

16TH SUNDAY OF ORDINARY TIME + JULY 21, 2019
17TH SUNDAY OF ORDINARY TIME + JULY 28, 2019



Holy Trinity

Catholic Church & School

Where our hearts and our doors are open to Christ.

Holy Trinity Catholic Parish
is a faith-filled Eucharistic
community committed to
Christ-centered stewardship
especially through education,
justice, hospitality, and service.



“And I tell you, ask
and you will receive;
seek and you will find;
knock and the door
will be opened to
you.”

~ Luke 11:9

2926 Beaver Avenue • Des Moines, IA 50310 • 515.255.3162

www.holytrinitydm.org • www.htschool.org

Parish email: parishoffice@holytrinitydm.org • School email: holytrinity@htschool.org



WEEKLY THOUGHTS

JULY 21 & 28, 2019

Greetings.

We have just finished up with a great Vacation Bible School week here at Holy Trinity. Our children had the opportunity to learn more about their faith and have fun celebrating God. Our campers did an excellent job singing at 10:30 Mass this past Sunday. My thanks to John Mertes, Lynn Ernst, and an army of volunteers who made this week possible as well as shared their faith and talents as we are all called to do.

As I mentioned previously, I have resurrected the "Tuesdays with Father" social gathering/meal opportunity in the evening with parishioners, parish groups, etc. Sunday afternoon is also an option for those who would like an earlier time. On our parish website, if you go to the "Our Parish" drop down menu at the top of the page and choose "Parish Staff Directory," you will find a link under my name for scheduling these social gatherings and meetings (This link can also be used to schedule meetings in my office). You can also go directly to the link: <https://meetwithfrmark.as.me/> or call the Parish Office. It is my goal that this will make scheduling dates much easier.

I hope you will consider adopting a Tuesday evening or Sunday afternoon in the coming weeks and months as I look forward to continue making deeper connections in our parish family. I aspire to learn more about you and want to just be better acquainted with my parishioners. Furthermore, I would like to hear your vision for the future of Holy Trinity. Again, these can be single-family gatherings, a group of families, parishioners, neighbors, or friends. I hope to hear from you soon.

Have a good week,

Summer Bulletin Schedule

Over the summer months, the weekly church bulletin will be published every two weeks. Please make note of the publication dates and submission deadlines below.

Bulletin Dates

August 4th & 11th

Deadline

Friday, July 26th

We will resume weekly bulletin publication beginning August 18th. Thank you!



At Holy Trinity, we have a saying, "***All are welcome in this place.***" When finding the right school for your child, it's important to feel comfortable, safe and that you belong. We're not just your child's teachers or your neighbors. We're your second family. We're a community of educators, parents and advocates who are dedicated to taking this sacred journey together - with you.

**Start your journey now.
Enroll for the
2019-2020 school year.**

Spots available in:

- **3-year-old Preschool**
- **Developmental Kindergarten (for young 5 year olds)**
- **Kindergarten - 8th grade**
- **Tuition assistance available for Kindergarten - 8th grade - application deadline is July 31, 2019**
- **\$1,000 off first year of tuition for 1st - 8th grade students who transfer from a non-Catholic school**

For more information or to schedule your personal tour, please contact Melissa Heller, Enrollment Director, at 515.255.3162 x115 or mheller@htschool.org.

Register online at www.htschool.org



Follow us on Social Media

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[@htschooldm](https://twitter.com/htschooldm)





VACATION BIBLE SCHOOL 2019

Vacation Bible School 2019...Thank You!

Thank you to all our volunteers and participants for a great week of Vacation Bible School where we learned more about God and celebrated our faith! We realized that even though life changes...God is Good! Also, we were able to share our blessings and make a helpful donation to Blessman International Ministries who bring food and dignity to South African children & families. Again, many thanks to our volunteers who made this week possible!





