



# Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | [holytrinitydm.org](http://holytrinitydm.org)

February 25th, 2024

*Second Sunday of Lent*

Taking the Journey TOGETHER

*“I will walk before the Lord,  
in the land of the living.”*

*Ps 116*

## From the Church | February 25th, 2024

**Help Provide Lunch for the Homeless.** Holy Trinity Parish has committed to help provide and serve lunch the last Thursday of each month at the Connection Cafe. We'll be providing shredded BBQ chicken or sloppy joe sandwiches, fruit, chips, and cookies for about 160 people on *Thursday, February 29*. Lunch will be served at St. John's Lutheran Church (600 6th Ave Des Moines).

Thank you so much for your support of The Connection Cafe! [Please sign up today!](#)

**Healing Mass.** Experience the Sacrament of the Sick on Friday, March 8th, at Noon. All parishioners are welcome to attend and offer support to those in need of healing. For more information, contact Deacon Dan Maxcy at 515.255.3162 ext. 124.

**Catholic Charities Family Shelter.** Would you be willing to make and deliver dinner for the residents of the Catholic Charities Family Shelter? The fourth Saturday of each month is reserved for HT parishioners to do so. You are welcome to work together with a group of families or your organization for this purpose.

Please prayerfully consider participating; you can sign up at [tinyurl.com/htstjoe](https://tinyurl.com/htstjoe) or contact Nick Bigelow for more details at [bigelow.nick@gmail.com](mailto:bigelow.nick@gmail.com).

**Lenten Fish Dinners** KOC hosts the next two dinners on March 1st, 22nd from 5:30 to 7 p.m. in the gym. Cost is \$12 for adults and \$6 for ages 5 to 11. On the menu: Baked Tilapia, Beer Battered Cod, Mac n' Cheese, Cheesy Potatoes, Vegetables, Coleslaw, Dinner Roll, and Desserts provided by Holy Trinity Youth Group.



**Knights of Columbus®**

**Adoration and Morning Prayer.** To enrich your Lenten season Holy Trinity will offer Adoration and Morning Prayer on Tuesdays following 8:30 Mass.

Stay for a few minutes with Jesus in the Blessed Sacrament or the whole 30 minutes which includes Lauds. This is a Blessed opportunity to prepare ourselves for Easter.

**The Des Moines Area Religious Council (DMARC)** works in partnership with the Eat Greater Des Moines network to provide food security to food pantries and other anti-hunger organizations throughout Central Iowa. At this time, more people are being assisted than at any time in the organization's history. Those wishing to provide their support may drop their food or non-food items (diapers, wipes personal products, etc.) into one of the green collection tubs located at the church entries.

DMARC also welcomes money donations as they are able to buy items at discounted prices and realize savings with their purchases. Money donations may be made by using the **QR code system** now in place through the Church Office or by email, [holytrinitydm.org/donate](https://holytrinitydm.org/donate).

Taking the Journey  
TOGETHER

### Financial Blessings Ending Week of 02/16/2024

Budget July 2023 through June 2024	\$958,558	YTD Surplus (Deficit)	(\$1,567)
YTD Actual Tithing	\$617,006	Tithing for the Week	\$6,206
YTD Budget	\$615,439	Number of Donations Received	66



Make a donation! Scan the QR Code or visit [holytrinitydm.org/donate](https://holytrinitydm.org/donate)



# LENT 2024

## STATIONS OF THE CROSS

### Fridays at 5:00 pm

- Friday, February 16th
- Friday, February 23rd
- Friday, March 1st
- Friday, March 8th
- Friday, March 15th
- Friday, March 29th (Living Stations at 2pm)

