



Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

Feb. 2nd, 2025

Feast of the
Presentation of
the Lord

Taking the Journey TOGETHER



*“Who is this king of glory?
It is the Lord!”
- Psalm 24*

From Father Mark | February 2nd, 2025

Greetings. This past week we celebrated Catholic schools week. Last Sunday we had an open house which was very well attended. We met a number of new families who came to tour the school. Many thanks to our faculty and staff for making this possible. Big thanks also to the Knights of Columbus for putting on a great breakfast on Sunday morning. We also had our own Holy Trinity jazz band performing! Thank you, Mr. Andrews and band members.

This week we hear the prayer of Simeon when Jesus is presented in the temple by his parents. It is a prayer of pure thanksgiving and gratitude. We all know that our lives include each day, some challenges and trials some difficulties. But there are also many blessings for which we can be thankful and grateful. Simeon was told that he would see the promised messiah before his death and he was giving thanks. Let's all take some time in this week to consider all the things for which we can, and should be grateful in our lives and work to express this in our words and in our actions.

Have a good week



Fr. Mark Neal



HT KNIGHTS OF COLUMBUS FAMOUS SUPER BOWL CHILI

Available after masses on
February 8th
&
February 9th

Quarts- \$12.00
Half Gallons- \$20.00

Thank you for your generous
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Columbus®**

Holy Trinity Book Club

Starting January 2025

- 1) Purchase our club's book from Beaverdale Books, Divine Treasures, or Amazon.
- 2) Read three chapters a month.
- 3) Join a discussion time that works for you.

Thursdays - 8 P.M.

Dates: 1/30, 2/27, 3/27

Location: 4208 Adams Ave.

Host: Kathleen Meradith-Eyers
k.meraditheyers@gmail.com

Fridays - 9 A.M.

Dates: 1/31, 2/28, 3/28

Location: 3015 40th PL

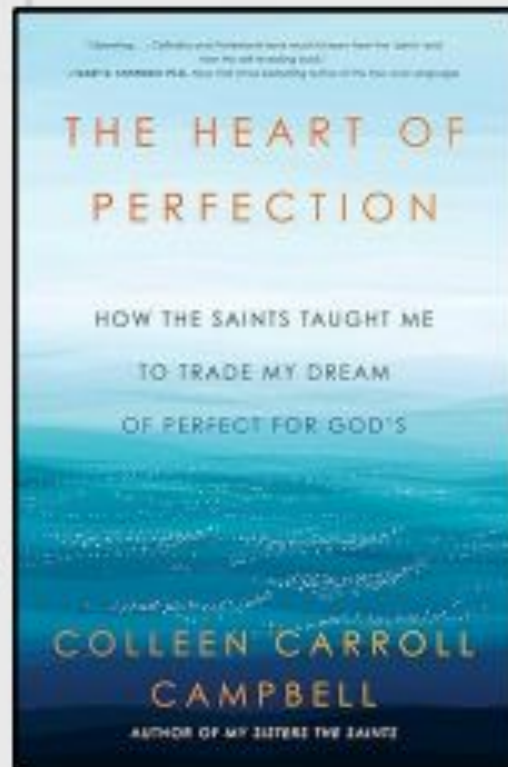
Host: Sophie Klaus
srfursa@gmail.com

Saturdays - 11 A.M.

Dates: 1/25, 2/22, 3/29

Location: 2629 38th St.

Host: Meghan Thorne
meghanmc515@gmail.com



Join our
[email list here!](#)

From the Church | February 2nd, 2025

Coffee and Donuts. It's a new year! And we are looking for new volunteers. We are looking for volunteers to help serve coffee and donuts on Sundays after 8:30a and 10:30a masses. This is an important ministry that allows us to gather each week after mass! This is also a great opportunity to volunteer with a group and share more about your organization or group here at Holy Trinity.

If you are interested in signing up for coffee and donuts, please [sign up HERE](#), or contact Gigi Wilwerding at gigiw@holytrinitydm.org.

Still Here. Sharing Sacred Scripture with Loved Ones in Memory Care. Are you grieving and missing a family member who has been placed in Memory or Alzheimer's Care? They are still here and we would love to minister to them.

We can make brief, peaceful viPlease contact Sarah with questions and pray the sacred scriptures or Liturgy of the Hours for them. Our loved ones can still hear the still, small voice of the Lord!

To ask us to visit your loved one please call Deacon Troy Thompson (515-447-5707) or Jan Swinton, Parish Secretary (515-255-3162).

Rosary. Rosary: please join our HT school and parish community in praying the rosary. We'll meet at the Bigelows house (403 42nd Street) at 8 pm on the first Monday of each month for intentions, rosary and fellowship. If you're not familiar with the rosary, come learn. The next dates are:

- March 3
- April 7

Please contact Sarah with questions:

ssullivanbigelow@gmail.com

Parish Business Directory. Want to share information about your business with parishioners at Holy Trinity?

