



# Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | [www.holytrinitydm.org](http://www.holytrinitydm.org)

Oct. 16, 2022

29th Sunday of  
Ordinary Time

Taking the Journey TOGETHER



*"Remain faithful to what you have learned and believed,  
because you know from whom you learned it..." - 2 Tm 3*



Join us in-person or worship online at <https://bit.ly/37n4LAu>

## FROM FATHER MARK | OCTOBER 16, 2022

Greetings.

I have an update on one of the restrictions that was put in place for the covid pandemic; namely the suspension of Communion from the cup. At the end of this month, parishes will have the option of reinstating this practice. It will not be a mandate but parishes may reinstate this practice on their own schedule. We will plan to reinstate this practice here at Holy Trinity. To do this, we will need to do some preparation work. I would like to get out ahead of this so we can be ready.

My feeling is that there may still be some reluctance to drink from the cup at least for a while. So in the next couple of weeks, we will have some sheets out at the weekend Masses so that you can indicate (just a number, no name will be needed) how many from your household will be receiving from the cup for the Mass you typically attend. This will help us be sure to have enough Precious Blood while not running short or having an inappropriate amount left. It will not be exact, but I think this will help.

We will also need more Eucharistic Ministers. Please contact Carolyn in the parish office to volunteer. With this reinstatement, we continue our move back toward normalcy.

Finally, a BIG thanks to all those who planned and participated in our Walkathon last Saturday. A special thanks to our Knights of Columbus for putting on another excellent meal. The Walkathon was a great success!

Have a good week



Fr. Mark Neal







**Knights of  
Columbus®**

**KNIGHTS OF COLUMBUS BREAKFAST - CHANGE OF SCHEDULE**

Join our Knights for breakfast after both Masses on Sunday, November 20. **The date has changed from October 23 due to the DCHS Pancake Breakfast.** Enjoy Biscuits with Gravy, Eggs, Sausages, Fruit, Donuts, Coffee, Juice and Milk.



**TRUNK OR TREAT** On Sunday, October 30, The Holy Trinity Community Engagement Committee hosts Trunk or Treat from 1 p.m. to 3 p.m. in the school parking lot. Kids wear costumes and walk from vehicle to vehicle collecting candy, just like normal trick-or-treating!

We are looking for 35 decorated vehicles with volunteers to pass out candy. Sign up here: <https://bit.ly/3yfA2zy>. Contact Emily Naylor [emily-naylor@outlook.com](mailto:emily-naylor@outlook.com) or Kari Rogers Hensley [krog801@gmail.com](mailto:krog801@gmail.com) for details.

**ADVENT HELP NEEDED!** We need volunteers to help iron Advent Banners before Friday, November 25. There are four banners total; a great activity for an individual or a group. Please contact Brad at [bwrea63@gmail.com](mailto:bwrea63@gmail.com) or the Parish Office to get involved. Thank you!



**DONATE AND VACCINATE** Medicap Pharmacy hosts a Flu Shot Clinic at HT on Thursday, October 27. Come to the Media Center between 3:30 p.m. and 5:30 p.m., and bring canned food donations to support local food banks!

Appointments are walk-in only. Please complete the Screening Form below before your appointment. Anyone six years old and older can get vaccinated. A parent or guardian must be present for children to receive the vaccine. We encourage anyone and everyone to donate and vaccinate.

Immunization Screening here: <https://bit.ly/3yy8FRs>



**YOUR BLOOD. YOUR HOSPITAL. YOUR NEIGHBORS.** Consider donating blood at the HT Blood Drive on Saturday, October 29. The drive is in the gym from 8 a.m. to 12 p.m. Schedule your appointment online at <https://bit.ly/3rxkNyd>, scan the QR Code below, or call Dea. Maxcy at 515.255.3162 ext. 124.



**BAPTISM CLASS** If you want to baptize your child at Holy Trinity, please attend our Baptism Class on Tuesday, October 25. To register, please email [parishoffice@holytrinitydm.org](mailto:parishoffice@holytrinitydm.org) or call the Parish Office at 515.255.3162 ext. 128. We look forward to celebrating with your family!

