



Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

March 19, 2023

Fourth Sunday
of Lent

Taking the Journey TOGETHER



*Awake, O sleeper, and arise from the dead,
and Christ will give you light. - Eph 5*



Join us in-person or worship online at <https://bit.ly/37n4LAu>

FROM FATHER MARK | MARCH 19, 2023

Greetings.

This weekend has been designated by Bishop Joensen as Safe Haven Sunday. Safe Haven Sunday is a focused effort to look at what is often considered a “blind spot” in our society; one that is often overlooked with regard to its seriousness. I am referring to pornography; particularly that which is so readily available online to people of all ages.

In this effort, “we want to assist parents, guardians, grandparents and other family members to have the awareness and the tools to protect, nurture, and help young people discover their identity as children of God and come to maturity as disciples of Christ. This effort encourages us to rebuff pornographers’ insidious redirection of screen time toward hardcore, violent pornography” (from a letter by Bishop Joensen www.dmdiocese.org). First exposure for children frequently happens at the average age of eight as their brains are still developing. We know just how harmful this can be, not only to children but people of all ages.

At the entrances to the church you will find a guide intended for parents as they seek to guide their children. We have plenty...if you know anyone else who may benefit, feel free to take one for them also.

On a lighter note, A HUGE Thank You to Teresa Parmenter and all our faithful volunteers who made the Spring HT Garage Sale a big success! Thanks as well to all who donated items and shopped for treasures at this Spring's sale. See you again this Summer.

Have a good week - *FR. Mark*



Want more info? Call Rev. Mark Neal at 515.255.3162 ext. 126

Lent at Holy Trinity Parish

Adoration

Thursdays from 2 to 9 p.m.

Stations of the Cross

Fridays at 5 p.m.

Holy Rosary

Thursdays at 4:05 p.m.

Reconciliation

Saturdays from 3 to 3:45 p.m.

Holy Thursday

April 6 at 7 p.m. | Mass of the Lord's Supper

Holy Saturday

April 8 at 8 p.m. | Easter Vigil

Good Friday

April 7 at 2 p.m. | Stations of the Cross

April 7 at 7 p.m. | Proclamation of the
Lord's Passion and Veneration of the Cross

Easter Sunday

April 9 at 8:30 a.m. and 10:30 a.m.
Mass of the Resurrection of the Lord

If you want to serve your Church as an Usher, Lector, Altar Server, or Eucharistic Minister during Holy Week Services, please email or call the Parish Office.

Area Reconciliation Services

Mar. 19 at 3 p.m. | St. Mary of Nazareth

Mar. 19 at 4 p.m. | St. John, Adel

Mar. 22 at 7 p.m. | Sacred Heart

Mar. 22 at 7 p.m. | St. Theresa

Mar. 28 at 6 p.m. | St. Elizabeth Seton, Carlisle

Mar. 29 at 6:30 p.m. | Assumption, Granger

Mar. 30 at 7 p.m. | Ss. John and Paul, Altoona

Individual Reconciliation Times

Tuesdays at 5:30 p.m., Fridays at 12 p.m., and Saturdays at 4 p.m. | Our Lady's Immaculate Heart

Saturdays at 3 p.m. | All Saints

April 2 at 1 p.m. | St. Pius X

April 3 at 6 p.m. | St. Pius X

Weekdays at 4 p.m., and Weekends one hour before Mass | Our Lady of the Americas



A GIFT TO THE ANNUAL DIOCESAN APPEAL PROVIDES SUPPORT FOR



Visit dmdiocese.org/giving for more information on the ADA and charitable giving.

ADA ANNOUNCEMENT Thanks for your gift to the Annual Diocesan Appeal. Remember, once we reach our parish goal of \$112,882, all additional gifts stay right here at Holy Trinity! If you have not made a gift, please join us in supporting the vital programs and services within the Diocese that no single individual or parish can offer.

Complete a contribution card to place in the offertory basket at Mass or mail to Holy Trinity. Gifts can also be made online at dmdiocese.org/giving.

UPCOMING LECTOR TRAINING If you want to serve HT Parish as a Lector, attend training on Monday, March 20 at 7:45 p.m. in the Church. We have great volunteers and welcome more to help proclaim God's Word at Mass.

Contact the Parish Office at parishoffice@holytrinitydm.org or 515-255-3162 ext. 128 if you are interested.



YOUR CAREGIVING JOURNEY *Nourish for Caregivers* focuses on issues pertinent to any caregiver, whether you care for a parent, spouse, or child. Topics include caregiving roles, family dynamics, how stress and faith co-exist, staying engaged, end of life issues, advocating for a loved one.

