



Holy Trinity

Catholic Church and School

DECEMBER 14TH, 2025 | THIRD SUNDAY OF ADVENT

Taking the Journey TOGETHER



MASS SCHEDULE

MON: No Mass/Communion Service

TUE: 8:30 AM Mass

WED: 8:30 AM Mass

THU: 8:30 AM Mass & 2:00-9:00 PM Adoration

FRI: 8:30 AM Mass

SAT: 3:00-3:45 PM Reconciliation & 4:30 PM Mass

SUN: 8:30 AM & 10:30 AM Mass

**Mass Times often change for Holy Days of Obligation*

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DM.ORG/](https://holytrinitydm.org/)

GET TO KNOW US



Holy Trinity
Catholic Church and School

PARISH INFORMATION

Ministries at Holy Trinity

Pastoral Care. Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. Asking for help is not easy. We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help. There is help, and hope, available.

Nourish for Caregivers meets monthly on the 2nd Monday of the month. Locations for Nourish for Caregivers sessions are Holy Trinity in Des Moines (using the parish main entrance) and St. Pius X (using east entrance).

Questions? Contact Deacon Troy Thompson at troyt@holytrinitydm.org or Deacon Jim Houston at pastoralcare@saintpiuschurch.org.

Coffee and Donuts: We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate, please [sign up here!](#) You may also get in touch with Jan Swinton at jans@holytrinitydm.org in the parish office.

Baptism: Do you want to celebrate your child's baptism at Holy Trinity? Our next Baptism class will be January 5th.

Rosary: Join us as we pray the rosary together. The next date is Thursday, December 11th at 8 pm at Sarah Sullivan Bigelow's house: 403 42nd street. The Rosary is a form of contemplative prayer that draws people into deeper relationship with Jesus Christ by meditating on key events in His life. Contact Jan Swinton in the Parish Office at jans@holytrinitydm.org with questions.

JOY

Third Week of Advent

Each family attending Masses has been gifted a copy of a book entitled *Slowing Down to the Speed of Joy* by Matthew Kelly, to help us have a more meaningful Advent Season. The theme for the third week of Advent is JOY. The book encourages us to pause and be present. Pick up your book at the church entrance, church vestibule or the Parish Office.

Question to ponder: What is one simple moment of beauty or grace you observed this week that you would have missed if you had not taken the time to **"slow down to the speed of joy?"**

PASTORAL CARE

Nourish for Parents Support Group for Children with Disabilities and Mental Health Challenges.

This support group encourages and empowers parents in their caregiver roles offering practical, emotional and spiritual support through faith. The location is moving to Sacred Heart Parish, 1627 Grand Avenue, West Des Moines. Meeting dates & time are **Dec 13th, Jan 10th, Feb 14th from 9:30-11:00.**

Child care is provided. Go [here](#) to register your child/children before each meeting. We 'd love you to join us ! Please contact Kate McInroy kmcinroy59@gmail.com or Anna Wholey awholey@gmail.com



Our Mission is to Support & Empower Caregivers Through the Gift of Faith

SCHEDULES

)) 3

UPCOMING MASS SCHEDULE

Dec. 14th	8:30AM	For the Parish
	10:30AM	Tim Cooney
Dec. 16th	8:30AM	Bonnie Reed
Dec. 17th	8:30AM	Sharon Kurns
Dec. 18th	8:30AM	Marcie Coleman
	2:00-9:00PM	Adoration
	4:05PM	Rosary
Dec. 19th	8:30AM	Judith Wilson
Dec. 20th	3:00-3:45PM	Reconciliation
	4:30PM	Delpha McCormick
Dec. 21st	8:30AM	For the Parish
	10:30AM	Connie Hellman

