



Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

June 22nd & 29th, 2025

Solemnity of the Most Holy
Body and Blood of Christ

& Solemnity of Saints Peter & Paul

Taking the Journey TOGETHER



*“The angel of the Lord will
rescue those who fear him.”
-Psalm 34*



GARAGE Sale

Holy Trinity Summer Garage Sale 2025

July 31st, 9am-5pm | August 1st, 9am-5pm | August 2nd, 9am-Noon

We Need Volunteers!

Consider assisting with set-up, collection, and tear down. Contact Teresa at parmentert13@gmail.com or call parish office at 515-255-3162 ext. 128

Donation Drop-Off

Sunday, July 27, after 10:30 am Mass
Monday and Tuesday from 9am until 5pm
NO Donations after 5pm on Tuesday

What Sells?!

Sewing and Craft Materials | NEW Items of ALL KINDS | Dishes and China |
New Small Carpet Samples | Jewelry | Toys and Books | Pots and Pans |
Furniture in Good Condition | School Uniforms | Lamps and Lampshades |
Baskets | Glassware and Mirrors | Garden Tools | Stereos |
Drapery and Curtains | Silk Flowers | Plants | Sporting Goods | CDs and
DVDs | Small Appliances | Bedding and Linens | Clean Clothing
**NO computers, monitors, fax machines, printers, keyboards, TVs, VCRs,
cassette tapes, magazines, textbooks, underwear, baby cribs or car seats,
bed frames, mattresses, exercise equipment, or light fixtures.

From the Church | June 22nd & 29th

Check this out! Nourish For Caregivers Support Group for Children with Disabilities and Mental Health Challenges
This September a Christ-centered support group is starting here at Holy Trinity Church. This support group will encourage and empower caregivers, offering practical, emotional and spiritual support through faith. We will meet monthly including 3-4 speakers on topics of interest. The Nourish Curriculum at www.nourishforcaregivers.com will be used to help us shape this new ministry to meet the real needs of families like yours. If you have questions please contact:

Anna Mundy awholey@gmail.com
Kate McInroy kmcinroy59@gmail.com

Pray with us. For the months of June, July, and August, daily prayer will immediately follow the 8:30 Morning Mass only on Fridays. In September plans are to return to Tuesdays and Fridays.

If your schedule allows, please join us for this very important prayer in the Church, second only to the Mass. Prayer books are available.

Baptism. Do you want to celebrate your child's baptism at Holy Trinity? Attend the next Baptism Class on Monday, July 14 at 6:00 pm. Contact Jan Swinton in the Parish Office at 515-255-3162 ext. 128 to register.



Art Club. Stay connected to the church and nurture your creative side with fellowship, inspiration, and even motivation to work on that creative hobby you've been "meaning to" start! Join us for any (or all!) of our open studio sessions in the 7th grade rooms in the school on:

Sunday June 22nd from 1-3:30

Sunday July 20th from 1-3:30

Bring your own personal art or craft projects to work on, or just stop over to check things out and get inspired! This group is open to any Holy Trinity parishioners age 14 and over and all skill levels and artistic interests are welcome! Contact Hannah Zimmerman with any questions hmjzimmerman@gmail.com

Thank You! A BIG "thank you" to everyone who attended and who were involved with Holy Trinity's Founders Day Parish Picnic. A special shout out to the Knights of Columbus for preparing and serving a delicious meal.

Please pray for the repose of the Souls of Tim Simmons, husband of Mary Simmons; Mary Negrete, mother of Andy and Tim Negrete; and Carole Ward, mother of Amy Jochum and Sarah Simpson.

"Eternal rest grant unto Them, O Lord, and let Perpetual Light shine upon Them. May Their Souls and the Souls of all the Faithful departed, through the Mercy of God, Rest in Peace. Amen."

There will be NO Confessions June 28th
and
NO Adoration and Rosary July 3rd.

Financial Blessings Ending Week of 6/13/25

Budget July 2024 through June 2025	\$958,558	YTD Surplus (Deficit)	\$63,008
YTD Actual Tithing	\$977,856	Tithing for the Week	\$9,152
YTD Budget	\$948,974	Number of Donations Received	69



Make a donation! Scan the QR Code or visit holytrinitydm.org/donate

RESPECT FOR LIFE COMMITTEE

Mission: The Respect Life Committee of Holy Trinity Parish will promote the respect for human life from fertilization to natural death in accordance to the teachings of the Catholic Church.

GET INVOLVED!

Whether you're looking to learn more, volunteer your time, or offer support, there's a place for you.

