



# Holy Trinity


Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

March 30th, 2025

Fourth Sunday of  
Lent

Taking the Journey TOGETHER



*“It is mercy I desire,  
and not sacrifice.”*

*-Psalm 51*

## From Father Mark | March 30th, 2025

Greetings.

Throughout our Annual Appeal I am trying to provide some information and updates. Again, our parish assessment for this year is \$105,708. As you know, we made our assessment the last several years and we want to continue this trend each year.

A few weeks ago I shared how the appeal helps to support the priests and seminarians of our diocese. There are many other essential programs and ministries also supported by the Annual Appeal that a single parish simply cannot do on its own.

Another important ministry supported by your appeal pledges is our Catholic Charities. Catholic Charities assists in many areas, and each year helps with the following:

- Counsels hundreds of individuals and families who are dealing with various issues and challenges
- Provides expanded sexual abuse and domestic violence programs in our diocese
- Assists refugee families from a variety of countries and assists them in finding shelter and work
- Feeds and clothes thousands of individuals at no cost through St. Mary's Family Emergency Center
- Houses families who are homeless and provides services to assist in transition into a self-sustaining situation

The above is yet one more essential ministry that is supported by your contributions to the Diocesan Appeal. As of March 21st<sup>h</sup>, we have 118 pledges and gifts totaling \$47,280 for our Holy Trinity effort. We would like to see all parishioners participate. I invite all to give this your most prayerful consideration. All gifts, no matter the size, will help us to do our part as members of Holy Trinity Parish to support the work of our Church. **Again, we need everyone's help; long time parishioners, newer parishioners, school families; all of the Holy Trinity community is needed in this annual effort.** Thank you for your continued support of our parish and its work in furthering the Gospel message.

Finally, I want to thank all of our Garage Sale volunteers for another successful sale last week. Thanks also to all who made donations; the sale would not be possible without them. Special thanks to Teresa Parmenter and her team for coordinating this effort once again. Thank you!!

Have a good week



Fr. Mark Neal



# LENT 2025

## ASH WEDNESDAY MASS

Wednesday, March 5th at 6:30pm

## STATIONS OF THE CROSS

### Fridays at 5:00 pm

- Friday, March 7th
- Friday, March 14th
- Friday, March 21st
- Friday, March 28th
- Friday, April 4th
- Friday, April 11th
- Friday, April 18th (Living Stations at 2:15pm)

## HOLY WEEK

### Holy Thursday

- Mass: Thursday, April 17th at 7:00 pm

### Good Friday

- Service: Friday, April 18th at 7:00 pm

### Easter Vigil

- Saturday, April 19th at 8:00 pm

## LENTEN FISH DINNERS AT HOLY TRINITY

Hosted by the Knights of Columbus from 5:15pm-6:30pm

- Friday, March 7th
- Friday, March 28th
- Friday, April 11th

## HOLY TRINITY RECONCILIATION

### Confession at Holy Trinity

- March 12th from 5:00pm-6:00pm
- March 18th from 1:00pm-2:00pm
- March 19th from 5:00pm-6:00pm
- March 27th from 1:00pm-2:00pm
- April 2nd from 6:00pm-7:00pm
- April 9th from 5:00pm-6:00pm

## LENTEN RETREATS

### Generations of Faith

- Wednesday, March 26th from 6:00 pm-8:00 pm (Social Room)
- Sunday, March 30th from 4:00 pm-6:00 pm (Social Room)

### Adult Lenten Retreat

- Saturday, March 8th from 12:00pm-4:30pm



**Holy Trinity**  
Catholic Church and School



# Keep in touch with us via email and text!

Mass times, ministry updates, & more  
delivered to your phone



TO SIGN UP, TEXT

**HTDSM**

TO 84576

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[holytrinitycatholicchuchrdsm.flocknote.com](http://holytrinitycatholicchuchrdsm.flocknote.com)



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# From the Church | March 30th, 2025

**Lenten Fish Dinners.** The Holy Trinity Knights of Columbus will have their 2025 Lenten Fish Dinners on Friday, March 28 and April 11 from 5:15-6:30 pm in the Holy Trinity school gym.

The menu consists of Baked Tilapia and Baked Beer Battered Cod, Mac n' Cheese, Cheesy Potatoes, Vegetables, Coleslaw, Dinner roll/butter. Adults \$12 and Ages 5-11 \$8. Dessert will be provided by Holy Trinity Youth Group with a free will offering to support youth group activities.