UPCOMING LITURGICAL MINISTERS & ALTAR SERVERS

Saturday, December 20th: 4:30pm**Altar Servers** | Austin & Tyler Leo, Liam Dumermuth and Charlie Lynch**Lectors** | Dave Bunkers & Lorraine Riseley
EMHC | Team 3**Music Coordinator** | Tom Quiner**Sunday, December 21st: 8:30am****Altar Servers** | Elizabeth Bungert, Ronan and Mary Cate Bergman and Kaley Maloney**Lectors** | Jacob Meredith Eysers & Jean Severson
EMHC | Team 3/MC: Mark McAndrews**Children's Liturgy** | Team C: Breanna Castro & Jessica Bergman**Music Coordinator** | Tom Quiner**Sunday, December 21st: 10:30am****Altar Servers** | Evelyn & Zoe Myers, Sophia Clark and Miriam Stegman**Lectors** | Tammy Altman & Mark Amadeo**EMHC** | Team 3/MC: Jim Wilwerding**Children's Liturgy** | Team 5: Jean Smith & Alaina Hoover**Music Coordinator** | Eric Sharp

CALENDAR | DECEMBER 14TH, 2025

	Sunday Dec. 14th	Monday Dec. 15th	Tuesday Dec. 16th	Wednesday Dec. 17th	Thursday Dec. 18th	Friday Dec. 19th	Saturday Dec. 20th
School		MS Choir Concert 6:30PM (Gym)		All School Mass Hosted by: 6 th Grade		Free School Wide Pajama Day	
Faith Formation	Taize Service 5:00PM (CH)		Short Advent Adoration & Morning Prayer following 8:30AM Mass (CH)	Children's Choir Practice 5:45PM (CH) Confession 6-7PM (CH)	Confession 1:00PM (CH)	Morning Prayer following 8:30AM Mass (CH)	Sunday Reading Group Mens (MC) 7:30AM Womens (CH) 8:30AM
Adult Faith Formation	Art Group 1-3:30PM (Rooms 103, 104)		OCIA 6:30PM (CH)	Schola 6:30PM (CH)			
More	Coffee & Donuts following 8:30 & 10:30 Mass Hosted By: Girl Scouts		Confession 1:00PM (CH)	FF & Edge Class 6:30PM (Rooms 103, 104)			

PARISH NEWS

TAIZE THIS ADVENT

December 14th | 5PM-5:45PM

Please join us for an evening of Taize' prayer on Sunday, December 14th, from 5:00pm to 5:45pm at Holy Trinity Catholic Church, 2926 Beaver Avenue, Des Moines, IA 50310. Holy Trinity will hold one Taize' service this Advent season as an invitation to quiet our minds and soften our hearts in anticipation of the coming of Christmas.

The Taize' (pronounced tay-zay) prayer service is an ecumenical, meditative form of worship. Founded in 1940, the Taize' community unites Christians from all backgrounds through prayer, song, silence and personal reflection. We look forward to sharing this special service with you.

ADVENT GIVING

Thank you for your support

As we begin the Advent season, we once again ask for your support for our annual Advent Giving Tree. This year we will be supporting CFUM (Children & Family Urban Movement), Connection Cafe, Mary's Helping Hands, and St. Vincent de Paul. Please stop by the tree and grab an ornament or two to help a family in need during this Advent & Christmas season. Donations will be collected during our Advent and Christmas masses. Donations can also be dropped in the parish office. If you have any questions, please contact John Mertes, Director of Faith Formation in the parish office. Thank you for your continued generosity year after year.

ADVENT BOOK STUDY

Slowing Down to the Speed of Joy

As the Advent season rapidly approaches, we want to let you know about a book study that we will be doing as a parish. Because of the generosity of the Knights of Columbus and the Holy Trinity Church Foundation, we will be giving each HT family a free copy of well known Catholic Presenter & Author Matthew Kelly's new book entitled *Slowing Down to the Speed of Joy*.

You may pick up your copy of Matthew Kelly's book at the church entrance, church vestibule or the Parish Office. This is an opportunity for each of us to take some time to discover the true Joy of the Advent & Christmas seasons. If you have questions, please feel free to contact John Mertes, Director of Faith Formation at johnm@holyltrinitydm.org, or via telephone at (515) 255-3162, extension 224.

