



# Holy Trinity

Catholic Church and School

2926 Beaver Ave DSM IA 50310 | 515.255.3162 | holytrinitydm.org

January 28th, 2024

Fourth Sunday of  
Ordinary Time

Taking the Journey TOGETHER

*Interested in Enrolling at Holy  
Trinity School?  
Join us at 11:45a on January 28th  
for our Open House*



Worship online at <https://bit.ly/37n4LAu>



## From the Church | January 28th, 2024

**Faith in Action:** Looking for something fun to do over spring break? Do you like to help others?

*March 10th - 13th* Holy Trinity will be joining other parishes in the Des Moines area for days of service. We will be working with Habitat for Humanity, Rock the Block, Des Moines Refugee Services, St Vincent De Paul, Connection Cafe, as well as many other organizations.

We will be staying at Our Lady's Immaculate Heart each night. It is a ton of fun and a chance to earn service hours. (You will be awarded 24 hours for the 3 days of work)

*Space is limited.* Applications are available by reaching out to Gigi at [gigiw@holyltrinitydm.org](mailto:gigiw@holyltrinitydm.org).  
**Applications are due by February 14th.**



**Saturday, February 10th from 8:00 am to 11:30 am**  
Join Holy Trinity Catholic Church & School as they host a blood drive to support the LifeServe Blood Center! Donated blood is needed every day to meet the needs of local hospital patients.

Please register for an appointment at [https://donor.lifeservebloodcenter.org/donor/schedules/drive\\_schedule/183922](https://donor.lifeservebloodcenter.org/donor/schedules/drive_schedule/183922) or by calling (800) 287-4903

**SAVE THE DATE FOR OUR HEALING MASS** Experience the Sacrament of the Sick on Friday, March 8th, at 10 a.m. All parishioners are welcome to attend and offer support to those in need of healing. For more information, contact Deacon Dan Maxcy at 515.255.3162 ext. 124.

**DES MOINES AREA Teen Mass.** 11 a.m. at St. Mary of Nazareth. Then after Mass join us for the Mardi Gras Bowl in the Parish Hall from 12 pm -2:30 pm on February 11th

*THERE WILL BE MARDI GRAS AND SUPER BOWL THEMED GAMES AND PRIZES! THIS IS A GREAT CHANCE TO MEET PEOPLE FROM AROUND DES MOINES!*

*4600 MEREDITH DR, DES MOINES, IA 50310*

**Lenten Fish Dinners** KOC hosts dinners on February 16th, March 1st, 22nd from 5:30 to 7 p.m. in the gym. Cost is \$12 for adults and \$6 for ages 5 to 11. On the menu: Baked Tilapia, Beer Battered Cod, Mac n' Cheese, Cheesy Potatoes, Vegetables, Coleslaw, Dinner Roll, and Desserts provided by Holy Trinity Youth Group.



**Knights of Columbus®**

**Super Bowl Chili.** The Knights will again be selling their world famous chili after masses on Feb 10 and 11. They will be selling...

- Quarts for \$12.00
- Half-gallons for \$20.00



### Financial Blessings Ending Week of 01/19/2024

Budget July 2023 through June 2024	\$958,558	YTD Surplus (Deficit)	(\$8,930)
YTD Actual Tithing	\$530,183	Tithing for the Week	\$17,081
YTD Budget	\$539,113	Number of Donations Received	25



Make a donation! Scan the QR Code or visit [holyltrinitydm.org/donate](https://holyltrinitydm.org/donate)

From the School | January 28th, 2024

**HT Family Game Night** Please join us for a Catholic Schools Week Family Game Night on Thursday, February 1<sup>st</sup> from 6-7:30pm. Bring your favorite board game to share or just enjoy a variety of board games, puzzles and active games set up in the gym and social room.

**Free pizza** will be available on a first come, first serve basis.

Dessert donations and volunteers to help, please sign up here: <https://bit.ly/HTGameNight>



**Volunteers Opportunity.** The Holy Trinity Gala Auction Committee needs volunteers to join our team to create a fun, polished and profitable Gala Auction. Funds from the Gala Auction support the school's annual budget and endowment fund.