FINANCIAL BLESSINGS ENDING WEEK OF			
Budget July 2022 through June 2023	\$988,204	YTD Surplus (Deficit)	(\$19,422)
YTD Actual Tithing	\$228,173	Tithing for the Week	\$28,131
YTD Budget	\$247,595	Number of Donations Received	248

Donate at Mass or online at [holytrinitydm.org/donate](https://holytrinitydm.org/donate)

Want more info? Call the Parish Office at 515.255.3162 ext. 128





FROM THE SCHOOL | OCTOBER 16, 2022



Thank you for a successful Walkathon! We could not have done it without all our sponsors. We want to recognize our Gold Level Sponsors for pledging \$1,000.

Ideal Flooring  
Kahler family  
Kelley family  
McCormally & Cosgrove  
Mortier family  
Wiedman family

We surpassed our fundraising goal! Before the Walkathon event, our total had reached \$33,000!





Our Mission is to Support & Empower Caregivers Through the Gift of Faith

## **Our Caregivers Need Care Too!**

When a person takes on the role of caregiver, they also take on stress, exhaustion, and frustration. As a result, caregivers often report declining health, emotional fatigue, depression, and even spiritual depletion.

**Our program is design to provide tools and resources to build caregivers' resilience by supporting their practical, emotional, and spiritual needs, allowing them to experience the blessings that come with caregiving.**

All caregivers are welcome to attend monthly meetings starting:

- When: Wednesday, October 26, 2022 at 6:30 p.m.
- Location: Holy Trinity Parish  
2926 Beaver Ave, Des Moines, IA 50310
- Room: School Media Center
- Contacts: Holy Trinity Parish  
(515) 255-3162

Deacon Dan Maxcy  
[danm@holytrinitydm.org](mailto:danm@holytrinitydm.org)

Deacon James Houston  
[jhouston@saintpiuschurch.org](mailto:jhouston@saintpiuschurch.org)



# Beaverdale



FRIDAY, NOVEMBER 11, 2022, 5:30 P.M. TO 8:30 P.M.  
& SATURDAY, NOVEMBER 12, 2022, 9 A.M. TO 2 P.M.

LOOKING FORWARD TO CELEBRATING OUR 45TH YEAR TOGETHER! STAY TUNED FOR VOLUNTEER OPPORTUNITIES AND BAKING NEEDS. SHARE YOUR FAVORITE HOLIDAY MEMORIES WITH US ONLINE!



@BEAVERDALEBOUTIQUE



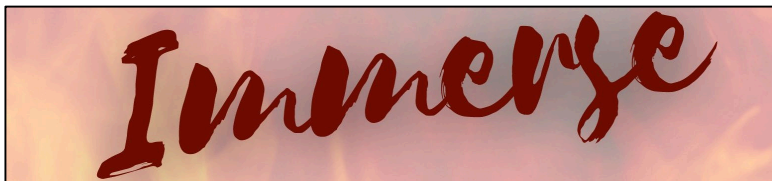
@BEAVERDALEHOLIDAY  
BOUTIQUE



# DIOCESE AND COMMUNITY | OCTOBER 16, 2022

**THINKING OF PRIESTHOOD?** This one-day event in Ames on Saturday, October 29 is for men ages 16 to 40 interested in learning more about the priesthood.

This is an informal discernment day; a great way to spend time with peers who are also thinking about their vocation. If you or someone you know may be interested, contact Fr. Ross Parker at 515.237.5050 or [vocations@dmdiocese.org](mailto:vocations@dmdiocese.org).



**GROW IN LOVE WITH THE HOLY SPIRIT** Immerse is an apostolate in the metro area providing opportunities for all to encounter God's love through the Holy Spirit. We offer two events each month for adoration, reconciliation, worship, prayer teams, and a brief reflection.

**First Friday:** visit St. Pius X in Urbandale on the first Friday of the month at 7 p.m. for adoration, praise and worship, reconciliation, prayer teams, and witness.

**Third Thursday:** Mass begins at 6:30 p.m. with Mass, followed by adoration, praise and worship, reconciliation, prayer teams, and reflections. Location varies each month.

Follow us on Facebook at <https://bit.ly/3p29fS6> or email [immerseds@gmail.com](mailto:immerseds@gmail.com) to join our mailing list and receive important reminders and event updates.