THE HOLY TRINITY FOUNDATION UPDATE

Invest In Our Parish

Established in 1974, the Holy Trinity Foundation exists to support parish programs, emerging needs, and parish improvements beyond what the annual budget provides. The Foundation gives parishioners a meaningful way to continue long-term support of the parish through estate planning, memorials, and other lasting gifts. All contributions to the Foundation are carefully preserved and invested. As special needs arise, the Foundation responds through direct financial support or by offering low-interest loans to the parish. If you are interested in making a donation or would like more information, please contact Mary Gisler at 515-255-3162 ext. 123 or maryg@holyltrinitydm.org.

ADORATION

Pray with us on Tuesdays

Adoration during Advent is a practice of spending quiet time before the Eucharist to prepare for Christmas, focusing on an attitude of prayer and expectation. Following 8:30 a.m. Mass on Tuesdays during this beautiful season of Advent, please join us for a short Adoration followed by the Morning Prayer.

SCHOOL NEWS

ENROLLMENT 2026-2027

NOW OPEN!

Starting November 29th, Catholic Schools in the Des Moines metro opened priority enrollment for our parishioners. Hundreds of families have already applied, so if you're considering Catholic education, don't wait. Contact the Catholic Schools Office to see which classes still have open seats. Visit dmdiocese.org/schools to learn more.

Enroll at Holy Trinity for the 2026-27 school year [here.](#)

HOLIDAY BABYSITTING DECEMBER 13TH | 12:30PM-4:15PM

Take the day to get that last minute Christmas Shopping or wrapping done! Holy Trinity Sixth Graders will be babysitting children for free will donations to support their Des Moines Refugee Fundraiser that will go directly to buying material for tie blankets for those in need.

Free will donations are appreciated. A snack will be provided. Children must be potty trained.

[RSVP HERE](#)

HT SPIRIT STORE

Get your Holy Trinity gear!

Another great way to get cold weather gear? Start shopping online today at shopholytrinitydm.com! ***Filter and see what items are uniform approved.***

-BONUS! Ship to School: Email will be sent when order is ready; Purchase(s) will be sent home with student. **Every purchase from the Spirit Store helps raise funds for our school community.**

Shop today at shopholytrinitydm.com

UPCOMING DATES

Mark your calendar!

DECEMBER 15th Middle School Choir Concert

DECEMBER 17th All School Mass Hosted by 6th Grade

DECEMBER 19th All School Pajama Day

SUPPORT HT'S SCRIP PROGRAM

By Shopping at Your Favorite Places, You Can Make a Difference!

What Is Scrip? Scrip is a nationwide program that allows Holy Trinity to purchase both electronic and physical gift cards from national and local retailers at a discounted rate. Holy Trinity then sells these gift cards to you at their full face value. The profit generated from this transaction is shared equally: 50% goes to you, and the remaining 50% supports Holy Trinity's School & Family Organization (SFO). The SFO uses its portion to fund a variety of incredible initiatives and activities for our school community. You will receive an annual check for your share to use however you wish!

How Can I Participate? Participating in the program is easy and convenient. The simplest way to get involved is by using the RaiseRight app or by visiting www.raiseright.com to create your account. When you sign up, please make sure to enter our school code: B6E193E11415.

We also have a selection of physical gift cards available in the Parish Office. If you are interested or need assistance, please email holytrinitysfo@gmail.com. We are happy to help you with your purchase!

Questions? If you have any questions or need further information, please contact Sarah Brett at 515-897-9781 or send an email to holytrinitysfo@gmail.com. Thank you for supporting Holy Trinity's Scrip Program!

