



Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

February 9th, 2025

**Fifth Sunday of
Ordinary Time**

Taking the Journey TOGETHER

*“In the sight of the
angels I will sing
your praises,
Lord.”*

Psalm 138

Nourish for Caregivers. Focuses on issues pertinent to anyone caregiving, whether you care for a parent, spouse, or child. Topics include entering caregiving roles, managing family dynamics, how stress and faith coexist, staying engaged, end of life issues, and advocating for a loved one.

All caregivers are invited to attend on Monday, February 10, at St. Pius X 3663 66th St., Urbandale. Contact Deacon Troy Thompson at troyt@holyltrinitydm.org.

Parish Business Directory. Want to share information about your business with parishioners at Holy Trinity?

[Fill out this Directory form](#) and be added to our new business directory housed on our secure portal. Reach out to Jan Swinton with any questions.

Rosary. Rosary: please join our HT school and parish community in praying the rosary. We'll meet at the Bigelows house (403 42nd Street) at 8 pm on the first Monday of each month for intentions, rosary and fellowship. If you're not familiar with the rosary, come learn. The next dates are:

- March 3
- April 7

Please contact Sarah with questions: ssullivanbigelow@gmail.com

Coffee and Donuts. We are looking for new volunteers. We are looking for volunteers to help serve coffee and donuts on Sundays after 8:30a and 10:30a masses. If you are interested in signing up for coffee and donuts, please [sign up HERE](#), or contact Gigi Wilwerding at gigiw@holyltrinitydm.org.



Blood Donation. As we focus on heart health in February, consider a different way to give back to the heart of your community. Blood donation plays a vital role in heart surgeries, emergency treatments, and other medical needs that impact lives. Donating blood is a loving gesture that supports those who rely on the generosity of others. Share your heart by donating blood this month!

Join the Mission This Heart Month: Save lives, support heart health, and share your love by donating blood. To schedule your lifesaving appointment, by clicking the link below, visit lifeservebloodcenter.org, or call 800.287.4903.

Holy Trinity Catholic Church
02/15/2025 (08:00 am - 11:30 am)
2926 Beaver Avenue
Holy Trinity Catholic Church - Gym
Des Moines, IA 50310

If you have already scheduled a donation, THANK YOU! Can you help to spread our mission by inviting a friend, family member, or co-worker along to donate with you?



Financial Blessings Ending Week of 1/31/25			
Budget July 2025 through June 2026	\$958,558	YTD Surplus (Deficit)	\$46,098
YTD Actual Tithing	\$598,350	Tithing for the Week	\$23,038
YTD Budget	\$552,252	Number of Donations Received	62



Holy Trinity Book Club

Starting January 2025

- 1) Purchase our club's book from Beaverdale Books, Divine Treasures, or Amazon.
- 2) Read three chapters a month.
- 3) Join a discussion time that works for you.

Thursdays - 8 P.M.

Dates: 1/30, 2/27, 3/27

Location: 4208 Adams Ave.

Host: Kathleen Meradith-Eyers
k.meraditheyers@gmail.com

Fridays - 9 A.M.

Dates: 1/31, 2/28, 3/28

Location: 3015 40th PL

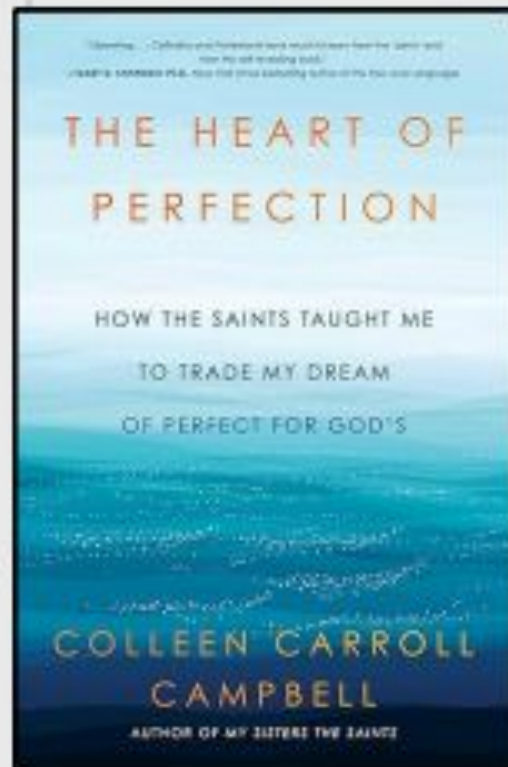
Host: Sophie Klaus
srfursa@gmail.com

Saturdays - 11 A.M.

