



Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

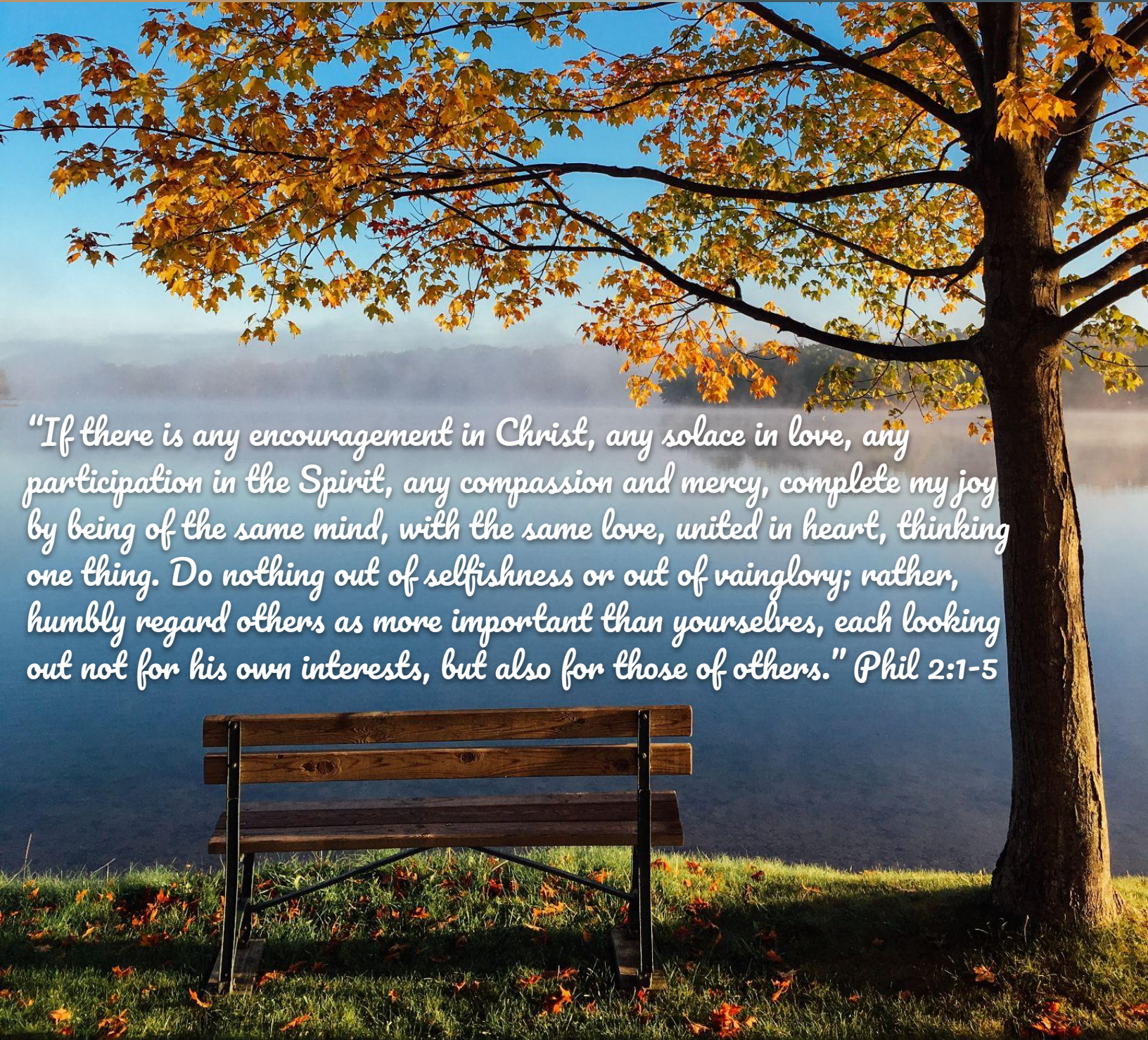
October 1, 2023

Twenty-sixth

Sunday in

Ordinary Time

Taking the Journey TOGETHER



"If there is any encouragement in Christ, any solace in love, any participation in the Spirit, any compassion and mercy, complete my joy by being of the same mind, with the same love, united in heart, thinking one thing. Do nothing out of selfishness or out of vainglory; rather, humbly regard others as more important than yourselves, each looking out not for his own interests, but also for those of others." Phil 2:1-5



HOLY TRINITY WALKATHON OCTOBER 7, 2023

You've helped us raise over \$15,000 so far! Thank you!
Help us reach \$48,000 for a new playground!