## ADORATION AND MORNING PRAYER

**Tuesdays after 8:30 am Mass during Lent**

## HOLY WEEK

### Holy Thursday

- Mass: Thursday, March 28th at 7:00 pm

### Good Friday

- Service: Friday, March 29th at 7:00 pm

### Easter Vigil

- Saturday, March 30th at 8:00 pm

## LENTEN FISH DINNERS AT HOLY TRINITY

### Hosted by the Knights of Columbus

- Friday, March 1st
- Friday, March 22nd

## HOLY TRINITY RECONCILIATION

### Confession at Holy Trinity

- Saturday, February 17th at 3:00 pm
- Saturday, February 24th at 3:00 pm
- Saturday, March 2nd at 3:00 pm
- Saturday, March 9th at 3:00 pm
- Saturday, March 16th at 3:00 pm
- Saturday, March 23rd at 3:00 pm
- Saturday, March 30th at 3:00 pm

## LENTEN RETREATS

### Generations of Faith

- February 21st from 6:00 pm-8:00 pm
- February 25th from 4:00 pm-6:00 pm



**Holy Trinity**  
Catholic Church and School





**When:** Wednesday, February 28th  
6:00 pm- 7:30 pm

**Where:** Holy Trinity Parish  
2926 Beaver Ave,  
Des Moines, Ia.

**Room:** School Media Center

All caregivers are invited to attend!



In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. *Asking for help is not easy.* We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help.

## There is help and hope available!

Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish for Caregivers provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view. Discover blessings in caring for another.

### Future topics:

- When you are concerned about your or your love one's emotional or mental health well-being
- When you want to Feed your Soul
- When you Feel Stressed
- When you Need Expert Help & Information
- When Relationships are Strained
- When you Want to Connect With Others
- When Anticipating or Facing Losses
- When you want to Pray

### CONTACTS

DEACON DAN MAXCY: [DANM@HOLYTRINITYDM.ORG](mailto:DANM@HOLYTRINITYDM.ORG)

DEACON JIM HOUSTON: [PASTORALCARE@SAINTPIUSCHURCH.ORG](mailto:PASTORALCARE@SAINTPIUSCHURCH.ORG)



## From the School | February 25th, 2024

**SAVE THE DATE.** April 13th, 2024, 5:30-10:30 pm  
Join us for a totally rad evening raising funds for Holy Trinity Catholic School!



Visit <https://holytrinitydm.org/gala-auction/>  
for more information!

**Volunteers Opportunity.** The Holy Trinity Gala Committee is looking for 2 parent volunteers per classroom for a super fun and easy activity. Help facilitate the production of the class gifts. Class gifts are a huge part of the auction that brings so many special memories to many parents. This is **LOW** commitment -- there will be a small amount of prepwork and then **less than 2 hours needed on-site** during a school day. And -- no technical or art skills needed; all information will be provided!

[Sign up here!](#)

**Regional Update.** See the latest letter from the Bishop on Des Moines Regional Catholic Schools.

[February 19th, 2024 Update HERE](#)



DES MOINES REGIONAL  
CATHOLIC SCHOOLS

**Yearbook Club.** is working hard to create the 2023-2024 yearbook, and they could use your help! If you have any pictures from the band and choir concert or from the k-2 and 3-5 Christmas concerts that you would be willing to share, they would greatly appreciate it. If you have pictures from community events, such as the walk-a-thon, those would also be appreciated!

Please send any pictures that you would like to share to Mrs. Hopkins at [jhopkins@htschool.org](mailto:jhopkins@htschool.org).

**Tuition Assistance is Available.** The application period to apply for tuition assistance for any of our Catholic schools in the Diocese of Des Moines from the Catholic Tuition Organization starts Feb. 1 and ends April 15. Go to [www.fairapp.com](http://www.fairapp.com) to apply. Use school code: 450 and password: 450ddm. For more information, contact Mark Reed at 515-237-5010



**The Beaverdale Holiday Boutique needs YOU!** In order to keep this beloved tradition alive, we need volunteers to lead this amazing event. As they say, many hands make light work, and we are in need of two to three people to lead these subcommittees: Baking, running the bakery cafe, volunteer coordination, facilities (set up/tear down), decorations, marketing, and vendor management. Interested in more details? Contact Cassie Lehr at [cassie.m.lehr@gmail.com](mailto:cassie.m.lehr@gmail.com). Remember, this event helps fund the schools operating budget, but without volunteers this event cannot happen.



