



Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

February 23rd, 2025

Seventh Sunday of
Ordinary Time

Taking the Journey TOGETHER



*“The Lord is kind
and
merciful.”
-Psalm 103*



GARAGE SALE

Holy Trinity Spring Garage Sale 2025

March 20 , 9am-5pm | March 21, 9am-5pm | March 22, 9am-Noon

We Need Volunteers!

Consider assisting with set-up, collection, and tear down. Contact Teresa at parmentert13@gmail.com or call parish office at 515-255-3162 ext. 128

Donation Drop-Off

Sunday, March 16, after 10:30 am Mass until 5pm
Monday and Tuesday from 9am until 5pm
NO Donations after 5pm on Tuesday

What Sells?!

Sewing and Craft Materials | NEW Items of ALL KINDS | Dishes and China | New Small Carpet Samples | Jewelry | Toys and Books | Pots and Pans | Furniture in Good Condition | School Uniforms | Lamps and Lampshades | Baskets | Glassware and Mirrors | Garden Tools | Stereos | Drapery and Curtains | Silk Flowers | Plants | Sporting Goods | CDs and DVDs | Small Appliances | Bedding and Linens | Clean Clothing

****NO computers, monitors, fax machines, printers, keyboards, TVs, VCRs, cassette tapes, magazines, textbooks, underwear, baby cribs or car seats, bed frames, mattresses, exercise equipment, or light fixtures.**

From the Church | February 23rd, 2025

Bring Old Palms to Church. We are collecting palms to be burned and used for Ash Wednesday services. Bring your palms to church and place them in the baskets by the doors by Tuesday, February 25.

Ash Wednesday Sign Up. Holy Trinity will have Ash Wednesday Service March 5 at 6:30pm. Sign up is now available for Altar Servers, Lectors, Ushers, Eucharistic Ministers, and the distribution of Ashes by [signing up here!](#)

Nourish for Caregivers. Nourish for Caregivers focuses on issues pertinent to anyone caregiving, whether you care for a parent, spouse, or child. Topics include: entering caregiving roles, managing family dynamics, how stress and faith co-exist, staying engaged, end of life issues, and advocating for a loved one.

All caregivers are invited to attend on Monday, March 10, at Holy Trinity Catholic Church 2926 Beaver Avenue, Des Moines, IA. For more information, contact Deacon Troy Thompson at troyt@holyltrinitydm.org.

Holy Trinity Events. Planning an event or do you need to request to use space at Holy Trinity? Fill out this [Event Request Form](#).

Healing Mass. Experience God's healing grace at Holy Trinity on Friday, March 14, at 10:00am. The Sacrament of the Sick will be offered to anyone experiencing mental, physical, or spiritual pain and distress. All parishioners are welcome to attend and offer support to those in need of healing. For more information, contact Deacon Troy Thompson at 515-255-3162 ext. 124. We look forward to celebrating with your family!

Parish Business Directory. Want to share information about your business with parishioners at Holy Trinity?

[Fill out this Directory form](#) and be added to our new business directory housed on our secure portal. Reach out to Jan Swinton with any questions.

Rosary. Please join our HT school and parish community in praying the rosary. We'll meet at the Bigelows house (403 42nd Street) at 8:00pm on the first Monday of each month for intentions, rosary and fellowship. If you're not familiar with the rosary, come learn. The next dates are:

- March 3
- April 7

Please contact Sarah with questions:

ssullivanbigelow@gmail.com

Coffee and Donuts. We are looking for volunteers to help serve coffee and donuts on Sundays after 8:30am and 10:30 am masses.

If you are interested in signing up for coffee and donuts, please [sign up HERE](#), or contact Gigi Wilwerding at gigiw@holyltrinitydm.org.

Book Club. The HT book club (even if you haven't attended or read the book) is a hosting an evening with the author. Join us in the school library on [Feb 26 at 7:00 pm](#) and we'll zoom with Colleen Carroll Campbell, award winning author, print and broadcast journalist and former presidential speechwriter discuss her book, "The Heart of Perfection" How the Saints Taught Me to Trade My Dream of Perfect for God's.

