



Holy Trinity

Catholic Church and School

SEPTEMBER 20TH | TWENTY-FIFTH SUNDAY IN ORDINARY TIME

Taking the Journey TOGETHER



MASS SCHEDULE

MON: No Mass/Communion Service

TUE: 8:30 AM Mass

WED: 8:30 AM Mass

THU: 8:30 AM Mass & 2:00-9:00 PM Adoration

FRI: 8:30 AM Mass

SAT: 3:00-3:45 PM Reconciliation & 4:30 PM Mass

SUN: 8:30 AM & 10:30 AM Mass

**Mass Times often change for Holy Days of Obligation*

**WORSHIP
ONLINE**
on Youtube



/HTSCHOOLDM



@HOLYTRINITYDSM



[HTTPS://HOLYTRINITY
DM.ORG/](https://holytrinitydm.org/)

Letter From *Father Mark*

Greetings from St. Meinrad, Indiana.

Sabbatical is going well. My days are spent in a combination of prayer, reading, research, study, exercise, and a nice dose of down time. I typically pray with the monastic community in their church 3-4 times each day as well as my own personal prayer and meditation/contemplative time. There is a very nice fitness center which I often have to myself since I get there shortly after 4 AM 😊 The campus is very conducive to jogging, but being at the top of hill, I can't avoid them.

Now that classes have begun in the seminary, I am auditing two courses: ministry to families and angelology....both very interesting. Lots of reading, but since I am not being graded, I'm not too concerned 😊 Just trying to soak in as much as I can.

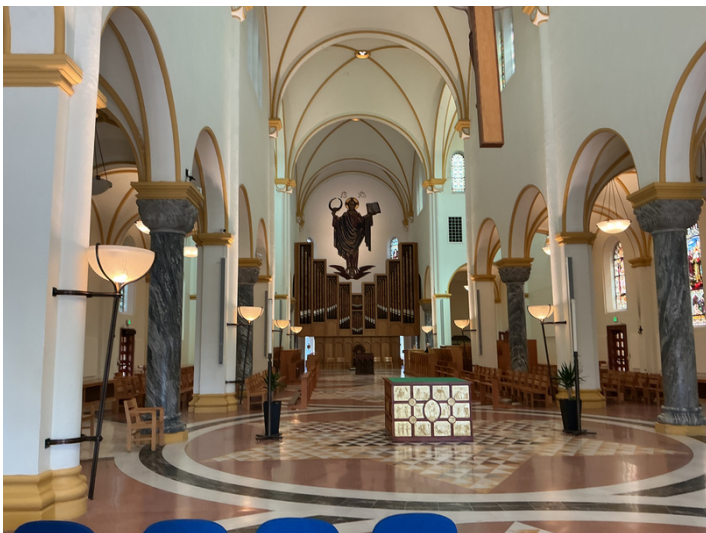
I am also working on a website for the priests of our diocese dealing with longevity, diet, fitness, and healthy aging. It is a work in progress but contains many good resources. I will continue adding to it. You are welcome to use it as well. It can be found at www.virtualclassroom.net/ht

With all the time spent praying and celebrating Mass with the monks, I feel like I have a much better grasp of Gregorian Chant. I am even picking up how to read the music for it. I have included a couple of pictures of the Archabbey church (the monks church) it is impressive! The monks do livestream mass if you are ever interested. You might even see a familiar face among the concelebrants 😊 (though I also go to the seminary chapel a couple of days a week). The Archabbey church stream can be found at <https://www.youtube.com/@SaintMeinrad/streams>

I offer Mass each day for Holy Trinity parish and school praying for all of our parishioners and our school students, both HT and public.

Take care, and I will see you in November.

Fr. Mark



Save the Date!

2026 HOLY TRINITY WALKATHON

✦ **OCTOBER 3RD** ✦

Join us for an evening of fun, food, and fellowship as we come together to support Holy Trinity.

Directly Following the 4:30 Mass on Saturday.

Our Goal is to Raise

\$50,000

100% of proceeds will go towards
school safety and building security
updates.

