



# Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

February 26, 2023

*First Sunday  
of Lent*

Taking the Journey TOGETHER



*One does not live on bread alone,  
but on every word that comes forth  
from the mouth of God – Mt 4*



Join us in-person or worship online at <https://bit.ly/37n4LAu>



# *Lent at Holy Trinity Parish*

## **Stations of the Cross**

Fridays at 5 p.m.

## **Communal Penance Service**

Thursday, March 2 at 7 p.m.

## **Reconciliation**

Saturdays from 3 to 3:45 p.m.

## **Adoration**

Thursdays from 2 to 9 p.m.

## **Holy Rosary**

Thursdays at 4:05 p.m.

## **Friday Fish Dinners**

Feb. 24, Mar. 3 and Mar. 31 from 5:30 to 7 p.m.  
Holy Trinity Gym | Adults: \$12 | Age 5 to 11: \$6

## **Holy Thursday**

April 6 at 7 p.m. | Mass of the Lord's Supper

## **Holy Saturday**

April 8 at 8 p.m. | Easter Vigil

## **Good Friday**

April 7 at 2 p.m. | Stations of the Cross  
April 7 at 7 p.m. | Proclamation of the Lord's  
Passion and Veneration of the Cross

## **Easter Sunday**

April 9 at 8:30 a.m. and 10:30 a.m.  
Mass of the Resurrection of the Lord

## **Area Reconciliation Services**

Feb. 28 at 7 p.m. | St. Francis of Assisi  
Mar. 1 at 6 p.m. | St. Augustin  
Mar. 2 at 7 p.m. | Holy Trinity  
Mar. 7 at 6 p.m. | St. Boniface  
Mar. 7 at 7 p.m. | St. Pius X  
Mar. 18 at 10 a.m. | St. Anthony  
Mar. 19 at 3 p.m. | St. Mary of Nazareth

Mar. 19 at 4 p.m. | St. John, Adel  
Mar. 22 at 7 p.m. | Sacred Heart  
Mar. 22 at 7 p.m. | St. Theresa  
Mar. 28 at 6 p.m. | St. Elizabeth Seton, Carlisle  
Mar. 29 at 6:30 p.m. | Assumption, Granger  
Mar. 30 at 7 p.m. | Ss. John and Paul, Altoona

## **Individual Reconciliation Times**

Tuesdays at 5:30 p.m., Fridays at 12 p.m., and Saturdays at 4 p.m. | Our Lady's Immaculate Heart  
Saturdays at 3 p.m. | All Saints  
April 2 at 1 p.m. | St. Pius X  
April 3 at 6 p.m. | St. Pius X  
Weekdays at 4 p.m., and Weekends one hour before Mass | Our Lady of the Americas

## FROM THE CHURCH | FEBRUARY 26, 2023

**COFFEE AND DONUTS** The Companions of St. Francis Fraternity-Des Moines, Third Order Secular Franciscan will host coffee and donuts on Sunday, February 26, after 8:30 a.m. and 10:30 a.m. Masses.

Visit the Social Room to share donuts and learn about the vocation of walking in the footsteps of St. Francis of Assisi.



**ITEM DONATIONS NEEDED** The 2023 Gala Auction Committee is looking for additional item donations to be auctioned off at our Masquerade!

Do you own a business, or do you know someone who does? Do you have a skill, a passion, or a talent to share? Are you interested in donating an item yourself? See the list of best sellers below. We are looking for any and all donations.

**Family Outings and Activities, Date Night (Gift Cards, tickets, etc.), Gift Baskets, Hotels and Vacation Rentals, Home and Beauty Baskets, Hosted Dinner Parties, Tool, Home, or Outdoor Items, and Children's Party Sign-Ups.**

Items can be dropped off at the Parish Office. Email Andy Negrete with questions at [andyn@holytrinitydm.org](mailto:andyn@holytrinitydm.org). All donations are tax deductible!



**25TH ANNUAL BISHOP DINGMAN PEACE AWARD** This year's awardee is Carla Dawson, a long-time peace and justice activist, Catholic Worker, teacher, and mentor. Celebrate and recognize her work on Saturday, March 4.