PARISH & DIOCESAN NOTES

HOLY TRINITY TO HOST MASS & BREWS FOR YOUNG ADULTS ON THURS, JULY 25TH

The Diocese will host Mass & Brews on Thursday July 25th at HT. If you are a young adult(20's & 30's), please join us. Confessions begin at 6:15 pm. Rosary at 6:40 pm. and Mass begins at 7:00 pm. The location of the social afterwards will be announced later. Never been to one of our events? New to the area? Just have questions? Contact Justin White at 515-237-5098/515-237-5058 or (jwhite@dmdioocese.org).

CELTIC MUSIC CONCERT AUGUST 8TH

Each summer great Celtic musicians come over to entertain festival crowds. These year we are proud to bring "Doolin" to our central Iowa audience. We will host them at Hoyt Sherman auditorium on Thursday, August 8. Tickets for this 7:30 concert are 30.00 in advance, 35.00 day of show and are available at the Holy Trinity office. Please join us as we welcome this group to Des Moines.

ANNIVERSARY MASS

Join us for our annual Anniversary Mass! On August 4th during the 8:30 am Mass at St. Ambrose Cathedral, Bishop Pates will be honoring those couples in our diocese who have celebrated a milestone anniversary in the last year, with a reception to follow. A certificate of blessing is available with registration for couples celebrating milestone anniversaries (5 year increments and 50+ years). Reserved seating will be available for these couples and their families. This Mass is open to all families who would like to honor and celebrate marriage! To register call Cathy Gearhart at 515-237-5004 or email cgearhart@dmdioocese.org. St. Ambrose Cathedral is at 607 High Street, Des Moines.

ST. VINCENT DEPAUL CELEBRATION

Please join us at the St. Vincent de Paul Kickin' It Blue Jean Ball on Friday, August 2, 2019. Not only is this our annual fundraising event BUT it is also the 95th Anniversary of St. Vincent de Paul serving Central Iowa. Tickets are only \$95 (\$70 for young professionals under 35) OR you can be a Blue Jean sponsor for \$1,000 to reserve a table of 8. The evening will include dinner, drinks, live music, games, fellowship, and silent auction. Even if you can't make it, please consider making a donation to help ensure that no one, especially children go without their basic needs. Tickets, donations and sponsorships can be purchased/made on our website at <http://svdpdsm.org/news-events/kickin-it/>

Youth Ministry Summer Activities

Calling all high school youth! Join us each week for fun activities with our Youth Ministry program.

- **Monday, July 22** - Adventureland with St. Theresa's CYM
- **Wednesday, July 24** - Dinner and a Movie at HT in the social room, 6:00 pm
- **Wednesday, July 31** - Summer Bash at St. Mary of Nazareth Lawn, 5:00-10:00 pm (Bands will be playing)
- **Wednesday, August 7** - Bowling at Warrior Lanes, 6:00 -8:00 pm
- **Bible Study**—For those still interested, we will be starting a youth ministry bible study on God's Mercy. It is not too late to join this Bible Study which will meet on Thursdays. The location to meet will be Grounds for Celebration at 10:00 am. If you are able to attend, please let me know at christyp@holytrinitydm.org or call 255-3162 ext. 226.

For more information on any of the events listed above , please contact Christy Peletz at christyp@holytrinitydm.org.

FR. POLICH RETIREMENT CELEBRATION

Please join us in celebration of Father David Polich's retirement after 43 years of active priestly ministry. The celebration reception will be held from 2-5 PM, Sunday, August 11th, 2019 at Holy Trinity Catholic Church, 2926 Beaver Avenue, Des Moines, IA 50310.

The Green Par-Tee 4th Annual St. Luke's School Golf Fundraiser

We are excited to host our event at Talons of Tuscany Golf Course this year!! Attending this year's tournament will be a once in a lifetime event! It will be held at the private, 19-hole course of Dennis and Susan Albaugh, Talons of Tuscany, in Ankeny. We look forward to seeing members of the local community and Catholic Church come together for fellowship during this fun-filled occasion! 4-Person Best Shot - 1:00 pm Shotgun Start Check in starts at 11:30 am on Thursday, August 29th. Entry Fee: \$250/person includes green fee, golf cart, lunch and reception with tour of Dennis Albaugh's private car collection! Space is limited! Visit www.slte.org/events for registration and sponsorship submissions.