Cash & Coin Collection Challenge | Monday, October 2, through Friday, October 6

Empty your pockets and clean under your couch cushions! Send cash and coins to school because the highest earning class wins a Popcorn and Movie Party. Last year the early education classes were the top contributors, bringing in an additional \$4,500!

Spirit Week | Monday, October 2, through Friday, October 6

Bring \$1 every day to dress up! Pajama Day is Monday, Career Day is Tuesday, Mismatch Day is Wednesday, Color Day is Thursday, and Spirit Day is Friday to prepare for the main event!

Walkathon 2023 – Imagination at Play | Saturday, October 7

Attend 4:30 p.m. Mass, then gather in the Holy Trinity parking lot for a mile-long walk through the community, ending with dinner and cash games like cake walk, raffles for prizes, and dunk tank! Bring your friends, family, and neighbors to participate in the fun!

Donate Now! Students are collecting pledges from friends and family members and competing for class prizes. Scan the code or visit <https://app.99pledges.com/fund/2023HTwalkathon/>!



From Father Mark | October 1, 2023

Greetings,

I am writing with some staff updates. Originally we had offered the position of Facilities Manager to Brad West. Ultimately, he decided to stay in his current employment. We then offered the position to another candidate we interviewed, the position has been accepted by Brett Sampson. Brett brings valuable facilities experience and I believe he will be a good addition to our team here at Holy Trinity. Please welcome Brett when you see him.

Also, our daytime maintenance employee, Chris Page, has left Holy Trinity. We wish him well in his future endeavors. I will keep the parish posted as we continue to work to complete our team.

At present, we are also preparing to begin our annual tithing drive. Our tithing has been in decline for several years, and our approach this year will be more focused. We do need the help of all parish families, so please take some time now to consider your level of support for our parish. Keep an eye out for more information to come.



On a lighter note, in this picture is an HT teddy bear my sister brought me. A friend of hers made it for my sister's kids probably 40 years ago (or more). It is in good shape, other than needing new eyes as you can see. If anyone can help with sewing on new eyes (buttons, felt, etc..) please contact me. I think it will be a nice addition to my office as I have lunch with the kids, particularly the little ones. Thanks.

Have a good week

FR. Mark





Flu Shot Clinics. HT hosts two clinics this month for Flu, Covid, and RSV shots. Wear loose-fitting clothing and bring your insurance cards and a completed consent form to the clinic (see next page).

- **Sunday, October 15**, from 9 to 10:30 a.m. in the school gym for parishioners.
- **Thursday, October 19**, from 3 to 6 p.m. in the school gym for students, families, and staff.

Register online at <https://bit.ly/46iHKav> or contact Mindy Aronow at maronow@htschool.org for details.



Parishioners Can Join Girls' Basketball at HT. The Catholic Basketball League for Fifth through Eighth-grade girls starts this month. Both students and parishioners can join.

Contact Aryn McLaren at ad@htschool.org for details, and register at <https://bit.ly/3t0cEWT>.

Parish Apartment Available. The two bedroom, one bathroom, upstairs apartment at 4201 Urbandale Ave., Des Moines, IA 50310 is available for rent. Rent is \$800 per month with \$500 a security deposit. The renter pays for gas and electric, but water is paid for by the parish. Contact Mary Gisler at maryg@holytrinitydm.org for details.



Holy Trinity

Catholic Church and School

Job and Volunteer Opportunities

Become a Kids Connection Team Associate! Are you optimistic, energetic, and responsible? This is a flexible position with a competitive wage, great for education majors. Please contact Jenith Burry at 515.255.3162 ext. 127 or jburry@htschool.org for details.