Holy Trinity's annual Gala Auction is a fun evening dedicated to raising funds that support the school's annual budget. Make plans to join us on **Saturday, April 13, 2024**. This year's Gala Auction will feature dinner, drinks, exciting games, music, and both silent and live auctions.

**Contact** [gala.holytrinity@gmail.com](mailto:gala.holytrinity@gmail.com) for more information or to [express your interest](#) on how to volunteer at this year's Gala!



**Holy Trinity**  
Catholic Church and School

## Job Opportunities

**Physical Education Teacher** - Do you have a strong educational background, solid organizational skills, superior communication skills, and leadership abilities? Submit a letter of interest, resume, three letters of recommendation, and copies of teaching licenses to Monica Morrison at [mmorrison@htschool.org](mailto:mmorrison@htschool.org).

2.17.24  
*Save the Date*

DADDY/DAUGHTER DANCE  
6:30-8:30PM  
HOLY TRINITY GYMNASIUM

Guys, grab your favorite gal(s), put on your dancing shoes and join us for a night of fun. This is a night for all those daddy's or special guys to show their favorite little lady(s) a magical time.

**[RSVP HERE](#)**

**Donate Desserts.** Bring something sweet and share some treats with the Daddy's and Daughters at their favorite dance of the year! [Sign up here.](#)

**Need Volunteer Hours.** Help us at the dance and get service hours! [Sign up here.](#)



Call the School Office at 515.255.3162 ext. 115 for more information!

# CATHOLIC SCHOOLS WEEK 2024

## SUNDAY-KICK OFF

**Open House** from 11:45-12:45

Tours, activities, and treats will be at the open house  
12:00- Early Childhood presentation in the gym for parents

## MONDAY - COMMUNITY

***80's Theme for Gala- students may dress up in 80's theme clothing***

Students will create Valentine cards to deliver to the homebound

## TUESDAY - FAMILY

***Wear your spirit wear or favorite team jersey with uniform bottoms***

PK-2- Color a picture of a Saint

3-8- Create a collage around what they love about Holy Trinity

2:15-3:00- Religion Bee for Middle School

## WEDNESDAY - FAITH

***Dress up for Jesus or School Uniform (no jeans or comfy clothes)***

Mass led by the student council

**NOON DISMISSAL**

## THURSDAY - SCHOOL

***Wear your favorite color from head to toe- No hair dye***

2:30- All School Bingo

6:00- SFO Game Night

## FRIDAY - STUDENTS/STAFF/VOLUNTEERS

***Comfy Clothes Day***

2:00-3:00- Talent Show (LIVE THIS YEAR!)



**Holy Trinity**  
Catholic Church and School



# JOURNEY THROUGH LENT WITH THE SAINTS

During the weeks of Lent, the Church observes the feast days of many saints. What better role models for our Lenten journey than the heroes and heroines of our faith? Come and explore what these holy, but human, characters have to teach us about following Jesus to the cross and beyond. Discover a fresh take on your Lenten observance!

**No Cost, Dinner provided and served by the Knights of Columbus.**

These evenings are open to all members of the parish. There will be something for everyone no matter your age!

## **Paulette Chapman Bio**

Paulette Chapman is a ministry consultant and writer who has more than 35 years of experience in ministry at the parish, diocesan, and regional level, including several years on the parish staff at Holy Trinity. Paulette earned her BA in Theology from Briar Cliff University in Sioux City, Iowa, and her MA in Theology from University of Notre Dame in South Bend, Indiana. Paulette and her husband, Tom, have three adult children, all of whom attended Holy Trinity School. They have been members of Holy Trinity Parish for 34 years.



Scan here to sign up!

**Wednesday, February 21 from 6:00 - 8:00 pm**  
Social Room

**Sunday, February 25 from 4:00 - 6:00 pm**  
Social Room



**Generations  
of Faith**

# From the Diocese & Community | January 28th, 2024

**Man-Up West-Catholic Fellowship for Men.** February 9th, 2024: Fr. Nick Smith, Parochial Vicar at Christ the King in Des Moines, Des Moines native, and host of the daily Gospel reflection on Iowa Catholic Radio will provide us with disciplines we can adopt as we prepare for the season of Lent.

