

Taking the Journey TOGETHER



Holy Trinity Book Club

Starting January 2025

- Purchase our club's book from Beaverdale Books, Divine Treasures, or Amazon.
- Read three chapters a month.
- Join a discussion time that works for you.

Thursdays - 8 P.M.

Dates: 1/30, 2/27, 3/27

Location: 4208 Adams Ave.

Host: Kathleen Meradith-Eyers

k.meraditheyers@gmail.com

Fridays - 9 A.M.

Dates: 1/31, 2/28, 3/28

Location: 3015 40th PL

Host: Sophie Klaus

srfursa@gmail.com

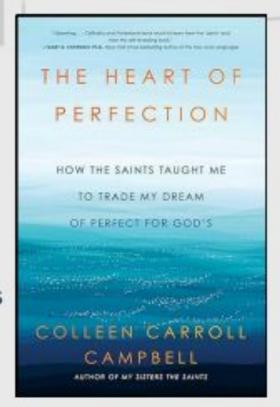
Saturdays - 11 A.M.

Dates: 1/25, 2/22, 3/29

Location: 2629 38th St.

Host: Meghan Thorne

meghanmc515@gmail.com



Join our email list here!

From the Church | January 19th, 2025

Parish Business Directory. Want to share information about your business with parishioners at Holy Trinity?

<u>Fill out this Directory form</u> and be added to our new business directory housed on our secure portal. Reach out to Jan Swinton with any questions.

Still Here. Sharing Sacred Scripture with Loved Ones in Memory Care. Are you grieving and missing a family member who has been placed in Memory or Alzheimer's Care? They are still here and we would love to minister to them.

We can make brief, peaceful viPlease contact Sarah with questions and pray the sacred scriptures or Liturgy of the Hours for them. Our loved ones can still hear the still, small voice of the Lord!

To ask us to visit your loved one please call Deacon Troy Thompson (515-447-5707) or Jan Swinton, Parish Secretary (515-255-3162).

Rosary. Join our HT school and parish community in praying the rosary. We'll meet at the Bigelows house (403 42nd Street) at 8 pm on the first Monday of each month for intentions, rosary and fellowship. If you're not familiar with the rosary, come learn.

Next meeting is on Monday, February 3rd. Any questions, reach out to Sarah Sullivan Bigelow at ssullivanbigelow@gmail.com



Do you know of someone who is homebound? Do you know one of our Holy Trinity family who is homebound, in a care facility, hospital or hospice and would like to have a visit and possibly share in Holy Communion? Maybe they are not up to having a visitor but would enjoy a phone call, email or letter?

If so, please contact our Pastoral Care Minister, Deacon Troy Thompson at troyt@holytrinitydm.org. 515-255-3162 ext 124 or 515-447-5707.

Coffee and Donuts. It's a new year! And we are looking for new volunteers. We are looking for volunteers to help serve coffee and donuts on Sundays after 8:30a and 10:30a masses. This is an important ministry that allows us to gather each week after mass! This is also a great opportunity to volunteer with a group and share more about your organization or group here at Holy Trinity.

If you are interested in signing up for coffee and donuts, please <u>sign up HERE</u>, or contact Gigi Wilwerding at gigiw@holytrinitydm.org.

Chili Sold by the Knights of Columbus. The Knights will again be selling chili after masses on Feb 8 and 9.

The prices are Quarts \$12.00 and Half-gallons \$20.00.

Breakfast Served by the Knights of Columbus. The HT Knights of Columbus will be serving breakfast after both Masses on Sunday January 26th. All proceeds will go to the School for Catholic Schools week.

The menu consists of: Eggs, Sausages, Biscuits and Gravy, Fresh Fruit, Breakfast pastries, Coffee, Milk, and Orange Juice.

Financial Blessings Ending Week of 1/10/25				
Budget July 2025 through June 2026	\$958,558	YTD Surplus (Deficit)	\$21,376	
YTD Actual Tithing	\$520,150	Tithing for the Week	\$38,972	
YTD Budget	\$498,774	Number of Donations Received	260	





From the School | January 19th, 2025

Stem bootcamp: Hydraulic Judobots

When? Monday, January 27th from 3:30-5:30p

Who? 4th-8th grade students

Where? Holy Trinity STEM Lab

Cost: \$25 - will be charged on your Holy Trinity Blackbaud account after the event

RSVP: Click here to reserve your spot today! Sign up closes Sunday, January 19th.