PARISH & DIOCESAN NOTES

SOCIAL MINISTRY EXPERIENCE

Poverty is a clear and present reality for many individuals and families, right here in America. However, unless you've experienced poverty for yourself, it's truly difficult to understand that this is NOT a stand-alone issue. It is a complex and interconnected web of many issues. And many Americans are only a single, missed paycheck away from living this reality. Interested in examining your beliefs about poverty? Are you willing to take the first step toward separating misconception from fact? The Center for Social Ministry invites you to participate in Re-Thinking Poverty, an experiential simulation that allows individuals to undertake living a month in poverty. Re-Thinking Poverty will be held on Tuesday, August 6, 2019, from 6-9 p.m., at the Windsor Heights Lutheran Church (1240 66th Street, Windsor Heights). The event is free of charge, and is open to the public. Because participation is limited, we do ask participants to register in advance, to reserve their place. To register, visit www.CenterForSocialMinistry.org.

HELP WANTED

Holy Trinity Parish is looking to fill a part time paid position for the **Schola Music Director**, to direct the choir for our 10:30 mass and holidays. This person must have these qualifications: Education In Music; Knowledge of liturgical music; Experience in teaching music, teaching adults a big plus; Proficient in piano (other instruments also a plus).

If interested, please contact Andy Negrete in the Parish Office at andyn@holyltrinitydm.org or 255-3162 ext.129.



Please remember the faithful departed...



Mike Duffy

Husband of Linda "Chick" Duffy
Brother of Jim Duffy
Parishioners

Margaret Hawkins

Mother of Barbara (Mel) Frueh
Grandmother of Christy (Tim) Sheaff
Parishioners

... God grant them eternal rest.

EMPLOYMENT OPPORTUNITIES

Administrative Assistant

The Diocese of Des Moines is seeking a high energy, organized individual to provide direct support to the Stewardship Department. This full-time position performs a key role in the organization and implementation of fundraising activities for the Diocese of Des Moines. The duties require a high level of service in a team environment and motivation to work independently on a variety of tasks. Experience with Blackbaud products or similar customer-relationship management software is preferred. Please go to <https://www.dmdiocese.org/> for more information. Qualified applicants are encouraged to send their cover letter and resume by August 1, 2019 to: hr@dmdiocese.org

Now hiring: Lead Teacher

St. Francis Wrap Around Program

St. Francis of Assisi Wrap Around Program provides care for St. Francis Preschool students when they do not have class. The program is for children from 2¾ - 5 years old. We provide a fun and loving atmosphere for the students of St. Francis, and we're currently seeking a full-time lead teacher position for the fall 2019-20 school year. This is a full-time position with benefits. Hours: Monday through Friday, 7:30 a.m.-3:30 p.m. or 8:30 a.m.-4:30 p.m. Qualifications are at this link on the Kids Care page of their website, which can be found here: <http://saintfrancischurch.org/youth/kids-care-program> To apply, submit your resume to Heather Gunson, Program Director, by July 31 at hgunson@saintfrancisschool.org.

EMPLOYMENT OPPORTUNITY

St. Francis of Assisi Catholic Church is looking to hire a Coordinator of High School Faith Formation. This position is responsible for directing the parish's efforts surrounding faith formation for high school students in grades 9-12. A minimum of a Bachelor's degree in Catholic Theology or Youth Ministry (or equivalent experience) is preferred. A successful candidate will have a heart for Jesus, a strong desire to share their faith with our young people, relate well to youth and adults, and have experience organizing both small and large-scale events. Please send resume, references and employment application (found on the parish website) by July 31 to Christen Cota, the Director of Faith Formation, at: 7075 Ashworth Road West Des Moines, IA 50266 ccota@saintfrancischurch.org.



