



Holy Trinity

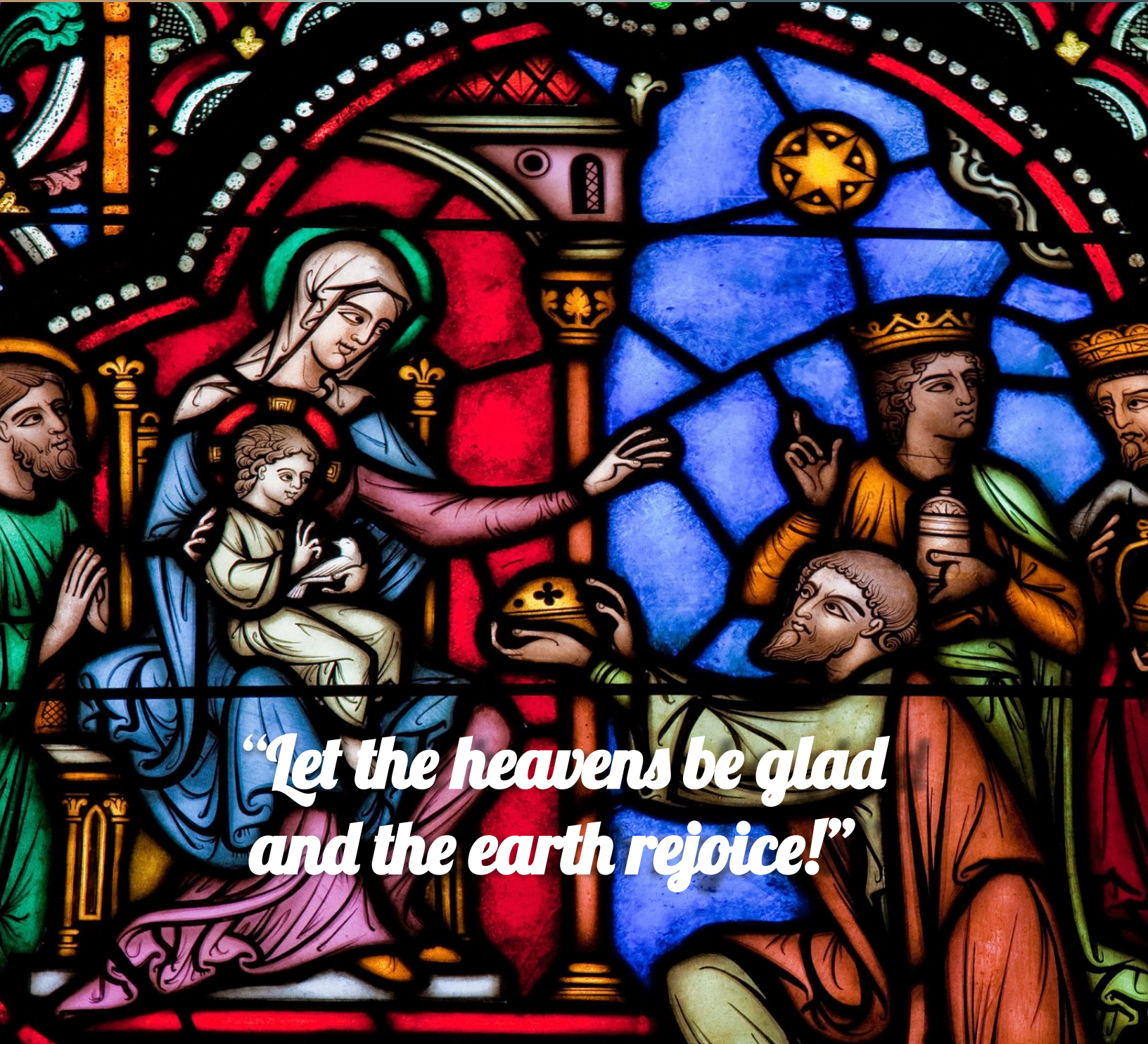
Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

January 5th, 2025

The Epiphany of
The Lord

Taking the Journey TOGETHER



*“Let the heavens be glad
and the earth rejoice!”*

Holy Trinity Book Club

Starting January 2025

- 1) Purchase our club's book from Beaverdale Books, Divine Treasures, or Amazon.
- 2) Read three chapters a month.
- 3) Join a discussion time that works for you.

Thursdays - 8 P.M.

Dates: 1/30, 2/27, 3/27

Location: 4208 Adams Ave.