Attend on Wednesday, March 29, in the Social Room. Contact Deacon Dan Maxcy at danm@holytrinitydm.org or Deacon Jim Houston pastoralcare@saintpiuschurch.org.



ARTISTS AND CREATIVES You are invited to the Holy Trinity Arts Group! All skill and experience levels are welcome! Contact Hannah Zimmerman at hmzimmerman@gmail.com to RSVP or ask questions.

- **What:** Open studio time and fellowship with other artists from our parish to work on personal creative projects, share ideas, and receive constructive feedback.
- **Who:** Parishioners over the age of 14 who enjoy and practice creative hobbies like drawing, painting, knitting, crochet, embroidery, jewelry making, photography, digital art, quilting, sewing, calligraphy, and scrapbooking.
- **When and Where:** Sunday, March 26, in the Social Room. Stay from 1 p.m. to 3 p.m. or come and go as you please.
- **What to Bring:** Any materials needed for your projects and interests. Otherwise, just come to chat, learn, get ideas, and collaborate.

FINANCIAL BLESSINGS ENDING WEEK OF MARCH 19, 2023

Budget July 2022 through June 2023	\$988,204	YTD Surplus (Deficit)	(\$24,255)
YTD Actual Tithing	\$650,132	Tithing for the Week	\$34,208
YTD Budget	\$674,387	Number of Donations Received	287



Make a donation to Holy Trinity by scanning the QR Code or visiting holytrinitydm.org/donate

Support the Gala Auction at our Drive-thru Collection Event!

Sunday, March 26 | 11:30 a.m. to 2 p.m. | Parish Office & Parking Lot

Do you want **TWO FREE TICKETS** to the Holy Trinity Gala Auction? Participate in our collection event on for a chance to win! Drive by the parish office, drop off your donation & enter the drawing for tickets to the auction!

Not sure what to donate? No problem! Consider these options:

Wine & Spirits

Home Improvement

*Certificates for Trades
& Services*

Home Décor

Family Activities

*Hosted Dinners, Parties
& Events*

Sports & Fitness

Vacations & Travel

Spa, Health & Beauty

Work together with friends & businesses to donate a fun prize package!
OR donate individual items that we can use to build prize packages.

Still not sure what to donate? Prayerfully consider making a monetary donation to HT's largest fundraising event. Thank you!

Masquerade

HOLY TRINITY GALA • 4.22.23





KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.

Fr. Francis Ostdiek Council #14029

Holy Trinity Catholic Parish

2022 Lenten Fish Dinners

Friday 5:30-7:00 pm Holy Trinity gym

Dates: March 31

Menu: Baked Tilapia and Baked Beer Battered Cod, Mac n' Cheese, Cheesy Potatoes, Vegetable, Cole-slaw, Dinner roll/butter

**Proceeds benefit charitable causes of the
HT Knights of Columbus**

Adults - \$12

Age 5-11 -\$6

Desserts provided by Holy Trinity Youth Group.

Free Will Offering to support Youth Group Activities.



BASH ON BUFFALO ROAD Celebrate the 50 year anniversary of St. Joseph Academy and Dowling Catholic High School! Enjoy silent and live auctions, dinner, dancing, and festivities on Saturday, April 15, from 6 to 11 p.m.

One lucky winner could walk away with free tuition for a year or a \$5k cash prize! There is no limit on the number of tickets you can purchase! Iowa law does not permit credit card purchase of raffle tickets. Online purchase by using checking account information and in person purchase by check or cash.

Raffle tickets are \$100 each. RSVP and purchase tickets at dowlingcatholic.org/bash-on-buffalo.



REFLECTION WITH FATHER FLOOD On Thursday, March 30, at 6:30 p.m., enjoy an evening of reflection on the Eucharist and Lent. Our presenter, Fr. Reed Flood, was ordained on June 25, 2021, and now works at Dowling Catholic High School. Come and listen to his story, and listen to God's call for you this Lent.

CALL TO FOLLOW JESUS MINI RETREAT During Lent, we focus on baptism. In this retreat, we reflect on our life as disciples, preparing to renew our baptismal promises and baptismal way of life. Join Fr. Tim Fitzgerald for a special mini-retreat on Thursday, March 23, at 9:30 a.m. RSVP to Barb Woods at 515.210.6649 or bwoods@stdm.com.