Food and fellowship will follow. For more information contact Sarah Sullivan Bigelow at ssullivanbigelow@gmail.com

Financial Blessings Ending Week of 2/14/25

Budget July 2024 through June 2025	\$958,558	YTD Surplus (Deficit)	\$47,914
YTD Actual Tithing	\$636,164	Tithing for the Week	\$5,922
YTD Budget	\$588,250	Number of Donations Received	65



Make a donation! Scan the QR Code or visit holyltrinitydm.org/donate

LENT 2025

ASH WEDNESDAY MASS

Wednesday, March 5th at 6:30pm

STATIONS OF THE CROSS

Fridays at 5:00 pm

- Friday, March 7th
- Friday, March 14th
- Friday, March 21st
- Friday, March 28th
- Friday, April 4th
- Friday, April 11th
- Friday, April 18th (Living Stations at 2:15pm)

HOLY WEEK

Holy Thursday

- Mass: Thursday, April 17th at 7:00 pm

Good Friday

- Service: Friday, April 18th at 7:00 pm

Easter Vigil

- Saturday, April 19th at 8:00 pm

LENTEN FISH DINNERS AT HOLY TRINITY

Hosted by the Knights of Columbus from 5:15pm-6:30pm

- Friday, March 7th
- Friday, March 28th
- Friday, April 11th

HOLY TRINITY RECONCILIATION

Confession at Holy Trinity

- March 12th from 5:00pm-6:00pm
- March 18th from 1:00pm-2:00pm
- March 19th from 5:00pm-6:00pm
- March 27th from 1:00pm-2:00pm
- April 2nd from 6:00pm-7:00pm
- April 9th from 5:00pm-6:00pm

LENTEN RETREATS

Generations of Faith

- Wednesday, March 26th from 6:00 pm-8:00 pm (Social Room)
- Sunday, March 30th from 4:00 pm-6:00 pm (Social Room)

Adult Lenten Retreat

- Saturday, March 8th from 12:00pm-4:30pm



Holy Trinity
Catholic Church and School



Vintage Cars Needed. We are interested in 50's-70's American vintage cars to showcase outdoors near the entrance of the event. If you have a vintage car you would like to showcase during the gala we would greatly appreciate it!

If interested, and able, contact me at 207-751-2932 or hallmegan59@gmail.com.

Daddy Daughter Dance is HERE! Guys- Grab your favorite gal(s) and let's do a little dancing. [RSVP here!](#)

At this event you can expect:

- To dance the night away to your favorite DJ tunes
- A flower for every girl
- A dessert bar
- A snack bar
- Lemonade and Water
- Multiple Craft Tables
- DIY Bracelet Making Table

Tickets are \$25/couple. Please add \$5 for each additional guests. Payment can be made to [this link](#).

We sure hope you can make it to this special night. We look forward to pampering your special little lady. [Sign up to bring desserts here!](#)

Upcoming Dates.

- NO SCHOOL: February 24th

Become a Mentor Family. Current Holy Trinity families, we need your help! Share your experience at Holy Trinity and welcome new families. It's a wonderful way to give back to our community and helps new families feel at home. [Sign up today](#) to be a mentor and make a difference! Contact Sarah Sullivan Bigelow at ssullivanbigelow@gmail.com, for more information.

Deadline Extended: Nominations Open for 2025 Teacher, Admin, and School Volunteer of the Year The nomination period has been extended through February 24, 2025. Celebrate the people who make your school a great place. Nominate one or more individuals today at dmdiocese.org/nominate.

Enrollment. Parishioner Enrollment started December 1st at the Diocese of Des Moines Catholic Schools, our students experience nurturing and innovative environments where smaller class sizes foster big dreams.

Plus, with Education Savings Accounts, an education at our schools might be more affordable than you think! All K- 12 Iowa students qualify for an ESA for the 2025-2026 school year. General Enrollment is now open- [Apply here!](#)

Schedule your visit today with Mercedes Steinkamp, email her at mercedes@htschool.org



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Deliveries can be made to you at home or you can send them to the church or school to pick up! Great options for students, families and parishioners.

Questions? Email megan.mortier@gmail.com and sarahmseverson21@gmail.com



From the Diocese & Community | February 23rd, 2025

FORGE
Presents



Forge Men's Conference. Men of Holy Trinity: You're invited to attend the upcoming Forge Men's Conference on Saturday, March 1st, at the downtown Embassy Suites. You'll join Catholic men from throughout Iowa to experience a diverse cast of speakers, from a Super Bowl champ to academics and monks.

