



Holy Trinity

Catholic Church and School

AUGUST 30TH | TWENTY-SECOND SUNDAY IN ORDINARY TIME

Taking the Journey TOGETHER



MASS SCHEDULE

MON: No Mass/Communion Service

TUE: 8:30 AM Mass

WED: 8:30 AM Mass

THU: 8:30 AM Mass & 2:00-9:00 PM Adoration

FRI: 8:30 AM Mass

SAT: 3:00-3:45 PM Reconciliation & 4:30 PM Mass

SUN: 8:30 AM & 10:30 AM Mass

**Mass Times often change for Holy Days of Obligation*

**WORSHIP
ONLINE**
on Youtube



/HTSCHOOLDM



@HOLYTRINITYDSM



[HTTPS://HOLYTRINITY
DM.ORG/](https://holytrinitydm.org/)

SEPTEMBER 18TH & 19TH, 2026

BEAVERDALE FALL FEST

FRIDAY, SEPTEMBER 18TH | 5:00PM – 10:00PM

Rides, Slides, Slushies & More!

HOLY TRINITY FOOD TENT | Beef burgers, hot dogs, brats, walking tacos, nachos, and beverages

EGG ROLLS | Get them while they last

BEER and WINE tent

LIVE MUSIC by 'Faculty Lounge' | 7:00PM

SATURDAY, SEPTEMBER 19TH | 11:00AM – 9:00PM

Rides, Slides, Slushies & More!

BAKE SALE | NOON until gone

BINGO | NOON TO 3:00PM

KIDS FACE PAINTING | NOON – 3:00PM

HOLY TRINITY FOOD TENT | Starting at 11 AM

BEER and WINE tent | Starting at NOON

LIVE MUSIC by 'Vinyl Five' | 6:00PM

IMPORTANT

Please bring your BAKED GOODS to the Church on Friday afternoon or evening for the Bake Sale!

SCAN THE QR CODE TO VOLUNTEER

OR GO ONLINE TO

<https://signup.com/client/invitation2/secure/74449072092/false#/invitation>

Contact Cliff Burleson

319-389-7889 cliffordburleson@gmail.com



SCHEDULES

UPCOMING MASS SCHEDULE

August 30th	8:30AM 10:30AM	John Quiner For the Parish
Sept. 1st	8:30AM	Mary Jo Banks
Sept. 2nd	8:30AM	Charmaine Weaver
Sept. 3rd	8:30AM	William Judkins
Sept.4th	8:30AM Mass	Rachel Dubec
Sept. 5th	3:00-3:45PM 4:30PM	Reconciliation For the Parish
Sept. 6th	8:30AM 10:30AM	Paul Binder Dennis Hurley

UPCOMING LITURGICAL
MINISTERS & ALTAR SERVERS

Saturday, Sept. 5th: 4:30pm Altar Servers Frank & Louie Brett and Joan & Nora Niday Lectors Lorraine Riseley & Vonnie Salem EMHC Team 1 Music Coordinator Tom Quiner
Sunday, Sept. 6th : 8:30am Altar Servers Mary Cate, Raf & Ronan Bergman and Penelope Blaser Lectors Terry Smith & Katy Polich EMHC Team 1/MC: Karen Quiner Children’s Liturgy TBD Music Coordinator Tom Quiner
Sunday, Sept. 6th : 10:30am Altar Servers Colton Barney, Bridget & Lydia Caswell and Ruth George Lectors Chris Coleman & Matt Connolly EMHC Team 1/MC: Jim Wilwerding Children’s Liturgy TBD Music Coordinator Eric Sharp

CALENDAR | AUGUST 30TH, 2026

	Sunday August 30th	Monday August 31st	Tuesday September 1st	Wednesday September 2nd	Thursday September 3rd	Friday September 4th	Saturday September 5th
School				1st Day of Preschool All School Mass Hosted by 7th Grade		\$1 Dress Down Day Hosted by: 8 th Grade	
Faith Formation			Morning Prayer following 8:30AM Mass (CH)			Morning Prayer following 8:30AM Mass (CH)	Sunday Reading Groups Mens (Terry's Patio) 7:30AM Womens (CH) 8:30AM
Adult Faith Formation			OCIA 6:30PM (CH)	10 th Grade Confirmation Meeting 6:30PM (101, 102)			
More	Coffee & Donuts following 8:30 & 10:30 Mass Hosted by: Faith Formation				Knights of Columbus 7:00PM (MC)		



The 7 Intentions of Mourning

Invitation to Participate

Grief Support Workshop

Each Thursday 2pm to 4pm from: Sept 17 to Oct 29, 2026

At Saint Theresa Catholic Church - Des Moines

1230 Merle Hay Road, Des Moines, Iowa 50311

Dear Fellow Parishioner,

If you are experiencing the loss of a loved one, a friend or another loss then this invitation is for you. Please consider joining us for the seven-session FILM SERIES ***"The 7 Intentions of Mourning"***, A Guided Pathway to Healing & Hope. It's unlike any other bereavement program we've encountered in how it combines the Catholic faith with practical learning and personal fellowship.