Enjoy refreshments at 6 p.m. before the award program at 7:30 p.m. The suggested contribution is \$50 per ticket, paid at the door or mailed to Catholic Peace Ministry. Call 515.803.1152 or email [catholicpeaceministry@gmail.com](mailto:catholicpeaceministry@gmail.com) to reserve your tickets.



**LENTEN FISH DINNERS** KOC hosts dinners on March 3, and March 31 from 5:30 to 7 p.m. in the gym. Cost is \$12 for adults and \$6 for ages 5 to 11.

On the menu: Baked Tilapia, Beer Battered Cod, Mac n' Cheese, Cheesy Potatoes, Vegetables, Coleslaw, Dinner Roll, and Desserts provided by Holy Trinity Youth Group.

**SAVE THE DATE FOR OUR HEALING MASS** Experience God's healing grace on Friday, March 10, at 10 a.m. The Sacrament of the Sick will be offered to anyone experiencing mental, physical, or spiritual pain and distress.

All parishioners are welcome to attend and offer support to those in need of healing. For more information, contact Dan Maxcy at 515.255.3162 ext. 124.

### FINANCIAL BLESSINGS ENDING WEEK OF FEBRUARY 19, 2023

Budget July 2022 through June 2023	\$988,204	YTD Surplus (Deficit)	(\$33,499)
YTD Actual Tithing	\$577,180	Tithing for the Week	\$10,092
YTD Budget	\$610,679	Number of Donations Received	63



Make a donation to Holy Trinity by scanning the QR Code or visiting [holytrinitydm.org/donate](https://holytrinitydm.org/donate)





# Generations of Faith

## *What Does the Cross Mean for Us?*

*Wednesday, March 1, from 6 to 8 p.m. &  
Sunday, March 5, from 4:30 to 6:30 p.m.*

*The Paschal Mystery is the center of the Good News for Christianity. It refers to the Passion, Death Resurrection, and Ascension of Jesus. We will look at the story of how God transformed the death of one man into hope and new life for each one of us! All members of Holy Trinity are welcome.*

*John Gaffney will lead the large group discussion for adults, and Justin White will lead discussion for middle school high school students. Please contact John Mertes, Director of Faith Formation at [johnm@holytrinitydm.org](mailto:johnm@holytrinitydm.org) for details.*



*John Gaffney*



*Justin White*

*Sign up to attend Generations of Faith at <http://bit.ly/3SgS90V>.*





## Holy Trinity Spring Garage Sale 2023

March 16, 9 a.m. to 5 p.m. | March 17, 9 a.m. to 5 p.m. | March 18, 9 a.m. to Noon

### We Need Volunteers!

Consider assisting with set-up, collection, and tear down. Contact Teresa at [parmentert13@gmail.com](mailto:parmentert13@gmail.com) or call the parish office at 515-255-3162 ext. 128.

### Donation Drop-Off

Sunday, March 12, after 10:30 a.m. Mass

Monday and Tuesday from 9 a.m. until 5 p.m.

NO DONATIONS after 5 p.m. on Tuesday

### What Sells!?

Sewing and Craft Materials | NEW Items of All Kinds | Dishes and China  
New Small Carpet | Samples Jewelry | Toys and Books | Pots and Pans  
Furniture in Good Condition | School Uniforms | Lamps and Lampshades  
Baskets | Glassware and Mirrors | Garden Tools | Stereos  
Drapery and Curtains | Silk Flowers and Plants | Sporting Goods  
CDs and DVDs | Small Appliances | Bedding and Linens | Clean Clothing

**\*NO** computers, monitors, fax machines, printers, keyboards, TVs, VCRs, cassettes, magazines, textbooks, underwear, baby cribs or car seats, mattresses, exercise equipment, or light fixtures



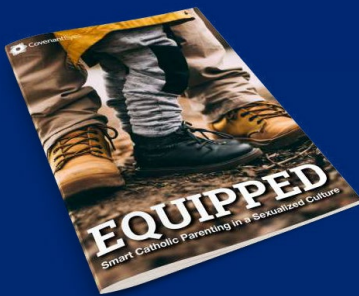


### Celebrate **Safe Haven Sunday**

Join parishes across the diocese in equipping families to live porn-free.

