance).

Questions? Contact Deacon Troy Thompson at troyt@holytrinitydm.org or Deacon Jim Houston at pastoralcare@saintpiuschurch.org.

Coffee and Donuts: We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate, please [sign up here!](#) You may also get in touch with Jan Swinton at jans@holytrinitydm.org in the parish office.

Baptism: Do you want to celebrate your child's baptism at Holy Trinity? Our next Baptism class will be January 5th.

Rosary: Join us as we pray the rosary together. The next date is Thursday, January 5th at 7pm at Sarah Sullivan Bigelow's house: 403 42nd street. The Rosary is a form of contemplative prayer that draws people into deeper relationship with Jesus Christ by meditating on key events in His life.

Contact Jan Swinton in the Parish Office at jans@holytrinitydm.org with questions.

Letter From Father Mark

Greetings-

This letter will be brief. I just want to wish all of the Holy Trinity family a Merry Christmas. It is coming up on 8 years since I became pastor of Holy Trinity; my home parish. I am very grateful for the opportunity to serve in a parish with such a rich history and vibrant faith. I also want to take this opportunity to say thank you to our parish staff, and our school faculty....please express to them your thanks; they do an outstanding job. We also have so many tremendous volunteers; without them the parish would come to a grinding halt. Thanks so much!

A big thanks to all those who made our Christmas Masses so prayerful and joyful; our deacons, Mass coordinators, lectors, Eucharistic ministers, servers, ushers, greeters... and to all of our musicians and singers. Special thanks to Tom Quiner and Eric Sharp for coordinating our musical efforts and to our schola...excellent as usual. . Thanks also to Meggan Fox who directs our children's choir and to all of the members of our children's choir. They're doing a great job! Also, a big thanks to Brad Rea and his team of volunteers for decorating our church year around and making it so beautiful for our Christmas season.

Finally, thank you to all those who sent cards, gifts and well wishes at Christmas. They were much appreciated!

Have good week,
Fr. Mark Neal

Fr. Mark

SCHEDULES

UPCOMING MASS SCHEDULE

Dec. 28th	8:30AM 10:30AM	For the Parish Larry Olsasky
Dec. 30th	8:30AM	Nick Durand HT Class of 1966
Dec. 31st	8:30AM	Bonnie Reed
Jan. 1st	9:00AM	Solemnity of Mary
Jan. 2nd	8:30AM	Paul Binder
Jan. 3rd	3:00-3:45PM 4:30PM	Reconciliation For the Homeless
Jan. 4th	8:30AM 10:30AM	Cleo & Wil Dubes For the Parish

UPCOMING LITURGICAL
MINISTERS & ALTAR SERVERS**Saturday, January 3rd: 4:30pm****Altar Servers** | Maggie Fiddelke, Olivia Thorne, Liam Dumermuth & Gabriel Amador**Lectors** | Todd Treese & Gary Thull**EMHC** | Team 2**Music Coordinator** | Tom Quiner**Sunday, January 4th: 8:30am****Altar Servers** | Andreo Castro, Jacob Heikes, Bennett Steinkamp and Hilari Thibodeau**Lectors** | Jean Severson & Steve Stimmel**EMHC** | Team 2/MC: Katy Polich**Children's Liturgy** | Team D: Alicia & Luke Lynch**Music Coordinator** | Tom Quiner**Sunday, January 4th: 10:30am****Altar Servers** | Mia & Madelyn Daskalakes, Ruth George and Joshua Zwier**Lectors** | Matt Connolly & Tom Green**EMHC** | Team 1/MC: Jim Wilwerding**Children's Liturgy** | Team 1: Paul Bush & Catie Wilwerding**Music Coordinator** | Eric Sharp

CALENDAR | DECEMBER 28TH, 2025

	Sunday Dec. 28th	Monday Dec. 29th	Tuesday Dec. 30th	Wednesday Dec. 31st	Thursday Jan. 1st	Friday Jan. 2nd	Saturday Jan. 3rd
School			No School - Christmas Break		Dec. 22 - Jan. 2		
Faith Formation			Morning Prayer following 8:30AM Mass (CH)		Solemnity of Mary Mass 9:00AM (CH)	Morning Prayer following 8:30AM Mass (CH)	Sunday Reading Groups Mens (MC) 7:30AM Womens (CH) 8:30AM
Adult Faith Formation					NO Adoration or Rosary		
More	No Coffee & Donuts			Parish Office Closes at 2PM	Parish Office Closed		HT Respect Life Chili Cook-Off (Gym, SR)