Call the School Office at 515.255.3162 ext. 115 for more information!

## From the Diocese & Community | February 25th, 2024

**Disciple Experience Weekend (DEW)** Join us for a meaningful weekend to study and reflect on the Catholic Social Justice Teachings. An opportunity to enrich one's spiritual life will be held March 15-17, 2024. The location is **Prairiewoods Retreat Center** at 120 Boyson Road in Hiawatha, Iowa 52233. The retreat begins Friday evening at 5:30 pm through 1 pm on Sunday. Cost is \$180 for the weekend (includes lodging, speakers and meals). Daily commuter rate: \$50 per person per day. Retreat includes 7 speakers, meals, Mass and Reconciliation.

This is a co-ed event. All race, creed and sexual orientation persons are welcome to attend. A team of lay people will conduct the weekend. For more information and for a registration form, please contact: Deanna Pietryga or Ted Pietryga at (319) 541-6306 or email us at: [deannaollendick@gmail.com](mailto:deannaollendick@gmail.com).

Join us on **FACEBOOK** at: DEW: Discipleship Experience Weekend. Hope to see you there!

**Forge.** No matter where a man is in his faith, this event will be a fantastic way to grow & build community with like-minded men who strive to be better fathers & brothers for their families & friends and greater community around them. The evening starts with drinks and conversation leading into an enlightening talk to help fuel our passions to be stronger and more faithful men in the name of Christ.

### Details:

Doctor Ralph Martin (Renewal Ministries, CEO); *An Evening with Ralph Martin:*  
Leading in Troubled Times

### Date/Time:

Monday, February 26, 2024; Doors open at 7:00 PM; Talk begins at 8:00 PM

### Location:

The Tea Room: 713 Walnut Street, Unit 600, Des Moines, IA 50309

[Register for the Event- FORGE](#)

**Marriage is a journey!!** A Worldwide Marriage Encounter Weekend can help you enrich your marriage and add some pizzazz to your journey. Whether you've been married 1 year or 50, a Marriage Encounter Weekend may be just the thing you need to put a breath of fresh air into your relationship. For more information call contact Denise and Greg – 563-920-9419 or to register go to [wwwme.org](http://wwwme.org).

### **Upcoming dates:**

April 12-14, 2024 in Epworth

September 27-29 in Dubuque

November 8-10 in Holstein

**Lenten Taize.** Please join us for a Lenten Taize Service at St. Catherine of Siena Parish, 1150 28th St., on Monday, March 11 at 7:00 PM. A Taize service is a time to rest in God. There is no preaching, no teaching, just a quiet meditative service with chants, songs and Lenten scripture readings in a candlelit atmosphere. Taize originated with the Taize Community, an economical monastic order founded in 1940 in France with a strong commitment to peace and justice through prayer and meditation. All are welcome.



DIOCESE OF DES MOINES

**Annual Diocesan Appeal.** Next weekend, March 2nd and 3rd is the kickoff weekend for the Annual Diocesan Appeal. Each year, Bishop Joensen and Father Mark ask each member of our parish family to make a prayerfully make a commitment to support the work of our Diocesan programs and ministries. These programs provide services that no one parish could provide on its own. With everyone's participation we can definitely reach our goal. Our parish goal is \$103,528 and 100% participation. Remember that the money our parish raises above our goal stays right here at Holy Trinity Catholic Church. Please experience the joy of giving and join us as we work to carry out our mission of serving the people of God in southwest Iowa.



Go to [dmdiocese.org](http://dmdiocese.org) for more information!



## *Second Sunday of Lent*

Lent- Forty days before the Triduum, the Lenten season disposes Catechumens and the faithful to celebrate the paschal mystery through prayer and penitential practices.

### **Reading I :** Genesis 22:1-2, 9, 10-13, 15-18

Because you trusted me, I will bless you greatly.