Host: Kathleen Meradith-Eyers
k.meraditheyers@gmail.com

Fridays - 9 A.M.

Dates: 1/31, 2/28, 3/28

Location: 3015 40th PL

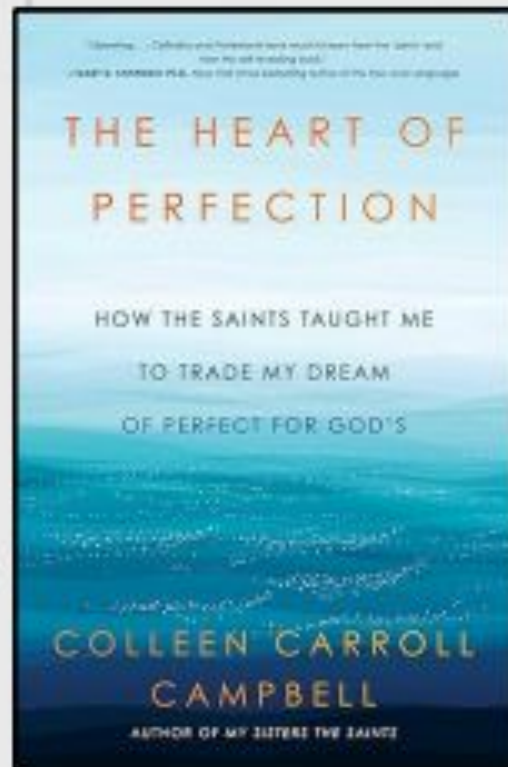
Host: Sophie Klaus
srfursa@gmail.com

Saturdays - 11 A.M.

Dates: 1/25, 2/22, 3/29

Location: 2629 38th St.

Host: Meghan Thorne
meghanmc515@gmail.com



Join our
[email list here!](#)

From the Church | January 5th, 2025

Still Here. Sharing Sacred Scripture with Loved Ones in Memory Care. Are you grieving and missing a family member who has been placed in Memory or Alzheimers Care? They are still here and we would love to minister to them.

We can make brief, peaceful visits and pray the sacred scriptures or Liturgy of the Hours for them. Our loved ones can still hear the still, small voice of the Lord!

To ask us to visit your loved one please call Deacon Troy Thompson (515-447-5707) or Jan Swinton, Parish Secretary (515-255-3162).

Rosary. please join our HT school and parish community in praying the rosary. We'll meet at the Bigelows house (403 42nd Street) at 8 pm on the first Monday of each month for intentions, rosary and fellowship. If you're not familiar with the rosary, come learn. We'll meet on Monday, January 6. Please contact Sarah with questions:

ssullivanbigelow@gmail.com



Parish Business Directory. Want to share information about your business with parishioners at Holy Trinity?

[Fill out this Directory form](#) and be added to our new business directory housed on our secure portal. Reach out to Jan Swinton with any questions.

Do you know of someone? Do you know one of our Holy Trinity family who is homebound, in a care facility, hospital or hospice and would like to have a visit and possibly share in Holy Communion? Maybe they are not up to having a visitor but would enjoy a phone call, email or letter? If so, please contact our Pastoral Care Minister, Deacon Troy Thompson at troyt@holyltrinitydm.org. 515-255-3162 ext 124 or 515-447-5707.

Baptism. Do you want to celebrate your child's baptism at Holy Trinity? Attend the next Baptism Class on Monday January 6 at 6:00 pm. Contact Jan Swinton in the Parish Office at 515-255-3162 ext. 128 to register.



Coffee and Donuts. It's a new year! And we are looking for new volunteers. We are looking for volunteers to help serve coffee and donuts on Sundays after 8:30a and 10:30a masses. This is an important ministry that allows us to gather each week after mass! This is also a great opportunity to volunteer with a group and share more about your organization or group here at Holy Trinity.

If you are interested in signing up for coffee and donuts, please [sign up HERE](#), or contact Gigi Wilwerding at gigiw@holyltrinitydm.org.

Financial Blessings Ending Week of 12/20/24

Budget July 2024 through June 2025	\$958,558	YTD Surplus (Deficit)	\$25,064
YTD Actual Tithing	\$462,301	Tithing for the Week	\$32,656
YTD Budget	\$437,237	Number of Donations Received	310



Make a donation! Scan the QR Code or visit holyltrinitydm.org/donate

Speaker & Founder of Safe Social Network

Ben Tracy will be speaking with 3rd -8th grade students during the school day.