[Online Enrollment Form Here](#)

Advent

ADVENT AND CHRISTMAS LITURGY

CHRISTMAS EVE MASSES

Wednesday, December 24th at 4pm, 6pm, and 10pm

CHRISTMAS DAY MASS

Thursday, December 25th at 9am

RETREATS AND GATHERINGS

GENERATIONS OF FAITH

Wednesday, December 3rd from 6-8pm

Sunday, December 7th from 4-6pm

ADULT ADVENT RETREAT

Saturday, December 13th from 12pm-4:30pm

SPECIAL PRAYER SERVICES

TAIZE at HOLY TRINITY

Sunday, December 14th 5-5:45pm

RECONCILIATION

CONFESSION at HOLY TRINITY

- December 6th : 3-3:45pm
- December 9th : 1:15pm-2pm
- December 10th : 6-7pm
- December 13th : 3-3:45pm
- December 16th : 1-2pm
- December 17th : 5:30-6:15pm
- December 18th : 1-2pm
- December 20th : 3-3:45pm
- December 23rd : 6-6:45pm

DIOCESAN ADVENT RECONCILIATION SERVICES 2025

- Tuesday, December 2 6:00 pm (St. Catherine of Siena, Des Moines)
- Tuesday, December 2 7:00 pm (St. Francis of Assisi, West Des Moines)
- Wednesday, December 3 6:30pm (St. Augustin, Des Moines)
- Thursday, December 4 6:30 pm (Our Lady's Immaculate Heart, Ankeny)
- Wednesday, December 10 6:30 pm (St. Theresa, Des Moines)
- Wednesday, December 10 6:15 pm (St. Joseph, Des Moines)
- Sunday, December 14 2:00 pm (St. Mary of Nazareth, Des Moines)
- Sunday, December 14 3:00 pm (St. John, Adel)
- Thursday, December 18 7:00 pm (Ss. John and Paul, Altoona)
- Sunday, December 21 4:00 pm (St. Pius X, Urbandale)



Holy Trinity
Catholic Church and School

CHILI COOK OFF

Holy Trinity First Annual Chili Cook-Off
Saturday, January 3rd, 5:30pm

HolyTrinityCatholicChurch
2926BeaverAve, DesMoines, IA50310

Think your recipe is the best? Prove it!

Entry fee is \$25, limited to just fifteen entrants.

WINNER RECEIVES:

- \$100 certificate to Christophers
- \$50 certificate to Beaverdale Fareway
- \$25 certificate to Grounds for Celebration



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TO ENTER
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The winner to be determined by an all-star panel of celebrity judges.
Join us for dinner and fun. Chili / Hot dogs/beverages/dessert
included! **FREE-WILL OFFERING.**

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Questions? Contact Courtney Robey: bcrobey19@gmail.com
Sponsored by Holy Trinity Catholic Church Respect Life Group

PARISH/DIOCESAN NEWS

HOLY TRINITY'S FIRST ANNUAL CHILI COOK-OFF

JANUARY 3RD | 5:30PM

Proud of your chili recipe? Enter Holy Trinity's chili cook-off taking place on January 3rd, sponsored by HT's Respect Life Committee. Entry fee is \$25, limited to just fifteen entrants. Winning entrant receives a \$100 gift certificate to Christophers, \$50 gift card to Fareway Meat Market and \$25 gift card to Grounds for Celebration! The winner will be determined by Holy Trinity's own all-star panel of celebrity judges. Parishioners are invited to sample these delectable offerings by making a free-will offering. Chili, hot dogs, chips, wine, beer, lemonade and cookies included! The event will take place in the school gym/cafeteria immediately following the 4:30pm mass.

Questions? Contact Courtney Robey: bcrobey19@gmail.com. Use the QR code below to sign up to be a contestant!



**SCAN CODE
TO ENTER
YOUR CHILI**

WORLDWIDE MARRIAGE ENCOUNTER

Check Out Upcoming Dates

Fall is a beautiful season full of color and crisp fresh air. A Worldwide Marriage Encounter Experience is like autumn because it's a weekend full of fresh air, new beginnings and a time to rejoice in the beauty of your marriage. It's a great time to rekindle communication and enjoy a weekend away. Dates of upcoming experiences are a non-residential weekend November 7-9 in Ankeny and a residential weekend February 13-15 in Dubuque.

For more information call Greg and Denise: 563-920-9419



DIRECTOR OF HIGH SCHOOL YOUTH MINISTRY

NOW HIRING

The Director of HS Youth Ministry position will be 25-30 hours per week year-round, and is responsible for implementing the Parish's pastoral plan for youth in a framework that promotes lifelong formation in faith. Candidates must be Catholics in good standing and be able to pass a background check.

