



Summer Swimming Lessons With Riptide

**Registration begins March 1, 2022
for group and private lessons.**

SESSION DATES:

**Session I Monday June 6 to Thursday June 16
Session II Monday June 20 to Thursday June 30
Session III Monday July 11 to Thursday July 21**

I'm amazed at the progress my daughter made. She learned to swim just a month ago in your first session and gained so much strength and skills in paddlers during the third session. It's a great program and we are looking forward to coming again next summer. Thank you for taking time with her and being so patient.



The Riptide Group Swimming Lessons are designed to give families an affordable way to teach kids water safety and basic swimming lessons. All lessons are taught with a method of cooperative learning, not force. We will work to build skills and confidence in the water in an environment where swimmers feel safe and welcome. Swimmers must be 4 by September 15, 2022.



Large groups and daycare providers are invited to contact us about opportunities for lessons no later than February 25th. We can accommodate up to 30 youth in one time slot.

My daughter is a good swimmer and we have a pool at home so I didn't know if lessons were necessary or not, but she learned so much! She had a great time! Her teachers pushed her to try new things, like the Butterfly, swim turns in the pool, diving off the block! I'm very happy we did them!

For more information

Website: www.dowlingcatholicriptide.org

Email: dchsyouthswimming@gmail.com

Call: 515-650-3534

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