**THE STARS ARE BRIGHTLY SHINING** Pulse Life Advocates hosts a pro-life Christmas Gala on November 19 at Meadows Event Center in Altoona, IA.

Enjoy the cash bar, dinner, auction, and entertainment from Gina Gedler, Eric Sharp, the Saints & Sinner Band, and The Sisters of Life. Cost is \$700 for tables of 10, or \$75 per seat. Visit [PulseForLife.org](http://PulseForLife.org) to order online today!



**THE 61ST ANNUAL DCHS PANCAKE BREAKFAST** IS SUNDAY, OCTOBER 23. Visit the Varied Industries Building at the State Fairgrounds, 7:30 a.m. to 12 p.m. to enjoy entertainment from the DCHS bands, activities for the kids, and more! Get tickets at [dowlingcatholic.org/events](http://dowlingcatholic.org/events).

**MARRIAGE ENRICHMENT ONLINE SEMINAR** Exciting news for married couples! Nationally respected speaker, Dr. Jim Healy, will provide a half-day, digital marriage enrichment experience on Saturday, November 12 from 10 a.m. to 1:30 p.m. **How to be Married and Stay Engaged** offers practical ways for couples to build skills for a strong, joyous, and faith-filled marriage.

Visit [dmdiocese.org/marriage](http://dmdiocese.org/marriage) or scan the QR Code below!



**BECOME A DEACON** Are you being called by God to serve the Church through this commitment to holy orders? Men interested in the role of deacons are invited to attend a meeting to discuss admission into the Deacon Formation Program and the discernment process to the diaconate.

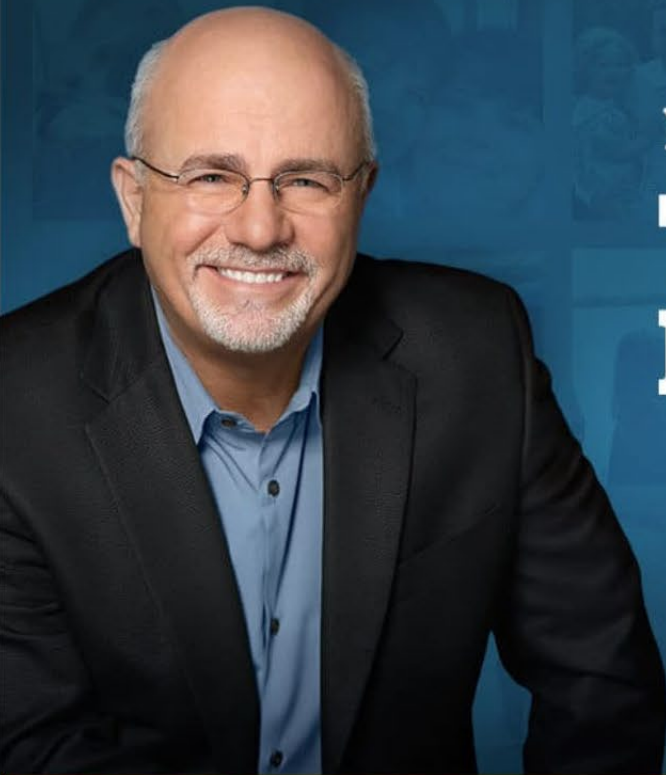
Meetings are October 17 at St. Thomas Aquinas (Indianola), October 24 at OLIH (Ankeny), and October 24 at St. Boniface (Waukee) from 6:30 p.m. to 8 p.m.

Please contact [deacondesmoines@gmail.com](mailto:deacondesmoines@gmail.com) or [vocations@dmdiocese.org](mailto:vocations@dmdiocese.org) with questions.

**WHERE IS GOD?** See how tenets of Ignatian discernment can help us notice and respond to the presence of God's Spirit in our lives. Learn more at the **Discernment Workshop: A Gradual Unfolding** at Emmaus House in Urbandale on Saturday, October 22 from 9 a.m. to 3:30 p.m. Register online at [theemmaushouse.org/discernment-workshop](http://theemmaushouse.org/discernment-workshop).



# Get a head start on your New Year's financial goals



*Your money. Your story. Your life.*

## **THIS CHANGES EVERYTHING.**

DAVE RAMSEY'S  
**FINANCIAL** *Peace*  
UNIVERSITY

Financial Peace University will help you to take control of your money, plan for your future and transform your life.

