



Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

February 18th, 2024

First Sunday of Lent

Taking the Journey TOGETHER



“Your ways, O Lord, are love and truth to those who keep your covenant.” -Ps. 25

From the Church & School | February 18th, 2024

Lenten Fish Dinners KOC hosts the next two dinners on March 1st, 22nd from 5:30 to 7 p.m. in the gym. Cost is \$12 for adults and \$6 for ages 5 to 11. On the menu: Baked Tilapia, Beer Battered Cod, Mac n' Cheese, Cheesy Potatoes, Vegetables, Coleslaw, Dinner Roll, and Desserts provided by Holy Trinity Youth Group.



Adoration and Morning Prayer. To enrich your Lenten season Holy Trinity will offer Adoration and Morning Prayer on Tuesdays following 8:30 Mass.

Stay for a few minutes with Jesus in the Blessed Sacrament or the whole 30 minutes which includes Lauds. This is a Blessed opportunity to prepare ourselves for Easter.

Tuition Assistance is Available. The application period to apply for tuition assistance for any of our Catholic schools in the Diocese of Des Moines from the Catholic Tuition Organization starts Feb. 1 and ends April 15. Go to www.fairapp.com to apply. Use school code: 450 and password: 450ddm. For more information, contact Mark Reed at 515-237-5010

SAVE THE DATE. April 13th, 2024, 5:30-10:30 pm
Join us for a totally rad evening raising funds for Holy Trinity Catholic School!

Visit <https://holytrinitydm.org/gala-auction/> for more information!

Taking the Journey TOGETHER

Healing Mass. Experience the Sacrament of the Sick on Friday, March 8th, at Noon. All parishioners are welcome to attend and offer support to those in need of healing. For more information, contact Deacon Dan Maxcy at 515.255.3162 ext. 124.

Catholic Charities Family Shelter. Would you be willing to make and deliver dinner for the residents of the Catholic Charities Family Shelter? The fourth Saturday of each month is reserved for HT parishioners to do so. You are welcome to work together with a group of families or your organization for this purpose.

Please prayerfully consider participating; you can sign up at tinyurl.com/htstjoe or contact Nick Bigelow for more details at bigelow.nick@gmail.com.

Christ Our Life Catholic Conference. This is an exciting opportunity for youth and families! FREE tickets, for youth 23 and under. This is made possible by generous donors, to interact and hear amazing world-class speakers in your own private breakout session. Families are encouraged to attend and enjoy the conference together.

Adult tickets are \$30

To get your free youth ticket, register online at:
ChristOurLifelowa.com

A ticket is required for admittance for all.

September 28th & 29th, 2024 at Wells Fargo Arena

Let's Believe... Live... And Celebrate Our Faith!

Financial Blessings Ending Week of 02/09/2024

Budget July 2023 through June 2024	\$958,558	YTD Surplus (Deficit)	(\$13,736)
YTD Actual Tithing	\$610,800	Tithing for the Week	\$35,369
YTD Budget	\$597,064	Number of Donations Received	275



Make a donation! Scan the QR Code or visit holytrinitydm.org/donate

JOURNEY THROUGH LENT WITH THE SAINTS

During the weeks of Lent, the Church observes the feast days of many saints. What better role models for our Lenten journey than the heroes and heroines of our faith? Come and explore what these holy, but human, characters have to teach us about following Jesus to the cross and beyond. Discover a fresh take on your Lenten observance!

No Cost, Dinner provided and served by the Knights of Columbus.

These evenings are open to all members of the parish. There will be something for everyone no matter your age!

Paulette Chapman Bio

Paulette Chapman is a ministry consultant and writer who has more than 35 years of experience in ministry at the parish, diocesan, and regional level, including several years on the parish staff at Holy Trinity. Paulette earned her BA in Theology from Briar Cliff University in Sioux City, Iowa, and her MA in Theology from University of Notre Dame in South Bend, Indiana. Paulette and her husband, Tom, have three adult children, all of whom attended Holy Trinity School. They have been members of Holy Trinity Parish for 34 years.



Wednesday, February 21 from 6:00 - 8:00 pm
Social Room

Sunday, February 25 from 4:00 - 6:00 pm
Social Room

Scan here to sign up!