Become a Daytime Custodian! This position ensures all parish buildings are maintained in a clean, orderly, and welcoming manner. Hours are 6:30 to 3 p.m. and starting pay is \$15 to \$17 depending on experience with health and retirement benefits available. Please submit resume and cover letter to Mary Gisler at maryg@holytrinitydm.org.

Become a Mass and Schola Accompanist! Do you play piano? We are looking for a volunteer pianist to accompany the Schola choral group at 10:30 a.m. Mass on Sundays. Schola sings octavo music before mass and leads the congregation during mass. Contact Mary Gisler at maryg@holytrinitydm.org for details.

SAVE THE DATE FOR THE "DODGE" BALL!

Moms and sons are invited to the Holy Trinity Gym and Social Room on Saturday, October 28th, from 5-8 p.m.

Cost: \$30 per mother/son couple (\$5 for each extra son)
Mark your calendars and look out for the full invitation and RSVP details!

Play dodge ball and lawn games! Eat pizza and treats! Do the griddy with the DJ! Wear Halloween costumes!

Financial Blessings Ending Week of September 22, 2023

Budget July 2023 through June 2024	\$958,558	YTD Surplus (Deficit)	(\$4,806)
YTD Actual Tithing	\$195,114	Tithing for the Week	\$26,664
YTD Budget	\$199,920	Number of Donations Received	298



Make a donation! Scan the QR Code or visit holytrinitydm.org/donate

VACCINE INFORMED CONSENT FORM

Rev. 08/11/23

PATIENT INFORMATION

Full Name (First MI Last): _____ Date of Birth: _____ Age: _____
Email: _____ Phone: _____ Gender: ☐ Male ☐ Female
Address: _____ City: _____ State: _____ Zip Code: _____
Primary Care Doctor: _____ City/State: _____

	YES	NO	Don't Know or N/A
Do you feel sick today?			
Do you have an allergy to any food, medication or vaccine? If so, please specify allergy: _____			
Have you ever had a serious reaction or fainted after receiving any vaccination?			
Have you ever had a seizure disorder, brain disorder, or Guillain-Barre Syndrome?			
FOR WOMEN: Are you pregnant or are you planning on becoming pregnant during the next month?			
FOR CHILDREN AGES 2-4: Has a healthcare provider told you that the child had wheezing or asthma in the past 12 months?			
IF YOU ARE OVER THE AGE OF 65: Have you ever had a pneumococcal vaccination?			
FOR CHILDREN/TEENS: Has the child, sibling, or parent had a seizure; has the child had brain or other nervous system problems?			
Do you have a long-term health problem with heart, lung, kidney, diabetes, asthma, no spleen, cochlear implant, anemia or a blood/bleeding disorder? If yes, please specify: _____			
Have you received any immunizations in the past 4 weeks? If yes, please specify: _____			
Do you have cancer, leukemia, HIV/AIDS, history of a transplant, or an autoimmune disorder?			
In the past 3 months, have you taken medications that affect immune system such as prednisone, other steroids, or anticancer drugs, drugs for autoimmune disease (RA, Crohn's, etc.) or had radiation?			
During the past year, have you received a transfusion of blood or blood products or been given a medicine called immune (gamma) globulin or an antiviral drug?			

INSURANCE INFORMATION

- ☐ I hereby authorize the pharmacy to bill my insurance on my behalf for the COVID-19 vaccine administration fee & receive payment.
Insurer: _____ Member #: _____
Rx Group: _____ BIN #: _____ PCN #: _____
- ☐ If you do not have insurance, please provide your Social Security Number or Driver's License: _____

ACKNOWLEDGEMENTS

- ☐ I attest that the answers provided here are accurate to the best of my knowledge.
- ☐ I understand the benefits and risks of the vaccination(s) as described in the Vaccine Information Sheet (VIS) or Emergency Use Authorization (EUA), a copy of which I was provided with this Consent & Release. I have had a chance to ask questions that were answered to my satisfaction. I request the vaccine to be given to me or to the person named above, a minor for whom I represent that I am authorized to sign this Consent & Release.
- ☐ I have received a copy of the notice of Privacy Practices. I understand the notice of Privacy Practices provides an explanation of the ways in which my health information may be used or disclosed by the pharmacy & of my rights with respect to my health information. I have been provided with the opportunity to discuss concerns I may have regarding the privacy of my health information.