MONDAY, JANUARY 13TH

There will be a parent presentation in the evening: 7pm-8pm

Ben Tracy speaks to more than 100,000 students, parents, and educators each year about digital citizenship, online safety, and responsible social media use.

He shares his own powerful story about how teenage social media impacted his life and discusses cyberbullying, online predators, the relationship between social media and mental health, drugs on social media, and he encourages students to use technology in a positive way.



Holy Trinity
Catholic Church and School



Stem bootcamp: Hydraulic Judobots

When? Monday, January 27th from 3:30-5:30p

Who? 4th-8th grade students

Where? Holy Trinity STEM Lab

Cost: \$25 - will be charged on your Holy Trinity Blackbaud account after the event

RSVP: Only 24 spots, so [click here to reserve your spot](#) today! Sign up closes Sunday, January 19th.

Fourth through eighth grade students are invited to join Ms. Brott for a hands-on STEM Bootcamp where you'll learn how to design and build a functioning judobot using hydraulics! Then you will face off against other students in a Judobot fight.

Want to see what a Judobot fight is? [Click here](#) to see an example of a Judobot fight.

NOW HIRING. Middle School Interventionist. Holy Trinity School is looking for a part time middle school interventionist for math and reading. Applicants must have a valid Iowa Teaching License.

If you are interested in learning more about this position please contact Monica Morrison mmorrison@htschool.org.

Shop the Holy Trinity Spirit Store!

Shop online today at shopholytrinitydm.com!

Questions? Email megan.mortier@gmail.com and sarahmseverson21@gmail.com



Uniform Donations. We are accepting uniform donations starting after break! Please make sure uniform items are in good condition when donating. We are currently in high need of pants.



Holy Trinity
Catholic Church and School

Upcoming Dates.

- CLASSES RESUME: January 6th
- NO SCHOOL: January 20th
- CATHOLIC SCHOOLS WEEK: January 26th-31st
- NOON DISMISSAL: January 29th
- NO SCHOOL: February 3rd

Enrollment. Parishioner Enrollment started December 1st at the Diocese of Des Moines Catholic Schools, our students experience nurturing and innovative environments where smaller class sizes foster big dreams.

Plus, with Education Savings Accounts, an education at our schools might be more affordable than you think! All K- 12 Iowa students qualify for an ESA for the 2025-2026 school year.

Parishioner enrollment begins December 1.

- Parishioner priority enrollment December 1 –January 24.
- General Enrollment opens up January 25.

Schedule your visit today with Mercedes Steinkamp, email her at mercedes@htschool.org



**DES MOINES REGIONAL
CATHOLIC SCHOOLS**



Women's Evening of Recollection



Women's Evening of Recollection

Monday, January 13, 2025

6:30-8:30 p.m.

St. Augustin Church | 545 42nd Street, Des Moines

Spend a brief time away from the world to be with Our Lord. The Evening is designed to help you spend time alone with God, to look at your life from His perspective, and find practical ways to serve God amid your ordinary work and family life. A priest will present two meditations based upon the spirituality of St. Josemaria Escrivá, the founder of Opus Dei. There will be time for personal prayer, reflection, and confession. The evening will conclude with Benediction.

- 6:30 Confession. Confession will also be available between meditations
- 6:40 Practical Talk
- 7:00 First meditation. Confession. Meditation.
- 8:00 Benediction
- The Women's Evenings of Recollection will take place on the 2nd Monday of each month. No Women's Evening of Recollection in July and December.

Questions: Terry McFarland (630-885-0246).

terryanmcfarland@gmail.com

YOUR SUPPORT MAKES CATHOLIC SCHOOLS POSSIBLE AND SUCCESSFUL! ESAs are a benefit for Iowa families and empower parents to choose the school that best meets their children's needs. ESA dollars do not provide an additional funding stream to Catholic Schools, rather ESAs provide parents the ability to pay tuition using government funds. Additionally, the actual cost of educating a child at our Catholic schools exceeds the amount of tuition charged. In 2023-2024, the average cost to educate a student in our schools was \$9,105/student in grades K-8 and \$12,918/student in grades 9-12. Charitable giving and parishioner tithing support the cost to educate not covered by tuition payments or ESAs. We are grateful for the continued support our faith community provides. Your support not only makes Catholic schools possible, but successful!

ManUp Event. Join the next ManUp West Power Lunch Friday, January 10th at St. Francis of Assisi in West Des Moines. David Reising, Adult Faith Coordinator will present "Spiritual Development in 2025" and will include a discussion of various opportunities to "pump you up" with spiritual growth in the new year.