[Fill out this Directory form](#) and be added to our new business directory housed on our secure portal. Reach out to Jan Swinton with any questions.

Blood Donation. As we focus on heart health in February, consider a different way to give back to the heart of your community. Blood donation plays a vital role in heart surgeries, emergency treatments, and other medical needs that impact lives. Donating blood is a loving gesture that supports those who rely on the generosity of others. Share your heart by donating blood this month!

Join the Mission This Heart Month: Save lives, support heart health, and share your love by donating blood. To schedule your lifesaving appointment, by clicking the link below, visit lifeservebloodcenter.org, or call 800.287.4903.

Holy Trinity Catholic Church

02/15/2025 (08:00 am - 11:30 am)
2926 Beaver Avenue
Holy Trinity Catholic Church - Gym
Des Moines, IA 50310

If you have already scheduled a donation, THANK YOU! Can you help to spread our mission by inviting a friend, family member, or co-worker along to donate with you?

Save the date. Holy Trinity Garage sale will be March 20th-22nd from 9am-2pm.

Save up those donations for the week before, more information will be in next week's bulletin!

Financial Blessings Ending Week of 1/24/25

Budget July 2025 through June 2026	\$958,558	YTD Surplus (Deficit)	\$40,886
YTD Actual Tithing	\$575,312	Tithing for the Week	\$43,464
YTD Budget	\$534,426	Number of Donations Received	299



Make a donation! Scan the QR Code or visit holytrinitydm.org/donate

Enrollment. Parishioner Enrollment started December 1st at the Diocese of Des Moines Catholic Schools, our students experience nurturing and innovative environments where smaller class sizes foster big dreams.

Plus, with Education Savings Accounts, an education at our schools might be more affordable than you think! All K- 12 Iowa students qualify for an ESA for the 2025-2026 school year.

General Enrollment is now open- [Apply here!](#)

Schedule your visit today with Mercedes Steinkamp, email her at mercedies@htschool.org

Shop the Holy Trinity Spirit Store!

Shop online today at [shopholyltrinitydm.com!](http://shopholyltrinitydm.com)

Deliveries can be made to you at home or you can send them to the church or school to pick up! Great options for students, families and parishioners.

Questions? Email megan.mortier@gmail.com and sarahmseverson21@gmail.com

Uniform Donations. We are accepting uniform donations. Please make sure uniform items are in good condition when donating. We are currently in high need of pants.

2025 NCYC: A Journey of Faith. The National Catholic Youth Conference is a three-day pilgrimage for Catholic high school students and their adult chaperones. From November 20-22, 2025, in Indianapolis, participants will experience prayer, community, and the transformative power of God's presence.

Join us for an unforgettable encounter with Christ that will shape your spiritual journey. For more information and to sign up to join the Holy Trinity group, please contact Gigi Wilwerding at the parish office or by email at gigiw@holyltrinitydm.org. All are Welcome!



Holy Trinity

Catholic Church and School

Upcoming Dates.

- NO SCHOOL: February 3rd (Professional Development)
- CONFERENCES: February 17, 2024; 3:30-7:30 PM, February 18, 2024; 3:30-7:30 PM, February 20, 2024; 8:00 -11:00 AM
- NO SCHOOL: February

Daddy Daughter Dance is HERE! Guys- Grab your favorite gal(s) and let's do a little dancing. [RSVP here!](#)

At this event you can expect:

- To dance the night away to your favorite DJ tunes
- A flower for every girl
- A dessert bar
- A snack bar
- Lemonade and Water
- Multiple Craft Tables
- DIY Bracelet Making Table

Tickets are \$25/couple. Please add \$5 for each additional guests. Payment can be made to this link... <https://www.venmo.com/u/holytrinitydm>

We sure hope you can make it to this special night. We look forward to pampering your special little lady.

Submit a Nomination for 2025 Teacher, Administrator or School Volunteer of the Year: Nominate a teacher, administrator and/or school volunteer to be recognized at the 2025 Bishop's Celebration of Catholic Schools. Nominations are due February 16, 2025, and the winners will be announced the first week of March. You may nominate one individual in each of the three categories, but only one form may be submitted per nomination. [Submit your nominations.](#)

Taking the Journey TOGETHER



From the Diocese & Community | January 26th, 2025

FORGE
Presents



Save the Date: Men's Conference is coming FORGE, a new Des Moines apostolate, will host its first conference on Saturday, March 1 at the Embassy Suites in Des Moines.