SEVEN LAST WORDS OF CHRIST Enjoy an evening of reflection with Scripture, song, and reflections on Sunday, April 2, at 6 p.m. Meditate on the last hours of Christ hear the last homily of Christ who spoke the truth from His pulpit, the cross, to us, the audience. What a great way to begin Holy Week! Join us in the church.



MARRIED COUPLES Give yourselves a weekend away from it all. The Worldwide Marriage Encounter is time away from the pressures of work and a chance to talk to that special someone who loves you. Upcoming dates are April 22 and 23 in Epworth, Iowa, and September 22 and 24 in Dubuque, Iowa. For more information call 563.920.9419.

FREEDOM IN CHRIST CONFERENCE
with
DR. MATTHEW BREUNINGER

REMOVING BARRIERS TO GOD'S HEALING GRACE Join us this Divine Mercy weekend for a day of powerful talks on God's healing love! Our speaker, Dr. Matthew Breuninger is an assistant professor of psychology at Franciscan University of Steubenville and a licensed clinical psychologist.

Attend on April 15 from 8:30 a.m. to 3 p.m. at St. Francis of Assisi. The event is free and lunch will be provided. Register at saintfrancischurch.org/events/.



SPEAKER SERIES - AARON PUTZE Young professionals in their 20s and 30s are invited to an evening of networking and fellowship at the Catholic Pastoral Center on Tuesday, April 11, at 6 p.m. Enjoy free drinks and appetizers while meeting others committed to professional and spiritual growth.

Aaron Putze, Sr. Director of Information and Education for the Iowa Soybean Association, author, and work-life coach will be our featured speaker. Register today at www.dmdiocese.org/ycn.





3 Night Lenten Speaker Series

Fatima

For the Whole Family

7 pm - 8 pm

March 21, 22, & 23

St. Augustin Parish Hall

Our speaker is **Rex Teodosio** from the American Society for the Defense of Tradition, Family and Property. They are a Catholic organization that defends our faith, while taking the battle to our current culture and helps families do the same. They also sponsor the America Needs Fatima Rosary Rallies around the country and world in October each year.

Tuesday, March 21st

**The Prophecies of Our Lady of Fatima
and the Urgent Need
to Respond to Her Requests.**

Wednesday, March 22nd:

**The Science of Social Conformity and
How it Affects our Spiritual Lives.**

Thursday, March 23rd:

**The Coming Great Chastisement
and Great Conversion based on
the Scriptures and Private Revelations.**



Child Care Available: \$10/kid max \$25/family includes snack, drink, and craft.
Please RSVP to Tom Donnelly via text (515)988-0491 or email tjdonnellyiowa@gmail.com.

Liturgical Calendar

Ordinary Time

For a large part of the liturgical year, we devote ourselves to listening to the mystery of Christ in all its aspects unfolded as we seek God's truth and understanding.

Reading I : Leviticus 19:1-2, 17-18

To be like God is to be loving.

- Leviticus 19 is a collection of miscellaneous laws concerning conduct.
- Keeping the Ten Commandments, worshiping God, and living justly were prescribed.
- The reason for all the laws is to be like God.

Reading II : 1 Corinthians 3:16-23

To love one another is to live.

- Wisdom had divided the community.
- Worldly wisdom is folly to God.
- Obey God and be like God. To be like God is to love one another.

Gospel : Matthew 5:38-48

Forgive and love to conquer evil.

- The Old Testament "an eye for an eye," was an attempt to limit evil.
- Monetary fines had become more common.
- Jesus advised that evil is conquered by good.



BRING HOME THE GOSPEL | MARCH 19, 2023

Reading I 1 Samuel 16:1b, 6-7, 10-13a | **Psalm** 23: 1-3a, 3b-4, 5, 6 | **Reading II** Ephesians 5:8-14 | **Gospel** John 9:1-41

Question For The Children What are the things that Jesus wants you to do as his friend?

Question For The Youth Jesus helped a blind man see—and he helps each of us see the world differently. How do you see differently because you believe?

Question For The Adults Share how you, as a child of the light, in the power of Christ, produce goodness, justice, and truth for the world. What specific actions do you take to do this?

Activity Of The Week As we continue our Lenten journey, evaluate your family resolutions of prayer, fasting, and almsgiving. Are our Lenten practices helping us to see the light of Christ in others? What Lenten practices help us see the light of Christ in ourselves?



Saint Of The Week Isidore of Seville

Isidore was born in Seville, Spain and received a very good education. He became known as the most learned man of his time and a strong supporter for good education. Eventually he was ordained to the priesthood and made a bishop. He worked hard to bring people into the Church, and opened many schools to teach everything from religion to medicine and science. He lived as a poor man, and gave away all he earned to the poor. He spent his final days praying for forgiveness of sins and forgave all who were indebted to him.