Register at IowaCatholicRadio.com. [Sign up link.](#)

2025 Jubilee of Hope. "Hope does not disappoint" (*Rom 5:5*). In the spirit of hope, the Apostle Paul addressed these words of encouragement to the Christian community of Rome. Hope is also the central message of the coming Jubilee that, in accordance with an ancient tradition, the Pope proclaims every twenty-five years...For everyone, may the Jubilee be a moment of genuine, personal encounter with the Lord Jesus, the "door" (*cf. Jn 10:7.9*) of our salvation, whom the Church is charged to proclaim always, everywhere and to all as "our hope" (*1 Tim 1:1*). - Pope Francis, **Spes non confundi**

What is a Jubilee? Also known as a "Holy Year," a Jubilee is a special year of remission of sins and universal pardon. It is a time of spiritual renewal, pilgrimage, and reconciliation that occurs every 25 years. The concept is rooted in the biblical tradition found in the Old Testament, where a jubilee year occurred every 50 years, and was marked by the forgiveness of debts, liberation of slaves, and the return of land to its original owners.

[Visit the official website of the Jubilee from the Vatican to stay up-to-date on all Jubilee news and events.](#)



Solemnity of the Epiphany

Christmas- During the Christmas season from December 24th until the Sunday after Epiphany, we reflect upon the mystery of love that is made visible in the birth and early childhood of Christ.

Reading I : Isaiah 60:1-6

Your light has come!

- The showing forth of God's glory is apparent in today's passage from Isaiah.
- All nations will walk by Jerusalem's light, the glory of God within it.
- The prophet announces to the people that even in the midst of darkness, they will forever be enlightened by the presence of God.

Reading II : Ephesians 3:2-3a, 5-6

We all share the same promise!

- The earliest Christians, mostly Jews, struggled with the realization that even Gentiles are included in God's plan of salvation.
- Today's letter points out that people in former ages did not understand that God's mercy extended to all people.
- Gentiles and Jews are one body in Christ.

Gospel : Matthew 2:1-12

They opened their coffers and presented him with gifts.

- Matthew's Gospel clearly demonstrates that all the prophecies of old have come to fulfillment in Christ.
- As promised, Gentile wise men recognize Jesus as Messiah even when the Jerusalem sages do not.
- The official priests and scribes quote the messianic prophecies that identify Bethlehem, the city of David's birth, as the birthplace of the Messiah. However, they do not follow their own wisdom.



Bring Home the Gospel | January 5th, 2025

Reading I Isaiah 60:1-6 | Psalm | Reading II Ephesians 3:2-3a, 5-6 | Gospel Matthew 2:1-12

Question For The Children In your life, who helps you to see Jesus in other people such as a classmate or a friend?

Question For The Youth The star guided the Magi to Jesus. What are the people or events who have guided you in your relationship with Jesus?

Question For The Adults How this past week did you demonstrate God's love at home and at work?

Activity Of The Week Help your family experience a true epiphany. Spend time this week looking for God. Go out for a walk, or look for God in your home. See where God leads you.

Saint Of The Week John Neumann, Bishop, 1811-1860 John Neumann was born in what is now the Czech Republic. At an early age, he was attracted to the religious life and entered the seminary. Unable to be ordained in Bohemia due to a surplus of priests, John went to the United States where he was ordained in 1836.

The next few years were spent in missionary work, primarily among German-speaking Catholics in upstate New York. In 1840, he joined the newly established branch of the Redemptorists in Pittsburgh and became the first Redemptorist to take his vows in the United States. John continued his missionary work in Maryland, Ohio, Pennsylvania, and Virginia, and in 1847, he was named superior of the American Redemptorists.

In 1852, John Neumann was consecrated as the fourth bishop of Philadelphia. He now had an opportunity to make great inroads into what had become his passion: the education of poor German, French, Irish, and Indian Catholics.

During his eight years as Bishop of Philadelphia, he reorganized the diocese, as well as opening eighty new churches and nearly one hundred schools. To staff these schools, John brought in many religious orders of priests and nuns. At the first national council of Catholic bishops, he helped to map out a plan of Catholic education for the whole United States.

Although active in his support of education and busy with the duties of leading a diocese, John Neumann was never far from his people. By the time he became bishop, he spoke twelve languages and made it a point to address each of his people in their own language. At the time of his death, John was renowned for his holiness, charity, pastoral work, and his preaching.

John Neumann was canonized in 1977 by Pope Paul VI, becoming the first American male saint and the first American bishop to be sainted. He is the patron of Catholic education.