FORGE aims to empower 1,200 Catholic men to fight for the Church's view of the family. Featured speakers include Matt Birk, Father Boniface Hicks, Pete Burak, Dr. Leonard Sax, and John Bishop, Ph.D. (and more). Get more information at <https://myforge.org/events/>

Come, let us Adore. The Benedictine Sisters of Perpetual Adoration invite single women, ages 18 - 40 who are considering religious life, to a Monastic Experience March 8-13, 2025, at their monastery in Clyde, Missouri. It's a chance to experience the daily rhythm of monastic life where participants can join the Sisters in praying the divine office, attending daily Mass, spending time in personal prayer and opening their hearts to God's call by learning about discernment and prayer. There is no cost to attend, and more details are available at www.benedictinesisters.org -

Vocations - Walk With Us.

To register, please contact Sr. Maria Victoria at (660) 944-2221 ext. 127 or vocation@benedictinesisters.org.

Save the Date: Tuesday, February 18, 2025

Get ready for an exhilarating evening at our 2nd Annual Trivia Night! It's a thrilling chance to support a fantastic cause - Mental Health! Don't miss out! See details below.

Here's a [link](#) to sign up!

Women's Evening of Recollection
Monday, February 10, 2025 | 6:30-8:30 p.m.

St. Augustin Church
545 42nd Street, Des Moines

Spend a brief time away from the world to be with Our Lord. The Evening is designed to help you spend time alone with God, to look at your life from His perspective, and find practical ways to serve God amid your ordinary work and family life. A priest will present two meditations based upon the spirituality of St. Josemaria Escrivá, the founder of Opus Dei. There will be time for personal prayer, reflection, and confession. The evening will conclude with Benediction. Women of all ages are invited, including high school and college students.

6:30 Confession

6:40 Practical Talk

7:00 First meditation. Confession. Meditation.

8:00 Benediction

The Women's Evenings of Recollection will take place on the 2nd Monday of each month. No Women's Evening of Recollection in July and December.

Questions: Terry McFarland (630-885-0246).

terryanmcfarland@gmail.com

Silent Ignatian Preached Retreat with Fr. Larry Gillick, S.J., March 13-16, 2025. This retreat invites you into a deepening of relationship with God as you enter the Lenten journey. These three days of prayer and reflection will center on God's meeting Abram and three of His Apostles as they are. We'll journey with them as they are invited to a deepening of their relationship with God. No pointing of Divine Fingers but more the invitation to experience God's fidelity to our human fears and questions. Time will be spent in being who we are in God's loving gaze rather than preparing or changing our behavior to do what we should.

Cost: \$425 per person, including room and meals.

Location: Creighton University Retreat Center located one hour east of Omaha.

[Register here](#)



Go to dmdiocese.org for more information!

“Through the *power of the Holy Spirit*, YOUTH 2000 seeks to raise up a *new generation of saints* to evangelize the nations.”

YOUTH 2000 | February 21-23, 2025

Program

- Praise & Worship
- Daily Mass
- Daily Rosary, including an international Rosary
- Faith talks from National Catholic speakers
- Adoration offered all weekend long
- Opportunities for Christian fellowship
- Meals included with registration



YOUTH 2000 leads young people to a personal encounter with Jesus Christ in the Eucharist; to live and proclaim the Gospel message with joy and enthusiasm; and to become evangelizers of the New Evangelization.

YOUTH 2000 RETREAT SCHEDULE

St. Francis of Assisi, West Des Moines, IA

Friday, February 21 6:30 PM to 10:30 PM

Saturday, February 22 9:00 AM to 10:00 PM

Sunday, February 23 8:30 AM to 12:30 PM

REGISTRATION INFORMATION

The registration fee is \$60 per person. This registration fee includes Saturday lunch and dinner. All participants must complete a Liability Release Form. If the participant is under 18, a parent or legal guardian must sign.



Scan the QR code to learn more and register or visit www.dmdiocese.org/youth2000

Feast of the Presentation of the Lord

Reading I : Malachi 3:1-4

There will come to the temple the Lord whom you seek.

- Malachi was faithful to his Jewish faith; yet, he was critical of the priesthood of his time.
- God visits the temple.
- God's visit results in purification of both the sacrifices and the ministers.

Reading II : Hebrews 2:14-18

He had to become like his brothers and sisters in every way.

- Jesus shares in the flesh and blood of humanity.
- Jesus is the compassionate high priest.
- Because Jesus suffered he is able to help those who suffer.

Gospel : Luke 2:22-40

My eyes have seen your salvation.

- Jesus grew up in a devout Jewish family and society.
- Simeon predicts that Jesus will cause conflict and division within Israel.
- Simeon and Anna knew that Jesus was God's promised Redeemer



Bring Home the Gospel | February 2nd, 2025

Reading I Malachi 3:1-4 | Psalm | Reading II Hebrews 2:14-18 | Gospel Luke 2:22-40

Question For The Children What do you want to tell others about Jesus?