**Rosary.** Please join our HT school and parish community in praying the rosary. We'll meet at the Bigelows house (403 42nd Street) at 8:00pm on the first Monday of each month for intentions, rosary and fellowship. If you're not familiar with the rosary, come learn. Join us April 7th!

Please contact Sarah with questions:  
[ssullivanbigelow@gmail.com](mailto:ssullivanbigelow@gmail.com)

**Garage Sale.** A huge thank you to all of the volunteers who helped on sale days, the cleanup workers, and everyone who donated and set up before the sale and to those who helped tear down following the sale. We would especially want to thank the young people who helped with the sale and earned service hours. The proceeds from the garage sale were \$12,576.79.

Holy Trinity is looking for someone who may have garage space to store potential garage sale items throughout the year. If this sounds like you, please contact Steve Stimmel or Teresa Parmenter by calling the parish office at 515-255-3162. Ext. 128.  
Start gathering things for the summer garage sale, which will take place from July 31 to August 2. We hope to see you there.

**HT Saint Vincent de Paul Needs Help!** Our Parish SVdP Conference is one of 14 in the Des Moines area. We provide food, rent, utility and other financial assistance to those in need, both in the Parish and beyond its borders. We also support the broader mission of Des Moines' SVdP District Council, which operates food pantries and offers a wide variety of other social services at local SVdP thrift stores.

Holy Trinity Parishioners provide critical contributions for our work, especially at Christmas through the Parish gift tree. And we greatly appreciate that support! But the needs of the poor know no season. Our SVdP Conference assists the needy on a regular basis throughout the year. And, right now, our cash balance is a bit low.

Can you help with a contribution? If so, please send a donation to the Parish Office earmarked for SVdP. Any amount is appreciated! There are also SVdP "Poor Box" donation receptacles on the walls of the Church entryways, available anytime the Church is open. And please consider providing regular support to SVdP through HT Blue Envelope donations. Thanks for any contributions you're able to provide.

Other ways to help? Join our group! We meet on the last Tuesday of each month at 4 p.m. in the Holy Trinity Middle School. And remember to support local SVdP thrift stores by donating goods and/or shopping there. Store profits fund critical SVdP social services throughout the Des Moines area.

**Baptism.** Do you want to celebrate your child's baptism at Holy Trinity? Attend the next Baptism Class on Monday, May 5th at 6:00 pm. Contact Jan Swinton in the Parish Office at 515-255-3162 ext. 128 to register.

## Financial Blessings Ending Week of 3/14/25

Budget July 2024 through June 2025	\$958,558	YTD Surplus (Deficit)	\$60,709
YTD Actual Tithing	\$725,249	Tithing for the Week	\$5,151
YTD Budget	\$664,540	Number of Donations Received	70

## Financial Blessings Ending Week of 3/21/25

Budget July 2024 through June 2025	\$958,558	YTD Surplus (Deficit)	\$81,112
YTD Actual Tithing	\$765,798	Tithing for the Week	\$40,549
YTD Budget	\$684,686	Number of Donations Received	311



Make a donation! Scan the QR Code or visit [holytrinitydm.org/donate](https://holytrinitydm.org/donate)

## HOW TO SUPPORT THE GALA!



### GET YOUR TICKET!

A Gala ticket includes Memphis style bbq dinner, drinks, and event access to the support Holy Trinity through a silent auction, live auction, paddle raise and fun activities. Guests will enjoy lots of music, displays and fun from the 50's, 60's and 70's. For those who are not able to attend in-person, tickets for access to the silent auction are available.

[GET YOUR TICKETS HERE!](#)

This year's Gala Auction will raise funds for new windows for Holy Trinity buildings B & C. The windows in these buildings are over 50 years old and need updating to make the buildings more energy-efficient, safe, and aesthetically pleasing. The buildings house grades preschool through 5th grade, music, a teachers' lounge, support services, and wrap-care.

### DONATE!

[MAKE A DONATION](#) | [DONATE AN AUCTION ITEM](#)

### VOLUNTEER!

We can't make this rockin' night happen without help from all of our volunteers. A massive shoutout to all you awesome dudes and dudettes for all you do to make the Gala Auction a success! All volunteers will receive a discount code for \$10 off a ticket for the auction. So don't be cruel and snag a shift!

[VOLUNTEER HERE!](#)

Scan here for more information about the Graceland Gala! Or visit our website-

[HTTPS://HOLYTRINITYDM.ORG/GALA-AUCTION/](https://holytrinitydm.org/gala-auction/)

Thank you.  
Thank you very much.