Don't miss out on:

- One Mile Community Walk
- Free Dinner
- Cake Walk
- Gift Card Raffle
- Dunk Tank

WANT TO HELP US REACH \$50,000?

Visit the [fundraising site](#) to
contribute to our overall goal or
donate directly to your favorite
HT student's page!



**QUESTIONS ABOUT
WALKATHON?**

holytrinitywalkathon@gmail.com

Stop by for **Coffee & Donuts** after Mass on
September 27th to learn more about
Walkathon, connect with a committee
member, or make a donation!

SCHEDULES

UPCOMING MASS SCHEDULE

Sept. 20th	8:30AM	Tim Sheaff
	10:30AM	Mary Jo Banks
Sept. 22nd	8:30AM	Elinor Severson
Sept. 23rd	8:30AM	Paula (Nan) Wood
Sept. 24th	8:30AM	Ben Zenti
Sept. 25th	8:30AM Mass	Clifford Swartz
Sept. 26th	3:00-3:45PM 4:30PM	Reconciliation Charmaine Weaver & Ben Zenti
Sept. 27th	8:30AM	J.P. Golinvaux
	10:30AM	For the Parish

UPCOMING LITURGICAL
MINISTERS & ALTAR SERVERS

Saturday, Sept. 26th: 4:30pm Altar Servers Anna & Paul Heilman and Jude & Hugh Kajewski Lectors Pat Pithan & Doug Volkmer EMHC Team 1 Music Coordinator Tom Quiner
Sunday, Sept. 27th : 8:30am Altar Servers Phillip McAndrews, Kaley Maloney, Hilari Thibodeau and Bennett Steinkamp Lectors John Goode & Doug Gross EMHC Team 1/MC: Karen Quiner Children’s Liturgy TBD Music Coordinator Tom Quiner
Sunday, Sept. 27th : 10:30am Altar Servers Isaac & Lukas Perry and Hannah & Joshua Zwier Lectors Tim Stacy & Jim Wilwerding EMHC Team 4/MC: Mark Amadeo Children’s Liturgy TBD Music Coordinator Eric Sharp

CALENDAR | SEPTEMBER 20TH, 2026

	Sunday Sept. 20th	Monday Sept. 21st	Tuesday Sept. 22nd	Wednesday Sept. 23rd	Thursday Sept. 24th	Friday Sept. 25th	Saturday Sept. 26th
School				All School Mass Hosted by 4th Grade		Free-Spirit Dress Down Day	
Faith Formation			Morning Prayer following 8:30AM Mass (CH) OCIA 6:30PM (CH)	Children’s Choir Practice 5:45PM (CH) Elementary FF 6:30PM (103, 104)		Feast of St. Vincent de Paul Mass 8:30AM Reception following (SR) Morning Prayer following 8:30AM Mass (CH)	Sunday Reading Groups Mens (Terry’s Patio) 7:30AM Womens (CH) 8:30AM
Adult Faith Formation				9th Grade Confirmation Class 6:30PM (101, 102)			
More			Pictures for Pictorial Directory 2-8:30PM	Pictures for Pictorial Directory 2-8:30PM Centering Prayer 6:30PM (MC)	Pictures for Pictorial Directory 2-8:30PM	Pictures for Pictorial Directory 2-8:30PM	Christ Our Life Conference

PARISH NEWS

BOOK CLUB

Join us as we read in faith!

Are you interested in meeting people in the parish community who like to read? Are you interested in seeing fiction through our Catholic Faith? Consider joining our book club this fall. We'll be meeting at the Franklin Library in a small conference room from 6:30-8:00 PM. If you have questions, email Sarah Sullivan Bigelow at ssullivanbigelow@gmail.com

The next scheduled Book Clubs are:

October 13, 2026

The Secret Chord by Geraldine Brooks [historical fiction of King David's life.]