**Generations
of Faith**

LENT 2024

STATIONS OF THE CROSS

Fridays at 5:00 pm

- Friday, February 16th
- Friday, February 23rd
- Friday, March 1st
- Friday, March 8th
- Friday, March 15th
- Friday, March 29th

ADORATION AND MORNING PRAYER

Tuesdays after 8:30 am Mass during Lent

HOLY WEEK

Holy Thursday

- Mass: Thursday, March 28th at 7:00 pm

Good Friday

- Service: Friday, March 29th at 7:00 pm

Easter Vigil

- Saturday, March 30th at 8:00 pm

LENTEN FISH DINNERS AT HOLY TRINITY

Hosted by the Knights of Columbus

- Friday, February 16th
- Friday, March 1st
- Friday, March 22nd

HOLY TRINITY RECONCILIATION

Confession at Holy Trinity

- Saturday, February 17th at 3:00 pm
- Saturday, February 24th at 3:00 pm
- Saturday, March 2nd at 3:00 pm
- Saturday, March 9th at 3:00 pm
- Saturday, March 16th at 3:00 pm
- Saturday, March 23rd at 3:00 pm
- Saturday, March 30th at 3:00 pm

LENTEN RETREATS

Generations of Faith

- February 21st from 6:00 pm-8:00 pm
- February 25th from 4:00 pm-6:00 pm



Holy Trinity
Catholic Church and School



When: Wednesday, February 28th
6:00 pm- 7:30 pm

Where: Holy Trinity Parish
2926 Beaver Ave,
Des Moines, Ia.

Room: School Media Center

All caregivers are invited to attend!



In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. *Asking for help is not easy.* We tend to want to go it all alone, taking burdens on our shoulders, or maybe expecting others to read our mind, knowing we desperately need help.

There is help and hope available!

Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish for Caregivers provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view. Discover blessings in caring for another.

Future topics:

- When you are concerned about your or your love one's emotional or mental health well-being
- When you want to Feed your Soul
- When you Feel Stressed
- When you Need Expert Help & Information
- When Relationships are Strained
- When you Want to Connect With Others
- When Anticipating or Facing Losses
- When you want to Pray

CONTACTS

DEACON DAN MAXCY: DANM@HOLYTRINITYDM.ORG

DEACON JIM HOUSTON: PASTORALCARE@SAINTPIUSCHURCH.ORG



From the Diocese & Community | February 18th, 2024

Disciple Experience Weekend (DEW) Join us for a meaningful weekend to study and reflect on the Catholic Social Justice Teachings. An opportunity to enrich one's spiritual life will be held March 15-17, 2024. The location is **Prairiewoods Retreat Center** at 120 Boyson Road in Hiawatha, Iowa 52233. The retreat begins Friday evening at 5:30 pm through 1 pm on Sunday. Cost is \$180 for the weekend (includes lodging, speakers and meals). Daily commuter rate: \$50 per person per day. Retreat includes 7 speakers, meals, Mass and Reconciliation.

This is a co-ed event. All race, creed and sexual orientation persons are welcome to attend. A team of lay people will conduct the weekend. For more information and for a registration form, please contact: Deanna Pietryga or Ted Pietryga at (319) 541-6306 or email us at: deannaollendick@gmail.com.

Join us on **FACEBOOK** at: DEW: Discipleship Experience Weekend. Hope to see you there!

Forge. No matter where a man is in his faith, this event will be a fantastic way to grow & build community with like-minded men who strive to be better fathers & brothers for their families & friends and greater community around them. The evening starts with drinks and conversation leading into an enlightening talk to help fuel our passions to be stronger and more faithful men in the name of Christ.

Details:

Doctor Ralph Martin (Renewal Ministries, CEO); *An Evening with Ralph Martin:*
Leading in Troubled Times

Date/Time:

Monday, February 26, 2024; Doors open at 7:00 PM; Talk begins at 8:00 PM

Location:

The Tea Room: 713 Walnut Street, Unit 600, Des Moines, IA 50309

[Register for the Event- FORGE](#)



Celtic Music Association hosts the band Heron Valley at a concert on February 24th at Holy Trinity parish hall, 7:30 pm, \$30 in advance, \$35 at the door.