Signature of Patient to Receive Vaccine

(or Signature of Power of Attorney or Legal Guardian) _____ Date: _____

Parent/Guardian Name: _____ Relationship to patient: _____

PHARMACY USE ONLY

VACCINE	BRAND/MFG	LOT	EXP. DATE	DOSAGE	INJECTION SITE	VIS DATE	STATUS
Seasonal Influenza <input type="checkbox"/> Quad <input type="checkbox"/> HD <input type="checkbox"/> Flud <input type="checkbox"/> Mist				<input type="checkbox"/> 0.7mL <input type="checkbox"/> 0.5mL <input type="checkbox"/> 0.25mL <input type="checkbox"/> 0.2mL	R L Arm Thigh Intranasal IM SQ		<input type="checkbox"/> Billed
Pneumococcal				<input type="checkbox"/> 0.5mL	R L Arm Thigh Intranasal IM SQ		<input type="checkbox"/> Iris
Shingles				<input type="checkbox"/> 0.5mL	R L Arm Thigh Intranasal IM SQ		<input type="checkbox"/> Fax PCP
Other: _____				<input type="checkbox"/> 0.3mL <input type="checkbox"/> 0.5mL	R L Arm Thigh Intranasal IM SQ		<input type="checkbox"/> Scanned

- ☐ SNF/Medicare Part A resident on day of administration

Signature of Pharmacist who administered _____ Date Administered: _____

Halloween Party. Join the Young Catholic Singles group for pizza, snacks, and drinks on Friday, October 20. The party is from 7 to 9 p.m. at St. Pius in the Martha and Mary Room. Enter the costume contest to join in on the Halloween fun!

Interested? Email yccdmccatholicsingles@gmail.com or visit <https://bit.ly/3ZvwzsS> for details.

Catholic Fellowship for Men. Attend *Man-Up West* to hear from Fr. Ignatius Makoji, Hospital Chaplain and Missionary of Divine Mercy. Fr. Makoji was ordained in Niger where he served as Superior General for the Congregation of the Missionaries of Divine Mercy.

Fr. Makoji will share his experience and spiritual knowledge on Friday, October 13, at St. Francis of Assisi from 12 to 1 p.m. Lunch from Chick-fil-A is provided for a free will offering. Register for this event at <https://bit.ly/48vRNeh>.

62nd Annual DCHS Pancake Breakfast. Support Dowling students, clubs, and activities on Sunday, October 29, from 7:30 a.m. to 12 p.m. in the Varied Industries Building at the Iowa State Fairgrounds.

Purchase tickets, sign up to volunteer, or donate baked goods at dowlingcatholic.org/pancake-breakfast.



the third OPTION

Building Healthy Marriages

Give Your Spouse the Best Gift! Attend the FREE marriage enrichment program, *The Third Option*, from 7 to 9 p.m. on the second and fourth Mondays of the month. The new session begins Monday, October 9, at Mercy College (928 6th Ave, Des Moines, IA 50309).

Couples will walk through 14 skills-based workshops, listen to a couple who has overcome comparable frustrations, and provide support group discussions on suggested tools.

This program is for all couples whether they are facing obstacles in their marriage or just trying to make a good thing better! Contact Julie Burdt at 515.201.4766 or julie.burdt@gmail.com for details and registration, or contact Adam Storey at astorey@dmdiocese.org.

Divorced? *The Catholic's Divorce Survival Guide* can bring hope and healing to divorced and separated Catholics.

Begin the 12-week journey on October 9 at St. Francis of Assisi from 6 to 7:30 p.m. Cost is \$30 per person. Email Bill and Ann Moore for details at moorefamilysm@gmail.com.



