



# Holy Trinity


Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

March 9th, 2025

1st Sunday of  
Lent

Taking the Journey TOGETHER



*“Be with me, Lord,  
when I am in  
trouble.”*



# **GARAGE SALE**

## **Holy Trinity Spring Garage Sale 2025**

March 20 , 9am-5pm | March 21, 9am-5pm | March 22, 9am-Noon

### **We Need Volunteers!**

Consider assisting with set-up, collection, and tear down. Contact Teresa at [parmentert13@gmail.com](mailto:parmentert13@gmail.com) or call parish office at 515-255-3162 ext. 128

### **Donation Drop-Off**

Sunday, March 16, after 10:30 am Mass until 5pm  
Monday and Tuesday from 9am until 5pm  
NO Donations after 5pm on Tuesday

### **What Sells?!**

Sewing and Craft Materials | NEW Items of ALL KINDS | Dishes and China | New Small Carpet Samples | Jewelry | Toys and Books | Pots and Pans | Furniture in Good Condition | School Uniforms | Lamps and Lampshades | Baskets | Glassware and Mirrors | Garden Tools | Stereos | Drapery and Curtains | Silk Flowers | Plants | Sporting Goods | CDs and DVDs | Small Appliances | Bedding and Linens | Clean Clothing

**\*\*NO computers, monitors, fax machines, printers, keyboards, TVs, VCRs, cassette tapes, magazines, textbooks, underwear, baby cribs or car seats, bed frames, mattresses, exercise equipment, or light fixtures.**

# From the Church | March 9th, 2025

**Lenten Fish Fry Dinners.** The Holy Trinity Knights of Columbus will be hosting their 2025 Lenten Fish Dinners on Friday, March 7 & 28 and April 11 from 5:15-6:30 pm in the Holy Trinity gym. The menu consists of Baked Tilapia and Baked Beer Battered Cod, Mac n' Cheese, Cheesy Potatoes, Vegetables, Coleslaw, Dinner roll/butter. Adults \$12 and Ages 5-11 \$8. Dessert will be provided by the Holy Trinity Youth Group with a free will offering to support youth group activities.

**Nourish For Caregivers.** Nourish for Caregivers focuses on issues pertinent to anyone caregiving, whether you care for a parent, spouse, or child. Topics include: entering caregiving roles, managing family dynamics, how stress and faith co-exist, staying engaged, end of life issues, and advocating for a loved one.

All caregivers are invited to attend on Monday, March 10, at Holy Trinity Catholic Church 2926 Beaver Avenue, Des Moines, IA. For more information, contact Deacon Troy Thompson at [troyt@holymtrinitydm.org](mailto:troyt@holymtrinitydm.org).

**Holy Trinity Events.** Planning an event or do you need to request to use space at Holy Trinity? Fill out this [Event Request Form](#).

**Healing Mass.** Experience God's healing grace at Holy Trinity on Friday, March 14, at 10:00am. The Sacrament of the Sick will be offered to anyone experiencing mental, physical, or spiritual pain and distress. All parishioners are welcome to attend and offer support to those in need of healing. For more information, contact Deacon Troy Thompson at 515-255-3162 ext. 124. We look forward to celebrating with your family!

**Lenten Adoration.** On Tuesdays, during Lent, join us for Lenten Adoration following 8:30 a.m. Mass. Morning Prayer will immediately follow.

**Parish Business Directory.** Want to share information about your business with parishioners at Holy Trinity?

[Fill out this Directory form](#) and be added to our new business directory housed on our secure portal. Reach out to Jan Swinton with any questions.

**Rosary.** Please join our HT school and parish community in praying the rosary. We'll meet at the Bigelows house (403 42nd Street) at 8:00pm on the first Monday of each month for intentions, rosary and fellowship. If you're not familiar with the rosary, come learn. Join us April 7th!

Please contact Sarah with questions:  
[ssullivanbigelow@gmail.com](mailto:ssullivanbigelow@gmail.com)

**Baptism.** Do you want to celebrate your child's baptism at Holy Trinity? Attend the next Baptism Class on Monday, May 5th at 6:00 pm. Contact Jan Swinton in the Parish Office at 515-255-3162 ext. 128 to register.

**Annual Diocesan Appeal.** Thank you to everyone who gave a gift this past weekend to the ADA. Our parish goal is 100% participation. Each and every person's gift brings us closer to that goal.

When we reach our parish monetary goal, any additional gifts stay right here for our own use. If you have not made a gift please join us in supporting the vital programs and services throughout the Diocese that no single individual or parish can offer.