- In the story of the sacrifice of Isaac, the sin of disobedience that brought alienation and death is healed by obedience.
- The Canaanites believed the first born belonged to God.
- Abraham's test of faith emphasizes the fact that God demands obedience, not sacrifice.

### **Reading II :** Romans 8:31-34

Who can be against us?

- The reading from Romans presents a parallel to God's demand on Abraham.
- God does not demand the sacrifice of Abraham's son as a price of the covenant relationship.
- God does sacrifice the life of his own Son to preserve the covenant relationship with humankind.

### **Gospel :** Mark 9:2-10

He was transfigured before their eyes!

- The story of Jesus' transfiguration is full of symbolism.
- The images of cloud and mountain suggest God's appearance at the covenant-making on Mount Sinai.
- Moses, the major figure in Exodus and Sinai covenant, represents the law, and Elijah, great ninth-century prophet of Israel, represents the prophets.
- Jesus is the fulfillment of the law and the prophets.



# Bring Home the Gospel | February 25th, 2024

Reading I Genesis 22: 1-2,9,10-13,15-18 | Psalm 116 | Reading II Romans 8: 31-34 | Gospel Mark 9: 2-10

**Question For The Children** Name or draw a picture of a time you knew that Jesus was with you.

**Question For The Youth** The disciples had a very intense experience of Jesus on the mountain. Have you ever had a "mountain top" experience? What was it like for you?

**Question For The Adults** In what ways does Jesus speak today, ways in which you can truly "listen to him?"

**Activity Of The Week** Go on a treasure hunt. See how many places you can find signs of Jesus' presence.

**Saint Of The Week Perpetua and Felicity, Martyrs, d. c. 203** Perpetua was a young woman of noble birth and the mother of an infant son. She was arrested in Carthage during the persecution of Christians by Emperor Severus, along with several other catechumens who included Felicity, a slave. Perpetua kept a record of the trials and sufferings which the group endured while imprisoned and of the visions which she experienced. This journal, which ran up to

the day before their deaths, was completed by an eyewitness. (A more complete transcription of Perpetua's diary can be found in Butler's *Lives of the Saints*.)

Perpetua wrote of the discussions that she held with her father, an old man at this time and a pagan. Perpetua was his favorite child and he tried very hard to convince her to give up her faith. "Father," she said to him, "Do you see this vessel, a waterpot? Can it be called by any other name than what it is?" "No," he replied. "So also I cannot call myself by any other name than what I am—a Christian."

The Christians were brought before Hilarian, the procurator of the province, who, failing to shake their faith, sentenced them to be killed in the amphitheater by wild animals. While awaiting their sentence, these Christians converted many more by their strong faith. Among them was their jailer, Pudens.

Felicity, pregnant at the time of her arrest, was fearful that she would not be allowed to suffer martyrdom with the others due to her condition. Joined by the others, she prayed that she might be delivered before the games began. Her prayers were answered when Felicity gave birth to a daughter who, after her death, was adopted

by a fellow Christian. Pudens also arranged for Perpetua, who was greatly concerned for her son, to have the baby remain in prison with her.

When the day came for their deaths, the group was led to the amphitheater where some members expressed the hope that they would be set upon by several kinds of animals to gain a more glorious crown. But none of the animals would attack Perpetua and Felicity. They were then ordered beheaded by gladiators. Perpetua directed the sword of the nervous gladiator to her throat after he missed with his first stroke. An optional memorial on March 7 honors these saints.

**Saint's message today:** Nothing could shake the faith of these young women, along with the other martyrs, not even the fear of a painful death. While our faith is normally not tested in the manner of these martyrs, we should still remain prepared to meet death at any time since we never completely know God's plan for us.



