



Holy Trinity

Catholic Church and School

SEPTEMBER 6TH | TWENTY-THIRD SUNDAY IN ORDINARY TIME

Taking the Journey TOGETHER



MASS SCHEDULE

MON: No Mass/Communion Service

TUE: 8:30 AM Mass

WED: 8:30 AM Mass

THU: 8:30 AM Mass & 2:00-9:00 PM Adoration

FRI: 8:30 AM Mass

SAT: 3:00-3:45 PM Reconciliation & 4:30 PM Mass

SUN: 8:30 AM & 10:30 AM Mass

**Mass Times often change for Holy Days of Obligation*

**WORSHIP
ONLINE**
on Youtube



/HTSCHOOLDM



@HOLYTRINITYDSM



[HTTPS://HOLYTRINITY
DM.ORG/](https://holytrinitydm.org/)

SEPTEMBER 18TH & 19TH, 2026

BEAVERDALE FALL FEST

FRIDAY, SEPTEMBER 18 TH | 5:00PM – 10:00PM

Rides, Slides, Slushies & More!

HOLY TRINITY FOOD TENT | Beef burgers, hot dogs, brats, walking tacos, nachos, and beverages

EGG ROLLS | Get them while they last

BEER and WINE tent

LIVE MUSIC by 'Faculty Lounge' | 7:00PM

SATURDAY, SEPTEMBER 19th | 11:00AM – 9:00PM

Rides, Slides, Slushies & More!

BAKE SALE | NOON until gone

BINGO | NOON TO 3:00PM

KIDS FACE PAINTING | NOON – 3:00PM

HOLY TRINITY FOOD TENT | Starting at 11 AM

BEER and WINE tent | Starting at NOON

LIVE MUSIC by 'Vinyl Five' | 6:00PM

IMPORTANT

Please bring your BAKED GOODS to the Church on Friday afternoon or evening for the Bake Sale!

**SCAN THE QR CODE TO VOLUNTEER
OR GO ONLINE TO**

**[https://signup.com/client/invitation2/secure/
74449072092/false#/invitation](https://signup.com/client/invitation2/secure/74449072092/false#/invitation)**

Contact Cliff Burleson

319-389-7889 cliffordburleson@gmail.com





The 7 Intentions of Mourning

Invitation to Participate

Grief Support Workshop

Each Thursday 2pm to 4pm from: Sept 17 to Oct 29, 2026

At Saint Theresa Catholic Church - Des Moines

1230 Merle Hay Road, Des Moines, Iowa 50311

Dear Fellow Parishioner,

If you are experiencing the loss of a loved one, a friend or another loss then this invitation is for you. Please consider joining us for the seven-session FILM SERIES ***"The 7 Intentions of Mourning"***, A Guided Pathway to Healing & Hope. It's unlike any other bereavement program we've encountered in how it combines the Catholic faith with practical learning and personal fellowship.

Guided by the Holy Spirit, it is presented by ***Good Mourning Ministry***, a Catholic bereavement apostolate founded by John and Sandy O'Shaughnessy. Their story and ministry are told at www.goodmourningministry.net.

Each session features video presentations of John and Sandy on how we can build a Bridge to Healing through Intentional Mourning. These are followed by time for sharing. Many have been helped by mourning with intention, and many echo these sentiments:

"I have begun to feel like I am coming out of feeling "stuck" in this process and filling up my time with work instead of just being in the silence and letting God speak to me. Thank you for your dedication to this ministry."

Rachel Cwiek ~ St. Michael's Livonia

The Seven Intentions of Mourning

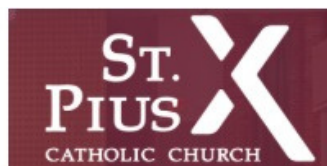
When: Thursday afternoons from 2pm to 4pm - September 17, 24, and October 1, 8, 15, 22 & 29, 2026

Where: Saint Theresa Catholic Church (East Meeting Room of Parish Hall)
1230 Merle Hay Road, Des Moines, Iowa 50311

Your Parish Contact is:

Holy Trinity - Dcn Troy Thompson, troyt@holyltrinitydm.org, (515-447-5707)

Sponsored by the Des Moines Central Deanery of these parishes:



SCHEDULES

UPCOMING MASS SCHEDULE

Sept. 6th	8:30AM	Paul Binder
	10:30AM	Dennis Hurley
Sept. 8th	8:30AM	Jim Bergman
Sept. 9th	8:30AM	Ben Zenti
Sept. 10th	8:30AM	Char Weaver
Sept. 11th	8:30AM Mass	Kelly Wilson
Sept. 12th	3:00-3:45PM	<i>Reconciliation</i>
	4:30PM	Mary Ann Grieb
Sept. 13th	8:30AM	For the Parish
	10:30AM	Barbara Esser

UPCOMING LITURGICAL MINISTERS & ALTAR SERVERS

Saturday, Sept. 12th: 4:30pm

Altar Servers | Liam Dumermuth, Gabriel Amador, Olivia Thorne and Maggie Fiddelke

Lectors | Mary Sanders & Marsha Szymczuk

EMHC | Team 2

Music Coordinator | Tom Quiner

Sunday, Sept. 13th : 8:30am

Altar Servers | Cartier Bryant, Elizabeth Bungert, Jacob Heikes and Riley Jenks

Lectors | Ian Kerr & Jennifer Blaser

EMHC | Team 2/MC: Katy Polich

Children's Liturgy | TBD

Music Coordinator | Tom Quiner

Sunday, Sept. 13th : 10:30am

Altar Servers | Andreo & Luciano Castro and Noah & Piper Dragoo

Lectors | Tom Green & Rob Hoover

EMHC | Team 2/MC: Mary Ellen Winston

Children's Liturgy | TBD

Music Coordinator | Meggan Fox

CALENDAR | SEPTEMBER 6TH, 2026

	Sunday September 6th	Monday September 7th	Tuesday September 8th	Wednesday September 9th	Thursday September 10th	Friday September 11th	Saturday September 12th
School		No School Office Closed	SFO Meeting 6:00PM (MC)	All School Mass Hosted by 6th Grade		Free CY-HAWK Dress Down Day	
Faith Formation			Morning Prayer following 8:30AM Mass (CH)	First Reconciliation Parent Meeting 6:30PM (MC)		Morning Prayer following 8:30AM Mass (CH)	Sunday Reading Groups Mens (Terry's Patio) 7:30AM Womens (CH) 8:30AM
Adult Faith Formation			OCIA 6:30PM (CH)	10 th Grade Confirmation Meeting 6:30PM (101, 102)			
More	Coffee & Donuts following 8:30 & 10:30 Mass Hosted by: Christ Our Life Conference	Parish Office Closed 		Children's Choir Practice 5:45PM (CH)			Nourish for Parents 10:00AM at Sacred Heart Parish 1627 Grand Avenue, West Des Moines

PARISH NEWS

A HUGE THANK YOU

For another successful HT
Garage Sale!

The August Holy Trinity Garage Sale was a success because of all the volunteers. The great volunteers that helped with set up and tear down on Saturdays of the sale. Thanks for all the donations of food to feed the volunteers during the sale, it was greatly appreciated.

It was great to see several new faces working at the set up of the sale as well as the seasoned volunteers. This is a great place to get to know people in the parish. You do not need to sign up just show up at the March garage sale. We are always in need of younger volunteers.

Also, a special thanks to the Dowling students for unloading and loading cars before the sale and during the sale. ***The garage sale in August contributed \$13,600.00 to the Holy Trinity budget.***

Come help us at the garage sale in March (it's the week of spring break).

-Teresa Parmenter

PARISH INFORMATION

Ministries at Holy Trinity

Coffee and Donuts: We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate, please [sign up here!](#) You may also get in touch with Jan Swinton at jans@holytrinitydm.org in the parish office.

Baptism: Do you want to celebrate your child's baptism at Holy Trinity? The next Baptism Class is coming soon. To be put on our waiting list, contact Jan Swinton in the Parish Office at jans@holytrinitydm.org with questions.

Letter From
Father Ray

You will find a flyer on the tables at the entrances to the church entitled Faithful Citizenship. It is a document from the four Iowa bishops and the Iowa Catholic Conference regarding voting. You will notice that the bishops do not endorse or disparage any candidate. Rather, the document spells out the issues they find important. They encourage us to study the issues and cast our vote "in light of a properly formed conscience."