Guided by the Holy Spirit, it is presented by ***Good Mourning Ministry***, a Catholic bereavement apostolate founded by John and Sandy O'Shaughnessy. Their story and ministry are told at www.goodmourningministry.net.

Each session features video presentations of John and Sandy on how we can build a Bridge to Healing through Intentional Mourning. These are followed by time for sharing. Many have been helped by mourning with intention, and many echo these sentiments:

"I have begun to feel like I am coming out of feeling "stuck" in this process and filling up my time with work instead of just being in the silence and letting God speak to me. Thank you for your dedication to this ministry."

Rachel Cwiek ~ St. Michael's Livonia

The Seven Intentions of Mourning

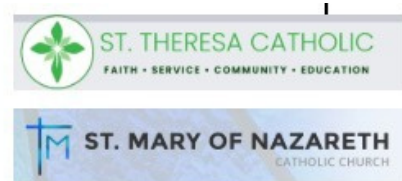
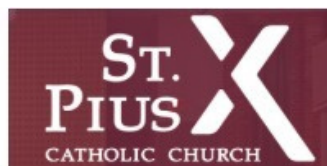
When: Thursday afternoons from 2pm to 4pm - September 17, 24, and October 1, 8, 15, 22 & 29, 2026

Where: Saint Theresa Catholic Church (East Meeting Room of Parish Hall)
1230 Merle Hay Road, Des Moines, Iowa 50311

Your Parish Contact is:

Holy Trinity - Dcn Troy Thompson, troyt@holyltrinitydm.org, (515-447-5707)

Sponsored by the Des Moines Central Deanery of these parishes:



PARISH NEWS

INTENTIONS

Please pray for the repose of the soul of Linda Carr and Tom Hueholt, Father Ray's friend and neighbor. "Eternal rest grant unto Them, O Lord, and let Perpetual Light shine upon Them. May their Soul and the Souls of all the Faithful departed through the Mercy of God, Rest in Peace.

Amen.

PARISH INFORMATION

Ministries at Holy Trinity

Coffee and Donuts: We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate, please [sign up here!](#) You may also get in touch with Jan Swinton at jans@holytrinitydm.org in the parish office.

Baptism: Do you want to celebrate your child's baptism at Holy Trinity? The next Baptism Class is Monday, August 31st. Contact Jan Swinton in the Parish Office at jans@holytrinitydm.org with questions.

Pastoral Care. Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. Asking for help is not easy. We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help. There is help, and hope, available.

Nourish for Caregivers will recess for the summer months and will begin again in the Fall.

Letter From Father Ray

Things are returning to a routine here at Holy Trinity. Office hours are back to their normal 8:00 – 4:00 schedule. School has started. Footballs are flying. Some days I feel a touch of fall in the air.

The Beaverdale Fall Festival is September 18 and 19. I have heard a lot about it and I am looking forward to this event; even walking in the parade. I'm glad we participate in this community event. Part of our mission of outreach is to participate in our community.

Just a reminder that now that school is back in session we need to use caution while driving in our parking lot and be alert for our young students.

Do you know someone who wants to join the Catholic Church? Learn what Catholics believe in an open and welcoming environment. OCIA sessions are an opportunity to ask confusing and difficult questions about our Church. Feel free to drop in and learn more about OCIA. Sessions will meet on Tuesday evenings at 6:30 p.m. in the church. The first session begins September 1st. Contact the parish office or Deacon Doug Renze with your questions.

Matthew's gospel for early fall is concerned with the Church and the correct behavior of a member of the Church. In today's reading from Matthew Jesus has a blunt conversation with Peter. When Peter argued with Jesus about the necessity of Jesus suffering Jesus calls him an obstacle and even calls him Satan. Jesus then stated what is expected of a follower of his.

"Whoever wishes to come after me must deny himself, take up his cross and follow me."
(Matthew 16:24) Thank you.

Fr. Ray

PARISH NEWS

HOLY TRINITY BOOK CLUB

Join us at the Franklin Library!

Wednesday, September 2 at 6:30 at Franklin Library we'll be discussing *Marching Without Applause* by Deacon Tom Bradley. Deacon Tom is doing a presentation on his book at Beaverdale Books on June 10 from 6:30 - 8:00 pm, if you'd like to learn more.

NEW HOLY TRINITY CHURCH DIRECTORY

Get your Holy Trinity Gear!