Saint Perpetua & Felicity - © TheCatholicKid.com



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# Parish Calendar | February 25th, 2024

	Sunday [2/25]	Monday [2/26]	Tuesday [2/27]	Wednesday [2/28]	Thursday [2/29]	Friday [3/1]	Saturday [3/2]
School				School Mass hosted by 5th Grade 8:30AM		Stations of the Cross led by the 4th Grade 9:45AM	
Faith Formation				Faith Formation & Edge Class 6:30PM			Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM  RCIA (CH) 6:30PM	Mass 8:30AM	Mass 8AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM	Reconciliation 3-3:45PM Mass 4:30PM
More	Generation of Faith 4:00PM					Fish Fry (KOC) 5:30PM	
CH: Church   101-106: Classrooms   DC: Day Chapel   K: Kitchen   MC: Media Center   PO: Parish Office   SR: Social Room							

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[2/25]	8:30AM	Mass	For the Parish
	10:30AM	Mass	Marty McGrane
[2/27]	8:30AM	Mass	Jeanette Sperling
[2/28]	8:30AM	Mass	Max Kenton Fahnlander
[2/29]	8AM	Mass	Jim Wright
	2-9PM	Adoration	
	4:05PM	Rosary	
[3/1]	8:30AM	Mass	Martin McGrane
[3/2]	3-3:45PM	Reconciliation	
	4:30PM	Mass	For the Parish
[3/3]	8:30AM	Mass	Michael Timmons
	10:30AM	Mass	Mildred McClavy

Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	Marcus & John Larsen, Penelope & Lola Carroll and Riley Lehr
[3/2]	Lectors	Lorraine Riseley & Kathie Obradovich
4:30PM	EMHC	Team 3
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Jamison Lynch, Bennett Steinkamp & Jed and Jack Meylor
[3/3]	Lectors	Wayne Johnson & Karen Quiner
8:30AM	EMHC	Team 3
	Children's Liturgy	TBD
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Gemma Kahler, Lydia Caswell and Mia & Madelyn Daskalakes
[3/3]	Lectors	Chris Coleman & Mark Amadeo
10:30AM	EMHC	Team 2
	Children's Liturgy	TBD
	Music Coordinator	Frances Paterik

Taking the Journey TOGETHER



View the Parish Calendar online at [holytrinitydm.org/home/calendar](https://holytrinitydm.org/home/calendar)

 <p><b>KAPOW</b> massage + wellness <b>Katy Polich</b> Owner/Parishioner 5601 Hickman Rd Ste #6 515-770-9515</p>	<p><b>Ingersoll Family</b> <b>Dentistry</b> Bernard Gradoville, D.D.S. Jack Gradoville, D.D.S. 2800 Ingersoll Ave. Des Moines 515-243-2412</p>	 <p><b>Matt Nolan</b> Mortgage Lender 900 2nd Ave 13523 University Ave Clive, IA 50325 Cell: (515) 490-4113 Email: Matt.Nolan@MylSB.com Website: MyLSBAmortgage.com</p>	 <p><b>SAY MORE WITH BOESEN</b> SINCE 1923 <b>Boesen.com</b> <b>3422 Beaver &amp; 3801 Ingersoll</b></p>	 <p><i>Westover Chapel</i> 276-4567 <i>Dunn's Chapel</i> 244-2121 <i>Grandview Park</i> 262-1652</p>	
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 <p><b>New Heights Counseling Resources</b> <b>Jim Wilwerding, M.Div., LMHC, NCC</b> <b>Jessica Romey, LMHC</b> <b>And Associates</b> 515-274-9690 <a href="http://www.newheightscounseling.org">www.newheightscounseling.org</a></p>	<p><b>DR. NEAL R. MEYLO</b> Family Chiropractic &amp; Acupuncture  <a href="mailto:Info@MeylorChiropracticBeaverdale.net">Info@MeylorChiropracticBeaverdale.net</a> 2045 Beaver Avenue   Des Moines, IA 50310 P: 515-255-7246   F: 515-255-3432 MTW 9:30am-12:30pm and 3pm-6pm</p>	<p><b>Need Help With Health Insurance?</b> Call Ron Stahl First Heartland Financial Group 515-273-5120 ext. 100 1350 NW 138th St. #300 Clive, IA Specializing in Medicare Supplement, Individual and Small Group Coverages</p>			
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