- Prayer & Reflection: Join us for regular prayer gatherings every Thursday at adoration.
- Community Outreach: Participate in HT and local events.
- Advocacy: Learn how to speak up for life in respectful and impactful ways.

UPCOMING EVENTS

Monday, June 23rd
Committee Meeting at 7pm
Holy Trinity Media Center

Saturday, June 28th
Biking with Babies

Saturday, June 29th
Hosting Coffee and Donuts

January 21-January 25th, 2026
March for Life

Join us!

Every fourth Monday of the month we will be meeting in the
Holy Trinity Media Center!
All are welcome.

Any questions, please contact Courtney Robey at
bcrobey19@gmail.com

June 26th | 5pm-7pm



PIZZA AT THE PARK



Pizza, games,
and time with Holy
Trinity families!

Ashby Park
3200 38th St,
DSM, IA 50310

Scan or
RSVP Here



From the School | June 22nd & 29th

2025 NCYC: A Journey of Faith. The National Catholic Youth Conference is a three-day pilgrimage for Catholic high school students and their adult chaperones. The theme this year is, "I am". From November 20-22, 2025, in Indianapolis, participants will experience prayer, community, and the transformative power of God's presence.

Join us for an unforgettable encounter with Christ that will shape your spiritual journey. For more information and to sign up to join the Holy Trinity group, please contact Gigi Wilwerding at the parish office or by email at gigiw@holytrinitydm.org. All are Welcome!

ESA. All Iowa residents are eligible for an ESA in the 2025-2026 school year.

Application window closes June 30, 2025. For the 2025-26 school year, the amount will be \$7,826 or more.

Applications are required to be completed annually to verify student eligibility through confirmation of Iowa residency. Funds must be used for tuition, fees, and other eligible qualified education expenses at an accredited, nonpublic school in Iowa. Unused funds remain in the family's account and may be used for future expenses.

Apply: <https://iowa-households.withodyssey.com/login/>
Technical support: 515-368-9564,
help.ia@withodyssey.com

Get a Head Start on Next School Year with EduKit!

Skip the back-to-school shopping chaos and get everything your child needs delivered straight to the school! EduKit offers a fast, easy, and affordable way to order teacher-approved school supplies for the 2025–26 school year. Just a few clicks and you're done! But don't wait—orders must be placed by June 24th. Order now and check one big thing off your summer to-do list!

[Get your supplies here!](#)

Here for Support. Summer break is a great time to relax and recharge, but for some families, it also reduces access to meals and groceries. **USDA SUN Meals Program, Food Bank of Iowa, and HHS Pantries** provide free or low-cost food options during the summer months:

Visit dmdiocese.org/schools for more info. If you need support, please contact the Catholic Schools Office or your child's school.

Employment Opportunities in Catholic Education

The Catholic Schools Office is hiring a Director of Student Services to oversee student support plans, behavior interventions, and teacher coaching. This person will work closely with students, families, teachers, counselors, and administrators to promote a positive learning environment for students with diverse learning needs.

School Openings

- Holy Family is seeking a music teacher. This may be part-time at Holy Family or shared full-time between two schools in the Des Moines area.
- St. Joseph is seeking an art teacher and middle school language arts teacher.
- St. Francis, St. Patrick, and St. Theresa are seeking teacher associates for early childhood and K-8 classrooms.
- St. Augustine is seeking a lunch director, responsible for scheduling, managing assistants, ordering supplies, budgeting, food preparation, and cleaning.

Visit dmdiocese.org/school-careers or scan the QR code to view the full job descriptions and apply.



Call the School Office at 515.255.3162 ext. 115 for more information!

From the Diocese & Community | June 22nd & 29th

You are invited. The Benedictine Sisters of Perpetual Adoration invite single women, ages 18-40 who are curious about religious life, to a Monastic Experience July 18-20, 2025, at their monastery in Clyde, Missouri.

It's a chance to experience the daily rhythm of monastic life where participants can join the Sisters in praying the Divine Office, Daily Mass and Eucharistic Adoration, as well as experiencing Lectio Divina (praying with Scripture) and gaining wisdom from the Benedictine tradition. There is no cost to attend, and more details are available at www.benedictinesisters.org - Vocations - Come, Let Us Adore. The next opportunity will be Oct. 17-19, 2025. [To register, please contact Sister Nancy Rose at \(660\) 944-2221 ext. 142 or \[vocation@benedictinesisters.org\]\(mailto:vocation@benedictinesisters.org\).](#)

Married Couples. Give your marriage a well-deserved vacation. Plan to go on a Worldwide Marriage Encounter Experience and come back with a marriage that is refreshed and full of energy! Our next weekend is September 12-14 in Dubuque. For more information call Greg and Denise at (563) 920-9419 or drubner9419@gmail.com.