The biennial Christ Our Life Conference takes place September 26 & 27 at the Casey's Center. I remember discussing the original idea for this conference with one of the founders in my office in Indianola. This conference brings in well-known speakers from around the world. There will be opportunities to hear the speakers, attend mass with time for adoration and confession. This is a well worth it two days of faith formation. I will spend Saturday there hearing confessions.

The Beaverdale Fall Festival is next weekend. Because of the large crowds and the restricted use of the parking lot there will not be confessions this Saturday. Mass will be celebrated at the usual time.

Matthew's gospel this Sunday is a continuation of last Sunday's gospel. It continues the theme of forgiveness. To emphasize the importance of forgiveness for a believer the first reading reaches back to the Hebrew Scriptures and the Book of Sirach. It reminds us of the commandments and the covenant and that being a forgiving person was part of our covenant with God.

"Forgive you neighbor's injustice; then when you pray, your own sins will be forgiven." (Sirach 28:2) - Fr. Ray

PARISH NEWS

NEW HOLY TRINITY CHURCH DIRECTORY

Get your Holy Trinity Gear!

It's time for a new Holy Trinity Church Directory! Our directory won't be complete without you. Families and parishioners are encouraged to schedule a photography appointment and be part of our new directory.

Photography dates:

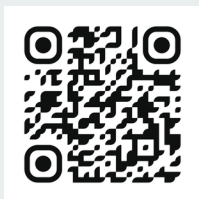
- September 22–25: 2:00–8:30 p.m.
- September 26: 10:00 a.m.–3:30 p.m.
- September 29–October 2: 2:00–8:30 p.m.
- October 3: 10:00 a.m.–3:30 p.m.

For anyone having mobility issues, pictures will be taken at the HT school gymnasium on Sept. 26. The other dates, pictures will be taken at the parish duplex (former rental property) at 4201 Urbandale Avenue (south of the HT preschool.)

Schedule your appointment online at ucdir.com using Church Code: IA406 and Password: IA406member.

Everyone photographed will receive a complimentary 8x10 portrait and church directory. Additional portraits will also be available for purchase. We hope you'll be part of this special opportunity to capture our Holy Trinity parish family!

Scan below or go to
<https://schedule.ucdir.com>
to sign up!



ST. VINCENT DE PAUL

Holy Trinity News

Our St. Vincent de Paul conference would like to celebrate the Feast Day of St. Vincent at the 8:30 a.m. Mass on Friday, September 25. Following Mass, please join us for coffee and donuts in the social room.

CELEBRATE SR. JEANNIE

Holy Trinity Member

Longtime Holy Trinity member, Sr. Jeannie Hagedorn is celebrating 70 years as a Sister of Humility. A celebration for Sr. Jeannie will be held Monday, Sept 7, at St. Pius. There will be a Mass at 2:00 with a reception following.

Please visit the Diocese website below for Sr. Jeannie's beautiful vocation story.
<https://www.dmdiocese.org/news/she-said-yes-at-17-seventy-years-later-sister-jeannie-hagedorn-is-still-grateful>

NOURISH FOR CAREGIVERS

Pastoral Care

Nourish for Parents Support Group for Children with Disabilities and Mental Health Challenges-Year Two Beginning this Fall
This support group encourages and empowers parents in their caregiver roles offering practical, emotional and spiritual support through faith. Meetings are held on the second Saturday of each month.

The first three meeting dates are from 10:00-11:30. on the following dates:

- September 12th
- October 10th
- November 14th

The location is Sacred Heart Parish, 1627 Grand Avenue, West Des Moines. Child care is provided. Click here-
<https://www.dmdiocese.org/events?category=Deaf+%26+Disability+Ministry> to register your child/children before each meeting.

We'd love you to join us! Please contact :
-Kate McNroy kmcinroy59@gmail.com
- Anna Wholey awholey@gmail.com

SCHOOL NEWS

UPCOMING DATES

Mark your calendar!

September 7th | No School-Labor Day

September 9th | All School Mass hosted by 6th Grade



HT WALKATHON

Join us October 3rd!