Holy Trinity Summer Garage Sale

**Thursday, August 8th- 9AM to 5 PM,
Friday, August 9th- 9AM to 5 PM,
Saturday, August 10th- 9 AM to 12 PM**

Here is a list of items that sell well at our garage sale:

All types and styles of jewelry, clean clothing, toys, pots and pans, glassware, dishes and china (no cracks or chips, please), hardcover & paperback books, furniture in good condition, new small carpet samples (no room-size pieces), small appliances in working order, stereos, CDs, DVDs, radios, telephones, bedding and linens, drapery and curtains, sewing, needlepoint and craft materials, lamps and lampshades, pictures and frames, mirrors, silk flowers and plants, baskets, garden tools, sporting goods, new items of all kinds, and anything else of interest.

Look through your home for unused treasures.

If you don't use, donate it!

Please ... NO fax machines, printers, keyboards, TVs, VCRs, cassette tapes, magazines, textbooks or baby cribs.

You may drop off items for donation in the school gym beginning
Sunday, August 4th after 10:30 am Mass, and
9 am - 5 pm Monday, August 5th & Tuesday, August 6th.

Items will not be accepted after 5 PM Tuesday, August 6th.

They will be setting up all day Sunday, August 4th through Tuesday, August 6th. It takes many hours and many hands to get everything ready. If you can help all or part of the day, it would be greatly appreciated. Contact the Parish Office at 255-3162 to volunteer. This is a great way to earn service hours required for Holy Trinity Confirmation and Dowling Graduation.





SPIRITUALITY OF THE READINGS

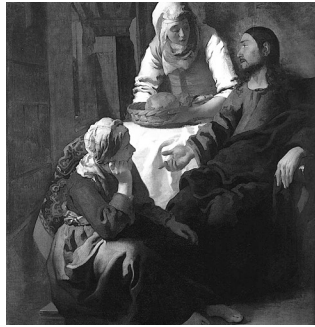
July 21, 2019

Reading I: Genesis 18:1-10a

Responsorial Psalm 15:2-3, 3-4,
5

Reading II: Colossians 1:24-28

Gospel: Luke 10:28-42



Welcoming God

Two stories about hospitality this week. But note well, they are about hospitality to God.

The First Reading says that Abraham was sitting outside on a hot day. He looked up to find three strangers standing nearby on the path, apparently nourishing their curiosity about the tent and its occupants. It is not clear that Abraham knew who they were, but for our part we are told that they were God appearing to Abraham.

How does Abraham react to this presence of God?

He bows deeply. He flies into action. He begs the men to relax from their journey and accept comfort, nourishment and rest. Beautiful hospitality in this Eastern part of the world.

Abraham quickly rushes into his great tent, issuing pell mell commands to Sarah, his wife. "Quick, quick, three measures of fine flour! Knead it and make rolls. I will get the best steer and command the servants to prepare it." He dashes outside to get curds and milk and after a long time, sets the whole meal before the men.

Quite a scene. Quite welcoming.

As the dinner progresses, Sarah is standing behind the tent flap listening. All at once the men make a sudden, astonishing statement to Abraham. Next year Sarah will bear a son by Abraham.

Sarah actually laughs out loud as she hears this absurdity about her dried-up body, nearly 89 years old. She is supposed to issue forth a tender baby.*

Even so, as you may know, the amazing thing does indeed take place, after a time, and thank God that Abraham listened to these men, the presence of God.

Second story. In the Gospel, Jesus enters the house of his friends Mary and Martha, and is warmly welcomed. As he sits down, Mary organizes herself at his feet and focuses her clear wide eyes upon him. Who is preparing the dinner? Mary's sister Martha bustles about doing just that.

Unfair!

Martha grows tired and exasperated, of course, and

finally comes over to demand that Jesus tell Mary to stop lounging and help out a little.