Dates: 1/25, 2/22, 3/29

Location: 2629 38th St.

Host: Meghan Thorne
meghanmc515@gmail.com



Join our
[email list here!](#)

Enrollment. Parishioner Enrollment started December 1st at the Diocese of Des Moines Catholic Schools, our students experience nurturing and innovative environments where smaller class sizes foster big dreams.

Plus, with Education Savings Accounts, an education at our schools might be more affordable than you think! All K- 12 Iowa students qualify for an ESA for the 2025-2026 school year.

General Enrollment is now open- [Apply here!](#)

Schedule your visit today with Mercedes Steinkamp, email her at mercedies@htschool.org

Shop the Holy Trinity Spirit Store!

Shop online today at [shopholytrinitydm.com!](http://shopholytrinitydm.com)

Deliveries can be made to you at home or you can send them to the church or school to pick up! Great options for students, families and parishioners.

Questions? Email megan.mortier@gmail.com and sarahmseverson21@gmail.com

Uniform Donations. We are accepting uniform donations. Please make sure uniform items are in good condition when donating. We are currently in high need of small sizes of pants.

Girl Scout Cookies. Girl Scout Troop 842 is excited to have their cookie booth at Holy Trinity this Sunday, February 9. They have all of your favorites, including gluten free chocolate chip cookies!

Cookies are \$6 per box. Purchase with cash, check, or Venmo. Profits help fund various activities including camp for our fifth grade girls, and a different local organization in need each year. Get your cookies after both Masses on Sunday, Feb. 9th.



Holy Trinity

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Upcoming Dates.

- CONFERENCES: February 17, 2024; 3:30-7:30 PM, February 18, 2024; 3:30-7:30 PM, February 20, 2024; 8:00 -11:00 AM
 - NO SCHOOL: February 24th
-

Daddy Daughter Dance is HERE! Guys- Grab your favorite gal(s) and let's do a little dancing. [RSVP here!](#)

At this event you can expect:

- To dance the night away to your favorite DJ tunes
- A flower for every girl
- A dessert bar
- A snack bar
- Lemonade and Water
- Multiple Craft Tables
- DIY Bracelet Making Table

Tickets are \$25/couple. Please add \$5 for each additional guests. Payment can be made to this link...

<https://www.venmo.com/u/holytrinitydm>

We sure hope you can make it to this special night. We look forward to pampering your special little lady.

[Sign up to bring desserts here!](#)

Submit a Nomination for 2025 Teacher, Administrator or School Volunteer of the Year: Nominate a teacher, administrator and/or school volunteer to be recognized at the 2025 Bishop's Celebration of Catholic Schools. Nominations are due February 16, 2025, and the winners will be announced the first week of March.

You may nominate one individual in each of the three categories, but only one form may be submitted per nomination. [Submit your nominations.](#)



From the Diocese & Community | February 9th, 2025

FORGE
Presents



Save the Date: Men's Conference is coming FORGE, a new Des Moines apostolate, will host its first conference on Saturday, March 1 at the Embassy Suites in Des Moines.

FORGE aims to empower 1,200 Catholic men to fight for the Church's view of the family. Featured speakers include Matt Birk, Father Boniface Hicks, Pete Burak, Dr. Leonard Sax, and John Bishop, Ph.D. (and more). Get more information at <https://myforge.org/events/>

Come, let us Adore. The Benedictine Sisters of Perpetual Adoration invite single women, ages 18 - 40 who are considering religious life, to a Monastic Experience March 8-13, 2025, at their monastery in Clyde, Missouri. It's a chance to experience the daily rhythm of monastic life where participants can join the Sisters in praying the divine office, attending daily Mass, spending time in personal prayer and opening their hearts to God's call by learning about discernment and prayer. There is no cost to attend, and more details are available at www.benedictinesisters.org -

Vocations - Walk With Us.

To register, please contact Sr. Maria Victoria at (660) 944-2221 ext. 127 or vocation@benedictinesisters.org.

Save the Date: Tuesday, February 18, 2025

Get ready for an exhilarating evening at our 2nd Annual Trivia Night! It's a thrilling chance to support a fantastic cause - Mental Health! Don't miss out! See details below.

Here's a [link](#) to sign up!

Women's Evening of Recollection
Monday, February 10, 2025 | 6:30-8:30 p.m.