Simply fill out a contribution card and drop it in the offertory basket or mail. Contribution cards and envelopes are located in the church pews. Gifts can also be made online by clicking the link below or scan the QR on the back of the pews.

[www.DMDiocese.org/giving](http://www.DMDiocese.org/giving) to make an online gift today!

## Financial Blessings Ending Week of 2/28/25

Budget July 2024 through June 2025	\$958,558	YTD Surplus (Deficit)	\$60,529
YTD Actual Tithing	\$684,777	Tithing for the Week	\$8,437
YTD Budget	\$624,248	Number of Donations Received	65



Make a donation! Scan the QR Code or visit [holymtrinitydm.org/donate](http://holymtrinitydm.org/donate)

# LENT 2025

## ASH WEDNESDAY MASS

Wednesday, March 5th at 6:30pm

## STATIONS OF THE CROSS

### Fridays at 5:00 pm

- Friday, March 7th
- Friday, March 14th
- Friday, March 21st
- Friday, March 28th
- Friday, April 4th
- Friday, April 11th
- Friday, April 18th (Living Stations at 2:15pm)

## HOLY WEEK

### Holy Thursday

- Mass: Thursday, April 17th at 7:00 pm

### Good Friday

- Service: Friday, April 18th at 7:00 pm

### Easter Vigil

- Saturday, April 19th at 8:00 pm

## LENTEN FISH DINNERS AT HOLY TRINITY

Hosted by the Knights of Columbus from 5:15pm-6:30pm

- Friday, March 7th
- Friday, March 28th
- Friday, April 11th

## HOLY TRINITY RECONCILIATION

### Confession at Holy Trinity

- March 12th from 5:00pm-6:00pm
- March 18th from 1:00pm-2:00pm
- March 19th from 5:00pm-6:00pm
- March 27th from 1:00pm-2:00pm
- April 2nd from 6:00pm-7:00pm
- April 9th from 5:00pm-6:00pm

## LENTEN RETREATS

### Generations of Faith

- Wednesday, March 26th from 6:00 pm-8:00 pm (Social Room)
- Sunday, March 30th from 4:00 pm-6:00 pm (Social Room)

### Adult Lenten Retreat

- Saturday, March 8th from 12:00pm-4:30pm



**Holy Trinity**  
Catholic Church and School



**TICKETS ARE LIVE.** We're all shook up for the **Graceland Gala - Celebrating Holy Trinity School, Church, and Elvis!**

The Graceland Gala will be a rockin' event paying tribute to the king of rock n' roll - Elvis Presley. A Gala ticket includes Memphis style bbq dinner, drinks, and access to the support Holy Trinity through a silent auction, live auction, paddle raise and fun activities. Guests will enjoy lots of music, displays and fun from the 50's, 60's and 70's.

The Gala will be held on **Saturday, April 5, 2025**. Over the years, the event has raised thousands of dollars for Holy Trinity Church and School and served as a community builder for our Parish.

So get out your blue suede shoes and get ready to rock and roll as we raise funds for Holy Trinity Catholic Church and School.

[Get your tickets here!](#)

**Donations Needed.** We can't help falling in love with Holy Trinity and now we're all shook up for the Graceland Gala.

If you have a burning love to support the Gala, consider donating an item to the auction. From gift cards to favorite restaurants to wine for the wine pull, all auction donations will help us reach our fundraising goal. [Check out our list here.](#) It will continue to be updated until April 1.

Don't be cruel! Donate an item to the Graceland Gala. It's now or never!

**Gala Shirts are LIVE.** Not sure what to wear to the 2025 Graceland Gala?! We have the perfect option for you, and you can even add some Vegas Glam! Glitter option available! [Order your gala swag today!](#)



**Become a Mentor Family.** Current Holy Trinity families, we need your help! Share your experience at Holy Trinity and welcome new families. It's a wonderful way to give back to our community and helps new families feel at home. [Sign up today](#) to be a mentor and make a difference! Contact Sarah Sullivan Bigelow at [ssullivanbigelow@gmail.com](mailto:ssullivanbigelow@gmail.com), for more information.

**Enrollment.** Parishioner Enrollment started December 1st at the Diocese of Des Moines Catholic Schools, our students experience nurturing and innovative environments where smaller class sizes foster big dreams.

Plus, with Education Savings Accounts, an education at our schools might be more affordable than you think! All K- 12 Iowa students qualify for an ESA for the 2025-2026 school year. General Enrollment is now open- [Apply here!](#)

**Schedule your visit today with Mercedes Steinkamp, email her at [mercedies@htschool.org](mailto:mercedies@htschool.org)**

**Vintage Cars Needed.** We are interested in 50's-70's American vintage cars to showcase outdoors near the entrance of the event. If you have a vintage car you would like to showcase during the gala we would greatly appreciate it!