# Holy Trinity

Catholic Church and School

**Enrollment.** Parishioner Enrollment started December 1st at the Diocese of Des Moines Catholic Schools, our students experience nurturing and innovative environments where smaller class sizes foster big dreams.

Plus, with Education Savings Accounts, an education at our schools might be more affordable than you think! All K- 12 Iowa students qualify for an ESA for the 2025-2026 school year. General Enrollment is now open- [Apply here!](#)

**Schedule your visit today with Mercedes Steinkamp, email her at [mercedies@htschool.org](mailto:mercedies@htschool.org)**



DES MOINES REGIONAL  
CATHOLIC SCHOOLS

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### Financial Assistance for both CTO and DTA information.

Application fee will be \$31 this year.

Application website: [www.fairapp.com](http://www.fairapp.com)

School code:450

School password: 450ddm

**Application Deadline is April 15th**

[English Flyer](#) | [Spanish Flyer](#)

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**Donations Needed.** We can't help falling in love with Holy Trinity and now we're all shook up for the Graceland Gala.

If you have a burning love to support the Gala, consider donating an item to the auction. From gift cards to favorite restaurants to wine for the wine pull, all auction donations will help us reach our fundraising goal. [Check out our list here.](#) It will continue to be updated until April 1.

Don't be cruel! Donate an item to the Graceland Gala. It's now or never!

**Graceland Gala Auction Volunteers Needed.** *A little less conversation – a little more volunteering!*

Hey there! It's time to lace up your blue suede shoes and shake, rattle, and roll your way to our volunteer sign-up for this year's Gala Auction! Whether you're all shook up about helping, or you've got the heart of a hound dog ready to jump in, we've got a spot for you. We're looking for volunteers to help set up for the event, help the night of the event, and tear down the day after the event. Sign up today and join the team of stars who make it all happen! Plus, all you rock stars will receive a discount code for \$10 off one ticket to the event!

[Sign up here!](#) *Thank you, thank you very much.*

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**TICKETS ARE LIVE.** We're all shook up for the **Graceland Gala - Celebrating Holy Trinity School, Church, and Elvis!**

The Graceland Gala will be a rockin' event paying tribute to the king of rock n' roll - Elvis Presley. A Gala ticket includes Memphis style bbq dinner, drinks, and access to the support Holy Trinity through a silent auction, live auction, paddle raise and fun activities. Guests will enjoy lots of music, displays and fun from the 50's, 60's and 70's.

The Gala will be held on **Saturday, April 5, 2025.** Over the years, the event has raised thousands of dollars for Holy Trinity Church and School and served as a community builder for our Parish. So get out your blue suede shoes and get ready to rock and roll as we raise funds for Holy Trinity Catholic Church and School.

[Get your tickets here!](#)



# From the Diocese & Community | March 30th, 2025

**You're Invited.** All the women of the Des Moines diocese are invited to the Annual Women's Conference on Saturday, April 5, 2025, in Norwalk, Iowa. The women of St John the Apostle parish are hosting. Attached are flyers and images.

Want to know more? [DesMoinesDCCW.org](https://DesMoinesDCCW.org)

Ready to register online and pay with a credit card? [Click here.](#)

Would you rather mail in your registration and pay by check?

[Print this form and mail in.](#)

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**Women's Evening of Recollection.** Monday, April 14, 2025 (6:30-8:30 p.m.) St. Augustin Church (enter the north door on the east side of the Church) 545 42nd Street, Des Moines

Spend a brief time away from the world to be with Our Lord.

The Evening is designed to help you spend time alone with God, to look at your life from His perspective, and find practical ways to serve God amid your ordinary work and family life. Questions: Terry McFarland (630-885-0246).

[terryanmcfarland@gmail.com](mailto:terryanmcfarland@gmail.com)

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**Catholic musicians unite in May 2nd concert.** You're invited to experience "An Evening of Glory" on May 2nd at St. Boniface Catholic Church in Waukee, Iowa. A melting pot of Catholic musicians from six parishes will perform a dynamic mix of glorious music. You'll experience classical, jazz, praise, and choral music featuring participants from St. Augustin, The Basilica, Sacred Heart, Holy Trinity, St. Francis, and St. Boniface. Adults: \$20; children/students free. The concert will be followed by a wine/cheese/dessert reception. Proceeds support Pulse Life Advocates Student Scholarship Fund. Order tickets online: [PulseForLife.org](https://PulseForLife.org).

