



Holy Trinity

Catholic Church and School

AUGUST 3RD & 10TH, 2025 | 18TH & 19TH SUNDAY IN ORDINARY TIME

Taking the Journey TOGETHER



MASS SCHEDULE

MON: No Mass/Communion Service

TUE: 8:30 AM Mass

WED: 8:30 AM Mass

THU: 8:30 AM Mass & 2:00-9:00 PM Adoration

FRI: 8:30 AM Mass

SAT: 3:00-3:45 PM Reconciliation & 4:30 PM Mass

SUN: 8:30 AM & 10:30 AM Mass

**Mass Times often change for Holy Days of Obligation*

**WORSHIP
ONLINE**
on Youtube



/HTSCHOOLDM



@HOLYTRINITYDSM



[HTTPS://HOLYTRINITY
DM.ORG/](https://holytrinitydm.org/)

GET TO KNOW US

INTENTION

Thank you for your prayers

Please pray for the repose of the soul of Lawrence "Larry" Olsasky. *Eternal Rest Grant Unto Him, O Lord and let Perpetual Light shine upon him. May his soul and souls of all the Faithful departed, through the Mercy of God, Rest in peace. Amen.*

PARISH INFORMATION

Pastoral Care. Nourish For Caregivers Support Group for Children with Disabilities and Mental Health Challenges. This September a Christ-centered support group is starting here at Holy Trinity Church. This support group will encourage and empower caregivers, offering practical, emotional and spiritual support through faith.

We will meet monthly including 3-4 speakers on topics of interest. The Nourish Curriculum at www.nourishforcaregivers.com will be used to help us shape this new ministry to meet the real needs of families like yours. If you have questions please contact:

Anna Mundy awholey@gmail.com
Kate McInroy kmcinroy59@gmail.com

Coffee and Donuts: We appreciate everyone who has volunteered to assist with serving coffee and donuts over the summer. If you would like to participate, please [sign up here!](#)

You may also get in touch with Jan Swinton at jans@holyltrinitydm.org in the parish office.

Book Your Event: If you are looking to book and event, or need space at Holy Trinity, please fill out the form below. If you have any questions, reach out to Jan Swinton via email at jans@holyltrinitydm.org with any questions. [Book your event here!](#)

Baptism: Do you want to celebrate your child's baptism at Holy Trinity? Contact Jan Swinton in the Parish Office at jans@holyltrinitydm.org to find out when the next baptism class will be.

Letter From
Father Mark

Greetings-

Summer projects continue here at HT. The geo-thermal installation continues in the former convent. It is moving slower than anticipated, but it is moving. We have also had new windows and siding installed on the pre K house (Fr. Ostdiek's house). It looks much better. In addition, we have replaced the furnace and added central air conditioning to the Pre K house.

An update on the church restroom remodel: we have a contractor lined up to do the upstairs restrooms and we hope it will get underway soon. We had our summer garage sale last week. Many thanks to Teresa Parmenter for again leading the effort, and two of her top volunteers Steve and Mary Stimmel. Thanks to all of our volunteers...the garage sale could not happen without you!

We have also had our security cameras both inside and outside enhanced by adding more to our existing cameras.

Have a good week,

Father Mark Neal

Fr. Mark

SCHEDULES

UPCOMING MASS SCHEDULE

August 3rd	8:30AM	For the Parish
	10:30AM	John Erickson
August 5	8:30AM	Mary Green
August 6	8:30AM	Janet Reiter
August 7	8:30AM	Mary Kelly
	2:00-9:00PM	<i>Adoration</i>
	4:05PM	<i>Rosary</i>
August 8th	8:30AM	Judith Wilson
August 9th	3:00-3:45PM	<i>Reconciliation</i>
	4:30PM	Nancy Timmons Delperdang
August 10th	8:30AM	Nancy Timmons
	10:30AM	For the Parish
August 12th	8:30AM	Delos Swanson
August 13th	8:30AM	Marcie Coleman
August 14th	8:30AM	Dale McCormick
	2:00-9:00PM	<i>Adoration</i>
	4:05PM	<i>Rosary</i>
August 15th	8:30AM	No Morning Mass/Staff Retreat
August 16th	3:00-3:45PM	<i>Reconciliation</i>
	4:30PM	Nancy Timmons
August 17th	8:30AM	For the Parish
	10:30AM	Joseph Lipichok

MASS INTENTIONS

contact Jan Swinton in the parish office 515-255-3162 or jans@holyltrinitydm.org



UPCOMING LITURGICAL MINISTERS & ALTAR SERVERS

Saturday, August 9th: 4:30pm

Altar Servers | Lola & Penelope Carroll and Joan & Nora Niday

Lectors | Vonnie Salem & Mary Sanders

EMHC | Team 2

Music Coordinator | Tom Quiner

Sunday, August 10th: 8:30am

Altar Servers | Cartier Bryant, Jackson Hoodjer, Jamison Lynch and Phillip McAndrews