For ticket information check the website thecma.org.

Marriage is a journey!! A Worldwide Marriage Encounter Weekend can help you enrich your marriage and add some pizzazz to your journey. Whether you've been married 1 year or 50, a Marriage Encounter Weekend may be just the thing you need to put a breath of fresh air into your relationship. For more information call contact Denise and Greg – 563-920-9419 or to register go to wwme.org.

Upcoming dates:

February 16-18 in Marshalltown
April 12-14, 2024 in Epworth
September 27-29 in Dubuque
November 8-10 in Holstein

Lenten Taize. Please join us for a Lenten Taize Service at St. Catherine of Siena Parish, 1150 28th St., on Monday, March 11 at 7:00 PM. A Taize service is a time to rest in God. There is no preaching, no teaching, just a quiet meditative service with chants, songs and Lenten scripture readings in a candlelit atmosphere. Taize originated with the Taize Community, an economical monastic order founded in 1940 in France with a strong commitment to peace and justice through prayer and meditation. All are welcome.



First Sunday of Lent

LENT: Forty days before the Triduum, the Lenten season disposes Catechumens and the faithful to celebrate the paschal mystery through prayer and penitential practices.

Reading I : Genesis 9:8-15

I am setting my covenant with you forever!

- The first reading is the conclusion of the Noah story. The event takes place after the flood waters had receded.
- God makes a covenant with Noah and, through Noah, with all creation.
- For the author's audience, whose world had seemed destroyed through exile, the story of God's covenant with Noah established new hope.

Reading II : 1 Peter 3:18-22

You are saved by your baptisms!

- The First Letter of Peter uses the imagery of the flood and the covenant with Noah as a symbol of Baptism.
- This letter was written to encourage Christians in the face of persecution.
- Today's passage presents Christ's death and resurrection as the true reason for deliverance from sin and death.

Gospel : Mark 1:12-15

Jesus was sent by the Spirit into the desert.

- The story of the temptation of Jesus is told on the First Sunday of Lent every year.
- Mark's brief account brings to mind figures and events from the Hebrew Scriptures.
- After Jesus' baptism, the Spirit who had descended upon him drove him into the desert to be tempted by Satan. Today's Gospel relates to Baptism and its meaning.



Bring Home the Gospel | February 18th, 2024

Reading I- Genesis 9: 8-15 | Psalm-25 | Reading II - 1 Peter 3: 18-22 | Gospel- Mark 1:12-15

Question For The Children What will you do this Lent to become more like Jesus

Question For The Youth Lent gives us a chance to do things differently – to "go to the desert." How can you make Lent a time for growing in faith?

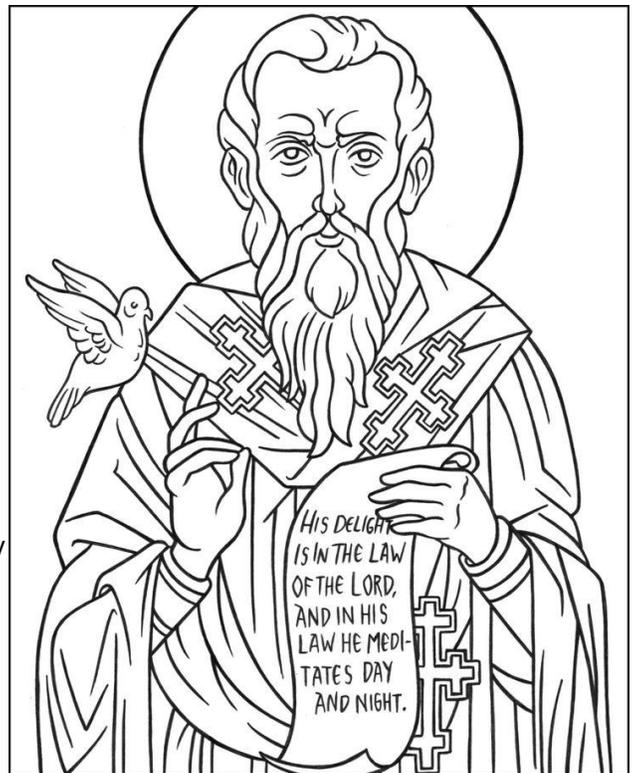
Question For The Adults What is the one area of your life which you most want to "reform" as you get ready to embrace the Gospel, what is it?