Fr. Nick, the oldest of 7 children was ordained to the Priesthood in 2022.

Weather Cancellation Policy: If St. Francis of Assisi Parish is closed due to inclement weather, there will not be a Man-Up event that day.

*Lunch from Chick-fil-A* is available for a free will offering

Program: High Noon, Friday, February 9th, St. Francis of Assisi Catholic Church- 7075 Ashworth Rd, West Des Moines, IA 50266

We encourage you and a buddy to register for this event at: [www.iowacatholicradio.com](http://www.iowacatholicradio.com)

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**"Come, let us Adore."** As we celebrate our 150<sup>th</sup> Jubilee, the Benedictine Sisters of Perpetual Adoration invite single women, ages 18 - 40, who are considering religious life, to visit for a weeklong Monastic Experience March 2-7, 2024 at our monastery in Clyde, Missouri.

It's a chance to experience the daily rhythm of our life where you can join us in singing the divine office, attend daily Mass, spend time in personal prayer and open your heart to God's call by learning about discernment and prayer.

There is no cost to attend, and more details can be found at [www.benedictinesisters.org](http://www.benedictinesisters.org).

To register, contact Sr. Maria Victoria at (660) 944-2221 ex. 127 or e-mail [vocation@benedictinesisters.org](mailto:vocation@benedictinesisters.org).



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**Single Catholic Women 20-35.** The world needs you. God calls you. We invite you...with other Catholic Young Women to our Vocation Discernment Retreats or invite us to meet you where you are. Franciscan Sisters invite you to in-person and online Discernment Events designed for you. Discover your calling and purpose. Visit <https://fscc-calledtobe.org> or contact Sr. Julie Ann 920-323-9632.

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**Where To Find Information On A Snow Day.** We have already dealt with some weather this winter, but we expect it isn't done yet!

If Holy Trinity School is cancelled Monday-Friday, expect that Daily Mass will be cancelled, and the Parish office will be CLOSED.

Where to find this information...

- KCCI
- Holy Trinity Facebook Page
- Signs up at the Church (if weather permits for someone to safely post them)
- Announcements section of the website

Stay safe and check for weather updates!



Taking the Journey TOGETHER



Go to [dmdiocese.org](http://dmdiocese.org) for more information!

## *Fourth Sunday of Ordinary Time*

**Ordinary Time:** For a large part of the liturgical year, we devote ourselves to listening to the mystery of Christ in all its aspects unfolded as we seek God's truth and understanding

**Reading I :** Deuteronomy 18:15-20

I will put my words into your mouth.

- In the Book of Deuteronomy, Moses conveys God's word to the people.
- The promise of God delivered by Moses is that God will raise up another prophet.
- The true prophet will deliver God's word.

**Reading II :** 1 Corinthians 7:32-35

I want you to be free of all worries.

- Some of the early Christian communities found Paul to be a true prophet.
- The Christians at Corinth apparently wrote to Paul, asking him a series of practical questions about how to live the Christian life.
- The First Letter to the Corinthians is Paul's answer to their questions.

**Gospel :** Mark 1:21-28

He has authority over all creation.

- The Gospels reveal Jesus to be the true prophet, the one who not only brings the word of God but who is the Word of God.
- In the first chapter of the Gospel of Mark, there are several stories illustrating Jesus' authority.
- Today's passage tells of Jesus casting out a demon. The people are amazed because the demon obeys Jesus.



# Bring Home the Gospel | January 28th, 2024

Reading I Deuteronomy 18:15–20 | Psalm 95: 1-2,6-7,7-9 | Reading II 1 Cor 7: 32-35 | Gospel Mk1:21-28

**Question For The Children** Name some bad things that you want to pray that Jesus will take away from our world.

**Question For The Youth** Jesus was able to free the man from the unclean spirit within him. What do you hope Jesus will free you from? What is happening in the world that need Jesus' help?