Question For The Youth Simeon said that Jesus would be a “light to all nations.” When, where or how do you see the light of Jesus?

Question For The Adults Mary and Joseph took their faith seriously enough to make a return to the Lord of the most precious thing in their lives, their son, whom they presented to God in the Temple. How do you return to God that which is most precious to you?

Activity Of The Week

Saint Of The Week Blaise, Bishop and Martyr, c. early 4th Century Bishop Blaise (sometimes spelled Blase) was martyred around 316 by order of Governor Agricolaus in Sebastea, Armenia, during Licinius' persecution of Christians. That is the only certain knowledge that we have about this saint.

According to legend, Blaise was born in Armenia to wealthy Christian parents and was made a bishop in his youth. He was known as a good bishop who encouraged the spiritual and physical health of his people. When the persecution of Christians began in Armenia, Blaise was forced to flee. He went to live as a hermit in the back country, where he cured wild animals that were sick or wounded.

One day, while seeking animals for the amphitheater, a group of hunters, came across Blaise kneeling in prayer in a cave surrounded by patiently waiting wolves, lions, and bears. Recognizing him as a Christian, the hunters hauled Blaise off to prison. On the way there, a mother came to him with her young son who was choking to death on a fish bone caught in his throat. Blaise cured the boy; thus, he later became the patron and protector of throats. Many Catholics in this country still have their throats blessed on St. Blaise's feast day, February 3.

Blaise's message today: All of God's creatures, great and small, are entitled to our care and compassion. There are many people, young and old, who may not be able to look after their own needs. It is up to us to help them in whatever way we can.

- *Are you aware of the needs in your own community? What can you do to alleviate the suffering of others?*



Make a donation! Scan the QR Code or visit holytrinitydm.org/donate

Parish Calendar | February 2nd, 2025

Parish Calendar February 2nd, 2025							
	Sunday [2/2]	Monday [2/3]	Tuesday [2/4]	Wednesday [2/5]	Thursday [2/6]	Friday [2/7]	Saturday [2/8]
School		No School!		School Mass hosted by 2nd Grade 8:30AM		Free Super Bowl Spirit Dress Down Day	
Faith Formation			OCIA (CH) 6:30PM	Faith Formation & Edge Class 6:30PM (103, 104)			Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM Morning Prayer following Mass	Mass 8:30AM	Mass 8:30AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM Morning Prayer following Mass	Reconciliation 3-3:45PM Mass 4:30PM
More	10:30AM Youth Mass	Rosary at the Bigelow's Home 8:00PM		Deep Dive Youth Ministry 6:30PM (MC)			KOC Selling Chili after 4:00PM Mass and on Sun. 2/9 after 8:30 & 10:30 Mass

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[2/2]	8:30AM	Mass	Mary Ellen McGough
	10:30AM	Mass	For the Parish
[2/4]	8:30AM	Mass	Gregory Austin Ryan
[2/5]	8:30AM	Mass	Kelly Wilson
[2/6]	8:30AM	Mass	Carl & Elizabeth Neal
	2-9PM	Adoration	
	4:05PM	Rosary	
[2/7]	8:30AM	Mass	Sr. Mary Rachel Beeson, CHM
[2/8]	3-3:45PM	Reconciliation	
	4:30PM	Mass	Tim Simmons
[2/9]	8:30AM	Mass	Pat McGoldrick
	10:30AM	Mass	For the Parish

Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	Tyler Leo, Liam Dumermuth and Maggie Fiddelke
[2/8]	Lectors	Marsha Szymczuk & Kathie Obradovich
4:30PM	EMHC	Team 3
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Sullivan Kelley, Phillip McAndrews, Geneva Knapp & Bennett Steinkamp
[2/9]	Lectors	Doug Gross & Wayne Johnson
8:30AM	EMHC	Team 3/MC: Katy Polich
	Children's Liturgy	Team C: Breanna Castro & Jessica Bergman
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Isaac, Jacob & Lukas Perry and Ruby Severson
[2/9]	Lectors	Lisa Rea & Tim Stacy
10:30AM	EMHC	Team 2/MC: Mary Ellen Winston
	Children's Liturgy	Team 1: Paul Bush & Catie Wilwerding
	Music Coordinator	Eric Sharp

Taking the Journey TOGETHER



View the Parish Calendar online at holyltrinitydm.org/home/calendar

KAPOW
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Katy Polich
Owner/Parishioner
5601 Hickman Rd Ste #6
515-770-9515

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Dentistry
Bernard Gradoville, D.D.S.
Jack Gradoville, D.D.S.
2800 Ingersoll Ave. Des Moines
515-243-2412

Matt Nolan
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