November 24, 2026

Illuminations by Mary Sharratt

PARISH INFORMATION

Ministries at Holy Trinity

Coffee and Donuts: We appreciate everyone who has volunteered to assist with serving coffee and donuts. If you would like to participate this fall, please [sign up here!](#) You may also get in touch with Jan Swinton at jans@holytrinitydm.org in the parish office.

Baptism: Do you want to celebrate your child's baptism at Holy Trinity? The next Baptism Class is Monday, November 16th. Contact Jan Swinton in the Parish Office at jans@holytrinitydm.org with questions.

Pastoral Care. Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view. Check out future bulletins for upcoming dates!

WEEK 2: "THE METHOD OF CENTERING PRAYER"

"Curious About Meditation? Try Something Older."

Curious how Centering Prayer actually works? This week we walk through the simple method of Centering Prayer — a quiet, guided practice of consenting to God's presence, using a sacred word to gently return your attention when it wanders. We will explore the 4 Guidelines to Centering Prayer. Silence can feel uncomfortable – even scary. But it's also where God often speaks the loudest.

School Library | Wednesdays, 6:30 PM

THE 7 INTENTIONS OF MOURNING

Sept. 17–Oct. 29 | 2–4pm

Those who are grieving the loss of a loved one are invited to participate in The 7 Intentions of Mourning, a Catholic bereavement support series designed to offer healing, hope, and support through the grieving process. The series includes video presentations, reflection, and time for sharing in a supportive environment.

Saint Theresa Catholic Church – East Meeting Room of Parish Hall | 1230 Merle Hay Road, Des Moines on Thursdays.

For more information, contact Deacon Troy Thompson at troyt@holytrinitydm.org or (515) 447-5707.



PARISH NEWS

NEW HOLY TRINITY CHURCH DIRECTORY

Sign Up Today!

It's time for a new Holy Trinity Church Directory! Our directory won't be complete without you. Families and parishioners are encouraged to schedule a photography appointment and be part of our new directory.

Photography dates:

- September 22–25: 2:00–8:30 p.m.
- September 26: 10:00 a.m.–3:30 p.m.
- September 29–October 2: 2:00–8:30 p.m.
- October 3: 10:00 a.m.–3:30 p.m.

For anyone having mobility issues, pictures will be taken at the HT school gymnasium on Sept. 26. The other dates, pictures will be taken at the parish duplex (former rental property) at 4201 Urbandale Avenue (south of the HT preschool.)

Schedule your appointment online at ucdir.com using Church Code: IA406 and Password: IA406member.

Everyone photographed will receive a complimentary 8x10 portrait and church directory. Additional portraits will also be available for purchase. We hope you'll be part of this special opportunity to capture our Holy Trinity parish family!

Scan below or go to
<https://schedule.ucdir.com>
to sign up!



ST. VINCENT DE PAUL

Celebrate the Feast Day

Our St. Vincent de Paul conference would like to celebrate the Feast Day of St. Vincent at the 8:30 a.m. Mass on Friday, September 25. Following Mass, please join us for coffee and donuts in the social room.

CONNECTION CAFE

Last Thursday of the Month

On the last Thursday of the month, Holy Trinity Parish has agreed to assist with lunch preparation and service at the Connection Cafe.

On Thursday, September 24, we will serve around 200 people sloppy joe sandwiches or shredded BBQ chicken along with fruit, chips, and cookies. St. John's Lutheran Church, located at 600 6th Ave. in Des Moines, will provide lunch.

Please use this link
<https://signup.com/go/Qbkvymy> to sign up to help. We really appreciate your support of the The Connection Cafe!

HOLY TRINITY ART GROUP

Stay Connected!

The Holy Trinity Parish Art Group - Stay connected to the church and nurture your creative side with fellowship, inspiration, and even motivation to work on that creative hobby you've been "meaning to" start! Join us for our open studio session in the 7th grade rooms in the school on:

Sunday, November 15th from 1-3:30
Sunday, December 13th from 1-3:30

Bring your own personal art or craft projects to work on, or just stop over to check things out and get inspired! This group is open to any Holy Trinity parishioners age 14 and over and all skill levels and artistic interests are welcome! Contact Hannah Zimmerman with any questions hmjzimmerman@gmail.com

SCHOOL/PARISH NEWS

UPCOMING DATES

Mark your calendar!