You're Invited. Father Ray McHenry, retired pastor of St. Francis of Assisi Parish in West Des Moines, will be taking his 11th annual mission trip to South Africa with Blessman International January 15-27, 2026. If you have been discerning going on a mission trip this is an opportunity.

There will be another informational meeting on Wednesday July 23 at 6:30 PM at St. Francis of Assisi Parish in West Des Moines in the Serra Room.

OPEN HOUSE FOR FR. LARRY HOFFMANN'S 80TH BIRTHDAY:

All are welcome to come to an Open House to celebrate Fr. Larry's 80th th Birthday on, Sunday July 6, 2- 4 pm at St. Theresa's Parish Hall in Des Moines. No gifts please. Cards can be sent to 1390 Buffalo Road West Des Moines, Iowa 50265.

Creighton University Retreat. If you have been on retreats before and looking for a more personal retreat experience, consider our summer retreat below. This retreat starts with check-in between 4:00-5:00pm for the 6pm supper and concludes at 3pm the final day. You will meet with a spiritual director each day. Directors are guided with the Spiritual Exercises of St. Ignatius of Loyola.

Sunday-Wednesday
June 29 - July 2, 2025

The cost is \$375 for room, all meals and private sessions. A non-refundable deposit of \$75 requested at registration.

Register at
creighton.edu/retreatcenter/scheduleofretreats

Biking for Babies Support Life Mass & Dinner

July 16, 2025 5:00 PM

Location: Saint Francis of Assisi Catholic Church, 7075 Ashworth Rd, West Des Moines, IA 50266, USA

- 5 PM Mass with Bishop Joensen
- Grilled burgers, brats, and chicken will be available with hot dogs for the kids. Salads, chips, desert, and drinks will also be provided by the St. Francis of Assisi Knights of Columbus.
- A free will offering will be collected to cover dinner costs with all proceeds going to Biking for Babies as they support pregnancy resource centers and the formation of young adults in central Iowa and throughout the country.
- Meet-and-greet with Biking for Babies missionaries
- Program to include opening remarks from Bishop Joensen and missionary testimonies

Questions? Contact Dr. Steve Craig at steven.craig@unitypoint.org



Go to dmdiocese.org for more information!

Solemnity of the Most Holy Body and Blood of Christ

Solemnity of the Most Holy Body and Blood of Christ

Reading I : Genesis 14:18-20

Blessed by God most High!

- The first reading describes Melchizedek, king and priest in what would later be called Jerusalem.
- Melchizedek blessed Abraham and offered him bread and wine.
- The offering of bread and wine to Abraham relates to the Eucharistic sacrifice of the Mass.

Reading II :

Each time you eat this bread and drink from this cup, you proclaim the death of the Lord.

- In the passage from 1 Corinthians, Paul is scolding the wealthy members of the community for having special dinners and excluding the poor.
- The Corinthians misunderstood that their sharing in the Eucharistic meal made them one body with each other, the Body of Christ.
- Paul reminded the Corinthians that Jesus was present whenever they told the story and shared the meal.

Gospel : Luke 9:11b-17

Christ feeds us.

- Luke's version of the multiplication of the loaves and fishes has been influenced by the liturgical practices of the Christians.
- The words describing Jesus' actions reflect the telling of the Eucharistic story.
- Jesus does not feed the crowd but instructs the disciples to do so. This suggests the ministries in the Church of distributing the Eucharistic food and sharing meals with the hungry.



Bring Home the Gospel | June 22nd, 2025

Reading I Genesis 14:18-20 | Psalm | Reading II 1 Corinthians 11:23-26 | Gospel Luke 9:11b-17

Question For The Children How can you share what you have received from Jesus with others this week?

Question For The Youth Each week, when we celebrate the Holy Eucharist we are asked to “do this in remembrance of me”. How else do you acknowledge the importance of Jesus in your life? Through prayer? Through the ways that you treat others?

Question For The Adults How can you prepare yourself to be nourished by Jesus in the Eucharist this week?

Activity Of The Week The Eucharist is the center and heart of Catholic Christian life. Make a loaf of bread for the evening meal. Light a candle and say a blessing for the family. Have each member pull off a piece of the loaf as a reminder that we are one in unity with each other.

Saint Of The Week Thérèse of the Child Jesus, Virgin, 1873-1897

When Thérèse was very young, she wanted to serve God. She gave money to the poor because she worried about them. She entered the convent when she was fifteen years old. Thérèse wrote about serving God in little ways. She trusted God and loved him very much. Thérèse taught other sisters about God. She also wrote a book. People still read her book. People still read her book to learn how to serve God and other people.