For a full job description **click HERE**. Resume and cover letter should be sent to the attention of Father Neal, fmneal@holytrinitydm.org.

Position Specific Requirements:

- Skills, Knowledge and ability for Pastoral Planning.
- Must complete Diocesan Required VIRTUS training and background check;
- Basic Theology – Degree preferred
- 2-3 Years' Experience preferred
- Program Development
- Basic knowledge of Microsoft platforms (excel, Word) and Google environment. Ability to navigate and use electronic media for communications and other essential job functions.

OUR FAITH EXPLAINED

JOY, EXPLAINED!

Virtues, Explained

Though it is often used as a synonym for happiness, joy has far more to do with the choices we make than the emotions we feel.

Joy is the experience of achieving what we most desire — and what we most desire is love. God made us in love and for love, and so, in the same way that a flower seeks the sunlight, our souls seek the warmth of true, selfless love. The virtue of joy, therefore, is a fruit of the virtue of love, or charity (CCC 1829).

“We are meant to have our human joys: the joy of living, the joy of love and friendship, the joy of work well done,” said Saint Pope John Paul II. “We who are Christians have a further cause for joy: like Jesus, we know that we are loved by God our Father. This love transforms our lives and fills us with joy.”

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SAINT OF THE WEEK

Barbara, Virgin and Martyr,
Fourth Century

St. Barbara may have been the daughter of a pagan official in the time of the Emperor Maximian. At one point, she requested that three windows be built into her house, to represent the light of the Trinity. Her Christian faith was stronger than her father's lack of faith. But this enraged her pagan father who had her killed, and she is considered a martyr today.

How much would you suffer to witness to your faith? What kind of suffering for our faith do modern boys and girls have to do?

St. Barbara is the patron saint of architects. She is also invoked for protection from fire, presumably referring to the fire which killed her father.

Barbara's message today: While most parents would not treat their children as harshly as did Barbara's father, many of us do not consider the strong and lasting effects of our words on our children. Gentle guidance, understanding, and prayers can often accomplish much more than harsh words.

- When you have a disagreement with one of your children, do you try to resolve it with arguments and anger? Or do you try to talk out the problem, with kindness and understanding as your guide?

PRAYER & READINGS



READINGS

THIRD SUNDAY OF ADVENT

Reading I : Isaiah 35:1-6a, 10

The desert will rejoice and bloom!

Reading II : James 5:7-10

Be patient.

Gospel : Matthew 11:2-11

The blind recover their sight, cripples walk, lepers are cured, and deaf hear.

QUESTION OF THE WEEK

Question for Children: *Why is Christmas such a time of happiness for people?*

Question for Youth: *God speaks to you every day: Isaiah tells us our ears and eyes will be opened in Christ to hear God's voice. What do you hear God saying to you?*

Question for Adults: *What is there in this promise from the Prophet Isaiah that gives you hope? How have you seen this promise fulfilled in Christ?*

CHURCH FINANCES

Financial Blessings Ending week of 11/28/2025

Budget July '25 thru June '26	\$1,000,000
YTD Actual Tithing.....	\$387,582
YTD Budget.....	\$380,092
YTD Surplus (Deficit).....	\$ 7,490
Tithing for the Week.....	\$ 9,083
Number of Donations Received....	51

For pledging & payment:

<https://holytrinitydm.org/donate/>

or scan the QR Code --->



Thank you for your generous giving!

HOLY TRINITY PRAYER

Gracious God, the perfect love and communion of the Father, Son and Holy Spirit together makes the Most Holy Trinity; one God. God the Father, who created us; Jesus God the Son who gave His life to save ours; God the Holy Spirit who guides us each day.

Help us follow the example of the Most Holy Trinity as we seek to faithfully walk the path that you lay before us; to love and serve others; build a more caring and respectful world and answer your call in our lives as we take this journey together as one people of God.

AMEN



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