It's time for a new Holy Trinity Church Directory! Our directory won't be complete without you. Families and parishioners are encouraged to schedule a photography appointment and be part of our new directory.

Photography dates:

- September 22–25: 2:00–8:30 p.m.
- September 26: 10:00 a.m.–3:30 p.m.
- September 29–October 2: 2:00–8:30 p.m.
- October 3: 10:00 a.m.–3:30 p.m.

Schedule your appointment online at ucdir.com using Church Code: IA406 and Password: IA406member.

Everyone photographed will receive a complimentary 8x10 portrait and church directory. Additional portraits will also be available for purchase. We hope you'll be part of this special opportunity to capture our Holy Trinity parish family!

Scan below or go to

<https://schedule.ucdir.com>
to sign up!



NOURISH FOR CAREGIVERS

Pastoral Care

Nourish for Parents Support Group for Children with Disabilities and Mental Health Challenges-Year Two Beginning this Fall
This support group encourages and empowers parents in their caregiver roles offering practical, emotional and spiritual support through faith. Meetings are held on the second Saturday of each month.

The first three meeting dates are from 10:00-11:30. on the following dates:

- September 12th
- October 10th
- November 14th

The location is Sacred Heart Parish, 1627 Grand Avenue, West Des Moines. Child care is provided.

Click here-

<https://www.dmdiocese.org/events?category=Deaf+%26+Disability+Ministry> to register your child/children before each meeting.

We'd love you to join us! Please contact :

-Kate McInroy kmcinroy59@gmail.com
-Anna Wholey awholey@gmail.com
-Hannah Zimmerman
hmjzimmerman@gmail.com

ST. VINCENT DE PAUL

Holy Trinity News

Our St. Vincent de Paul conference would like to celebrate the Feast Day of St. Vincent at the 8:30 a.m. Mass on Friday, September 25. Following Mass, please join us for coffee and donuts in the social room.

SCHOOL NEWS

UPCOMING DATES

Mark your calendar!

September 2nd | First Day of School for Preschool

September 2nd | All School Mass hosted by 7th Grade

September 7th | No School-Labor Day



FOAM PARTY

A big thank you to SFO!

Thank you to SFO who sponsored another fun year of our Early Childhood Foam Party! This is such a fun way to kick off the school year.



CHILDREN'S CHOIR

Starting September 9th with Megan Fox

The Holy Trinity Children's Choir will be starting to practice on September 9th from 5:45-6:30. We will be practicing every other Wednesday.

If your child is in 2nd grade through 8th grade and is interested in singing please contact Megan Fox via email- mfox@htschool.org for more information.

FAITH FORMATION

Register for the upcoming school year!

Now is the time to get your kids signed up for Faith Formation classes for the upcoming school year. We offer faith formation instruction for families with children in grades 1-10.

We meet on Wednesday nights from 6:30-7:45 pm. Please reach out to either John Mertes, Director of Faith Formation at johnm@holytrinitydm.org, or Ally Sand, Director of High School Youth Ministry at allisons@holytrinitydm.org.

Registration Information can be found on our parish website, or you can stop by the parish office to register in person. If you have sacramental questions, please know we're here to help with whatever you might need! We are looking forward to another fun year, and we want you to be a part of it. We look forward to spending the year with your family!



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DIOCESAN NEWS

WORLDWIDE MARRIAGE

Married Couples

Does gardening give you a sense of wonder and fulfillment? On your wedding day, you lovingly planted the seeds of a lifelong relationship. A Worldwide Marriage Encounter Weekend will give you the “gardening tools” you need to help your marriage grow and blossom.

For information call Denise and Greg - 563-920-9419 or register at wwme.org. Upcoming dates are October 9-11, 2026 in Epworth and February 12-14, 2027 in Dubuque.

PRO-LIFE GALA

Christmas Gala on Nov. 21st

Pro-Life Christmas Gala on November 21st Pulse Life Advocates has set **Saturday, November 21st** as the date for this year's pro-life Christmas Gala. Actor Jim Caviezel of "Passion of the Christ" fame will be the keynote speaker.

Learn more at PulseForLife.org.



DMARC

Help Support Our Local Pantries

The Des Moines Area Religious Council (DMARC) has provided a food pantry service for the past 45 years. It now provides food security to families from 14 partner food pantries and a number of mobile food pantry sites located throughout the city. A full list of locations can be found on DMARC's website at <http://www.dmarcunited.org>. Those wishing to provide their support may drop either food or non-food items (diapers, personal products, etc.) into one of the green collection tubs located at the church entries.

DMARC also welcomes monetary donations as they are able to buy items at discounted prices and realize savings with their purchases. Monetary donations may be made by using the QR code system now in place through the Church office or by using the paypal www.holytrinitydm.org/donate.