Fourth through eighth grade students are invited to join Ms. Brott for a hands-on STEM Bootcamp where you'll learn how to design and build a functioning judobot using hydraulics! Then you will face off against other students in a Judobot fight.

Want to see what a Judobot fight is? Click here to see an example of a Judobot fight.

NOW HIRING. Middle School Interventionist. Holy Trinity School is looking for a part time middle school interventionist for math and reading. Applicants must have a valid Iowa Teaching License.

If you are interested in learning more about this position please contact Monica Morrison mmorrison@htschool.org.

Shop the Holy Trinity Spirit Store!

Shop online today at shopholytrinitydm.com!

Questions? Email megan.mortier@gmail.com and sarahmseverson21@gmail.com

Uniform Donations. We are accepting uniform donations. Please make sure uniform items are in good condition when donating. We are currently in high need of pants.

Upcoming Dates.

NO SCHOOL: January 20th

CATHOLIC SCHOOLS WEEK: January 26th-31st

NOON DISMISSAL: January 29th

NO SCHOOL: February 3rd

Daddy Daughter Dance is HERE! Guys- Grab your favorite gal(s) and let's do a little dancing. RSVP here!

At this event you can expect:

- To dance the night away to your favorite DJ tunes
- A flower for every girl
- A dessert bar
- A snack bar
- Lemonade and Water
- Multiple Craft Tables
- **DIY Bracelet Making Table**

Tickets are \$25/couple. Please add \$5 for each additional guests. Payment can be made to this link...

https://www.venmo.com/u/holytrinitydm

We sure hope you can make it to this special night. We look forward to pampering your special little lady.

Enrollment. Parishioner Enrollment started December 1st at the Diocese of Des Moines Catholic Schools, our students experience nurturing and innovative environments where smaller class sizes foster big dreams.

Plus, with Education Savings Accounts, an education at our schools might be more affordable than you think! All K- 12 Iowa students qualify for an ESA for the 2025-2026 school year.

Parishioner enrollment begins December 1.

- Parishioner priority enrollment December 1 -January 24.
- General Enrollment opens up January 25.

Schedule your visit today with Mercedies Steinkamp, email her at mercedies@htschool.org



From the Diocese & Community | January 19th, 2025

YOUR SUPPORT MAKES CATHOLIC SCHOOLS POSSIBLE AND SUCCESSFUL! ESAs are a benefit for lowa families and empower parents to choose the school that best meets their children's needs. ESA dollars do not provide an additional funding stream to Catholic Schools, rather ESAs provide parents the ability to pay tuition using government funds. Additionally, the actual cost of educating a child at our Catholic schools exceeds the amount of tuition charged. In 2023-2024, the average cost to educate a student in our schools was \$9,105/student in grades K-8 and \$12,918/student in grades 9-12.

Charitable giving and parishioner tithing support the cost to educate not covered by tuition payments or ESAs. We are grateful for the continued support our faith community provides. Your support not only makes Catholic schools possible, but successful!

Blood Donation. As we focus on heart health in February, consider a different way to give back to the heart of your community. Blood donation plays a vital role in heart surgeries, emergency treatments, and other medical needs that impact lives. Donating blood is a loving gesture that supports those who rely on the generosity of others. Share your heart by donating blood this month!

Join the Mission This Heart Month: Save lives, support heart health, and share your love by donating blood. To schedule your lifesaving appointment, by clicking the link below, visit lifeservebloodcenter.org, or call 800.287.4903.

Holy Trinity Catholic Church

02/15/2025 (08:00 am - 11:30 am) 2926 Beaver Avenue Holy Trinity Catholic Church - Gym Des Moines, IA 50310

If you have already scheduled a donation, THANK YOU! Can you help to spread our mission by inviting a friend, family member, or co-worker along to donate with you?

Silent Ignatian Preached Retreat with Fr. Larry Gillick, S.J., March 13-16, 2025. This retreat invites you into a deepening of relationship with God as you enter the Lenten journey. These three days of prayer and reflection will center on God's meeting Abram and three of His Apostles as they are. We'll journey with them as they are invited to a deepening of their relationship with God. No pointing of Divine Fingers but more the invitation to experience God's fidelity to our human fears and questions. Time will be spent in being who we are in God's loving gaze rather than preparing or changing our behavior to do what we should.