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**Worldwide Marriage Encounter.** A Worldwide Marriage Encounter Weekend is like winter because it's a weekend full of fresh air and a time to rejoice in the beauty of our marriage and family. It's a great time to rekindle communication and enjoy a weekend away.

For more information call Denise and Greg - 563-920-9419 or register at [wwme.org](https://wwme.org). Upcoming dates: April 25-27 in Epworth, IA and September 12-14 in Dubuque, IA

## Camino de San Lorenzo 'The Way of St. Lawrence'

A 3-Day Spiritual Pilgrimage

May 30-June 1st, 2025

Friday: Start the pilgrimage with Holy Mass at St. Partricks in Perry, walking the High Trestle Trail to Woodward.

Saturday: Woodward to Slater, over the High Trestle Bridge, Reconciliation as you walk and Mass in Madrid.

Sunday: From Slater on our journey to St. Luke's in Ankeny.

Walk approximately 13 miles daily on the Recreational Trails. Join us for a Spiritual Journey and register for the 3-Day Camino or choose one day to join us.

Deacon Tom for details [tbradley@dmdiocese.org](mailto:tbradley@dmdiocese.org)

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**Are you a Licensed Mental Health Professional?** Join the Diocese of Des Moines Mental Health Referral Network. The Office of Marriage and Family Life is looking for more local clinicians who would like to support Catholic families and individuals seeking mental health care that aligns with and respects our Catholic beliefs and values. We are especially in need of therapists who can provide services in other languages, especially Spanish or Vietnamese.

If you are interested in joining or for more information about this program, please contact John Gaffney, interim director of Marriage and Family Life/director of Evangelization and Mission, at [jgaffney@dmdiocese.org](mailto:jgaffney@dmdiocese.org) or 515-237-5026.



DIocese of Des Moines

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**Dinks for Diapers.** Mark your calendar! Join us for the 1st Annual "Dinks for Diapers" Women's Pickleball Tournament & Clinic on Saturday April 12! Let's rally together to support Mary's Helping Hands and give babies a smashing start.

The Crazy 8's Tournament will be held at Valley Community Center. Check in starts at 8:45am with play to be completed by 11:15am. \$30 individual entry. Register by 3/30.

**Events — Mary's Helping Hands**

**Event facebook post**

Taking the Journey TOGETHER



Go to [dmdiocese.org](https://dmdiocese.org) for more information!



## *Fourth Sunday of Lent*

**Lent** Forty days before the Triduum, the Lenten season disposes Catechumens and the faithful to celebrate the paschal mystery through prayer and penitential practices.

Reading I : Joshua 5:9a, 10-12

They ate the produce of the land.

- The first reading recounts Israel's rebirth in the land of promise.
- As the people crossed the Jordan River, they celebrated Passover, just as they had when they crossed the Red Sea.
- The period of wandering in the wilderness was over.

Reading II : 2 Corinthians 5:17-21

We are reconciled with God through Christ.

- The main subject in Paul's second letter to the Church of Corinth is reconciliation.
- Paul stresses reconciliation with God, with himself, and with the Corinthian Community.
- Through Christ, sinners are reconciled to God.

Gospel : Luke 15:1-3, 11-32

The son that was lost came back home.

- In the presence of the Pharisees and Scribes, who are outraged by Jesus' treatment of sinners, Jesus tells the story of the return of the prodigal son.
- Today's parable shows that God's forgiveness is for everyone.
- God's mercy and love is immeasurable and beyond human understanding.



# Bring Home the Gospel | March 30th, 2025

Reading I | Psalm | Reading II | Gospel

**Question For The Children** Who is the one person you most need to say, "I'm sorry" to in your family?

**Question For The Youth** Is it difficult for you to say "I'm sorry" when you hurt another or get off track in your own life? Why or why not?

**Question For The Adults** How have you or your family welcomed a family member who has been distant and/or absent from you?

**Activity Of The Week** Agree, as a family, to celebrate the Sacrament of Reconciliation together with the Parish family during Lent. Check to see that everyone is comfortable and remembers how to participate in the sacrament. Plan a family treat after the celebration.

## Saint Of The Week

**Joseph, Husband of Mary** Joseph, we know, was engaged to Mary. Upon learning that she was pregnant, he resolved to divorce her. Described in Matthew as a righteous man, Joseph did not want to expose Mary to public disgrace; therefore he intended to dismiss her quietly. An angel appeared to Joseph in a dream to tell him, "do not be afraid to take Mary as your wife for the child conceived in her is from the Holy Spirit." (Mt 1:20). He remained her faithful husband and helped raise Jesus. Joseph worked as a carpenter. We know that he taught his trade to Jesus, as was the custom of the times. We can also assume that Jesus, like most boys, picked up the mannerisms and speech of Joseph.