Due to her popularity and the miracles which were attributed to her soon after her death, the Holy See dispensed with the period of fifty years which ordinarily elapsed in those days before the beatification process could begin. Pope Pius XI beatified her in 1923 and declared her a saint in 1925.

St. Thérèse of the Child Jesus is the patroness of all foreign missions and of all works for Russia. She is also a patroness of aviators. We honor St. Thérèse with a Memorial on October 1.

Thérèse's message today: “To pick up a pin for love can convert a soul.” Thérèse understood that anything we do for another in God’s name is done for love. Even in doing the humblest and most mundane of chores, Thérèse was serving God in the most magnificent manner. We too should dedicate our daily tasks to God and do them with love.

- *Do you go about your daily tasks with joy or do you complain about what you are asked to do?*



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Solemnity of Saints Peter and Paul

Solemnity of Saints Peter and Paul

Reading I : Acts 12:1-11

Now I know for certain that the Lord rescued me from the hand of Herod.

- King Herod was persecuting Christians.
- Peter was arrested.
- An angel of the Lord rescued Peter from prison.

Reading II : 2 Timothy 4:6-8, 17-18

From now on the crown of righteousness awaits me.

- Paul's letter is like an obituary for himself, assessing his work.
- Peter says that he has competed well, finished the race, and kept the faith.
- Paul and all who faithfully follow Christ will wear the garland of victory.

Gospel : Matthew 16:13-19

You are Peter, and I will give you the keys to the kingdom of heaven.

- Jesus says to the disciples, "Who do you say that I am?"
- Simon Peter replies, "You are the Christ, the Son of the living God."
- Jesus says to Peter, "Upon this rock I will build my Church."



Bring Home the Gospel | June 29th, 2025

Reading I Acts 12:1-11 | Psalm | Reading II 2 Timothy 4:6-8, 17-18 | Gospel Matthew 16:13-19

Question For The Children Who do you say that Jesus is?

Question For The Youth How does the way you live your life show that you are a follower of Christ?

Question For The Adults Before the Resurrection, Peter denied Jesus three times. But in today's Gospel, we hear about a Peter who has unshakable faith. He clearly proclaims that Jesus is Christ, the Son of the living God. What can you do to strengthen your faith and draw nearer to Christ?

Activity Of The Week In order to love someone, we need to really get to know that person. And getting to know someone takes time. Invite family members to share about a person they really know well and love. Then discuss how we can really get to know Jesus.

Saint Of The Week Peter, Apostle, First Century Saint Peter was named Simon and he was the brother of Saint Andrew. They were both fishermen in Galilee. Peter's brother introduced him to Jesus. Peter was a zealous follower of Jesus. He was the first disciple to recognize that Jesus was "the Christ, the Son of the living God." However, we also know that Peter doubted Jesus when walking on water and betrayed Jesus three times on the night Jesus died.

In spite of Peter's doubt and betrayal, Jesus recognizes God at work in Peter. Jesus chooses Peter to lead his Church. Jesus said, "You are Peter and upon this rock I will build my church" (Matthew 13:18). As the leader of the Church, Peter endured persecution and imprisonment. Yet, Peter remained faithful. The Acts of the Apostles illustrates his role as head of the Church after the Resurrection and Ascension of Christ. Peter led the Apostles as the first Pope and ensured that the disciples kept the true faith.

St. Peter lived his last years in Rome. He was martyred in the year 64. He was crucified upside-down at his own request, because he claimed he was not worthy to die as Jesus had.

Paul, Apostle, First Century

Before his conversion on the road to Damascus, Paul was known as Saul. Saul was a Jewish pharisee who zealously persecuted Christians.

Paul's recollection of his amazing conversion is told in the Acts of the Apostles 22:6-16. Saul was traveling to Damascus to persecute the Christian community there. As he was traveling along the road, he was suddenly surrounded by a great light from heaven. He was blinded and fell off his horse. He then heard a voice saying to him, "Saul, Saul, why are you persecuting me?" He answered, "Who are you, Lord?" Christ said, "I am Jesus of Nazareth whom you are persecuting." Saul continued to Damascus, where he was baptized and his sight was restored. He took the name Paul and spent the remainder of his life preaching the Gospel fervently.

Saint Paul became the Apostle to the Gentiles, those who were not Jewish. His letters are included in the writings of the New Testament, and through them we learn much about his life and the faith of the early Church.