If interested, and able, contact me at 207-751-2932 or [hallmegan59@gmail.com](mailto:hallmegan59@gmail.com).

**Upcoming Dates.**

- NO SCHOOL: March 14th
- SPRING BREAK: March 17th-21st



**2025 NCYC: A Journey of Faith** The National Catholic Youth Conference 2025 will be in Indianapolis November 20-22. The theme this year is I am.

Holy Trinity will be joining others from the diocese on the pilgrimage. We will load the bus and embark on three faith filled, fun days of encountering Christ and sharing our Catholic faith! All high school youth are invited to attend. We will be having our first meeting on Tuesday March 4 at 6:30 in the media Center. Bring your friends and come see what all the hype is about.

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**Fried Chicken Feast.** Held at St. John the Apostle parish in Norwalk, on Sunday, March 16th, from 10:30 a.m. to 1:30 p.m. Everyone is invited! We will feature Staley's Fried Chicken along with all the fixings, drinks and pie for dessert.

**Cost:** Adults/\$13, Children ages 6-12/\$6, and children 5 and under eat free! Balloon artist for the kids. A silent auction and 50/50 raffle will also be held. Tickets can be purchased in advance at the parish office or that day. For more information contact Gary & Mary Haselton at (515)321-3873 or the parish office at (515) 981-4855.

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**Dinks for Diapers.** Mark your calendar! Join us for the 1st Annual "Dinks for Diapers" Women's Pickleball Tournament & Clinic on Saturday April 12! Let's rally together to support Mary's Helping Hands and give babies a smashing start.

The Crazy 8's Tournament will be held at Valley Community Center. Check in starts at 8:45am with play to be completed by 11:15am. \$30 individual entry. Register by 3/30.

[Events — Mary's Helping Hands](#)

[Event facebook post.](#)



**Are you a Licensed Mental Health Professional?** Join the Diocese of Des Moines Mental Health Referral Network. The Office of Marriage and Family Life is looking for more local clinicians who would like to support Catholic families and individuals seeking mental health care that aligns with and respects our Catholic beliefs and values. We are especially in need of therapists who can provide services in other languages, especially Spanish or Vietnamese.

If you are interested in joining or for more information about this program, please contact John Gaffney, interim director of Marriage and Family Life/director of Evangelization and Mission, at [jgaffney@dmdiocese.org](mailto:jgaffney@dmdiocese.org) or 515-237-5026.

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**Women's Evening of Recollection**

Monday, March 10, 2025

6:30-8:30 p.m.

St. Augustin Church

(enter the north door on the east side of the Church)

545 42nd Street, Des Moines

Spend a brief time away from the world to be with Our Lord. The Evening is designed to help you spend time alone with God, to look at your life from His perspective, and find practical ways to serve God amid your ordinary work and family life.

A priest will present two meditations based upon the spirituality of St. Josemaria Escrivá, the founder of Opus Dei. There will be time for personal prayer, reflection, and confession. The evening will conclude with Benediction.

- Women of all ages are invited, including high school and college students
- 6:30 Confession.
- 7:00 First meditation. Confession. Meditation.
- 8:00 Benediction
- The Women's Evenings of Recollection will take place on the 2nd Monday of each month. No Women's Evening of Recollection in July and December.



## *First Sunday of Lent*

**Lent** Forty days before the Triduum, the Lenten season disposes Catechumens and the faithful to celebrate the paschal mystery through prayer and penitential practices.

Reading I : Deuteronomy 26:4-10

Worship the Lord your God.

- Today's reading from the Book of Deuteronomy reflects the central beliefs of the Israelites.
- The people offered a portion of the first harvest of the year to acknowledge that the land belonged to God.
- The recited creed was an expression of gratitude to God.

Reading II : Romans 10:8-13

There is only one God.

- The passage from the Letter to the Romans stresses Paul's belief that Jesus is Lord.
- Jesus trusted in God, his Father, and was raised from the dead.
- What we must do to share in that salvation is simply to believe in the risen Lord.

Gospel : Luke 4:1-13

Jesus is led into the desert and tempted.

- In today's Gospel passage, the Spirit drove Jesus into the desert to be tempted by the devil.
- Just as God led Israel out of Egypt, nourished them for forty years in the desert, and gave them the Promised Land, so God would care for Jesus during and after his forty days in the desert.
- Jesus passed the test because his trust in God never wavered.