Devotions to St. Joseph began to grow in the Middle Ages, but only became widespread in the fifteenth century when his feast day was added to the Church calendar in 1479. St. Teresa and St. Frances de Sales particularly popularized devotion to the foster father of our Lord. Pope Pius IX declared St. Joseph Patron of the Universal Church in 1870 and later popes pronounced St. Joseph the patron of workers and of social justice, with Pope Pius XII establishing May 1 as the feast of St. Joseph the Worker. He is also honored by a Solemnity on March 19.

**Joseph's message today:** In a time when families are breaking up, often with fathers abandoning their wives and children, Joseph provides a model for fathers who love their families.

- *When the weight of the world seems to have settled on your shoulders, try saying a prayer to St. Joseph. Ask him to help you carry your burden.*



Make a donation! Scan the QR Code or visit [holytrinitydm.org/donate](https://holytrinitydm.org/donate)

# Parish Calendar | DATE

	Sunday [3/30]	Monday [3/31]	Tuesday [4/1]	Wednesday [4/2]	Thursday [4/3]	Friday [4/4]	Saturday [4/5]
<b>School</b>				School Mass hosted by 1st Grade 8:30AM		NO SCHOOL	Holy Trinity Graceland Gala 8:30AM-9:30PM
<b>Faith Formation</b>	4th Sunday of Lent  8th Grade Retreat (MC) 6:00-8:00PM			Faith Formation & Edge Class 6:30PM  Confession (CH) 6:00-7:00PM		Stations of the Cross (CH) 5:00PM	Sunday Reading Groups Men (different location) 7:30AM Women (CH) 8:30AM
<b>Adult Faith Formation</b>	Mass 8:30AM & 10:30AM  Lenten Generations of Faith (SR) 4:00-6:00PM	No Communion Service	Mass 8:30AM  Lenten Adoration following Mass  Morning Prayer following Adoration	Mass 8:30AM	Mass 8:30AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM  Morning Prayer following Mass	Reconciliation 3-3:45PM Mass 4:30PM
<b>More</b>	Coffee & Donuts following 8:30 & 10:30 Mass		OCIA (CH) 6:30PM	Schola (CH) 6:30PM  Deep Dive Youth Ministry (MC) 6:30PM	Gala Auction Work Night 3:30-10:00PM  Gala Set Up 5:30-8:30PM	Gala Set Up 9:00AM-9:00PM	

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[3/30]	8:30AM	Mass	For the Parish
	10:30AM	Mass	John McClavy Jr.
[4/1]	8:30AM	Mass	Deceased Relatives
[4/2]	8:30AM	Mass	Mike Dwyer
[4/3]	8:30AM	Mass	Mary Green
	2-9PM	Adoration	
	4:05PM	Rosary	
[4/4]	8:30AM	Mass	Elinor Severson
[4/5]	3-3:45PM	Reconciliation	
	4:30PM	Mass	Norma Villela
[4/6]	8:30AM	Mass	Nancy Timmons
	10:30AM	Mass	For the Parish

Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	Anna, Mary & Paul Heilman and Liam Dumermuth
[4/5]	Lectors	Marsha Szymczuk & Dave Bunkers
4:30PM	EMHC	Team 2
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Cartier Bryant, Cameron Goode, Bennett Steinkamp & TBD
[4/6]	Lectors	Karen Quiner & Luke Lynch
8:30AM	EMHC	Team 2/MC: Mark McAndrews
	Children's Liturgy	NO CHILDREN'S LITURGY - HT GALA
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Ruth George, Ruby Severson, Joshua Zwier and Kellan Murphy
[4/6]	Lectors	Provided by Youth Ministry
10:30AM	EMHC	Provided by Youth Ministry
	Children's Liturgy	NO CHILDREN'S LITURGY - HT GALA
	Music Coordinator	Eric Sharp

Taking the Journey TOGETHER



View the Parish Calendar online at [holytrinitydm.org/home/calendar](http://holytrinitydm.org/home/calendar)

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massage + wellness  
Katy Polich  
Owner/Parishioner  
5601 Hickman Rd Ste #6  
515-770-9515

**Ingersoll Family**  
Dentistry  
Bernard Gradoville, D.D.S.  
Jack Gradoville, D.D.S.  
2800 Ingersoll Ave. Des Moines  
515-243-2412

**Matt Nolan**  
Mortgage Lender  
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