SCHEDULES

UPCOMING MASS SCHEDULE

Jan. 4th	8:30AM 10:30AM	Cleo & Wil Dubes For the Parish
Jan. 6th	8:30AM	For the Elderly and Homebound
Jan. 7th	8:30AM	Paul Binder
Jan. 8th	8:30AM	Billy McGough
Jan. 9th	8:30AM	Nancy Timmons Delperdang
Jan. 10th	3:00-3:45PM 4:30PM	Reconciliation For the Parish
Jan. 4th	8:30AM 10:30AM	Charles Whisenand Dennis Hurley

UPCOMING LITURGICAL
MINISTERS & ALTAR SERVERS**Saturday, January 10th: 4:30pm****Altar Servers** | Frank & Louie Brett and Jude & Hugh Kajewski**Lectors** | Pat Pithan & Doug Volkmer**EMHC** | Team 3**Music Coordinator** | Tom Quiner**Sunday, January 11th: 8:30am****Altar Servers** | Sullivan Kelley, Elizabeth Bungert and Mary Cate & Ronan Bergman**Lectors** | Sherill Whisenand & Mark McAndrews**EMHC** | Team 3/MC: Mark McAndrews**Children's Liturgy** | Team A: Janelle & Ian Kerr**Music Coordinator** | Tom Quiner**Sunday, January 11th: 10:30am****Altar Servers** | Isaac & Lukas Perry, Colton Barney & Luciano Castro**Lectors** | Rob Hoover & Billy Howe**EMHC** | Team 2/MC: Mary Ellen Winston**Children's Liturgy** | Team 2: Kate McInroy & Jane Kinney**Music Coordinator** | Eric Sharp

CALENDAR | JANUARY 4TH, 2025

	Sunday Jan. 4th	Monday Jan. 5th	Tuesday Jan. 6th	Wednesday Jan. 7th	Thursday Jan. 8th	Friday Jan. 9th	Saturday Jan. 10th
School		Classes Resume					
Faith Formation			Morning Prayer following 8:30AM Mass (CH)	FF & Edge Class 6:30PM (103, 104)	HT Book Club 7:00PM (MC)	Morning Prayer following 8:30AM Mass (CH)	Sunday Reading Groups Mens (MC) 7:30AM Womens (CH) 8:30AM
Adult Faith Formation			OCIA 6:30PM (CH)				Nourish for Parents (Sacred Heart) 9:30AM
More	Coffee & Donuts following 8:30 & 10:30 Mass (Hosted by Mary Blesz)			Children's Choir Practice 5:45PM (CH)	Schola 6:30PM (CH)		

PARISH NEWS

INTENTIONS

Please pray for the repose of the soul of Joal Jones, son of Peggy Jones.

"Eternal rest grant unto Him, O Lord, and let Perpetual Light shine upon Him. May His Soul and the Souls of all the Faithful departed through the Mercy of God, Rest in Peace. Amen."



LADIES' NIGHT PICKLEBALL

Serve, Rally, and Connect!

Looking for a fun way to connect with other ladies of the parish and get some energetic exercise? Come join our new Women's Pickleball Group!

Whether you're a seasoned pro or have never picked up a paddle, all ability levels are welcome. It's a fantastic opportunity to build community, meet new friends, and enjoy some lively competition and laughs with your sisters in faith.

Here are the details:

- **When:** **January 6th & 20th are the next dates.**
(The First & Third Tuesday of every month at 7:30 PM)
- **Where:** Holy Trinity Gym (We have two courts set up!)
- **Who:** All ladies of the parish and school are welcome!

No need to sign up—just show up ready to play! Waivers will be available to sign before play. We can't wait to see you on the court!



NOURISH

Join us on January 12th

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. Asking for help is not easy. We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help.

There is help, and hope, available. Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging parent, grandparent, or spouse, either in your home, in town or at a distance.

Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

Discover blessings in caring for another.

Please join us:

January Nourish for Caregivers. All caregivers are invited to attend.

When: Monday January 12, 2026
6:00 pm- 7:30 pm
Holy Trinity Parish
2926 Beaver Ave, Des Moines
Room: School Media Center

Please contact- Deacon Troy Thompson:
troyt@holytrinitydm.org or Deacon Jim Houston
pastoralcare@saintpiuschurch.org

"My help comes from the Lord, who made heaven and earth" (Psalm 121:2)



Future 2026 Nourish for Caregiver Events

- February 9 St. Pius X- Urbandale
- March 9 St. Pius X- Urbandale
- April 14 Holy Trinity- Des Moines
- May 12 St. Pius X- Urbandale

NOMINATE NOW!