Cost: \$425 per person, including room and meals.

Location: Creighton University Retreat Center located one hour east of Omaha. Register here or use the QR code:



2025 Jubilee of Hope. "Hope does not disappoint" (Rom 5:5). In the spirit of hope, the Apostle Paul addressed these words of encouragement to the Christian community of Rome. Hope is also the central message of the coming Jubilee that, in accordance with an ancient tradition, the Pope proclaims every twenty-five years...For everyone, may the Jubilee be a moment of genuine, personal encounter with the Lord Jesus, the "door" (cf. In 10:7.9) of our salvation, whom the Church is charged to proclaim always, everywhere and to all as "our hope" (1 Tim 1:1). - Pope Francis, **Spes non confundi**

What is a Jubilee? Also known as a "Holy Year," a Jubilee is a special year of remission of sins and universal pardon. It is a time of spiritual renewal, pilgrimage, and reconciliation that occurs every 25 years. The concept is rooted in the biblical tradition found in the Old Testament, where a jubilee year occurred every 50 years, and was marked by the forgiveness of debts, liberation of slaves, and the return of land to its original owners.

<u>Visit the official website of the Jubilee from the Vatican to</u> stay up-to-date on all Jubilee news and events.



Notes on the Mass | January 19th, 2025

Second Sunday of Ordinary Time

Ordinary Time: For a large part of the liturgical year, we devote ourselves to listening to the mystery of Christ in all its aspects unfolded as we seek God's truth and understanding.

Reading I: Isaiah 62:1-5

God rejoices over you.

- The first reading from Isaiah compares the renewed city of Jerusalem to a radiant bride of the Lord.
- The image of marriage was often used to describe God's covenant relationship with the people.
- In today's passage, this image was designed to hearten the discouraged Jewish people as they attempted to rebuild their city.

Reading II: 1 Corinthians 12:4-11

One Spirit gives different gifts to each.

- In the second reading Paul reminds the Corinthians that they should use their spiritual gifts with order and reverence.
- The gifts are from one Spirit and will build the Christian community into one body.
- The presence and the generous sharing of these gifts are signs of the messianic age, the glorious wedding feast of God's kingdom.

Gospel: John 2:1-11

Jesus' first miracle at a wedding in Cana.

- Today's reading is the first miracle story in the Gospel of John.
- Throughout John's Gospel, Jesus' "hour" referred to the combined moments of his passion, death, resurrection and ascension.
- At the wedding in Cana, Jesus responds to his mother's request by performing a miracle to symbolize that hour.



Bring Home the Gospel | January 19th, 2025

Reading I Isaiah 62:1-5 | Psalm | Reading II 1 Corinthians 12:4-11 | Gospel John 2:1-11

Question For The Children What is one special gift that God has given to you to share with your friends or classmates?

Question For The Youth Jesus got his start in ministry through the urging of his mother. Who urges you to pray, go to Church, and do good works?

Question For The Adults God fills each of us with grace (miracles) and gifts, what is one grace (miracle) or gift that you have shared with your family?

Activity Of The Week Each evening at dinnertime, ask a different family member to name one gift that each other member of the family brings to the family.

Saint Of The Week Anthony the Abbot, Ascetic, 251-356 The death of his parents while he was still a teenager left Anthony with a large estate and a younger sister to care for. Some months later while attending Mass, Anthony heard in the Gospel, Christ's word to the young man, "Go, sell what you have, give the money to the poor, and follow me" [Mt 19:21]. Although the young man in the Scripture did not follow Jesus' advice, Anthony knew that those words were directed at him.

Signing over the best of his lands to his neighbors, Anthony sold the rest and gave most of the money to the poor, keeping only enough for the care of his sister and himself. They began to live an austere life of prayer and sacrifice.

Again, a few months later, he heard the words of Jesus, "Do not be anxious about your life, what you shall eat..." [Lk 12:22]. Anthony gave away his few remaining possessions, put his sister into a convent and became a hermit. He lived a life of prayer, penance, and the strictest austerity, eating only bread and water, and that only once a day. Even this he considered too soft and so, after a few years, he moved to an old fort on top of Mount Pispir in Egypt. Here he lived in complete seclusion, eating only what was thrown over the wall to him.