6:30-8:30 PM

Nov. 8th, 15th, 22nd, 29th  
Dec. 6th, 13th, 20th  
Jan. 3rd, 10th

Sacred Heart Catholic  
1627 Grand Ave, WDM



Registration link

Cost: \$99.99 for online materials and registration



## *29th Sunday in Ordinary Time*

### **Ordinary Time**

For a large part of the liturgical year, we devote ourselves to listening to the mystery of Christ in all its aspects unfolded as we seek God's truth and understanding.

Reading I : Exodus 17:8-13

God is with us, even when the going is tough.

- The Exodus story is part of the wilderness narrative. The Israelites had recently left Egypt and were on the way to Sinai through the desert wilderness.
- One of the difficulties they encountered was conflict with the Amalekites, a nomadic people who warred against anyone who encroached on their territory.
- As long as Moses prayed, Israel won the battle. With the help of the community, Moses was able to persevere in prayer.

Reading II : 2 Timothy 3:14-4:2

Be faithful to what you have learned.

- The reading from the Second Letter of Paul to Timothy confirms Timothy's commission to leadership in the Church.
- The responsibilities are wide-ranging and the author warns Timothy of the difficulties of this job.
- Timothy's greatest hardship is dealing with the opponents who are seen as rejecting all law and order in the Church while others seem to be set on binding the Church with rigorous laws and practices.

Gospel : Luke 18:1-8

Pray always and never lose heart.

- The point of today's parable is perseverance in prayer.
- The story is aimed to bring comfort to the disciples as they await the coming of the Son of Man.
- The final sentence connects the delay of an answer to prayer to the delay of the coming of the Son of Man. Only those who continue to have faith will be able to persevere to the end.



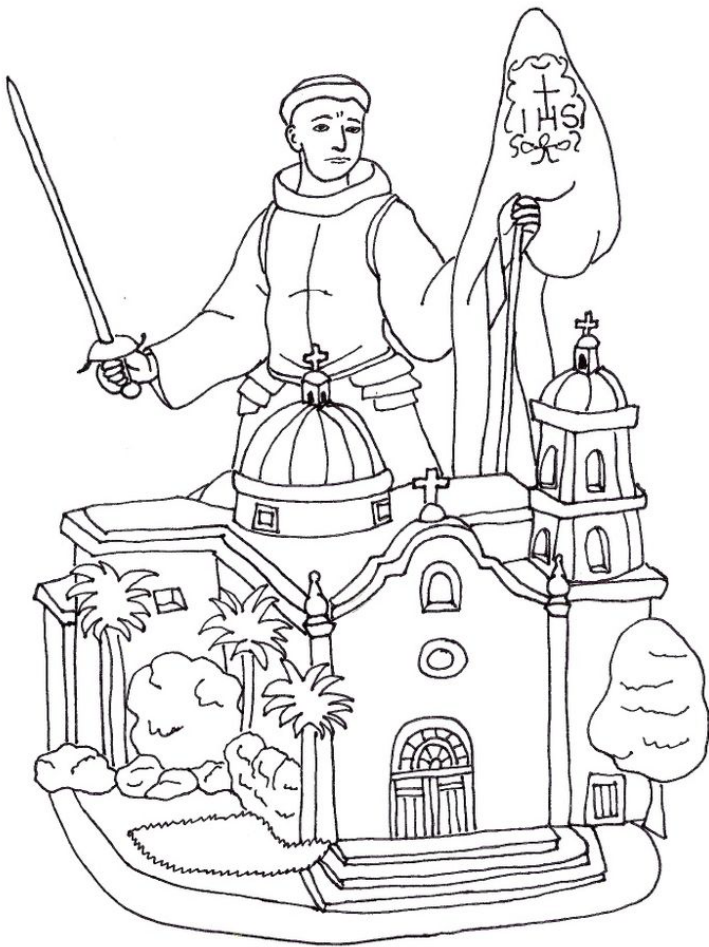
**Reading I** Exodus 17:8-13 | **Psalm** 121:1-8 | **Reading II** 2 Timothy 3:14-4:2 | **Gospel** Luke 18:1-8

**Question For The Children** Jesus teaches us to trust God. How does God help you in your daily life?

**Question For The Youth** Jesus tells us that persistence will pay off, if we continue to pray to God. How and when do you pray? How could you grow in the ways that you pray?