Lectors | Terry Smith & Linda Willems

EMHC | Team 2/MC: Katy Polich

Music Coordinator | Tom Quiner

Sunday, August 10th: 10:30am

Altar Servers | Sophia Clark, Ruth George, and Mia & Madelyn Daskalakes

Lectors | Tammy Altman & Mark Amadeo

EMHC | Team 2/MC: Mary Ellen Winston

Music Coordinator | Eric Sharp

Saturday, August 16th: 4:30pm

Altar Servers | Frank & Louie Brett and Austin & Tyler Leo

Lectors | Marsha Szymczuk & Pat Pithan

EMHC Team 3

Music Coordinator | Tom Quiner

Sunday, August 17th: 8:30am

Altar Servers | Bennett Steinkamp, Gwennie & Jonah Johnson and Elizabeth Bungert

Lectors | Mark McAndrews & Scott Flood

EMHC | Team 3/MC: Mark McAndrews

Music Coordinator | Tom Quiner

Sunday, August 17th: 10:30am

Altar Servers | Wyatt McElroy, Joshua Zwier, and Isaac & Lukas Perry

Lectors | Teresa Baustian & Chris Coleman

EMHC | Team 3/MC: Jim Wilwerding

Music Coordinator | Eric Sharp

PARISH NEWS

PRAY WITH US

After 8:30am Morning Mass

For the months of June, July, and August, daily prayer will immediately follow the 8:30 Morning Mass only on Fridays. In September plans are to return to Tuesdays and Fridays.

If your schedule allows, please join us for this very important prayer in the Church, second only to the Mass. Prayer books are available.

CONSTRUCTION UPDATE

Thank you for your understanding

Due to altar floor repair at Holy Trinity, the church will be out of commission August 19-22. There will be NO morning Mass, Morning Prayer, Adoration or events of any kind being held in the church during this week. Thank you for your understanding.

PARISH SURVEY

Scan the QR Code Below

Your voice and insights are incredibly valuable as we embark on this important journey together. We invite all parishioners to learn more about the Parish Visioning Council, its purpose, and how you can contribute. We encourage you to participate by taking our vital Parish Visioning Survey!

Please visit our website for more detailed information and to access the survey.

Your input will help us grow and flourish as a vibrant, Christ-centered community.

Visit our [Parish Updates & Visioning page](#) to fill out the Parish Survey and find out more about what Holy Trinity is up to!



FLOCKNOTE

Keep in touch with our parish!

Keep in touch with us via email and text. Mass times, ministry updates and more delivered to your phone.

Sign up online at:
holyltrinitycatholicdsm.flocknote.com

To sign up, text "HTDSM" to 84576



RESPECT LIFE CORNER

"Abortion kills twice. It kills the body of the baby and it kills the conscience of the mother. Abortion is profoundly anti-woman. Three-quarters of its victims are women: Half the babies and all the mothers."

~SAINT MOTHER TERESA

VOLUNTEERS NEEDED August 15th

Volunteers are needed for the Assumption of the Blessed Virgin Mary Mass on August 15 at 6:30 p.m. A sign up sheet is available on the wall at the back of the church. Your assistance would be appreciated. Thank you!

SCHOOL NEWS

WE'RE HIRING

See all open positions at
dm-diocese.org/school-careers.

SCHOOL OPENINGS

dm-diocese.org/school-careers

Holy Family is seeking a music teacher. This may be part-time at Holy Family or shared full-time between two schools in the Des Moines area.

St. Joseph is seeking an art teacher and middle school language arts teacher.

St. Francis, St. Patrick, and St. Theresa are seeking teacher associates for early childhood and K-8 classrooms.

St. Augustin is seeking a lunch director, responsible for scheduling, managing assistants, ordering supplies, budgeting, food preparation, and cleaning.

Visit dm-diocese.org/school-careers.

CATHOLIC SCHOOLS OFFICE

Now Hiring

Employment Opportunities in Catholic Education
The Catholic Schools Office is hiring a Director of Student Services to oversee student support plans, behavior interventions, and teacher coaching. This person will work closely with students, families, teachers, counselors, and administrators to promote a positive learning environment for students with diverse learning needs.

HT SPIRIT STORE

Get your Holy Trinity gear!

Start shopping online today at shopholytrinitydm.com!

What's in Store for You?

-Self-Servicing Ordering: Browse and order your favorite Holy Trinity gear with ease.

-Home Delivery: Enjoy the convenience of having your spirit wear shipped directly to your doorstep.

-Ship to School: Email will be sent when order is ready; Purchase(s) will be sent home with student.