September 23rd | All School Mass hosted by 4th Grade

September 25th | Free Spirit Dress Down Day

September 28th | No School



SAVE THE DATE

Holy Trinity Blood Drive

Give the gift of life! Join us for a community blood drive at Holy Trinity on October 10.

Donating blood is a simple way to make a meaningful difference for patients in our community who rely on blood donations during surgeries, emergencies, cancer treatments, and other medical needs.

One donation can help save lives. We encourage parishioners, families, and friends who are eligible to give to consider making a donation.

For questions, please contact Deacon Troy at troyt@holytrinitydm.org.

Mark your calendar and help us give the gift of life!

ESA- SECOND SEMESTER

Open starting October 15th

The ESA second semester application window of the 2026–27 school year runs from October 15, 2026, through November 15, 2026.

- **Funding Amount:** Approved students will receive a prorated amount of \$4,074 for the second semester.
- **Who it is for:** This window is specifically designed for students who are enrolling or transferring into an Iowa accredited nonpublic school for the second half of the school year.

Where to Apply: You will submit the application online through the official state [Iowa Department of Education ESA Portal](#) via Odyssey.

FAITH FORMATION

Register for the upcoming school year!

Now is the time to get your kids signed up for Faith Formation classes for the upcoming school year. We offer faith formation instruction for families with children in grades 1-10.

We meet on Wednesday nights from 6:30-7:45 pm. Please reach out to either John Mertes, Director of Faith Formation at johnm@holytrinitydm.org, or Ally Sand, Director of High School Youth Ministry at allisons@holytrinitydm.org.

Registration Information can be found on our parish website, or you can stop by the parish office to register in person. If you have sacramental questions, please know we're here to help with whatever you might need! We are looking forward to another fun year, and we want you to be a part of it. We look forward to spending the year with your family!

PARISH/DIOCESAN NEWS

FAITHFUL CITIZENSHIP

Social Teachings

The Iowa bishops have recorded a series of videos on "Faithful Citizenship," which can be found on the Iowa Catholic Conference's social media feeds. As we approach the midterm elections, we encourage you to prayerfully consider voting and engaging in important issues through the lens of God's Word and the principles of Catholic social teaching. To help guide you, please take a moment to read the Iowa Catholic Conference's "Faithful Citizenship" flyer, which offers guidance on Catholic social teaching and questions to consider when evaluating candidates.

MARRIAGE IS A JOURNEY

Join us!

A Worldwide Marriage Encounter Weekend can help you enrich your marriage and add some pazazz to your journey. Whether you've been married 1 year or 50, a Marriage Encounter Weekend may be just the thing you need to put a breath of fresh air into your relationship. Upcoming weekends are October 9-11, 2026 in Epworth and February 12-14, 2027 in Dubuque. To register go to wwme.org or for more information call 563-920-9419.



ACTOR JIM CAVIEZEL COMES TO DES MOINES!

Pulse Life Gala on November 21st

Pulse Life Advocates announced that actor Jim Caviezel will be the keynote speaker at their November 21st Christmas Gala at the Iowa Event Center. Best known for his iconic portrayal as Jesus in "The Passion of the Christ," Mr. Caviezel is an outspoken pro-life advocate. The evening includes dinner, auction, live music, and cash bar. Reserve your seat at PulseForLife.org.

CHRIST OUR LIFE CATHOLIC CONFERENCE **Experience the Power of ONE.**

If each of us invites just ONE soul to this great conference, imagine the impact we will make!

Who will YOU invite?
In person or Livestream

September 26 & 27
Casey's Center

Scan the QR code to
buy tickets



ChristOurLifelowa.com for more information

Let's Believe...Live...and Celebrate Our Faith!