**Question For The Adults** When you pray, what do you ask for most often? How do you know God gives you this request?

**Activity Of The Week** Take turns leading the family meal prayer, allowing each person a chance to make up a prayer or say the usual prayer alone. At the end of the prayer, ask family members to add any petitions they may have to offer.



## **Saint Of The Week** John of Capistrano

John was the son of a German knight who was brought into the service of the King of Naples, Louis I. While his father died when John was quite young, he had the advantage of access to education. Having studied law, he was appointed governor of Perugia. After bubonic plague claimed thirty percent of the population, many city-states were often at war with each other. John tried to arrange a truce with Malatesta with which Perugia was at war. They threw him into prison and he learned that politics was not his calling. He entered the Franciscan Order and was ordained in 1420 and began working on reform of the order. He turned thousands away from heresy and converted many Jews and Moslems. He organized a crusade and turned back the Turks to save Europe. He contracted the plague and died a few months later. He is the patron saint of jurists and military chaplains.

## **John of Capistrano's message today:**

Having changed careers close to mid-life, John undertook several missions during the remainder of his life. It is possible, with God's help, to accomplish much in your life.

Have you contributed all that you can do for your ministry, your church, your city? It is not too late.





# PARISH CALENDAR | OCTOBER 16, 2022

	Sunday 10/16	Monday 10/17	Tuesday 10/18	Wednesday 10/19	Thursday 10/20	Friday 10/21	Saturday 10/22
<b>Holy Trinity School</b>	ENROLL NOW! <a href="https://holytrinitydm.org/school">holytrinitydm.org/school</a>	No School	Chess Club (MC) <b>7:15AM</b>	School Mass hosted by 7th Grade <b>8:30AM</b>		\$1 Jeans Day hosted by 5th Grade	Volleyball Tournament hosted by 8th Grade <b>12-6PM</b>
<b>Faith Formation</b>			RCIA (CH) <b>6:30PM</b>	Faith Formation & Edge Class <b>6:30PM</b>			
<b>Adult Faith Formation</b>	Mass <b>8:30AM &amp; 10:30AM</b>	No Communion Service	Mass <b>8:30AM</b>	Mass <b>8:30AM</b>	Mass <b>8AM</b> Adoration <b>2-9PM</b> Rosary <b>4:05PM</b>	Mass <b>8:30AM</b>	Reconciliation <b>3-3:45PM</b> Mass <b>4:30PM</b>
<b>And More</b>				10th Grade Confirmation Class (101) <b>6:30PM</b>			

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Mass Schedule, Liturgy Schedule, and Intentions		
Sunday, October 16	8:30AM Mass	For the Parish
	10:30AM Mass	Marlene Stacy
Tues., October 18	8:30AM Mass	Lois Ott Neu
Wed., October 19	8:30AM Mass	Phillip Berrie
Thurs., October 20	8AM Mass	Joe Oertli
	2PM-9PM	<i>Adoration</i>
	4:05PM	<i>Rosary</i>
Friday, October 21	8:30AM Mass	Mary Ann Nielsen
Sat., October 22	3PM-3:45PM	<i>Reconciliation</i>
	4:30PM Mass	Gerry Lavia
Sunday, October 23	8:30AM Mass	Jim Harken
	10:30AM Mass	For the Parish

Next Week's Liturgical Ministers and Altar Servers		
Sat., October 22 4:30 p.m.	Altar Servers	Payton & Maren Wolfe
	Lectors	Mark Judge, Dave Bunkers
	EMHC	Team 3
	Musical Coordinator	Tom Quiner
Sun., October 23 8:30 a.m.	Altar Servers	McAndrews Family
	Lectors	J. Severson, Wayne Johnson
	EMHC	Team 1
	Children's Liturgy	Pam Hellman
Sun., October 23 10:30 a.m.	Musical Coordinator	Tom Quiner
	Altar Servers	E. Bott, I. Alonzo, J. Mundy
	Lectors	T. Altman, Margaret Toomey
	EMHC	Team 3
	Children's Liturgy	Kate McNroy, Jane Kinney
	Musical Coordinator	Frances Paterik