In a constantly-connected digital world, Safe Haven Sunday helps you start the conversation of online purity or continue it.

Most teens and young adults believe that not recycling is more immoral than viewing pornography. **Fight back against today's culture that normalizes inappropriate images with the free ebook Equipped.** This resource will show you the four walls of protection and how to implement them in your home today!



Equipped: Smart Catholic Parenting in a Sexualized Culture:



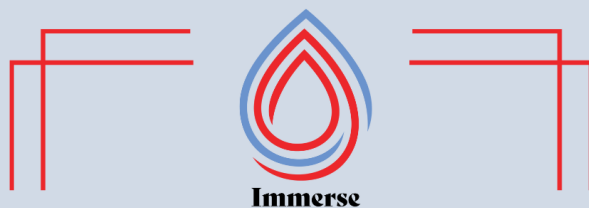
**GRAESON DALL JOINS MAN-UP WEST** Evangelist Graeson Dall earned a bachelor's degree in theology from Benedictine College. He is co-director of Prairie Fire Ministries, providing opportunities to encounter the living God through healing services, anointed preaching, intentional formation, and other life-giving programs.

Meet Graeson and learn about Prairie Fire at Noon on Friday, March 10, at St. Francis of Assisi Parish. Pizza lunch is provided with provisions for Lent. Due to space limitations, register for this event at: [www.iowacatholicradio.com](http://www.iowacatholicradio.com).



DIOCESE OF DES MOINES

**ACCOUNTING OPENING** The Diocese of Des Moines is looking for an accounting clerk to process accounts payable and cash receipts, and maintain accurate records for donations including the annual diocesan appeal and other various appeals. Visit <http://bit.ly/3KtKlHg> for details.



## THIRD THURSDAY

SACRED HEART PARISH, WEST DES MOINES  
MARCH 16  
MASS AT 6:30 P.M.  
ADORATION AT 7:00 P.M.

Reconciliation &  
Prayer Teams Available

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## *First Sunday of Lent*

### **Lent**

Forty days before the Triduum, the Lenten season disposes Catechumens and the faithful to celebrate the paschal mystery through prayer and penitential practices.

### **Reading I : Genesis 2:7-9, 3:1-7**

God formed us from the clay.

- The first thing God forms from the dust of the earth is a human. God does not form an individual named Adam; rather, "the Human" represents all of humanity.
- God creates a garden with two trees, the tree of life and the tree of knowledge of good and evil.
- Serpents were frequent symbols in Canaanite fertility cults. These cults were a source of temptation for the people of the time. In the story, the serpent is not Satan, but a clever creature of God who tempts the two humans.

### **Reading II : Romans 5:12-19**

A single righteous act has saved us!

- The reading from Paul's Letter to the Romans shows the development of thought about the creation story.
- As a consequence of the first sin, humans became subject to sin and have evil in the world.
- But, just as sin and death came to all through Adam, life and justification come to all through Christ.

### **Gospel : Matthew 4:1-11**

Jesus was led into the desert by the Spirit.

- The story of Jesus' temptation is always the Gospel reading for the First Sunday of Lent.
- The three temptations attack the three human faculties with which one is commanded to love God: heart, soul and strength. The rabbis interpreted the heart as the human appetite toward good or evil, the soul as life, and might as one's wealth.
- The Gospel reading makes clear the difference between Jesus and Adam, the reason that Adam's act brought death and Jesus' act brought life.





# BRING HOME THE GOSPEL | FEBRUARY 26, 2023

**Reading I** Genesis 2:7-9, 3:1-7 | **Psalm** 51:3-6, 12-14 and 17 | **Reading II** Romans 5:12-19 | **Gospel** Matthew 4:1-11

**Question For The Children** What do you plan to do during Lent this year as a way of showing you want to grow closer to Jesus?