Creighton University
Retreat Center



Heart of Gratitude Retreat Steep yourself in gratitude, receive God's gracious gifts, cultivate grateful hearts, and share generous blessings in the beauty of God's creation.

This day of gratitude is led by Brenda Stalbaum Martin and Kathy Kemler on Saturday October 21, from 9 a.m. to 3:30 p.m. at the Creighton Retreat Center in Griswold, IA.

Email CURC@Creighton.edu, call 712.778.2466, scan the code, or visit <https://bit.ly/3ZmSRNs> to register.



Mary's Helping Hands

Pumpkin Spice and Everything Nice



Lace up your running shoes and join us for an outdoor adventure at our Charity 5K + 1 Mile Fun Run!

100% of the proceeds
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Saturday, Nov. 18th
10 a.m.

Valley Community Center

Get Registered to Run!

Scan the QR code or visit the link below to register and find more details:

<https://runsignup.com/PumpkinSpiceMHH>





DES MOINES REGIONAL
CATHOLIC SCHOOLS

Dear Families,

I hope the school year is off to a great start. Though we are now just a few weeks into a new school year, I am writing with an important update regarding the enrollment process for the 2024-25 school year.

As you may be aware, in January of 2022 the twelve Catholic schools in Des Moines formed a new entity - Des Moines Regional Catholic Schools. The regional model allows us to centralize business functions, leverage collective resources and implement best business practices which will sustain the future of our schools. Some of the changes you will notice this year include a revised enrollment process which gives current families priority.

Enrollment for the 2024-25 school year will open October 2, 2023, for current families. The process must be completed by November 15, 2023, to receive priority. As a current family, you will receive priority admission for your student(s) now attending Holy Trinity as well as any children who will be enrolling for the first time in Early Childhood through 8th grade. Please note that enrollment for your new student will be determined by availability and our admission consideration process. After November 15, we will open enrollment to families in our parish. From there, we will open enrollment to new families in the broader community.

The enrollment fee will be \$100 per student and will be paid through a new system - Blackbaud Tuition Management. Blackbaud will replace FACTS for all fees and tuition management services beginning with the 2024-25 school year.

We are in the midst of the budget process to determine the tuition for the 2024-25 school year which will be shared no later than February. Affordability remains a top priority as the region works to increase teacher compensation to match public school pay within five years. Increases in tuition assistance through Catholic Tuition Organization (CTO), Diocesan Tuition Assistance (DTA) and other sources will help offset any tuition increases for families with demonstrated need. Many will also benefit now from Education Savings Accounts (ESAs) and all families will qualify for the 2025-26 school year. We can assure you that the financial impact for all families will be taken into account when establishing tuition. Please do not let cost deter you from registering your child at this time. We encourage all families to take advantage of these resources which will help fund a Catholic education for your child for years to come. To determine when your family will qualify for an ESA, please visit <https://educateiowa.gov/pk-12/students-first-education-savings-accounts>.

A communication will follow on October 2, 2023, which will provide instructions on steps for priority enrollment. We recognize that the revised enrollment process is taking place earlier than what you are accustomed to. We appreciate your assistance as we implement this new process. If you have questions or concerns after receiving the October communication, please contact Joni Swedenhjelm at the Des Moines Regional Catholic Schools office - jswedenhjelm@dowlingcatholic.org or 515-222-1051.

Sincerely,

Dr. Dan Ryan
President

Monica Morrison
Principal

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PULSE
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Twenty-sixth Sunday in Ordinary Time

Ordinary Time | For a large part of the liturgical year, we devote ourselves to listening to the mystery of Christ in all its aspects unfolded as we seek God's truth and understanding.

Reading I : Ezekiel 18:25-28 | Turn from what is sinful to what is just and right.

- The belief that children are destined to bear the burden of their parent's sins was popular in Ezekiel's time.
- God's people felt that the exile was unfair, that God was punishing them for the sins of their ancestors.
- In today's passage, Ezekiel points out; however, that each of us suffers for our own sins.

Reading II : Philippians 2:1-11 | Make my joy complete.