OUR FAITH EXPLAINED



SAINT OF THE WEEK

**Matthew, Apostle and Evangelist,
First Century**

Matthew was probably born in Galilee and was a publican tax collector at Capernaum at the time that Jesus called him. While a tax collector was a rich man, he was no more admired in ancient times than an IRS agent is admired today. The fact that Jesus chose a tax collector as a disciple shows us that he was bringing the Good News not just to the Pharisees and other self-righteous Jews, but also to the rejected people of society. Matthew was one of the twelve Apostles, and the second Gospel is attributed to him. According to Tradition, Matthew preached in Judea and then went to the East and to Ethiopia, where he suffered martyrdom according to the Roman Martyrology.

Matthew, probably the best educated of the Apostles, builds a logical case for Jesus as the Messiah to the Jewish people. In writing this Gospel, he shows a broad knowledge of what we today call the Old Testament. We all need to develop a familiarity with the Scripture if we are to understand the basics of our faith.

Matthew's message today: Matthew, probably the best educated of the Apostles, builds a logical case for Jesus as the Messiah to the Jewish people. In writing this Gospel, he shows a broad knowledge of what we today call the Old Testament. We all need to develop a familiarity with the Scripture if we are to understand the basics of our faith.

MAGNANIMITY

Virtues, Explained!

Magnanimity, writes St. Thomas Aquinas, describes “the stretching forth of the mind to great things.” (Sum. II-II, 129, Art. 1) This virtue protects souls from the temptation to do honorable things for intentions that fall short of honorability.

Magnanimity shares much with the virtue of humility, but unlike humility, it specifically seeks what is great — but never the distinction of being called great. A magnanimous person’s focus is solely on accomplishing as much good as possible, as effectively as possible.

When Joseph learned that Mary, his betrothed, was with child through the Holy Spirit, he had a chance to distinguish himself as a virtuous man. In calling for Mary’s punishment, he could have condemned immorality loudly and publicly, while distancing himself from what appeared to be sin.

Instead, he did the opposite. He did what he knew to be right. He exhibited magnanimity, and the world was never the same.

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PRAYER & READINGS



READINGS

TWENTY-FIFTH SUNDAY IN ORDINARY TIME

Reading I : Isaiah 55:6-9

Seek the Lord while he may be found.

Reading II : Philippians 1:20c-24, 27a

To me, life means Christ.

Gospel : Matthew 20:1-16a

The parable of the vineyard.

QUESTIONS OF THE WEEK

Question for Children: How do you experience God being generous to you: through your family, friends, school, or parish?

Question for Youth: This Gospel reminds us that God is always seeking us out and welcoming us into his generous love. Through whom has God reached out to you? Who is always encouraging you to say "yes" to God?

Question for Adults: Using Jesus' parable as your starting point, describe in your own words how God will treat those who come to be part of the church, even those who come late.

CHURCH FINANCES

Financial Blessings Ending week of 9/4/2026

Budget July '26 thru June '27	\$1,000,000
YTD Actual Tithing	\$139,086
YTD Budget	\$157,806
YTD Surplus/(deficit)	(\$ 18,720)
Tithing for the Week	\$5,355
Number of Donations Received	49

Financial Blessings Ending week of 9/11/2026

Budget July '26 thru June '27	\$1,000,000
YTD Actual Tithing	\$164,902
YTD Budget	\$174,484
YTD Surplus/(deficit)	(\$ 9,582)
Tithing for the Week	\$25,816
Number of Donations Received	252

For pledging & payment:

<https://holytrinitydm.org/donate/>

or scan the QR Code --->



FINANCE COUNCIL

Check out the minutes from the latest Finance Council Meeting Below!

Meeting minutes from June 18th, 2026

Reach out to Mary Gisler,

maryg@holytrinitydm.org with any questions.

INTENTIONS

Please pray for the repose of the soul of Paula (Nan) Wood and Susan Denton.

"Eternal rest grant unto Them, O Lord, and let Perpetual Light shine upon Them. May Their Soul and Souls of all the Faithful departed through the Mercy of God, Rest in Peace."

Amen.