Taking the Journey TOGETHER

View the full Parish Calendar at [holytrinitydm.org/home/calendar/](https://holytrinitydm.org/home/calendar/)



**KAPOW**  
massage + wellness  
**Katy Polich**  
Owner/Parishioner  
5601 Hickman Rd Ste #6  
515-770-9515

**Ingersoll Family Dentistry**  
Bernard Gradoville, D.D.S.  
2800 Ingersoll Ave. • Des Moines IA  
515-243-2412

**Matt Nolan**  
Mortgage Lender  
NMLS #84192  
13523 University Ave  
Clive, IA 50325  
Cell: (515) 490-4113  
Email: Matt.Nolan@MyLSB.com  
Website: MyLSBMortgage.com

**SAY MORE WITH BOESEN**  
SINCE 1923  
**Boesen.com**  
3422 Beaver & 3801 Ingersoll  
515-244-ROSE (7673)

**Westover Chapel**  
276-4567  
**Dunn's Chapel**  
244-2121  
**Grandview Park**  
262-1652

**kw** GREATER DES MOINES  
KELLER WILLIAMS  
**MATTHEW PARMENTER**  
REALTOR  
Licensed to sell real estate in the State of Iowa  
4801 Westown Pkwy  
West Des Moines, IA 50266  
P 515-334-4800  
C 515-321-4810  
F 515-331-4301  
matthewparmenter@kw.com  
matthewparmenter.kwrealty.com

**ASHWORTH VISION CLINIC**  
Look no further for the quality eye care you deserve.  
www.ashworthvision.com  
Dr. Barbara A. Scheetz Phone: 515-440-4610  
Doctor of Optometry 5970 Ashworth Rd.  
West Des Moines, IA 50266  
MEMBER VISION SOURCE NETWORK

**1934 FIRST AMERICAN BANK**  
FIRST HOME. NEW HOME. REFINANCE.  
Contact a mortgage banker today or  
apply online at www.1934.bank  
2805 Beaver Avenue | Des Moines | 515-237-5596

**McCORMALLY & COSGROVE**  
MAUREEN C. COSGROVE, Attorney  
4508 Fleur Drive | Des Moines, IA 50321  
T 515-218-9878 F 515-218-9879  
maureen@mcclawlaw.com | www.mcclawlaw.com

**Iles Funeral Homes**  
Funerals • Cremations • Pre-planning  
www.IlesCares.com

**Beaverdale CONFECTION CO.**  
2641 Beaverdale Ave.  
515-279-0553  
Tom & Kim Coleman (parishioners)

**BEAVER AVE. CHIROPRACTIC**  
Dr. David H. Hammans  
"Providing skilled & quality care for over 20 years"  
3520 Beaver Ave. Suite B 279-3869

**IOWA CONTRACTING INC.**  
Residential/Commercial Concrete & Parking Lot Maintenance  
For free estimates:  
wlawson@iowacontractinginc.com  
515-717-0990

**West Grand GOLF**  
Sarah Ward  
Director of Instruction  
LPGA Teaching and Club Professional  
Mobile: 515-201-4479  
sarahward@westgrandgolf.com  
6450 Raccoon River Drive • West Des Moines, Iowa 50266  
Phone: 515-225-7076 • www.westgrandgolf.com

**PRICE CHOPPER**  
FRESHER WAYS TO SAVE!  
PROUD TO BE IN IOWA  
4343 Merle Hay Rd & 1918 Beaver Ave  
Des Moines Iowa

**Iowa Realty**  
Iowa's Largest  
Beaverdale Office  
**Jan Stehl**  
Realtor/Parishioner  
515-229-2156  
jstehl@iowarealty.com  
www.janstehl.com

**OAKWOOD BUILDERS GROUP**  
515.244.3491  
www.oakwoodbuildersgroup.com  
Brett Bunkers & Dan Schaefer

**Holy Trinity Bulletin printed by Big Red Q Quickprint**  
Family owned and operated since 1980  
Printing • Copying • Typeset and Design  
3839 Merle Hay Rd., #160  
(Directly across from Merle Hay Mall)  
www.bigredq-desmoines.com  
orders@bigredq-desmoines.com  
515/270-0700

