**This is a list of the camps we will be tentatively hosting this summer. Please note all are subject to change. As of now there we are not having sign ups for camp yet - this is just for information purposes only**

**When signups become available visit dowlingcatholic.org and go to Activities/ Athletics page and click on Camps/ Clinics.**

**Boys Basketball**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Camp** | **Date** | **Time** | **Location** | **Cost** |
| 1st-2nd Grade Camp | June 15-18 | 1:00-2:15 | St. Francis | TBA |
| 3rd-8th Grade Camp | June 8-12 | 3rd-5th 8:30-10:00 AM  6th-8th 10:00 AM-12:00 PM | Dowling Catholic | TBA |
| Dowling Catholic Summer League  Grades 5-8 | June 16, 18, 23, 25, 30, July 2, | 5th-6th 10:00-11:00 AM  7th-8th 11:00 AM-12:00 PM | JC All Sports  (Grand Slam) | TBA |
| Varsity Boys Basketball Summer Program | June 1, 3, 5  June 8, 10  June 15,17  22, 24, 29  July 1 | 10:00-11:30 AM  7:15-8:15 AM  7:15-8:30 AM | Dowling Catholic | TBA |
| 10th Grade Summer Camp and Workouts | Camp June 2 - 3  June 5  Skill Sessions  June 9, 10, 16, 17, 24, 30, July 1 | 6:00-8:00 PM  1:00 - 3:00 PM  Skill Sessions:  Tuesday’s: 1:00 - 2:30 PM  Wednesday’s : 5:30 - 7:00 PM | Dowling Catholic | TBA |
| 9th Grade Summer Camp and Workouts | Camp June 2-4  Skill Sessions  June 7, 11, 14, 18 21, 25, 28, July 2 | 5:30-7:30 PM  Skill Sessions: Sunday’s 1:30 - 3:00 PM  Thursday’s 5:30 - 7:00 PM | Dowling Catholic | TBA |

\*\*\*When available: please **visit Dowlingcatholic.org** and go to the **Activities/ Athletics** homepage and click on **Camps/ Clinics**\*\*\*

**Girls Basketball**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Camp** | **Date** | **Time** | **Location** | **Cost** |
| 3rd-5th Grade Camp | June 8 - 12 | 12:30-2:00 | Dowling Catholic | TBA |
| 6th-8th Grade Camp | June 8 - 12 | 2:15-4:00 | Dowling Catholic | TBA |
| 5th-6th Skills, Live Play and Shooting Sessions | June 23, 25, 30  July 2, 7, 9  Shooting Sessions  June 26 & July 3 | 8:30-10:00 am  9:00-10:00 am | Dowling Catholic | TBA |
| 7th-8th Skills, Live Play and Shooting Sessions | June 22, 24, 29  July 1, 6, 8  Shooting Sessions  June 26 & July 3 | 8:30-10:00 am  9:00-10:00 am | Dowling Catholic | TBA |

**Football**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Camp** | **Date** | **Time** | **Location** | **Cost** |
| Jim Williams Camp | July 13 - 15 | 8am-4pm | Dowling Catholic Stadium | TBA |
| High School Camp | August 1-4 | 7:00 AM - 5:30 PM  Sunday: 12:00 - 8:30 PM | Dowling Catholic | TBA |
| Youth Camp | August 5 - 7 | 3rd-5th Grade  3:00 - 5:00 PM  6th-8th Grade 5:30-7:30pm | Dowling Stadium | TBA |

**Junior High Weight Lifting**

|  |  |  |  |
| --- | --- | --- | --- |
| **Junior High Weight Lifting** | **Dates** | **Times** | **Cost** |
| Junior High Weights | June 2 - July 23 | 8 - 9 AM 8th graders and all girls  9- 10 AM - all 7th graders | TBA |

**Volleyball**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Camp** | **Date** | **Times** | **Location** | **Cost** |
| 3rd-6th Grade Camp | June 15-19 | 8:00-9:30 am | Dowling Catholic | TBA |
| 7th Grade Camp | June 15-19 | 9:30-11:30 am | Dowling Catholic | TBA |
| 8th Grade Camp | June 15-19 | 12:30-2:30 | Dowling Catholic | TBA |
| 9th Grade Camp | August | TBA | Dowling Catholic | TBA |
| 10th-12th Grade Camp | August | TBA | Dowling Catholic | TBA |

**Yoga**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Camp** | **Date** | **Times** | **Location** | **Cost** |
|  |  |  |  |  |

**Soccer**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Camp** | **Date** | **Times** | **Location** | **Cost** | **Notes** |
| Soccer Camp  (U6 - U10)  Boys & Girls | June 29, 30 & July 1 | 5:30-6:30 | Dowling Catholic Stadium | TBA | Camp participants should bring the following:  Soccer Ball  \* Water Bottle  \* Soccer Shoes  \* Shin guards  \* Sunscreen |
| Soccer Camp  U11-U18  Boys & Girls | June 29, 30 & July 1 | 5:30-6:45 | Dowling Catholic Stadium | TBA | Camp participants should bring the following:  Soccer Ball  \* Water Bottle  \* Soccer Shoes  \* Shin guards  \* Sunscreen |

**Cross Country**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Camp** | **Date** | **Times** | **Location** | **Cost** |
| Boys Cross Country  Summer Training Camp  Grades 7 - 12 | June 15-August 1  Monday-Saturday  Training usually an hour and 15 minutes | 8:30am (alternative time of 6:30 first two weeks to accommodate those participating in summer school) | Dowling Catholic  Meet at the Baseball field bridge | TBA |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Camp** | **Date** | **Times** | **Location** | **Cost** |
| Girls Cross Country  Summer Training Camp  Incoming 9th – 12th | June 9-August 1  Tues/Wed/Thurs/Sat | Tues/Thur - Ironworks  6:45-7:45 AM  Wed - Dowling  6:45-7:45 AM  Sat - location rotates  7:00- 9:00 AM | Dowling Catholic | TBA |

**Ladies Clinic**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Camp** | **Date** | **Times** | **Location** | **Cost** |
| Ladies Football Clinic | August 8th | 6:00 – 9:00 PM | Waveland Golf Course | TBA |

**Yoga Camp**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Camp** | **Date** | **Times** | **Location** | **Cost** |
| Ladies Football Clinic | August 8th | 6:00 – 9:00 PM | Waveland Golf Course | TBA |