St. Augustin Church
545 42nd Street, Des Moines

Spend a brief time away from the world to be with Our Lord. The Evening is designed to help you spend time alone with God, to look at your life from His perspective, and find practical ways to serve God amid your ordinary work and family life. A priest will present two meditations based upon the spirituality of St. Josemaria Escrivá, the founder of Opus Dei. There will be time for personal prayer, reflection, and confession. The evening will conclude with Benediction. Women of all ages are invited, including high school and college students.

6:30 Confession

6:40 Practical Talk

7:00 First meditation. Confession. Meditation.

8:00 Benediction

The Women's Evenings of Recollection will take place on the 2nd Monday of each month. No Women's Evening of Recollection in July and December.

Questions: Terry McFarland (630-885-0246).

terryanmcfarland@gmail.com

Silent Ignatian Preached Retreat with Fr. Larry Gillick, S.J., March 13-16, 2025. This retreat invites you into a deepening of relationship with God as you enter the Lenten journey. These three days of prayer and reflection will center on God's meeting Abram and three of His Apostles as they are. We'll journey with them as they are invited to a deepening of their relationship with God. No pointing of Divine Fingers but more the invitation to experience God's fidelity to our human fears and questions. Time will be spent in being who we are in God's loving gaze rather than preparing or changing our behavior to do what we should.

Cost: \$425 per person, including room and meals.

Location: Creighton University Retreat Center located one hour east of Omaha.

[Register here](#)



Go to dmdiocese.org for more information!



GARAGE SALE

Holy Trinity Spring Garage Sale 2025

March 20 , 9am-5pm | March 21, 9am-5pm | March 22, 9am-Noon

We Need Volunteers!

Consider assisting with set-up, collection, and tear down. Contact Teresa at parmenter13@gmail.com or call parish office at 515-255-3162 ext. 128

Donation Drop-Off

Sunday, March 16, after 10:30 am Mass until 5pm

Monday and Tuesday from 9am until 5pm

NO Donations after 5pm on Tuesday

What Sells?!

Sewing and Craft Materials | NEW Items of ALL KINDS | Dishes and China | New Small Carpet Samples | Jewelry | Toys and Books | Pots and Pans | Furniture in Good Condition | School Uniforms | Lamps and Lampshades | Baskets | Glassware and Mirrors | Garden Tools | Stereos | Drapery and Curtains | Silk Flowers | Plants | Sporting Goods | CDs and DVDs | Small Appliances | Bedding and Linens | Clean Clothing

****NO computers, monitors, fax machines, printers, keyboards, TVs, VCRs, cassette tapes, magazines, textbooks, underwear, baby cribs or car seats, bed frames, mattresses, exercise equipment, or light fixtures.**

Fifth Sunday of Ordinary Time

Reading I : Isaiah 6:1-2a, 3-8

Here I am! Send me.

- In the first reading, Isaiah gives an account of his prophetic call.
- Isaiah has a vision in which one of the seraphim touches his lips with a hot coal from the incense burner.
- This is a sign that his lips are cleansed to preach God's word.

Reading II : 1 Corinthians 15:1-11

The grace of God is with us always.

- The reading from 1 Corinthians precedes the Gospel of Mark and is the oldest statement of resurrection faith recorded.
- Paul presents the Gospel's general outline in the formal pattern of rabbinical tradition.
- For Paul, the death and resurrection of Jesus Christ is the culmination of things written long ago.

Gospel : Luke 5:1-11

The apostles were called and so are we.

- Today's Gospel story presents Luke's account of the call of the first disciples.
- In contrast to the story told by Matthew and Mark, here the disciples had a more resounding reason to respond to the call from Jesus.
- Simon Peter's response to the call reminds us of the response of Isaiah: "Leave me Lord. I am a sinful man."



Bring Home the Gospel | February 9th, 2025

Reading I Isaiah 6:1-2a, 3-8 | Psalm | Reading II 1 Corinthians 15:1-11 | Gospel Luke 5:1-11

Question For The Children What is a way that you can follow Jesus?

Question For The Youth Following Jesus can mean leaving some things behind. What do you need to let go of to follow Jesus more fully in your life?

Question For The Adults When recently did God call you to do something that was difficult?

Activity Of The Week The readings for this Sunday remind us that we are called by God to go forth and share the Good News. Decide as a family upon one action that would show your willingness to follow the way of Jesus. For example, visit a neighbor who is sick, offer to take a homebound person shopping, invite someone who lives alone to dinner.