A memorial honors this saint on January 5th.

John's message today: John Neumann's goal was to have a school in every Catholic parish. This was very nearly realized by the middle of the twentieth century. While the numbers of schools has fallen in the years since, the need for educating our children in their faith remains as strong as ever.

- *Consider how you could use your talents in the Faith Formation program in your parish. Could you teach a grade? Be a classroom helper? Coordinate instruction schedules?*



Make a donation! Scan the QR Code or visit [holytrinitydm.org/donate](https://www.holytrinitydm.org/donate)

Parish Calendar | January 5th, 2025

	Sunday [1/5]	Monday [1/6]	Tuesday [1/7]	Wednesday [1/8]	Thursday [1/9]	Friday [1/10]	Saturday [1/11]
School		Classes Resume		School Mass hosted by 5th Grade 8:30AM			
Faith Formation			OCIA (CH) 6:30PM	FF & Edge Class (103 & 104) 6:30PM			Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM Morning Prayer following 8:30 Mass	Mass 8:30AM	Mass 8:30AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM Morning Prayer following 8:30 Mass	Reconciliation 3-3:45PM Mass 4:30PM
More		Baptism Class (MC) 6:00PM Rosary at the Bigelows 8:00-9:00PM		Schola (CH) 6:30PM Youth Ministry Deep Dive (MC) 6:30PM			

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[1/5]	8:30AM	Mass	Father Frances B. Ostdiek
	10:30AM	Mass	For the Parish
[1/7]	8:30AM	Mass	Glen G. Hall
[1/8]	8:30AM	Mass	Sr. Elaine Hagedorn, CHM
[1/9]	8:30AM	Mass	Mary Lou Benson
	2-9PM	Adoration	
	4:05PM	Rosary	
[1/10]	8:30AM	Mass	Shan Steinmark
[1/11]	3-3:45PM	Reconciliation	
	4:30PM	Mass	William Roarty
[1/12]	8:30AM	Mass	Max Fahlander
	10:30AM	Mass	For the Parish

Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	Jude & Hugh Kajewski, Tyler Leo and Liam Dumermuth
[1/11]	Lectors	Marsha Szymczuk & Kathie Obradovich
4:30PM	EMHC	Team 2
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Geneva Knapp, Mary Cate & Ronan Bergman and Bennett Steinkamp
[1/12]	Lectors	Steve Stimmel & Luke Lynch
8:30AM	EMHC	Team 2/MC: Mark McAndrews
	Children's Liturgy	Team C: Breanna Castro & Jessica Bergman
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Ruby Severson, Joshua Zwier, Colton Barney and Noah Dragoo
[1/12]	Lectors	Teresa Baustian & Chris Coleman
10:30AM	EMHC	Team 2/MC: Mary Ellen Winston
	Children's Liturgy	Team 2: Kate McInroy & Jane Kinney
	Music Coordinator	Eric Sharp

Taking the Journey TOGETHER





KAPOW
massage + wellness
Katy Polich
Owner/Parishioner
5601 Hickman Rd Ste #6
515-770-9515

Ingersoll Family
Dentistry
Bernard Gradoville, D.D.S.
Jack Gradoville, D.D.S.
2800 Ingersoll Ave. Des Moines
515-243-2412



Matt Nolan
Mortgage Lender
NMLS #41430
13523 University Ave
Clive, IA 50325
Cell: (515) 490-4113
Email: Matt.Nolan@MFLSB.com
Website: MFLSBmortgage.com




SAY MORE WITH BOESEN
SINCE 1923
Boesen.com
3422 Beaver & 3801 Ingersoll




Westover Chapel
276-4567
Dunn's Chapel
244-2121
Grandview Park
262-1652
Kelly Broderick



Calvin Community
Connected with Care.
calvincommunity.org



ASHWORTH VISION CLINIC
Look no further for the quality eye care you deserve.
www.ashworthvision.com
Dr. Barbara A. Scheetz
Doctor of Optometry
Phone: 515-440-4610
5970 Ashworth Rd.
West Des Moines, IA 50266
MEMBER VISION SOURCE NETWORK



MCCORMALLY & COSGROVE
MAUREEN C. COSGROVE, Attorney
4508 Fleur Drive | Des Moines, IA 50321
T 515-218-9878 F 515-218-9879
mccormally@molaw.com | www.molaw.com



Iles Funeral Homes
Funerals • Cremations • Pre-planning
www.IlesCares.com

BEAVER AVE. CHIROPRACTIC
Dr. David H. Hammans
"Providing skilled & quality care for over 20 years"
3520 Beaver Ave. Suite B 279-3869