Activity Of The Week Talk about ways family members can become more like Jesus during the season of Lent. Create a family prayer space in your home. Read from the gospels each day. Have each family member choose a Lenten practice and write it on a piece of paper. The papers can be folded and placed in the prayer space as a reminder.

Saint Of The Week David, Bishop, c. 520-589

David was born around the year 520. He was educated in a monastery in Cardigan where he was an exceptional student. His fellow students told of seeing a "dove with a golden beak playing at his lips and teaching him to sing the praise of God." After ordination as a priest, David retired to an island to study under the Welsh saint Paulinus for several years.

When he emerged from his studies, David became very active. He is said to have founded twelve monasteries, the last of which, Mynyw (later called Menevia and now St. David's) in the far southwest corner of Wales, became his home for most of the remainder of his life. The discipline of his community was extremely hard manual labor and bare subsistence were the norm. The monks drank only water (which earned for St. David the surname, "The Waterman"). Silence was the rule unless absolutely necessary to speak and prayer was constant, even when laboring.



Little else is known of St. David, but he is said to have died in his monastery in Mynyw sometime around the year 589. Another Welsh saint, St. Kentigern, saw his soul being carried to heaven by angels.

St. David is depicted in art standing on a mound with a snow-white dove on his shoulder. This derives from the legend that when David was speaking at the first synod in Cardigan, a dove came to rest on his shoulder. At the same time, the land on which he was standing rose up so that, towering above the assembly, all present could clearly hear his words. St. David, the patron of Wales, and is honored in that country on March 1.

Saint's Message: While little is known for certain about St. David's life, we can assume that he lived a life devoted wholly to God and, when he was selected as bishop, accepted this as God's will. It isn't always easy to accept God's will in our lives, but with prayer we can accomplish anything.



Make a donation! Scan the QR Code or visit holytrinitydm.org/donate

Parish Calendar | February 18th, 2024

	Sunday [2/18]	Monday [2/19]	Tuesday [2/20]	Wednesday [2/21]	Thursday [2/22]	Friday [2/23]	Saturday [2/24]
School		NO SCHOOL	SFO Meeting at 6pm	School Mass hosted by 3rd Grade 8:30AM		SCRIP Jeans Day	
Faith Formation				Faith Formation & Edge Class 6:30PM			Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM RCIA (CH) 6:30PM	Mass 8:30AM	Mass 8AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM	Reconciliation 3-3:45PM Mass 4:30PM
More							

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[2/18]	8:30AM	Mass	For the Parish
	10:30AM	Mass	John B & Mildred McClavy
[2/20]	8:30AM	Mass	Donald, Mary, & Katrina Frueh
[2/21]	8:30AM	Mass	
[2/22]	8AM	Mass	Regina Sinnott
	2-9PM	Adoration	
	4:05PM	Rosary	
[2/23]	8:30AM	Mass	John & Evelyn Stecher
[2/24]	3-3:45PM	Reconciliation	
	4:30PM	Mass	Virgil Hefner
[2/25]	8:30AM	Mass	For the Parish
	10:30AM	Mass	Marty McGrane

Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	Penelope & Lola Carroll and Jude & Hugh Kajewski and Tyler Leo
[2/24]	Lectors	Todd Treese & Mary Sanders
4:30PM	EMHC	Team 2
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Abram Witt, Jacob Heikes, Evelyn Hunt and Mary Cate Bergman
[2/25]	Lectors	Doug Gross & John Goode
8:30AM	EMHC	Team 2
	Children's Liturgy	Alicia & Luke Lynch
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Everett Bott, John Mundy, Noah Dragoo and Kellan Murphy
[2/25]	Lectors	Teresa Baustian & Jim Wilwerding
10:30AM	EMHC	Team 1
	Children's Liturgy	Chris Coleman
	Music Coordinator	Frances Paterik

Taking the Journey TOGETHER



View the Parish Calendar online at holyltrinitydm.org/home/calendar

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