Every purchase from the Spirit Store helps raise funds for our school community.

Shop today at shopholytrinitydm.com



Holy Trinity
Catholic Church and School

HERE FOR SUPPORT Get the help you need

Summer break is a great time to relax and recharge, but for some families, it also reduces access to meals and groceries. USDA SUN Meals Program, Food Bank of Iowa, and HHS Pantries provide free or low-cost food options during the summer months:

Visit dm-diocese.org/schools for more info. If you need support, please contact the Catholic Schools Office or your child's school.



DIOCESAN NEWS

HEARTLAND FOR KIDS PRESENTS A BENEFIT CONCERT FOR MARY'S MEALS

August 28th, 6pm-9pm

Enjoy a fun evening with Nashville musicians Phoenix Mendoza and Josh Leo and Kitty Steadman at Jasper Winery while raising money for Mary's Meals. Any monetary donation will help the world's most vulnerable children receive an education and provide them with enough to eat. Bring a friend to have fun and make a difference. Food sponsored by the Knights of Columbus will be available for a free will donation.

\$25.20 Feeds a child for an entire school year! To donate online please go to: www.marysmealsusa.org

WOMEN'S EVENING OF RECOLLECTION

August 11th, 2025 | 6:30pm-8:30pm

FSt. Augustin Church
545 42nd Street, Des Moines

Spend a brief time away from the world to be with Our Lord. The Evening is designed to help you spend time alone with God, to look at your life from His perspective, and find practical ways to serve God amid your ordinary work and family life. A priest will present two meditations based upon the spirituality of St. Josemaria Escrivá, the founder of Opus Dei. There will be time for personal prayer, reflection, and confession. The evening will conclude with Benediction. Women of all ages are invited, including high school and college students

- 6:30 Confession.
- 6:40 Practical Talk.
- 7:00 First meditation. Confession. Meditation.
- 8:00 Benediction

The Women's Evenings of Recollection will take place on the 2nd Monday of each month. No Women's Evening of Recollection in December.

Questions: Terry McFarland (630-885-0246).
terryannmcfarland@gmail.com

CONCERT FOR LIFE 2025

August 4th, 7:30pm-9pm

Join Fr. David Michael Moses, Fr. Max Carson & an All-Priest Band in a Concert for Life!

The concert will be at the Val Air Ballroom and will be supporting Pro-Life Organizations.

Scan below for more information:



DIOCESAN NEWS

SINGLE AND CATHOLIC?

National Conference for Singles

Join 400+ singles coming from all over the US (and beyond) at the 20th Anniversary National Conference for Single Catholics in Denver, Colorado on August 22nd-24th, 2025! (Can't travel? Join the virtual option with online socials and small group discussions). This is your chance to connect with like-minded singles of all ages. The weekend includes talks by dynamic speakers, music, social events, Mass with Archbishop Samuel Aquila, adoration, fellowship and more. (Use the promo code PARISH25 for a discount.) Visit NationalCatholicSingles.com for more information and to register.

Links:

[Facebook page](#)

[Instagram @nationalcatholicsingles](#)

The National Conference for Single Catholics (NCSC), which takes place in a different part of the country each year, will be held at the Omni Interlocken Hotel in Broomfield, CO (Denver Metro Area) from August 22-24, 2025.

CALLED TO SILENCE

3 Day Directed Ignatian Retreat Opportunity

God speaks to you in the silence. Are you ready for some quiet time away, just “to be”, to listen, to pray? Steep yourself in our sacred space, to be still and open yourself up to the graces God has for you. You will meet with an Ignatian-trained spiritual director daily to reflect on what’s stirring in your heart. Opportunity for mass daily and confession. Retreat cost including room and meals is \$400. Held at the Creighton University Retreat Center in Griswold, IA.

Choose one of the following opportunities to attend:

Retreats begin at 6:00 p.m. the first evening, following your check-in, and ending the last day by 3:00 p.m.

Register at

www.creighton.edu/retreatcenter/scheduleofretreats

YOU'RE INVITED TO A PRO-LIFE CHRISTMAS GALA

Join us on November 22nd!

Pulse Life Advocates will host a pro-life Christmas Gala on November 22nd at the downtown Marriott Hotel on 7th & Grand. The evening consists of a cash bar, a delicious dinner, Christmas auction items, and a great pro-life speaker, Kristan Hawkins, president of Students for Life.

The Saints & Sinners band will provide Christmas entertainment. Tables of ten/\$1000; \$100/seat. Order online today: PulseForLife.org.



Knights of Columbus®

KNIGHTS OF COLUMBUS

Become a Fourth Degree Knight

Exemplification to Fourth Degree

Become a member of the 4th Degree Knights of Columbus on August 16, 2025. The Exemplification or membership ceremony will take place at St.