Many men from Holy Trinity have already signed up. Get details at [MyForge.com](https://myforge.com). The price: \$38 per men sixteen and older.

2025 NCYC: A Journey of Faith The National Catholic Youth Conference is a three-day pilgrimage for Catholic high school students and their adult chaperones.

From November 20-22, 2025, in Indianapolis, participants will experience prayer, community, and the transformative power of God's presence. Join us for an unforgettable encounter with Christ that will shape your spiritual journey.

For more information and to sign up to join the Holy Trinity group, please contact Gigi Wilwerding at the parish office or by email at gigiw@holyltrinitydm.org. All are Welcome!

Fried Chicken Feast. Held at St. John the Apostle parish in Norwalk, on Sunday, March 16th, from 10:30 a.m. to 1:30 p.m. Everyone is invited! We will feature Staley's Fried Chicken along with all the fixings, drinks and pie for dessert.

Cost: Adults/\$13, Children ages 6-12/\$6, and children 5 and under eat free! Balloon artist for the kids. A silent auction and 50/50 raffle will also be held. Tickets can be purchased in advance at the parish office or that day. For more information contact Gary & Mary Haselton at (515)321-3873 or the parish office at (515) 981-4855.

Are you a Licensed Mental Health Professional? Join the Diocese of Des Moines Mental Health Referral Network. The Office of Marriage and Family Life is looking for more local clinicians who would like to support Catholic families and individuals seeking mental health care that aligns with and respects our Catholic beliefs and values. We are especially in need of therapists who can provide services in other languages, especially Spanish or Vietnamese.

If you are interested in joining or for more information about this program, please contact John Gaffney, interim director of Marriage and Family Life/director of Evangelization and Mission, at jgaffney@dmdiocese.org or 515-237-5026.

Women's Evening of Recollection

Monday, March 10, 2025

6:30-8:30 p.m.

St. Augustin Church

(enter the north door on the east side of the Church)

545 42nd Street, Des Moines

Spend a brief time away from the world to be with Our Lord. The Evening is designed to help you spend time alone with God, to look at your life from His perspective, and find practical ways to serve God amid your ordinary work and family life.

A priest will present two meditations based upon the spirituality of St. Josemaria Escrivá, the founder of Opus Dei. There will be time for personal prayer, reflection, and confession. The evening will conclude with Benediction.

- Women of all ages are invited, including high school and college students
- 6:30 Confession.
- 7:00 First meditation. Confession. Meditation.
- 8:00 Benediction
- The Women's Evenings of Recollection will take place on the 2nd Monday of each month. No Women's Evening of Recollection in July and December.



Go to dmdiocese.org for more information!

Seventh Sunday of Ordinary Time

Ordinary Time- For a large part of the liturgical year, we devote ourselves to listening to the mystery of Christ in all its aspects unfolded as we seek God's truth and understanding.

Reading I : 1 Samuel 26:2, 7-9, 12-13, 22-23

Though the Lord delivered you into my grasp, I would not harm you.

- Consumed with jealousy, Saul and three thousand men head into the desert searching for David.
- When given the opportunity, David does not harm Saul because he is God's anointed.
- The Lord will reward the just and faithful.

Reading II : 1 Corinthians 15:45-49

Just as we have borne the image of the earthly one, we shall also bear the image of the heavenly one.

- As humans, we resemble Adam, who was made from the earth. We also inherit Adam's weaknesses.
- We are also created in God's image.
- We will share in Jesus' Resurrection.

Gospel : Luke 6:27-38

Be merciful, just as your Father is merciful.

- Jesus teaches the disciples to love their enemies.
- Treat others as you want to be treated.
- Be kind to the ungrateful and wicked.



Bring Home the Gospel | February 26th, 2025

Reading I 1 Samuel 26:2, 7-9, 12-13, 22-23 | Psalm | Reading II 1 Corinthians 15:45-49 | Gospel Luke 6:27-38

Question For The Children Jesus tells us to treat others as we would want others to treat us. How do you treat others as you want to be treated?

Question For The Youth How do you follow Jesus' teaching to "bless those who curse you, pray for those who mistreat you?"

Question For The Adults Jesus says, "Give, and gifts will be given to you." When have you experienced your generosity coming back to you?