Eventually, Paul suffered persecution and was imprisoned. He was beheaded in the year 67.

Peter and Paul's message today: Both Peter and Paul devoted their lives to spreading the Good News. They both led the church and helped it to grow.

- *Give an example of one way you spread the Good News.*



Make a donation! Scan the QR Code or visit holytrinitydm.org/donate

Parish Calendar | June 22nd, 2025

	Sunday [6/22]	Monday [6/23]	Tuesday [6/24]	Wednesday [6/25]	Thursday [6/26]	Friday [6/27]	Saturday [6/28]
School							
Faith Formation					Pizza in the Park (Ashby Park) 5PM-7PM		Sunday Reading Groups Men (MC) 7:30AM Women (MC) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM	Mass 8:30AM	Mass 8:30AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM Morning Prayer following Mass	Mass 4:30PM
More	Coffee & Donuts following 8:30AM & 10:30AM Mass						Visitation 9:30AM Funeral 10:30AM
CH: Church 101-106: Classrooms DC: Day Chapel K: Kitchen MC: Media Center PO: Parish Office SR: Social Room							

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[6/22]	8:30AM	Mass	Tim Simmons
	10:30AM	Mass	For the Parish
[6/24]	8:30AM	Mass	Paul Arthur
[6/25]	8:30AM	Mass	Sharon Holz
[6/26]	8:30AM	Mass	David Owen
	2-9PM	Adoration	
	4:05PM	Rosary	
[6/27]	8:30AM	Mass	Jameson Wandro
[6/28]		NO Reconciliation	
	4:30PM	Mass	Gerald Esser
[6/29]	8:30AM	Mass	Nancy Timmons
	10:30AM	Mass	For the Parish


Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	Lola & Penelope Carroll and Joan & Nora Niday
[6/28]	Lectors	Mary Sanders & Todd Treese
4:30PM	EMHC	Team 2
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Jackson Hoodjer, Jamison Lynch, Bennett Steinkamp and Ronan Bergman
[6/29]	Lectors	Linda Willems & John Goode
8:30AM	EMHC	Team 2/MC: Katy Polich
	Children's Liturgy	SUMMER RECESS
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Mia & Madelyn Daskalakes, Ruth George and Joshua Zwier
[6/29]	Lectors	Bridget Sheaff & Tim Stacy
10:30AM	EMHC	Team 5/MC: Mark Amadeo
	Children's Liturgy	SUMMER RECESS
	Music Coordinator	Eric Sharp

Taking the Journey TOGETHER



View the Parish Calendar online at holytrinitydm.org/home/calendar

Parish Calendar | June 29th, 2025

	Sunday [6/29]	Monday [6/30]	Tuesday [7/1]	Wednesday [7/2]	Thursday [7/3]	Friday [7/4]	Saturday [7/5]
School							
Faith Formation							Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM	Mass 8:30AM	Mass 8:30AM	Mass 8:30AM Morning Prayer following Mass	Reconciliation 3-3:45PM Mass 4:30PM
More	Coffee & Donuts following 8:30AM & 10:30AM Mass Baptism					Church Office Closed	

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[6/29]	8:30AM	Mass	Nancy Timmons
	10:30AM	Mass	For the Parish
[7/1]	8:30AM	Mass	Doris O'Malley
[7/2]	8:30AM	Mass	Jaxon Knight
[7/3]	8:30AM	Mass	Marijean Sears
		NO ADORATION/ROSARY	
[7/4]	8:30AM	Mass	Marie & John Pihart
[7/5]	3-3:45PM	Reconciliation	
	4:30PM	Mass	Tom McGough
[7/6]	8:30AM	Mass	For the Parish
	10:30AM	Mass	Marcie Coleman

Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	Frank & Louie Brett and Austin & Tyler Leo
[7/5]	Lectors	Dave Bunkers & Lorraine Riseley
	4:30PM EMHC	Team 3
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Penelope Blaser, Elizabeth Bungert, Evelyn Hunt and Kaylee Maloney
[7/6]	Lectors	Doug Gross & Luke Lynch
	8:30AM EMHC	Team 3/MC: Mark McAndrews
	Children's Liturgy	SUMMER RECESS
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Colton Barney, Luciano Castro, Jack Mundy and Kellan Murphy
[7/6]	Lectors	Lisa Rea & Jim Wilwerding
	10:30AM EMHC	Team 1: Volunteers
	Children's Liturgy	SUMMER RECESS
	Music Coordinator	Eric Sharp

Taking the Journey TOGETHER



View the Parish Calendar online at holytrinitydm.org/home/calendar

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Catholic Church and School
• Taking the Journey Together •