IOWA CONTRACTING INC.
Residential/Commercial Concrete & Parking Lot Maintenance
For free estimates:
wlawson@iowacontractinginc.com
515-717-0990



West Grand GOLF
Sarah Ward
Director of Instruction
LPISA
Teaching and Club Professional
Mobile: 515-201-4479
sarahward@westgrandgolf.com
6450 Raccoon River Drive • West Des Moines, Iowa 50266
Phone: 515-225-7076 • www.westgrandgolf.com



PRICE CHOPPER
FRESHER WAYS TO SAVE!
PROUD TO BE IN IOWA
1918 Beaver Ave. & 3425 Ingersoll Ave.
Des Moines, Iowa



Iowa Realty
Iowa's Largest
Beaverdale Office
Jan Stehl
Realtor/Parishioner
515-229-2156
jstehl@iowarealty.com
www.janstehl.com



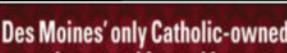

OAKWOOD BUILDERS GROUP
515.244.3491
www.oakwoodbuildersgroup.com
Brett Bunkers & Dan Schaefer

Holy Trinity Bulletin printed by Big Red Q Quickprint
Family owned and operated since 1980
Printing • Copying • Typeset and Design
3839 Merle Hay Rd, #160
(Directly across from Merle Hay Mall)
www.bigredq-desmoines.com
orders@bigredq-desmoines.com
515/270-0700

Now Hiring a Team Associate at Kids Connection!
Call 515-255-3162 ext. 127 for more info



MEDICAP PHARMACY
Corner of Beaver & Urbandale Ave.
277-3702
Janelle Beal, R.Ph. - Pharmacy Manager
www.MyMedicapPharmacy.com/beaverdale
Free Delivery • Drive-Thru Service
Immunizations • No Long Waits



Des Moines' only Catholic-owned and operated funeral home.
Mark Parrish **John Parrish**
CALDWELL PARRISH FUNERAL HOME & CREMATORY
8201 Hickman • 515-276-0551 • CaldwellParrish.com



WE OFFER
A hot & cold daily deli & fresh BBQ to go
2716 BEAVER AVE | PHONE 515-381-6867



FIRST MEDICAL INC.
Supplies for the Physician Office
Jim & Shelley Horton
515-278-4930



O'Donnell ACE Hardware
5715 Hickman Road 255-2240
4808 University Avenue 277-0062
2727 Beaver Avenue 279-4245
Visit Us At www.acehardware.com



Edencrest
AT BEAVERDALE
A Retirement Community
3410 Beaver Ave 515-250-3052
Promo Code: Trinity, ask for specials



Better Design. Better Service.
981-1900



New Heights Counseling Resources
Jim Wilwerding, M.Div., LMHC, NCC
Jessica Romey, LMHC
And Associates
515-274-9690
www.newheightscounseling.org



DR. NEAL R. MEYLOR
Family Chiropractic & Acupuncture
Info@MeylorChiropracticBeaverdale.net
2045 Beaver Avenue | Des Moines, IA 50310
P: 515-255-7246 | F: 515-255-3432
M-F 9:00am-12:30pm and 3pm-6pm

Residential Repair & Remodeling 21 Years Experience
Complete Renovations & Additions Insured
Siding & General Home Repair Free Estimates
Bob's Painting & Home Repair
ROBERT CHAPMAN
2500 53rd St. • Des Moines, IA 50310 • (515) 255-0363
(515) 277-4128 Fax • (515) 771-6929 Cell
Parishioner • escolosimo@msn.com

Need Help With Health Insurance?
Call Ron Stahl
First Heartland Financial Group
515-273-5120 ext. 100
1350 NW 138th St. #300
Clive, IA
Specializing in Medicare Supplement, Individual and Small Group Coverages

To advertise your business, please contact Jan Swinton in the Parish Office.
Email
parishoffice@holytrinitydm.org
or
jans@holytrinitydm.org

Morrissey FINE JEWELRY
235 5TH STREET
WEST DES MOINES
(515) 279-0036

BEAVER AVE CLEANERS
3704 Beaver Ave. • Des Moines
277-9177
FRANKLIN PARK CLEANERS
5804 Franklin Ave. • Des Moines
277-0262



COMPLETE PLUMBING SERVICES
515-490-1882
Jeff, Melissa, Vanessa, Marcella & Calvin Garton



Holy Trinity
Catholic Church and School
• Taking the Journey Together •