2026 Teacher, Administrator, Volunteer of the Year

We are now accepting nominations! Please nominate someone at your school, and [share this form](#) with our community. Nominations will be accepted until January 18.

Winners will be announced during Catholic Schools Week (January 25 - 31).

[Nomination form here!](#)

ENROLLMENT 2026-2027

NOW OPEN!

Starting November 29th, Catholic Schools in the Des Moines metro opened priority enrollment for our parishioners. Hundreds of families have already applied, so if you're considering Catholic education, don't wait. Contact the Catholic Schools Office to see which classes still have open seats. Visit [dmdiocese.org/schools](#) to learn more.

[Enroll at Holy Trinity for the 2026-27 school year here.](#)

CATHOLIC SCHOOLS WEEK

Celebrate with us from Jan. 25th-30th!

We are excited to add a number of events to our Catholic School's week schedule this year!

Along with bringing back our Open House with breakfast and our jazz band, we will be introducing our Multicultural Fair and Blessing Bags to Catholic School's Week!

[See the full week schedule here!](#)

UPCOMING DATES

Mark your calendar!

DECEMBER 22nd-JANUARY 2nd No School

JANUARY 5th Classes Resume

SUPPORT HT'S SCRIP PROGRAM

By Shopping at Your Favorite Places, You Can Make a Difference!

What Is Scrip? Scrip is a nationwide program that allows Holy Trinity to purchase both electronic and physical gift cards from national and local retailers at a discounted rate. Holy Trinity then sells these gift cards to you at their full face value. The profit generated from this transaction is shared equally: 50% goes to you, and the remaining 50% supports Holy Trinity's School & Family Organization (SFO). The SFO uses its portion to fund a variety of incredible initiatives and activities for our school community. You will receive an annual check for your share to use however you wish!

How Can I Participate? Participating in the program is easy and convenient. The simplest way to get involved is by using the RaiseRight app or by visiting www.raiseright.com to create your account. When you sign up, please make sure to enter our school code: B6E193E11415.

We also have a selection of physical gift cards available in the Parish Office. If you are interested or need assistance, please email holytrinitysfo@gmail.com. We are happy to help you with your purchase!

Questions? If you have any questions or need further information, please contact Sarah Brett at 515-897-9781 or send an email to holytrinitysfo@gmail.com. Thank you for supporting Holy Trinity's Scrip Program!

[Online Enrollment Form Here](#)

CHILI COOK OFF

Holy Trinity First Annual Chili Cook-Off
Saturday, January 3rd, 5:30pm

HolyTrinity CatholicChurch
2926 BeaverAve, DesMoines, IA 50310

Think your recipe is the best? Prove it!

Entry fee is \$25, limited to just fifteen entrants.

WINNER RECEIVES:

- \$100 certificate to Christophers
- \$50 certificate to Beaverdale Fareway
- \$25 certificate to Grounds for Celebration



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Questions? Contact Courtney Robey: bcrobey19@gmail.com
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PARISH/DIOCESAN NEWS

HOLY TRINITY'S FIRST ANNUAL CHILI COOK-OFF

JANUARY 3RD | 5:30PM

Proud of your chili recipe? Enter Holy Trinity's chili cook-off taking place on January 3rd, sponsored by HT's Respect Life Committee. Entry fee is \$25, limited to just fifteen entrants. Winning entrant receives a \$100 gift certificate to Christophers, \$50 gift card to Fareway Meat Market and \$25 gift card to Grounds for Celebration! The winner will be determined by Holy Trinity's own all-star panel of celebrity judges. Parishioners are invited to sample these delectable offerings by making a free-will offering. Chili, hot dogs, chips, wine, beer, lemonade and cookies included! The event will take place in the school gym/cafeteria immediately following the 4:30pm mass.

Questions? Contact Courtney Robey: bcrobey19@gmail.com. Use the QR code below to sign up to be a contestant!



**SCAN CODE
TO ENTER
YOUR CHILI**

WORLDWIDE MARRIAGE ENCOUNTER

Check Out Upcoming Dates

Register for the next Worldwide Marriage Encounter Weekend - it's the best gift you'll ever give to each other and your marriage! For more information contact Denise and Greg at 563-920-9419 or visit wwme.org. Upcoming Dates: February 13-15 in Dubuque, April 10-12 in Marshalltown, October 9-11 in Epworth, IA.