Our biggest fall fundraiser is back! Join us on Saturday, October 3rd, right after the 4:30 PM Mass. Our students will collect pledges and walk together with the community to support our school. We have a bold \$50,000 goal this year to fund major safety and security upgrades for both our school and church.

Here is how you can help make it a huge success:

- **Become a Business Sponsor:** Advertise your business on our pledge site and the back of our official event T-shirts! Contact the committee soon so we can get your logo before printing.
- **Double Your Impact:** Many employers match donations. Check if your company (like Wells Fargo, US Bank, or Holmes Murphy) has a matching gift program.
- **Principal Financial Employees:** Principal offers cash rewards for employee volunteer hours! Let us know if you work there so we can team up and earn extra funds.

Seeking sponsors: We rely on the generosity of family members and the community in these fundraising efforts. Last year, almost 30% of our contributions came from sponsorship, largely by HT family members and businesses where they work or that they own.

We have opportunities for businesses to advertise and support the school on both our pledge site, and on the back of the t-shirts students and teachers will wear for Walkathon. To make sure we get your logo in time for the t-shirts to print, let your friends on the Walkathon committee know as soon as you can so we can connect to learn more.

CHILDREN'S CHOIR

Starting September 9th with Meggan Fox

The Holy Trinity Children's Choir will be starting to practice on September 9th from 5:45-6:30. We will be practicing every other Wednesday. If your child is in 2nd grade through 8th grade and is interested in singing please contact Meggan Fox via email- mfox@htschool.org for more information.

FAITH FORMATION

Register for the upcoming school year!

Now is the time to get your kids signed up for Faith Formation classes for the upcoming school year. We offer faith formation instruction for families with children in grades 1-10.

We meet on Wednesday nights from 6:30-7:45 pm. Please reach out to either John Mertes, Director of Faith Formation at johnm@holytrinitydm.org, or Ally Sand, Director of High School Youth Ministry at allisons@holytrinitydm.org.

Registration Information can be found on our parish website, or you can stop by the parish office to register in person. If you have sacramental questions, please know we're here to help with whatever you might need! We are looking forward to another fun year, and we want you to be a part of it. We look forward to spending the year with your family!

PARISH/DIOCESAN NEWS

WORLDWIDE MARRIAGE

Married Couples

Does gardening give you a sense of wonder and fulfillment? On your wedding day, you lovingly planted the seeds of a lifelong relationship. A Worldwide Marriage Encounter Weekend will give you the “gardening tools” you need to help your marriage grow and blossom.

For information call Denise and Greg - 563-920-9419 or register at wwme.org. Upcoming dates are October 9-11, 2026 in Epworth and February 12-14, 2027 in Dubuque.

PRO-LIFE GALA

Christmas Gala on Nov. 21st

Pro-Life Christmas Gala on November 21st
Pulse Life Advocates has set **Saturday, November 21st** as the date for this year's pro-life Christmas Gala. Actor Jim Caviezel of ""Passion of the Christ"" fame will be the keynote speaker.

Learn more at PulseForLife.org.

MISSION TRIP

January 2027 in South Africa

Father Ray McHenry, the retired pastor of St. Francis of Assisi Parish in West Des Moines, will be leading his 12th Mission Trip to South Africa January 14 – 26, 2027.

If you have felt the calling to do missionary service this is an opportunity to serve. There will be an informational meeting on Monday June 15 at 6:30 pm at St. Francis of Assisi in the Serra Room.

NEW THIS FALL: CENTERING PRAYER — A 4-WEEK INTRODUCTION

"Curious About Meditation? Try Something Older."

Meditation apps are everywhere — but what if our faith already has a deep, quiet practice of its own? Centering Prayer isn't meditation. It's a form of contemplative prayer rooted in the Christian tradition, going back to the Desert Fathers and Mothers and reclaimed by Trappist monks in the 20th century. It's not about emptying your mind — it's about opening your heart to God.

Join us for a 4-week Introduction to Centering Prayer — a simple, ancient practice of resting in God's presence in silence.

Facilitated by Kathleen Schiltz, commissioned presenter of the Intro to Centering Prayer through Contemplative Outreach Ltd. and Sandy Stacy, parishioner.