Surprisingly, Jesus says, no. "Mary has chosen the better part," he explains.

Maybe Martha should have said, "We are not having any food tonight, we are just going to sit and stare at you."

In truth, Martha's trouble was not that she was scrambling about, but that as she did so, she forgot about Jesus. She was not making him welcome, she was constructing a meal. He even tells her that she was anxious and worried about many things, not the one thing necessary.

What is the one thing necessary?

Relation to Christ. Real hospitality means a two-way relationship in which host and guest both open to each other and become present to one another in various ways. Yes, hosts do work on the details, and work hard. But they always remember the visitor while they prepare. Excellent hosts manage somehow to get everything ready but also to truly listen and converse with the one who has come.

That is how we are supposed to act every day.

We are to find God in all things, in all the people we know and/or help, and no matter how busy we might be, to relate to them because God is within them, deep in their souls. Touch them. Hear them. Prepare meals for their presence without forgetting about them. We will be giving hospitality to God himself.

Abraham gave it. Mary gave it. Martha forgot like you and I do, but she learned. Let's learn it too.

John Foley, S. J. of the Center for Liturgy

Image: *Johannes Vermeer, Christ in the House of Martha and Mary, (c. 1654-1655)*

FAITH QUESTIONS

Question for Children: Name a time when you shared what you had with a friend, or a classmate at school.

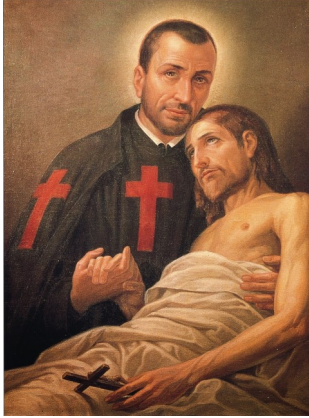
Question for Youth: Martha chose to serve, Mary chose to sit at Jesus' feet and listen to Him. Of those two actions, service or prayer, which do you feel more comfortable with? Why?

Question for Adults: The Gospel today invites us to serve and to be hospitable. When did you welcome Jesus into your home through the presence of a neighbor or a stranger?



SAINT OF THE WEEK

Camillus de Lellis, Soldier and Priest, 1550-1614



Born into an aristocratic family at Bocchianico in the Abruzzi province of what is now Italy, he grew swiftly to be a big man--six feet six inches tall and similarly proportioned. When Camillus was seventeen, he went off with his father to fight with the Venetians against the Turks.

During this sojourn, Camillus became infected with a disease

in his leg which was both painful to him and repulsive to others. This disease was to hound him for the remainder of his life. Admitted to the San Giacomo Hospital for the Incurables in Rome, Camillus developed a gambling habit. More than once, he lost everything he owned, including the shirt off his back, to gambling.

Discharged from the hospital, Camillus became a mercenary in order to earn his way. But often, gambling reduced him to want and a peace treaty between the Venetians and Turks took this livelihood away as well. Meanwhile the disease in his leg brought him back to San Giacomo. When his health improved, the hospital administrators gave Camillus menial jobs to do for a small pay, but gambling took most of his money from him. Finally having enough of his bad habits, the administrators fired Camillus and threw him out on the street.

In a fit of remorse, Camillus vowed to join the Franciscans, hoping that he might kick his gambling habit. Perhaps with this vow in mind, he accepted work as a laborer in the construction of new buildings at a Capuchin monastery. During this period, Camillus, almost twenty-five and recognizing where his gambling was taking him, fell on his knees and cried to God to have mercy on him. This, he later noted, was the mark of his conversion.

To fulfill his vow, Camillus entered the novitiate of the Capuchins, but the problem with his leg returned and he could not continue. Returning to San Giacomo, Camillus devoted himself to the care of the sick. This time, the administrators noted his sincerity and Camillus was eventually made superintendent of the

hospital.