**Tune In!**  
**Iowa Catholic Radio**  
1150 AM | 88.5 FM | 94.5 FM  
Connecting people with Christ and His Church on their faith journey

**MEDICAP PHARMACY**  
Corner of Beaver & Urbandale Ave.  
277-3702  
Janelle Beal, R.Ph. - Pharmacy Manager  
www.MyMedicapPharmacy.com/beaverdale  
Free Delivery • Drive-Thru Service  
Immunizations • No Long Waits

**KOESTER GENERAL CONTRACTOR**

**FAREWAY MEAT MARKET**  
WE OFFER  
A hot & cold daily deli  
& fresh BBQ to go  
2716 BEAVER AVE | PHONE 515-381-6867

**fmi**  
FIRST MEDICAL INC.  
Supplies for the Physician Office  
Jim & Shelley Horton  
515-278-4930

**O'Donnell ACE Hardware**  
5715 Hickman Road 255-2240  
4808 University Avenue 277-0062  
2727 Beaver Avenue 279-4245  
Visit Us At www.acehardware.com

**Candace Camling**  
illustrator & artist  
www.CamlingStudio.com

**Edencrest**  
AT BEAVERDALE  
A Retirement Community  
3410 Beaver Ave 515-250-3052  
Promo Code: Trinity, ask for specials

**DES MOINES LANDSCAPES L.C.**  
Better Design. Better Service.  
981-1900

**New Heights Counseling Resources**  
Jim Wilwerding, M.Div., LMHC, NCC  
Jessica Romey, LMHC  
And Associates  
515-274-9690  
www.newheightscounseling.org

**DR. NEAL R. MEYOR**  
Family Chiropractic & Acupuncture  
Info@MeiorChiropracticBeaverdale.net  
2645 Beaver Avenue | Des Moines, IA 50310  
P: 515-265-7246 | F: 515-255-3432  
MTW 9:30am-12:30pm and 3pm-6pm

**Walnut Creek FAMILY DENTISTRY**  
Christopher Cowherd, D.D.S.  
974 73rd St., Suite #2 | Windsor Heights  
(515) 223-8008  
WalnutCreekFamilyDentist.com

**Need Help With Health Insurance?**  
Call Ron Stahl  
First Heartland Financial Group  
515-273-5120 ext. 100  
1350 NW 138th St. #300  
Clive, IA  
Specializing in Medicare Supplement, Individual and Small Group Coverages

**HUMMEL'S**  
Sales Service **NISSAN** Parts Leasing  
4770 Merle Hay Road  
(515) 253-0719

**BEAVER AVE CLEANERS**  
3704 Beaver Ave. • Des Moines  
277-9177  
**FRANKLIN PARK CLEANERS**  
5804 Franklin Ave. • Des Moines  
277-0262

**Morrissey FINE JEWELRY**  
235 5TH STREET  
WEST DES MOINES  
(515) 279-0036

Residential Repair & Remodeling 21 Years Experience  
Complete Renovations & Additions Insured  
Siding & General Home Repair Free Estimates  
**Bob's Painting & Home Repair**  
**ROBERT CHAPMAN**  
2500 53rd St. • Des Moines, IA 50310 • (515) 255-0363  
(515) 277-4128 Fax • (515) 771-6929 Cell  
Parishioner • esclimosimo@msn.com

**Des Moines' only Catholic-owned and operated funeral home.**

**BEAVER AVE CLEANERS**  
3704 Beaver Ave. • Des Moines  
277-9177  
**FRANKLIN PARK CLEANERS**  
5804 Franklin Ave. • Des Moines  
277-0262

**Morrissey FINE JEWELRY**  
235 5TH STREET  
WEST DES MOINES  
(515) 279-0036

**Des Moines' only Catholic-owned and operated funeral home.**

**Des Moines' only Catholic-owned and operated funeral home.**

To advertise your business, please  
contact Andy Negrete in the Parish Office  
255-3162 ext. 129 or  
andyn@holytrinitydm.org

**COMPLETE PLUMBING SERVICES**  
515-490-1882  
Jeff, Melissa, Vanessa, Marcella & Calvin Garton

**CALDWELL PARRISH FUNERAL HOME & CREMATORY**  
8201 Hickman • 515-276-0551 • CaldwellParrish.com

**Holy Trinity Catholic Church and School**