Saint Of The Week Apollonia, Virgin and Martyr, died 249 St. Dionysius wrote an account of the heavy persecution of Christians by the pagan populace in the city of Alexandria in the last year of the reign of the Emperor Philip. An enraged mob killed several older Christians who would not blaspheme God or worship the false gods. Many other Christians fled the city, leaving all of their possessions behind rather than renounce their faith. St. Dionysius noted that he knew of none who yielded to the pressure.

Among the Christians martyred at this time was Apollonia, a deaconess. The pagans first beat her severely, knocking all of the teeth out of her head. Then, dragging her out of the city, they lit a great fire and threatened to throw her into it unless she blasphemed God. Apollonia asked for a moment's delay which, interpreted by the pagans as a sign that she was considering it, was granted. When she was freed, Apollonia threw herself onto the flames. While we, as Christians, believe it a sin to hasten one's own death, St. Augustine was of the opinion that Apollonia was guided by the Holy Spirit in her action.

St. Apollonia, the patron saint of dentists, is invoked against toothache and all dental diseases. In ancient art, she is often depicted holding a tooth in a pair of pincers or with a golden tooth hung from a necklace.

While this saint is no longer listed on the universal calendar of the Church, she is honored by dentists and others on February 9th.


Apollonia's message today: Standing up for one's faith is easy only if that faith is strong. Faith will remain strong only if we ask God to give us the strength we need to face the many obstacles and temptations which cross our paths.

- *When times of trial occur in your life, do you turn first to God for help?*



Make a donation! Scan the QR Code or visit holytrinitydm.org/donate

Parish Calendar | February 9th, 2025

	Sunday [2/9]	Monday [2/10]	Tuesday [2/11]	Wednesday [2/12]	Thursday [2/13]	Friday [2/14]	Saturday [2/15]
School	Girl Scouts Hosting Coffee & Donuts and selling cookies following 8:30 & 10:30 Mass		Chess Club 3:30 PM (Rm 106) SFO Meeting 6-8 PM	All School Mass hosted by 6th Grade 8:30AM		\$1 Dress Down Day hosted by 1st Grade  Class Valentine's Parties	
Faith Formation			OCIA (CH) 6:30PM	Faith Formation & Edge Class 6:30PM (103 & 104)			Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM Morning Prayer following 8:30 Mass	Mass 8:30AM	Mass 8:30AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM Morning Prayer following 8:30 Mass	Reconciliation 3-3:45PM Mass 4:30PM
More	Knights of Columbus selling Chili following 8:30 & 10:30 Mass			9th Grade Confirmation 6:30PM (101 & 102)			Blood Drive 8AM-11:30AM (GYM & SR)

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[2/9]	8:30AM	Mass	Pat McGoldrick
	10:30AM	Mass	For the Parish
[2/11]	8:30AM	Mass	Dolores Pryor
[2/12]	8:30AM	Mass	For the Sick
[2/13]	8AM	Mass	For the Homeless
	2-9PM	Adoration	
	4:05PM	Rosary	
[2/14]	8:30AM	Mass	Patrick W. George, Sr.
[2/15]	3-3:45PM	Reconciliation	
	4:30PM	Mass	For the Parish
[2/16]	8:30AM	Mass	Tim Simmons (Battling Brain Cancer)
	10:30AM	Mass	John B. & Mildred McClavy

Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	Joan & Nora Niday and Frank & Louie Brett
[2/15]	Lectors	Mary Sanders & Todd Treese
4:30PM	EMHC	Team 1
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Mary Cate & Ronan Bergman, Eveyln Hunt and Cartier Bryant
[2/16]	Lectors	Karen Quiner & Mark McAndrews
8:30AM	EMHC	Team 1/MC: Karen Quiner
	Children's Liturgy	Team D: Alicia & Luke Lynch
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Joshua Zwier, Colton Barney and Bridget & Lydia Caswell
[2/16]	Lectors	Margaret Toomey & Jim Wilwerding
10:30AM	EMHC	Team 3/MC: Jim Wilwerding
	Children's Liturgy	Team 2: Kate McInroy & Jane Kinney
	Music Coordinator	Eric Sharp

Taking the Journey TOGETHER



View the Parish Calendar online at holytrinitydm.org/home/calendar

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515-770-9515

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Jack Gradoville, D.D.S.
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515-243-2412

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Holy Trinity Bulletin printed by Big Red Q Quickprint
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Email parishoffice@holyltrinitydm.org or jans@holyltrinitydm.org

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