**Question For The Adults** What are the evils in today's world that you pray God will free us from?

**Activity Of The Week** As a family make a list of people who need Jesus' help. As a family, pray for these people who are in need through the power of Jesus' name and word. List ways your family can take action and bring the healing power of Jesus to others.

**Saint Of The Week** -Agatha, Virgin and Martyr, Third Century



Agatha is another of the early saints about whom most our knowledge is based on legend. She was born in Sicily, either Catania or Palermo, both of which claim her as a patron, and was martyred in Catania, most likely during the persecution of the Roman emperor Decius around the middle of the third century.

Agatha dedicated herself to God and a life of chastity. When she refused the advances of a Roman consul, he denounced her as a Christian and subjected her to torture and indignities to change her mind. But Agatha's continued dedication to God and her calm acceptance of torture only infuriated her captors. They cut off her breasts and rolled her over red-hot coals until she died.

Early Christian art depicted Agatha holding a tray with her breasts on it. In the middle ages, the breasts were mistaken as two loaves of bread. This led to the custom of blessing bread on St. Agatha's feast day and bringing the bread to the altar on a tray.

Sometime after her death, an eruption of Mt. Etna was stilled after the people prayed to St. Agatha for intercession. As a result, people have continued to ask St. Agatha to protect them from fire. She is also a patron of nurses, and she could well be an appropriate patron for a woman undergoing a mastectomy.



Make a donation! Scan the QR Code or visit [holytrinitydm.org/donate](https://holytrinitydm.org/donate)



# Parish Calendar | January 28th, 2024

	Sunday [1/28]	Monday [1/29]	Tuesday [1/30]	Wednesday [1/31]	Thursday [2/1]	Friday [2/2]	Saturday [2/3]
<b>School</b>	OPEN HOUSE	80s Dress Up Day	Team Spirit Day	School Mass hosted by Student Council 8:30AM  NOON DISMISSAL	Wear Your Favorite Color Day	Talent Show	
<b>Faith Formation</b>				Faith Formation & Edge Class 6:30PM			Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
<b>Adult Faith Formation</b>	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM  RCIA (CH) 6:30PM	Mass 8:30AM	Mass 8AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM	Reconciliation 3-3:45PM Mass 4:30PM
<b>More</b>	<i>Catholic Schools Week</i>	<i>Catholic Schools Week</i>	<i>Catholic Schools Week</i>	<i>Catholic Schools Week</i>	<i>Catholic Schools Week</i>	<i>Catholic Schools Week</i>	

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Upcoming Mass Schedule, Liturgy Schedule, and Intentions			
[1/28]	8:30AM	Mass	Rachel Dubec
	10:30AM	Mass	Tim Sheaff
[1/29]	8:30AM	Mass	Hal Munn
[1/31]	8:30AM	Mass	Mary Ellen McGough
[2/1]	8AM	Mass	Jeanette Sperling
	2-9PM	Adoration	
	4:05PM	Rosary	
[2/2]	8:30AM	Mass	Carl and Elizabeth Neal
[2/3]	3-3:45PM	Reconciliation	
	4:30PM	Mass	For the Parish
[2/4]	8:30AM	Mass	Michael Timmons
	10:30AM	Mass	Tim Sheaff

Upcoming Liturgical Ministers and Altar Servers		
Saturday	Altar Servers	M. & J. Larsen, P. & L. Carroll, and V. & B. Smith
[2/3]	Lectors	Matt Kiernan & Vonnie Salem
4:30PM	EMHC	Team 1
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	J. Lynch, B. Steinkamp, and J. & J. Meylor
[2/4]	Lectors	Scott Flood & Tammy Keiter
8:30AM	EMHC	Team 1
	Children's Liturgy	Katy Polich
	Music Coordinator	Tom Quiner
Sunday	Altar Servers	Gemma Kahler & Lydia Caswell
[2/4]	Lectors	Lea Rea & Tim Stacy
10:30AM	EMHC	Team 3
	Children's Liturgy	Bob Bush & Catie Wilwerding
	Music Coordinator	Frances Paterik

Taking the Journey TOGETHER



View the Parish Calendar online at [holytrinitydm.org/home/calendar](https://holytrinitydm.org/home/calendar)

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