God endows each of us with many gifts. Isidore had a strong drive to spread education throughout Spain at a time when, generally, only the aristocracy and priests were educated. He managed to do all of this while still living an austere life and tending to the needs of the poor.



Isidore's message today:

How well do you put to work the gifts which God has given you? Are you helping those who have less than you, whether materially or spiritually?



Make a donation to Holy Trinity by scanning the QR Code or visiting holyltrinitydm.org/donate

PARISH CALENDAR | MARCH 19, 2023

	Sunday [3/19]	Monday [3/20]	Tuesday [3/21]	Wednesday [3/22]	Thursday [3/23]	Friday [3/24]	Saturday [3/25]
School				VIP Breakfast (SR) 7:15-8AM School Mass 8:30AM		SCRIP Jeans Day	First Eucharist Retreat 9AM-12PM
Faith Formation				Faith Formation & Edge Class 6:30PM			Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM RCIA (CH) 6:30PM	Mass hosted by 2nd Grade 8:30AM	Mass 8AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM Stations of the Cross 5PM	Reconciliation 3-3:45PM Mass 4:30PM
More		Lector Training (CH) 7:45PM				 REMINDER: Gala Auction Donation Drop-off Tomorrow 3/26 after Mass 	
CH: Church 101-106: Classrooms DC: Day Chapel K: Kitchen MC: Media Center PO: Parish Office SR: Social Room							




Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[3/19]	8:30AM	Mass	Maurice Rahm
	10:30AM	Mass	For the Parish
[3/21]	8:30AM	Mass	For the People of Ukraine
[3/22]	8:30AM	Mass	Mary & Ed Bleimehl Family
[3/23]	8AM	Mass	James Lynch
	2PM-9PM	Adoration	
	4:05PM	Rosary	
[3/24]	8:30AM	Mass	Matthew Hull
[3/25]	3PM-3:45PM	Reconciliation	
	4:30PM	Mass	Willis J. Dore
[3/26]	8:30AM	Mass	For the Parish
	10:30AM	Mass	John McClavy

Upcoming Liturgical Ministers and Altar Servers		
Saturday [3/25]	Altar Servers	P. & M. Wolfe, M. Heilman
	4:30PM	Lectors
		EMHC
		Music Coordinator
Sunday [3/26]	Altar Servers	Marlee Eggers, Jamison Lynch
	8:30AM	Lectors
		EMHC
		Children's Liturgy
Sunday [3/26]		Music Coordinator
	Altar Servers	C. Zwier, M. Blade, R. Vasquez
	10:30AM	Lectors
		EMHC
Sunday [3/26]		Children's Liturgy
		Music Coordinator