Activity Of The Week Jesus teaches that if we "give, gifts will be given" to us. Invite each family member to share about a time when they were generous or did an act of service and they received gifts in return.

Fasting during Lent. Ash Wednesday and Good Friday are obligatory days of fasting for Catholics age 18 to 59. A person is permitted to eat one full meal, as well as two smaller meals that together are no equal to a full meal. All Fridays are days of abstinence (no meat) for all Catholics age 14 and older.

Saint Of The Week Vincent de Paul, Priest Vincent was born at Pouy, France in 1581, the third of six children. He was ordained a priest and served in several key positions. He became noted for his work among the poor, and was a chaplain to galley slaves waiting to be shipped abroad. In 1625, with the help of a wealthy friend, Vincent founded the Congregation of the Missions (known today as the Vincentians), an order devoted to work among the peasants.

In 1633, along with Saint Louise de Marillac, he founded the Sisters of Charity. In his lifetime, Vincent de Paul established hospitals, orphanages, and seminaries; ransomed slaves in northern Africa; sent his priests abroad to preach missions; and organized far-flung relief among victims of war. It is remarkable that one man could achieve so much.

Even though he was ordained a priest at an early age, it took an awakening event for Vincent to recognize what God was calling him to do. The same is true for many of us, no matter what age we are. God may be asking us to do something as simple as praying for our neighbor. On the other hand, God may be asking us to do much more.

Saint's message today: Even though he was ordained a priest at an early age, it took an awakening event for Vincent to recognize what God was calling him to do. The same is true for many of us, no matter what age we are. God may be asking us to do something as simple as praying for our neighbor. On the other hand, God may be asking us to do much more.



Make a donation! Scan the QR Code or visit [holytrinitydm.org/donate](https://www.holytrinitydm.org/donate)

Parish Calendar | February 23rd, 2025

	Sunday [2/23]	Monday [2/24]	Tuesday [2/25]	Wednesday [2/26]	Thursday [2/27]	Friday [2/28]	Saturday [3/1]
School		No School		School Mass hosted by 8th Grade 8:30AM		SCRIP Dress Down Day	
Faith Formation				Faith Formation & Edge Class 6:30PM (103 & 104)			Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM Morning Prayer following 8:30 Mass OCIA (CH) 6:30PM	Mass 8:30AM Palm Burning after Mass 9:15AM	Mass 8:30AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM Morning Prayer following 8:30 Mass	Reconciliation 3-3:45PM Mass 4:30PM
More	Coffee & Donuts following 8:30 & 10:30 Mass			9th Grade Confirmation 6:30PM (101 & 102) Schola (CH) 6:30PM			Baptism during 4:30 Mass

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[2/23]	8:30AM	Mass	For the Parish
	10:30AM	Mass	Virgil Hefner
[2/25]	8:30AM	Mass	Peter J. Coniglio
[2/26]	8:30AM	Mass	Pat McGoldrick
[2/27]	8AM	Mass	Mike Dwyer
	2-9PM	Adoration	
	4:05PM	Rosary	
[2/28]	8:30AM	Mass	Holy Trinity Class of 1966
[3/1]	3-3:45PM	Reconciliation	
	4:30PM	Mass	For the Parish
[3/2]	8:30AM	Mass	Harold & Dorothy McCarville
	10:30AM	Mass	Mildred McClavy

Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	Liam Dumermuth and Joan & Nora Niday
[3/1]	Lectors	Vonnie Salem & Gary Thull
4:30PM	EMHC	Team 3
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Jacob Heikes, Evelyn Hunt and Mary Cate & Ronan Bergman
[3/2]	Lectors	Luke Lynch & Linda Willems
8:30AM	EMHC	Team 3/MC: Katy Polich
	Children's Liturgy	Team B: Katy Polich
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Jack Mundy, Kellan Murphy, Ruby Severson & Joshua Zwier
[3/2]	Lectors	Mark Amadeo & Teresa Baustian
10:30AM	EMHC	Team 2/MC: Mary Ellen Winston
	Children's Liturgy	Team 4: Chris Coleman & Joan Niday
	Music Coordinator	Eric Sharp

Taking the Journey TOGETHER

View the Parish Calendar online at
holytrinitydm.org/home/calendar



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Jack Gradoville, D.D.S.
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