# Bring Home the Gospel | March 9th, 2025

Reading I Deuteronomy 26:4-10 | Psalm | Reading II Romans 10:8-13 | Gospel Luke 4:1-13

**Question For The Children** When you feel tempted to do wrong, how do you remain strong in your faith?

**Question For The Youth** What is one thing you will do during Lent to become more open to God in your life?

**Question For The Adults** As you come to understand the temptation of Jesus in the desert, which one of the devil's offerings is hardest for you to resist?

**Activity Of The Week** Lent is a time of prayerful reflection. Discuss with your family a time during the week or day that all radios, stereos, televisions, computers, and telephones will be shut off so family members can pray. Call it the family's prayer time. At the end of the week, ask family members to share what they have learned or gained from the experience.

**Saint Of The Week** Jerome Emiliani, Religious

Jerome was born in Venice and became a commander of the League of Cambrai and was captured and imprisoned during a battle. He spent the time in prison learning to pray. When he escaped, he returned to Venice and began studies for the priesthood and was ordained in 1518. He decided to devote himself to care for orphans during the plague and eventually founded the Clerks Regular of Somascha to care for orphans and to educate children and priests. He died of an infectious disease that he caught while caring for the children. He is the patron saint of abandoned children and orphans.

**Jerome's message today:** Jerome was a good and caring person, even a heroic one. Though we may not be able to help abandoned children and orphans in the same manner as he did, we all know someone who has been abandoned by friends or family, or who is spiritually "orphaned." We, like Jerome, can reach out to these abandoned ones.

- *Is there someone in your life who needs God's healing touch right now? As a follower of Christ, are you willing to offer it?*



Make a donation! Scan the QR Code or visit [holytrinitydm.org/donate](https://holytrinitydm.org/donate)



# Parish Calendar | March 9th, 2025

	Sunday [3/9]	Monday [3/10]	Tuesday [3/11]	Wednesday [3/12]	Thursday [3/13]	Friday [3/14]	Saturday [3/15]
<b>School</b>				School Mass hosted by 7th Grade 8:30AM		NO School	Spring Break 3/17 - 3/21
<b>Faith Formation</b>	1st Sunday of Lent	Nourish for Caregivers (MC) 6:00-7:30 PM		Faith Formation & Edge Class 6:30PM (Rms 103,104)			Sunday Reading Groups Men (MC) 7:30AM Women (Rm 101) 8:30AM
<b>Adult Faith Formation</b>	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM  Lenten Adoration following Mass  Morning Prayer following Adoration	Mass 8:30AM  Confession 5:00-6:00PM	Mass 8:30AM Adoration 2-9PM Rosary 4:05PM	Healing Mass 10:00AM  Stations of the Cross 5:00PM	Funeral 10:00AM  Reconciliation 3-3:45PM Mass 4:30PM
<b>More</b>	Coffee & Donuts following 8:30 10:30 Mass		OCIA (CH) 6:30PM	Schola (CH) 6:30PM			Garage Sale Set-up

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[3/9]	8:30AM	Mass	For the Parish
	10:30AM	Mass	Pat McGoldrick
[3/11]	8:30AM	Mass	Nancy Timmons Delperdang
[3/12]	8:30AM	Mass	For the Poor
[3/13]	8:30AM	Mass	For the Unemployed
	2-9PM	Adoration	
	4:05PM	Rosary	
[3/14]	8:30AM	Healing Mass	
[3/15]	3-3:45PM	Reconciliation	
	4:30PM	Mass	For Our Holy Father, Pope Francis
[3/16]	8:30AM	Mass	For the Parish
	10:30AM	Mass	Frank & Agnes Gear and their deceased offspring

Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	Maggie Fiddelke and Jude & Hugh Kajewski
[3/15]	Lectors	Mary Sanders & Todd Treese
4:30PM	EMHC	Team 2
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Phillip McAndrews, Hilari Thibodeau and Gwennie & Jonah Johnson
[3/16]	Lectors	Jacob Meradith-Eyers & John Goode
8:30AM	EMHC	Team 2/MC: Mark McAndrews
	Children's Liturgy	NO LITURGY - SPRING BREAK
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Mia & Madelyn Daskalakes, Ruth George and Jack Mundy
[3/16]	Lectors	Chris Coleman & Matt Connolly
10:30AM	EMHC	Team 3/MC: Jim Wilwerding
	Children's Liturgy	NO LITURGY - SPRING BREAK
	Music Coordinator	Eric Sharp

Taking the Journey TOGETHER



View the Parish Calendar online at [holyltrinitydm.org/home/calendar](http://holyltrinitydm.org/home/calendar)

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