**Question For The Youth** Jesus was tempted by the devil. How are you tempted? What helps you resist these temptations?

**Question For The Adults** When you yourself pause to be alone with God, what distracts and prevents you from dwelling in that? Busyness? The demands of life? TV? The internet?

**Activity Of The Week** Display the crucifix in a prominent place in your home. Gather around the crucifix and have each family member reflect on a temptation that he or she is faced with in his or her daily life. Ask God and Jesus to help us in saying “no” to the many temptations that we are confronted with each day.



## **Saint Of The Week** Patrick

Much of what we think we know about Saint Patrick is actually only legend. We do know that he was born in Great Britain and at some time during his life, experienced deep conversion to Christ. He felt called to preach the faith in Ireland, despite strong opposition from local religions, even though he had been enslaved by them earlier in his life. Many miracles were attributed to him over the years, and today, the Irish faith is said to have Patrick as its father. The Irish have been strong defenders of the faith since accepting Christianity through Saint Patrick. Soon after Patrick's time, Irish missionaries began to spread out over northern Europe, bringing the whole of that region into Christianity. To this day, Irish missionaries continue to spread the Good News throughout the world.

It is not easy to “forgive and forget” one’s enemies. When we have a problem forgiving others, it is well to recall the words which Jesus taught us in the Lord’s Prayer, “...Forgive us our trespasses as we forgive those who trespass against us...” Patrick well heeded these words when he returned to Ireland to serve the people who had previously enslaved him.



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# PARISH CALENDAR | FEBRUARY 26, 2023

	Sunday [2/26]	Monday [2/27]	Tuesday [2/28]	Wednesday [3/1]	Thursday [3/2]	Friday [3/3]	Saturday [3/4]
School		Spring Pictures		School Mass hosted by 5th Grade 8:30AM		\$1 Jeans Day hosted by Kindergarten	
Faith Formation				Faith Formation & Edge Class 6:30PM			Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM  RCIA (CH) 6:30PM	Mass 8:30AM & 6:30PM	Mass 8AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM  Stations of the Cross 5PM	Reconciliation 3-3:45PM Mass 4:30PM
More	Coffee & Donuts hosted by Companions of St. Francis after both Masses			Generations of Faith (SR) 6PM	Communal Penance Service 7PM	KOC Fish Dinner (SR) 5PM	Bishop Dingman Peace Award (SR) 6PM
CH: Church   101-106: Classrooms   DC: Day Chapel   K: Kitchen   MC: Media Center   PO: Parish Office   SR: Social Room							







Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[2/26]	8:30AM	Mass	Dave McCurnin
	10:30AM	Mass	For the Parish
[2/28]	8:30AM	Mass	Willis J. Dore
[3/1]	8:30AM	Mass	Frank & Agnes Gear Family
[3/2]	8AM	Mass	Matthew Hull
	2PM-9PM	Adoration	
	4:05PM	Rosary	
[3/3]	8:30AM	Mass	Ruth & Jim Wright
[3/4]	3PM-3:45PM	Reconciliation	
	4:30PM	Mass	Mary Ann Nielsen
[3/5]	8:30AM	Mass	For the Parish
	10:30AM	Mass	Mildred McClavy

Upcoming Liturgical Ministers and Altar Servers		
Saturday [3/4]	Altar Servers	Tyler Leo, Volunteer
4:30PM	Lectors	Mary Sanders, L. Riseley
	EMHC	Team 3
	Music Coordinator	Tom Quiner
Sunday [3/5]	Altar Servers	Jack Ernst, D. & K. Godinez
8:30AM	Lectors	Karen Quiner, Jean Severson
	EMHC	Team 1
	Children's Liturgy	Breanna Castro
	Music Coordinator	Tom Quiner
Sunday [3/5]	Altar Servers	Vivian Skeffington, R. George
10:30AM	Lectors	Peggy Jones, Bridget Bott
	EMHC	Team 3
	Children's Liturgy	Margaret Toomey
	Music Coordinator	Frances Paterik

Taking the Journey TOGETHER



View the full Parish Calendar at [holyltrinitydm.org/home/calendar/](https://holyltrinitydm.org/home/calendar/)

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