Taking the Journey TOGETHER



View the full Parish Calendar at holytrinitydm.org/home/calendar/

 KAPOW massage + wellness Katy Polich Owner/Parishioner 5601 Hickman Rd Ste #6 515-770-9515	Ingersoll Family Dentistry Bernard Gradoville, D.D.S. 2800 Ingersoll Ave. • Des Moines IA 515-243-2412	 Matt Nolan Mortgage Lender NMLS # 434192 13523 University Ave Clive, IA 50325 Cell: (515) 490-4113 Email: Matt.Nolan@MyLSB.com Website: MyLSBMortgage.com	 SAY MORE WITH BOESEN SINCE 1923 Boesen.com 3422 Beaver & 3801 Ingersoll 515-244-ROSE (7673)	 Westover Chapel 276-4567 Dunn's Chapel 244-2121 Grandview Park 262-1652 Kelly Broderick  Iles Funeral Homes Funerals • Cremations • Pre-planning www.IlesCares.com
	 ASHWORTH VISION CLINIC Look no further for the quality eye care you deserve. www.ashworthvision.com Dr. Barbara A. Scheetz Phone: 515-440-4610 Doctor of Optometry 5970 Ashworth Rd. West Des Moines, IA 50266 MEMBER Vision Source NETWORK		 McCORMALLY & COSGROVE MAUREEN C. COSGROVE, Attorney 4508 Fleur Drive Des Moines, IA 50321 T 515-218-9878 F 515-218-9879 maureen@mcjaglaw.com www.mcjaglaw.com	
	BEAVER AVE. CHIROPRACTIC Dr. David H. Hammans <i>"Providing skilled & quality care for over 20 years"</i> 3520 Beaver Ave. Suite B 279-3869	 IOWA CONTRACTING INC. Residential/Commercial Concrete & Parking Lot Maintenance For free estimates: wlawson@iowacontractinginc.com 515-717-0990	 West Grand GOLF Sarah Ward Director of Instruction Teaching and Club Professional Mobile: 515-201-4479 sarahward@westgrandgolf.com 6450 Raccoon River Drive • West Des Moines, Iowa 50266 Phone: 515-225-7076 • www.westgrandgolf.com	 PRICE CHOPPER FRESHER WAYS TO SAVE! 1918 Beaver Ave. & 3425 Ingersoll Ave. Des Moines, Iowa
 IOWA Realty Iowa's Largest Beaverdale Office  Jan Stehl Realtor/Parishioner 515-229-2156 jstehl@iowarealty.com www.janstehl.com	 OAKWOOD BUILDERS GROUP 515.244.3491 www.oakwoodbuildersgroup.com Brett Bunkers & Dan Schaefer	Holy Trinity Bulletin printed by Big Red Q. Quickprint Family owned and operated since 1980 Printing • Copying • Typeset and Design 3839 Merle Hay Rd, #160 (Directly across from Merle Hay Mall) www.bigredq-desmoines.com orders@bigredq-desmoines.com 515/270-0700		
 MEDICAP PHARMACY Corner of Beaver & Urbandale Ave. 277-3702 Janelle Beal, R.Ph. - Pharmacy Manager www.MyMedicapPharmacy.com/beaverdale Free Delivery • Drive-Thru Service Immunizations • No Long Waits	 KOESTER GENERAL CONTRACTOR	FAREWAY MEAT MARKET WE OFFER A hot & cold daily deli & fresh BBQ to go 2716 BEAVER AVE PHONE 515-381-6867		fmi FIRST MEDICAL INC. Supplies for the Physician Office Jim & Shelley Horton 515-278-4930
O'Donnell ACE Hardware 5715 Hickman Road 255-2240 4808 University Avenue 277-0062 2727 Beaver Avenue 279-4245 Visit Us At www.acehardware.com		 Edencrest AT BEAVERDALE A Retirement Community 3410 Beaver Ave 515-250-3052 Promo Code: Trinity, ask for specials		Lillis O'Malley Olson Manning Pose Templeman, LLP Attorneys at Law Established 1917 MICHAEL W O'MALLEY Holy Trinity Parishioner Wills, Trust, Probate, Real Estate 317 Sixth Ave Ste 300 momalley@lolaw.com DSM IA 50309 www.lillisomalley.com 515-243-8157
 New Heights Counseling Resources Jim Wilwerding, M.Div., LMHC, NCC Jessica Romey, LMHC And Associates 515-274-9690 www.newheightscounseling.org		DR. NEAL R. MEYLO Family Chiropractic & Acupuncture  Info@MeylorChiropracticBeaverdale.net 2645 Beaver Avenue Des Moines, IA 50310 P: 515.255.7246 F: 515.255.3432 M-TH 9:30am-12:30pm and 3pm-6pm		Need Help With Health Insurance? Call Ron Stahl First Heartland Financial Group 515-273-5120 ext. 100 1350 NW 138th St. #300 Clive, IA Specializing in Medicare Supplement, Individual and Small Group Coverages
			Residential Repair & Remodeling 21 Years Experience Complete Renovations & Additions Insured Siding & General Home Repair Free Estimates Bob's Painting & Home Repair ROBERT CHAPMAN 2500 53rd St. • Des Moines, IA 50310 • (515) 255-0363 (515) 277-4128 Fax • (515) 771-6929 Cell Parishioner • escolosimo@msn.com	
	BEAVER AVE CLEANERS 3704 Beaver Ave. • Des Moines 277-9177 FRANKLIN PARK CLEANERS 5804 Franklin Ave. • Des Moines 277-0262	 Morrissey FINE JEWELRY 235 5TH STREET WEST DES MOINES (515) 279-0036	Des Moines' only Catholic-owned and operated funeral home.  Mark Parrish John Parrish CALDWELL PARRISH FUNERAL HOME & CREMATORY 8201 Hickman • 515-276-0551 • CaldwellParrish.com	
To advertise your business, please contact Seth Austin in the Parish Office 255-3162 ext. 129 or setha@holyltrinitydm.org		 COMPLETE PLUMBING SERVICES 515-490-1882 Jeff, Melissa, Vanessa, Marcella & Calvin Garton		 Holy Trinity Catholic Church and School