For more information call Greg and Denise: 563-920-9419



DIRECTOR OF HIGH SCHOOL YOUTH MINISTRY

NOW HIRING

The Director of HS Youth Ministry position will be 25-30 hours per week year-round, and is responsible for implementing the Parish's pastoral plan for youth in a framework that promotes lifelong formation in faith. Candidates must be Catholics in good standing and be able to pass a background check.

For a full job description [click HERE](#). Resume and cover letter should be sent to the attention of Father Neal, fmneal@holytrinitydm.org.

Position Specific Requirements:

- Skills, Knowledge and ability for Pastoral Planning.
- Must complete Diocesan Required VIRTUS training and background check;
- Basic Theology – Degree preferred
- 2-3 Years' Experience preferred
- Program Development
- Basic knowledge of Microsoft platforms (excel, Word) and Google environment. Ability to navigate and use electronic media for communications and other essential job functions.

OUR FAITH EXPLAINED

SELF-CONTROLLED, EXPLAINED!

Virtues, Explained

Love. Joy. Anger. Desire. Fear.

These are just a few of what are called the “passions” of humankind, and in order to understand self-control, we must first understand the passions. Our passions are neither good nor bad — it’s all in how we interact with them.

Enter the virtue of self-control.

Self-control flows from the cardinal virtue of temperance, and it’s really all about boundaries. Passions only become problematic when we allow them to control us. Through self-control, a gift of the Holy Spirit, we avoid surrendering too much of ourselves to our passions.

“When regulated by reason, and subjected to the control of the will, the passions may be considered good and used as means of acquiring and exercising virtue,” we read in The Catholic Encyclopedia. “The sensitive is given to man by God, and therefore its acts have to be employed in His service.”

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SAINT OF THE WEEK

John, Apostle and Evangelist

John and his brother, James, were the sons of Zebedee, and we know about them from the Gospels. They were fishers on Lake Gennesaret until they were called by Jesus to follow him. St. John was very close to Jesus, and was present with Mary at the foot of the cross when Jesus died. He was a pillar of the early church he wrote eloquently about love. We celebrate his Feast on December 27.

How can you become a closer friend to Jesus yourself? Try talking with him as you would a close friend, and remember that he is always beside you as a friend.

John's message today: Imagine being one of Jesus' closest friends! Imagine living, working, and sharing your life with the Messiah, traveling where he traveled, witnessing his miracles, listening to his stories. Toward the end of his life, John recorded his experiences as a disciple of Jesus so that we can have an idea of what it was like to know Jesus.

- Reading Scripture will help you develop a stronger relationship with Jesus. Start with John's first letter to get an idea of how much God loves you.

PRAYER & READINGS



READINGS

FEAST OF THE HOLY FAMILY

Reading I : Sirach 3:2-7, 12-14

Revere your father and bring comfort to your mother.

Reading II : Colossians 3:12-21

Clothe yourselves with mercy.

Gospel : Matthew 2:13-15, 19-23

Take the child and his mother and flee to Egypt.

READINGS

SOLEMNITY OF THE EPIPHANY

Reading I : Isaiah 60:1-6

Your light has come!

Reading II : Ephesians 3:2-3a, 5-6

We all share the same promise!

Gospel : Matthew 2:1-12

They opened their coffers and presented him with gifts.

CHURCH FINANCES

Financial Blessings Ending week of 12/5/2025

Budget July '25 thru June '26	\$1,000,000
YTD Actual Tithing.....	\$411,833
YTD Budget.....	\$405,815
YTD Surplus (Deficit).....	\$6,018
Tithing for the Week.....	\$24,251
Number of Donations Received....	224

Financial Blessings Ending week of 12/12/2025

Budget July '25 thru June '26	\$1,000,000
YTD Actual Tithing.....	\$421,100
YTD Budget.....	\$431,538
YTD Surplus (Deficit).....	(\$10,438)
Tithing for the Week.....	\$9,267
Number of Donations Received....	58

For pledging & payment:

[https://holytrinitydm.org/
donate/](https://holytrinitydm.org/donate/)

or scan the QR Code --->



QUESTION OF THE WEEK

Question for Children: When is it the hardest for you to obey your parents?

Question for Youth: In Colossians, St. Paul lays out a way of life for the followers of Christ. As you read through this list, which one of these is most difficult for you to follow? Which one is easiest?

Question for Adults: We are invited to let the word of Christ dwell within us and direct our daily lives. Which one of the lifestyle suggestions in this reading speaks most loudly to you?

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