According to the writings of St. Athanasius, Anthony was constantly engaged in struggles with temptation during this time. In 305, after twenty years on the mountain, he came down from the mountain to organize his followers into what became the first Christian monastery. While loosely organized, the followers lived in solitude except for worship and were guided by a rule.

In 311, at the height of the persecution of Christians by Emperor Maximinus, Anthony again temporarily gave up his reclusive life and traveled to Alexandria to visit the prisons and encourage those Christians being held there. He had expressed the desire to suffer martyrdom himself, but that was not to be. When the persecution subsided, he returned to Mount Pispir, organized another monastery, and then retired to a cave near the Red Sea.

Around 355, Anthony again returned to Alexandria, this time to fight the Arian heresy (the denial of Christ's divinity). Here he worked with his friend, St. Athanasius, for a time before returning to his cave where he lived out the remainder of his long life.

St. Anthony is the patron of many things. Among them are domestic and farm animals, basket makers, and butchers. His Memorial is celebrated on January 17.

Anthony's message today: Like his friend, Paul the Hermit, Anthony chose a life of contemplation, and put himself entirely in the hands of God. It is never easy to trust in God to take care of our needs unless we have strong faith in his goodness, something we can only develop through prayer.

What is God's plan for your life? Do you accept it? How willing are you to put your trust in God?



Parish Calendar January 19th, 2025							
	Sunday [1/19]	Monday [1/20]	Tuesday [1/21]	Wednesday [1/22]	Thursday [1/23]	Friday [1/24]	Saturday [1/25]
School		No School		School Mass hosted by 3rd Grade 8:30AM		SCRIP Dress Down Day	
Faith Formation			OCIA (CH) 6:30PM	Faith Formation & Edge Class 6:30PM (Rms 103, 104)			Sunday Reading Groups Men (MC) 7:30AM Women (CH) 8:30AM
Adult Faith Formation	Mass 8:30AM & 10:30AM	No Communion Service	Mass 8:30AM Morning Prayer following 8:30 Mass	Mass 8:30AM	Mass 8:30AM Adoration 2-9PM Rosary 4:05PM	Mass 8:30AM Morning Prayer following 8:30 Mass	Reconciliation 3-3:45PM Mass 4:30PM
More	Coffee & Donuts following 8:30 & 10:30 Mass			Schola (CH) 6:30PM			Baptism (CH) 5:30PM

CH: Church | 101-106: Classrooms | DC: Day Chapel | K: Kitchen | MC: Media Center | PO: Parish Office | SR: Social Room

Upcoming Mass Schedule, Liturgy Schedule, and Intentions				
[1/19]	8:30AM	Mass	William F. McCroy II	
	10:30AM	Mass	Max Fahnlander	
[1/21]	8:30AM	Mass	Shawn Leonard	
[1/22]	8:30AM	Mass	Shirley Renda	
[1/23]	8:30AM	Mass	For those displaced by the fires in California	
	2-9PM	Adoration		
	4:05PM	Rosary		
[1/24]	8:30AM	Mass	For the Homeless	
[1/25]	3-3:45PM	Reconciliation		
	4:30PM	Mass	For the Parish	
[1/26]	8:30AM	Mass	Pat McGoldrick	
	10:30AM	Mass	Greg Gaul	

Upcoming Liturgical Ministers and Altar Servers				
Saturday	Altar Servers	Joan & Nora Niday and Frank & Louie Brett		
[1/25]	Lectors	Dave Bunkers & Karen Quiner		
4:30PM	ЕМНС	Team 1		
	Music Coordinator	Tom Quiner		
Sunday	Altar Servers	Hilari Thibodeau, Kaylee Maloney, Jacob Heikes and Andreo Castro		
[1/26]	Lectors	Scott Flood & Jacob Meradith-Eyers		
8:30AM	ЕМНС	Team 1/MC: Karen Quiner		
	Children's Liturgy	Team A: Janelle & Ian Kerr		
	Music Coordinator	Tom Quiner		
Sunday	Altar Servers	Ruth George, Jack Mundy, Kellan Murphy and Noah Dragoo		
[1/26]	Lectors	Rob Hoover & Billy Howe		
10:30AM	ЕМНС	Team 4/MC: Mark Amadeo		
	Children's Liturgy	Chris Coleman & Joan Niday		
	Music Coordinator	Eric Sharp		







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Jeff, Melissa, Vanessa, Marcella & Calvin Gart







· Taking the Journey Together ·