One of the problems of the time in a hospital for incurables was that no one really wanted to be working there. Consequently, prisoners, the very poor, and those who somehow felt that they could take advantage of the sick were about the only people who were employed in the care of these unfortunates. Theft was common, and those near death were sometimes thrown into the burial pits with the dead bodies so that their belongings could be stolen.

Camillus tried hard to change this disreputable situation. His wanted to form a community who would care for the sick from a motive of charity rather than avarice, but his efforts were met with jealousy and suspicion. With the support of his confessor, St. Philip Neri, Camillus realized that he could only be successful in this ministry if he were a priest. Upon ordination, Camillus left San Giacomo and began to lay the foundation for his congregation.

During his lifetime, the congregation of Camillus de Lellis, known as the Ministers of the Sick (today called the Order of Hospitallers), opened several houses and hospitals for the care of the sick and wounded. His congregation also went along with troops who were fighting in Hungary and Croatia, thus establishing the first "field hospitals."

God granted Camillus the power of prophecy and the gift of miracles. He also was known to have received personal revelation from God on many occasions. St. Camillus de Lellis was canonized in 1746 and declared the patron of hospitals, nurses, and of the sick. The health care professions honor this saint and celebrate his gifts to their field on this date.

Camillus' message today: This saint recognized the slippery slope down which he was descending and, with the grace of God, turned himself around. God's grace is available to everyone whether they need abundant help, as Camillus did, or just enough to keep them on the right path in their journey of faith.

✠ *Do you regularly ask for God's grace or do you sometimes think that you can do it all on your own?*

Respect Life Corner

"Even the smallest person can change the course of the future" — J.R.R. Tolkien, *The Fellowship of the Ring*

www.holytrinityrespectlife.com

PARISH AND SCHOOL CALENDAR

	SUNDAY 07/21	MONDAY 07/22	TUESDAY 07/23	WEDNESDAY 07/24	THURSDAY 07/25	FRIDAY 07/26	SATURDAY 07/27
HT School		Summer Office Hours: 8 am – 2 pm					
Faith Formation							
Adult Faith Formation		Men's Bible Study 8:30 pm Rm 105			Adoration 2:00-10:00 pm		
Misc.				High School Youth Dinner & Movie 6:00 pm SR			
		Summer Office Hours: 8 am – 2 pm					

Mass and Liturgy Schedule and Intentions

Sunday, July 21st

8:30 am Mass Catherine Garozzo
10:30 am Mass Belin Recapuno

Monday, July 22nd

8:00 am Mass Communion Service

Tuesday, July 23rd

8:00 am Mass Don Waters

Wednesday, July 24th

8:30 am Mass Ruth Wright

Thursday, July 25th

8:00 am Mass Jack Wineinger

Friday, July 26th

8:00 am Mass For the Parish

Saturday, July 27th

4:30 pm Mass Barbara Fath

Sunday, July 28th

8:30 am Mass Beverly Poncin
10:30 am Mass Rita Dumas

Liturgical Ministers and Altar Servers

Saturday, July 27th at 4:30 pm

Altar Server	St. Matthew Team
Lectors	Chris Nigg
	Steph Zenti
EMHC	Team 2
Musical Coordinator	Tom Quiner

Sunday, July 28th at 8:30 am

Altar Server	St. Theresa Team
Lectors	Mark McAndrews
	Tammy Keiter
EMHC	Team 2
Children's Liturgy	Team C
Musical Coordinator	Tom Quiner

Sunday, July 28th at 10:30 am

Altar Server	St. Scholastica Team
Lectors	Kevin Cox
	Lisa Rea
EMHC	Team 1
Children's Liturgy	Team 3
Musical Coordinator	Mary Keck

CH - Church
101-106
Classrooms
DC - Day Chapel
Gym - Gymnasium
K - Kitchen
MC - Media Center
PO - Parish Office
Conference Room
SR - Social Room