- The Letter to the Philippians presents Christ as the perfect example of obedience.
- Christ, through obedience, has shown God-likeness so completely that the name of God can be given to him.
- The model, then, that Paul held up for Christian behavior was the model of the obedient Son.
- Note that in this year, this same reading was read on the Feast of the Holy Cross. You may wish to use the short form this Sunday.

Gospel : Matthew 21:28-32 | Many will enter the reign of God before you if you do not repent.

- In today's parable, Jesus compares two sons to two groups of people. The first group spoke piously but did nothing; the second group included sinners who eventually acted in faith and repentance.
- The sin of the virtuous might be their refusal to act, their refusal to believe.
- The repentance of the sinners revealed their belief and resulted in action.

Question For The Children | How do you show your love for Jesus by doing what he asks, even when it is difficult?

Question For The Youth | Today's parable reminds us that it isn't what we say that counts as much as what we do. How would someone know you are a Christian through your actions?

Question For The Adults | How and when were you like each of the sons in the Gospel?

Activity Of The Week | Discuss a problem that is not being addressed that needs an immediate solution. This can be something at home or in the community. Talk about possible solutions. Pick out one thing that you can do this week. Decide on a time when you will do it together.




Saint Of The Week - Cosmas and Damian | According to legend, Cosmas and Damian were twin brothers born in Arabia. They studied medicine in Syria and later became widely known for their medical skills which they offered, without charge, to all. Because of their charities, they were known in their time as the "moneyless ones." They gained the love and respect of the people to whom they ministered, both for their medical assistance and the zeal of their Christian faith. Like so many others, they were eventually arrested and put to death for their faith.

Cosmas and Damian's message today | The two brothers completely embraced and lived the Christian life. This was particularly exemplified by their unselfish behavior in caring for the sick. We are not asked to give nearly so much of ourselves as Cosmas and Damian did, but we are asked to give something. Think about volunteering some of your time to a local hospital or nursing home.



Parish Calendar | October 1, 2023

	Sunday [10/1]	Monday [10/2]	Tuesday [10/3]	Wednesday [10/4]	Thursday [10/5]	Friday [10/6]	Saturday [10/7]
School		Pajama Day	Career Day	Mismatch Day	Color Day	Spirit Day Grandparents Day & Mass 12:45-2:30PM	 HOLY TRINITY WALKATHON
Faith Formation				10th Grade FF 6PM FF & Edge Class 6:30PM			Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Communion Service 8:30AM RCIA (CH) 6:30PM	Communion Service 8:30AM	Communion Service 8AM Adoration 2-9PM Rosary 4:05PM		Reconciliation 3-3:45PM Mass 4:30PM
More							

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[10/1]	8:30AM	Mass	Jim Kleinschmidt
	10:30AM	Mass	For the Parish
[10/3]	8:30AM	Mass	Rodger Dial
[10/4]	8:30AM	Mass	Leon Leinen
[10/5]	8AM	Mass	Georgette Droessler
	2-9PM	Adoration	
	4:05PM	Rosary	
[10/6]	8:30AM	Mass	Dennis Olson
[10/7]	3-3:45PM	Reconciliation	
	4:30PM	Mass	Willis J Dore
[10/8]	8:30AM	Mass	For The Parish
	10:30AM	Mass	Mary Ann Nielsen

Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	Marcus & John Larsen
[10/7]	Lectors	Gary Thull, Dave Bunkers
4:30PM	EMHC	Team 3
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Abram Witt, Jacob Heikes
[10/8]	Lectors	Ann Benetti, Jeff Nielsen
8:30AM	EMHC	Team 1
	Children's Liturgy	Brenda & Meredith Heggen
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Everett Bott, John Mundy, N. Dragoo
[10/8]	Lectors	M. Toomey, Mary Ellen Winston
10:30AM	EMHC	Team 3
	Children's Liturgy	Kate McInroy, Jane Kinney
	Music Coordinator	Frances Paterik

Taking the Journey TOGETHER



View the Parish Calendar online at holytrinitydm.org/home/calendar

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