SPIRIT WEAR SHOP

Get your Holy Trinity Gear!

Another great way to get cold weather gear? Start shopping online today [here!!](#) Filter and see what items are uniform approved.

-BONUS! Ship to School: Email will be sent when order is ready; Purchase(s) will be sent home with student.

Every purchase from the Spirit Store helps raise funds for our school community.

Shop today at <https://sascampus.com/collections/holy-trinity>

MISSION TRIP

January 2027 in South Africa

Father Ray McHenry, the retired pastor of St. Francis of Assisi Parish in West Des Moines, will be leading his 12th Mission Trip to South Africa January 14 – 26, 2027.

If you have felt the calling to do missionary service this is an opportunity to serve. There will be an informational meeting on Monday June 15 at 6:30 pm at St. Francis of Assisi in the Serra Room.



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OUR FAITH EXPLAINED



SAINT OF THE WEEK

Rose of Lima, Virgin, 1586-1617

Isabel de Santa Maria de Flores was the daughter of wealthy Spanish parents, but lived much of her life in Peru. Because of her beauty, she was called Rose by her parents and took this name at her Confirmation. Rose wished to live an austere life, and did so, but also spent much of her time consoling the poor, the sick, the Indians, and slaves. For this she has come to be regarded as the originator of social service in Peru. Rose was so well known that when she died on August 24, 1617, senior officials of Peru and of Lima took turns carrying her casket to burial.

All of us are called to help those less fortunate than ourselves, whether they be the poor, the sick, those uneducated in their faith—any person or group to which injustice has been done. While it may not be possible to help all of these people except through prayer, we can and should do what we can.

Rose's message today: All of us are called to help those less fortunate than ourselves, whether they be the poor, the sick, those uneducated in their faith—any person or group to which injustice has been done. While it may not be possible to help all of these people except through prayer, we can and should do what we can.

- What are you doing to help those who need your help? Do you ever pray for guidance and opportunities to give of yourself to those in need?

LOYALTY

Virtues, Explained!

Pope Paul VI, in *Ecclesia Suam*, considered “loyalty, perseverance and self-sacrifice” to be the distinguishing marks of a Christian in a modern world that increasingly embraces relativism.

“The follower of Christ is not pliant and cowardly, but loyal and strong,” he wrote.

The virtue of loyalty is closely linked to the virtue of obedience, wherein we freely submit ourselves to rightful authority. As Catholics, we are called to be loyal to our bishops, to Scripture and Tradition, to the teaching authority of the Church (the Magisterium), and to the Christian way of life.

Loyalty is distinct from admiration for a person or institution, and even from respect. Admiration and respect can be rightfully earned and rightfully lost. Virtuous loyalty does not swerve from its object, and it flows forth from the one who gives it.

©LPi



PRAYER & READINGS



READINGS

TWENTY-SECOND SUNDAY IN
ORDINARY TIME**Reading I : Jeremiah 20:7-9**

I suffer for the sake of doing God's work.

Reading II : Romans 12:1-2

Be transformed.

Gospel : Matthew 16:21-27

Take up your cross.

QUESTIONS OF THE WEEK

Question for Children: Jesus tells us that we each called to follow him. What is hard for you to do to follow Jesus?

Question for Youth: In order to follow Jesus, we have to do hard things, to carry our own crosses. What is a cross that you are carrying right now? In what ways can you ask Jesus to help you with your cross?

Question for Adults: Jesus gives us the core truth to life and eternal happiness — the cross. Name the cross that you carry. How is it bringing you closer to God?

CHURCH FINANCES

Financial Blessings Ending week of 8/14/2026

Budget July '26 thru June '27	\$1,000,000
YTD Actual Tithing	\$100,079
YTD Budget	\$104,814
YTD Surplus/(deficit)	(\$ 4,735)
Tithing for the Week	\$4,180
Number of Donations Received	58

Financial Blessings Ending week of 8/21/2026

Budget July '26 thru June '27	\$1,000,000
YTD Actual Tithing	\$126,312
YTD Budget	\$122,971
YTD Surplus/(deficit)	\$3,341
Tithing for the Week	\$26,233
Number of Donations Received	286

For pledging & payment:
<https://holytrinitydm.org/donate/>

or scan the QR Code --->



HOLY TRINITY PRAYER

Gracious God, the perfect love and communion of the Father, Son and Holy Spirit together makes the Most Holy Trinity; one God. God the Father, who created us; Jesus God the Son who gave His life to save ours; God the Holy Spirit who guides us each day.

Help us follow the example of the Most Holy Trinity as we seek to faithfully walk the path that you lay before us; to love and serve others; build a more caring and respectful world and answer your call in our lives as we take this journey together as one people of God.

AMEN