School Library | Wednesdays, 6:30 PM

Week 1 — Prayer as Relationship - Sept. 23
Week 2 — The Method of Centering Prayer - Sept. 30
Week 3 — Thoughts and the Sacred Word - Oct. 7
Week 4 — Deepening Our Relationship with God - Oct. 14



OUR FAITH EXPLAINED



SAINT OF THE WEEK

Vibiana, Virgin and Martyr, c. Third Century

We know almost nothing about Saint Vibiana. What we do know is that in 1851, Pope Pius IX bought a vineyard located just outside of Rome. When ancient catacombs were discovered underneath the land, the pope directed the Pontifical Commission for Sacred Archeology to explore the vast underground network. About two years later, an intact tomb was uncovered which was sealed by a marble tablet. When the tomb was opened, the skeleton of a young woman was discovered. The markings on the tomb led officials to believe she had been a martyr. When the diocese of Monterey was established, the relics of Saint Vibiana were sent there with instructions to build a cathedral in her honor. To this day, she is honored for her faith. This saint is remarkable in that we know so little about her life and death. But what is striking is that, through her intercession with God, she has interceded on behalf of many people in our times, and helped those who need her assistance.

Vibiana's message today: This saint is remarkable in that we know so little about her life and death. But what is striking is that, through her intercession with God, she has interceded on behalf of many people in our times, and helped those who need her assistance.

- Perhaps Vibiana can inspire you to help someone who has a need of your service. Ask her to seek direction for you.

FAITHFULNESS

Virtues, Explained!

The virtue of faithfulness measures how closely our actions resemble the promises that preceded them. The faithful man does what he said he would do, for however long he has committed to doing it.

God established a covenant with Abraham, and despite the repeated faithlessness of humanity, God was ever-faithful to that covenant: “He remembered that they were but flesh, a wind that passes and comes not again” (Psalm 77:39).

If we are baptized, we enter into the New Covenant of the Holy Spirit and become adopted children of God (Romans 8:17). Our faithfulness to this covenant throughout our life of discipleship should mirror God’s own faithfulness. When our faithfulness fails, we have been given the Sacrament of Reconciliation — coming back into communion with God’s friendship. In doing so, we strengthen ourselves and the whole Church (CCC 1468).

©LPi



PRAYER & READINGS



READINGS

TWENTY-THIRD SUNDAY IN ORDINARY TIME

Reading I : Jeremiah 20:7-9

I suffer for the sake of doing God's work.

Reading II : Romans 13:8-10

Whoever loves his or her neighbor, fulfills the law.

Gospel : Matthew 18:15-20

When you join yourselves together in faith, I am with you.

QUESTIONS OF THE WEEK

Question for Children: What is one thing you would do for someone whom you loved?

Question for Youth: Jesus tells us about the importance of community and friendship. When have you helped heal an argument between friends? How did that feel?

Question for Adults: How do you make sure you follow the way of love as described by Paul in today's reading? What steps do you take to eliminate the unloving — grudges, hatred, prejudice, or others.

CHURCH FINANCES

Financial Blessings Ending week of 8/28/2026

Budget July '26 thru June '27	\$1,000,000
YTD Actual Tithing	\$133,731
YTD Budget	\$141,128
YTD Surplus/(deficit)	(\$ 7,397)
Tithing for the Week	\$7,419
Number of Donations Received	50

For pledging & payment:
<https://holytrinitydm.org/donate/>
or scan the QR Code --->



HOLY TRINITY PRAYER

Gracious God, the perfect love and communion of the Father, Son and Holy Spirit together makes the Most Holy Trinity; one God. God the Father, who created us; Jesus God the Son who gave His life to save ours; God the Holy Spirit who guides us each day.

Help us follow the example of the Most Holy Trinity as we seek to faithfully walk the path that you lay before us; to love and serve others; build a more caring and respectful world and answer your call in our lives as we take this journey together as one people of God.

AMEN

INTENTIONS

Please pray for the repose of the souls of Carolyn Kamp, wife of Paul and Clifford Swartz, husband of Sue and father of Jonathan and Stephanie. "Eternal rest grant unto Them, O Lord, and let Perpetual Light shine upon Them. May their Soul and the Souls of all the Faithful departed through the Mercy of God, Rest in Peace.

Amen.

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