Mary's in Spirit Lake, Iowa, but you will become an actual member of your

local 4th Degree Assemblé. For more information, Contact: Don Breuker 712-461-1321 Cell – Text 712-336-4855 Land Line msgmccoykc@gmail.com

HOLY TRINITY BOOK CLUB

**JOIN US FOR A COMMUNITY WIDE
DISCUSSION ON
THE FOUR LOVES BY C.S. LEWIS**



HOLY TRINITY SCHOOL LIBRARY, ALL MEETINGS AT 7 PM

SEPTEMBER 11

OCTOBER 2

NOVEMBER 13

DECEMBER 11

QUESTIONS?

CONTACT MEGHAN AT MEGHANMC515@GMAIL.COM

OR SARAH AT SSULLIVANBIGELOW@GMAIL.COM

NEWS & ANNOUNCEMENTS

DEVOTIONS, EXPLAINED!

Prayer Before Meals

Mini Explanation — Great for social media or in your bulletin The practice of praying before meals is Biblical, and in the Gospels, Jesus is shown praying before the Last Supper and other meals. In *Laudato SI'*, Pope Francis urged the faithful “to return to this beautiful and meaningful custom.”

Anyone who has ever dined in a Catholic home has probably heard the prayer before meals that begins with the famous words: “Bless us, O Lord, and these thy gifts.” These words in particular are first found in the *Galesian Sacramentary*, a book of Christian liturgy that dates to the seventh or eighth century, but the practice of praying before meals is Biblical, harkening back to the Jewish ritual washing of hands before eating. In the Gospels, Jesus is shown praying before the Last Supper and other meals, setting an example followed by Paul in Acts 27:35.

In his 2015 encyclical *Laudato SI'*, Pope Francis urged the faithful “to return to this beautiful and meaningful custom.”

“That moment of blessing,” he wrote, “reminds us of our dependence on God for life; it strengthens our feeling of gratitude for the gifts of creation...(and) reaffirms our solidarity with those in greatest need.”



SAINT OF THE WEEK

Aloysius Gonzaga, Religious

The first words Saint Aloysius spoke as a child were the names of Jesus and Mary. His father planned for him to enter the military, but he wanted to enter religious life and did so early in life.

He taught religious education to the poor in the town where his parents lived in Italy, and eventually became a Jesuit. He served the ill during a plague, in a hospital in Milan, and died very young, only 23 years old.

Aloysius Gonzaga was canonized in 1726. He was declared protector of young students by Pope Benedict XIII, and patron of Catholic youth by Pope Pius XI. We honor this saint on June 21 by a memorial.

Aloysius' message today: Aloysius chose the path he wanted to follow very early in his life and he let nothing deter him from it. In today's world, there is much to distract us from the goals we have set for ourselves. We should try to emulate Aloysius and persevere until we reach our own goals.

- Do you let yourself become distracted from your goals? Say a prayer to St. Aloysius asking his help in staying on track.



PRAYER & READINGS



READINGS

Eighteenth Sunday in Ordinary Time

Reading I : Ecclesiastes 1:2, 2:21-23
What do all her/his labors profit a person?
Reading II : Colossians 3:1-5, 9-11
Seek the things that are of Christ.
Gospel : Luke 12:13-21
What is really important to you?

Nineteenth Sunday in Ordinary Time

Reading I : Wisdom 18:6-9
You always protect us.
Reading II : Hebrews 11:1-2, 8-19
In faith we believe what we do not see.
Gospel : Luke 12:32-48
We must be ready for God to act in our lives at any time!



CHURCH FINANCES

Financial Blessings Ending
Week of 07/11/2025

Budget July '25 thru June '26	\$1,000,000
YTD Actual Tithing.....	\$34,440
YTD Budget	\$36,248
YTD Surplus (Deficit).....	(\$1,808)
Tithing for the Week	\$29,887
Number of Donations Received.....	257

Financial Blessings Ending
Week of 07/18/2025

Budget July '25 thru June '26	\$1,000,000
YTD Actual Tithing.....	\$37,328
YTD Budget	\$54,372
YTD Surplus (Deficit).....	(\$17,044)
Tithing for the Week	\$2,889
Number of Donations Received.....	51

For pledging & payment:
<https://holytrinitydm.org/donate/>
or scan the QR Code --->



Thank you for your generous giving!

THANK YOU HOLY TRINITY!

Holiday Boutique- Christmas in July

Our donation trees were well received at masses and we look forward to those donations arriving back to church in the next two weeks. There are donation baskets at both church entrances and the church office.

Gift cards can be taken to the church office or dropped in the offertory basket (in an envelope marked BHB/Boutique is helpful).

The BHB committee is grateful for your support!

Mallory Bennet (School chair)/Janelle Kerr (Parish chair)