Financial Blessings Ending Week of June 16, 2019

Budget (July 2018-June 2019)	\$1,019,700
YTD Budget thru June 16	\$990,117
YTD Actual Tithing thru June 16	\$952,929
YTD Overage (Deficit)	(\$37,188)
Weekly offertory collected	\$4,815
# of Donations Received	98

*† Give the spiritual gift of a Mass.
Offer it for the soul of a loved one or
someone special in your life. Contact the
Parish Office at 255-3162 to schedule a
Mass intention.*





PARISH CONTACTS

HOLY TRINITY CATHOLIC CHURCH

Rev. Mark Neal, Pastor

(515) 255-3162 ext. 126

<http://www.virtualclassroom.net/ht/>

PARISH OFFICE

Monday to Friday, 8:00 am to 4:30 pm

(515) 255-3162 ext. 128

SCHOOL OFFICE

Monday to Friday, 8:00 am to 4:00 pm

(515) 255-3162 ext. 116

Fax: (515) 255-1381

RELIGIOUS FAITH FORMATION OFFICE

(515) 255-3162 ext. 224

For a Staff Directory, Calendar, or a List of Ministries and Groups, please go to www.holytrinitydm.org

PARISH REGISTRATION

Registration forms are available in the pews, at the Parish Office or call 255-3162 ext. 128.

SCHOOL REGISTRATION

Contact Melissa Heller at 255-3162 ext. 115 or email mheller@htschool.org

MASS TIMES

Weekend

Saturday: 4:30 pm

Sunday: 8:30 am & 10:30 am

Weekdays

Monday: 8:00 am- Communion Service

Tuesday/Thursday/Friday: 8:00 am

Wednesday: 8:30 am-All School Mass

Adoration

Thursday: 2:00 pm-10:00 pm

Reconciliation

Saturday: 3:00 pm

SACRAMENTAL PREPARATION

Baptism: Class is held once a month on a Monday at 7:00 pm. Contact the Parish Office to register.

Matrimony: Contact the Parish Office at least 6 months prior to the wedding date.

RCIA: The Rite of Christian Initiation of Adults (RCIA) is the process adults go through to come into full communion with the Catholic Church., contact Jim Wilwerding at 771-1847 or jimw@holytrinitydm.org

FACILITIES SCHEDULING & RENTAL

Parishioners may call Andy Negrete at 255-3162 ext. 129 for more information.

PASTORAL CARE

Anointing of the Sick: Contact the Parish Office at 255-3162 ext. 128.

Communion to the Sick: If you are aware of someone who is homebound or in the hospital or nursing home and would like to receive communion, contact Sandy at 255-3162 ext. 124.

Prayer Chain: In the event of a crisis or serious illness of a family member or friend, your party will be included (with their permission) through a phone tree of parishioners who offer prayers daily.

BULLETIN ARTICLES

Submit no later than noon, Friday (10 days before date of Sunday bulletin). Email: parishoffice@holytrinitydm.org
Articles will be subject to edit and available space.

Advertisers of the Week

Please support our parishioners and their local businesses listed on the back page.



To advertise your business, please contact Andy Negrete in the Parish Office 255-3162 ext. 129 or andyn@holytrinitydm.org

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www.bigredq-desmoines.com

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 KAPOW massage + wellness Katy Polich Owner/Parishioner 5601 Hickman Rd Ste #6 515-770-9515	Ingersoll Family Dentistry Bernard Gradoville, D.D.S. 2800 Ingersoll Ave. • Des Moines IA 515-243-2412	 SAY MORE WITH BOESEN SINCE 1923 Boesen.com 3422 Beaver & 3801 Ingersoll 515-244-ROSE (7673)	 Better Homes REAL ESTATE Kim Cross, REALTOR® 117 E Salem Ave, Indianola 515-577-2348 email: kim@kimcross.net	 Westover Chapel 276-4567 Dunn's Chapel 244-2121 Grandview Park 262-1652 Kelly Broderick
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