

Holy Trinity Catholic Parish is a faith-filled Eucharistic community committed to Christ-centered stewardship especially through education, justice, hospitality, and service.



2926 Beaver Avenue • Des Moines, IA 50310 • 515.255.3162

www.holytrinitydm.org • www.htschool.org

Parish email: parishoffice@holytrinitydm.org • School email: holytrinity@htschool.org

# Join us for a Healing Mass on Sunday, March 3rd at 1:00 p.m.



If you or a family member want to experience God's healing grace, come to the Healing Mass on Sunday, March 3<sup>rd</sup> at 1:00 p.m.

Father Mark along with two other priests will offer the Sacrament of the Sick during this Sunday liturgy. Anyone experiencing pain or distress whether mental, physical, or spiritual, is a candidate for the Sacrament of the Sick. For more information, contact Sandy at 255-3162 ext. 124.

ALL parishioners are welcome to attend and offer community support to those in need of healing. Refreshments will follow Mass in the Social Room.



# SPIRITUALITY OF THE READINGS

Reading I: Jeremiah 17:5-8 Responsorial Psalm 1:1-2, 3, 4 and 6 Reading II: 1 Corinthians 15:12, 16-20

Gospel: Luke 6:17, 20-26



### **Happy Are You**

"The glass is either half empty ...

... or broken," said a discouraged detective in one of Jonathan Kellermann's mystery novels.

The beatitudes Jesus proclaims this Sunday seem for all the world like the broken option. Blessed are those who are poor, hungry, weeping, hated, excluded, insulted, and denounced. Are these really beatitudes?

What is a beatitude supposed to be, anyway?

They were an ancient formula for encouraging people to do good. For instance, in this week's Responsorial Psalm, which is the first psalm in the bible, we read, "Blessed is the one who does not take the wicked for his guide, nor walks the road that sinners tread."

And Psalm 41 says, "Happy those concerned for the lowly and poor; when misfortune strikes, the Lord delivers them. ... " Jeremiah 17 has "Blessed is the one who trusts in the Lord . . , he is like a tree planted [next to] water that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green."

Beatitudes are numerous and beautiful in the Old Testament. They all say this: if you do a particular thing, you will receive blessings. Beatitudes were consolations, helping their hearers to be good persons.

But Jesus seems to have reversed the idea. Blessed are you if you do the deed of suffering.

Wait, Lord, what do you mean? I am supposed to seek to be penniless and sorrowful and in pain? Why would you want me to be in such a terrible state?

There have been many opinions on this. But your author has his own guess.

A person has to be open and empty in order to let God and others come in. If we want to love and be loved we need to have space at the center of who we are. And then goodness will come in.

Consider a rich person who "has everything." Isn't he tempted to let his possessions define who he is? "Attack my property and you attack me," he might say. Possessions become an "instead of." Instead of love I choose something more stable [so it looks]: cars or boats or corporations or just plain power. Instead of eating only what I need, each North American who goes to a restaurant can eat enough for five people! Would you like another order of French fries, the waiter asks after we have already finished a steak the size of a serving plate and a quadruple order of fries.

Yet the principle running through all the beatitudes is this: you are blessed if you don't cram yourself full. Full of food, drink, pride, drugs, fame, sex, visits to the beach, stunning hair-do's, flattest abs, shiny teeth, fast cars, every kind of wealth, and of course reputation. Instead, blessed are you if you stay empty, if you become a spacious home for God, for other human beings, for the long-suffering earth.

We are built to be quiet receivers, people who know they are empty and yet are patient. There is only one reality, only one Being who can give us the bread of life, who can satisfy our deep hunger for love. Don't you want to welcome it into your soul instead of flying around at fastest pace having fun fun?

Blessed are you if you let go into his arms.

John Foley, S. J. of the Center for Liturgy

Image: Rembrandt, Christ Crucified Between Two Thieves, ca. 1641

### FAITH QUESTIONS

**Question for Children:** How do you experience God's blessing in difficult times, when you are sad, hungry, or when friends reject you?

**Question for Youth:** How does trusting in God make a difference in your life?

**Question for Adults:** In today's Gospel, we are reminded that we will be either blessed or have woe done unto us. It's a challenging teaching! Which half of this Gospel reading applies to you?



### PARISH & DIOCESAN NOTES

### **BRING IN YOUR PALMS**

We will collect your old blessed palms at the Masses this weekend. Bring your palms and place in the copper kettle in the center aisle of our Church. These will be burned and the Ashes used for Ash Wednesday services.

### **BOY SCOUT CAMP CARDS**

Holy Trinity's Boy Scout Troop 77 is selling Camp Cards after all Masses on February 23rd and 24th to raise money for summer camp. Cards are \$5 and provide discounts to Casey's, Earl May, Bass Pro, Cost Cutters, Cub Club and many more! The Boy Scouts will be hosting coffee and donuts after both Sunday Masses. Please join us & thank you for your generosity and support!

## SAVE THE DATE FOR THE NEXT HT BLOOD DRIVE

Calling all eligible blood donors! Holy Trinity will host a blood drive on Saturday, March 2nd from 8:00 a.m. till Noon. Sign up now online at the Bloodserve Center website-www.lifeservebloodcenter.org or call Sandy in the Parish Office at 515-255-3162 ext. 124.

### NEXT BAPTISM CLASS

If you would like your child baptized at Holy Trinity, our next Baptism Class is Monday, February 18th. Preregistration is required. Please contact the Parish Office at parishoffice@holytrinitydm.org or 255-3162 ext. 128 to sign up. We look forward to celebrating this Sacrament with your family!

### Girl Scouts Cookies Available at HT!

Girl Scout Juniors (4th grade) and Daisies (1st grade) are excited to host coffee and donuts after 8:30 AM and 10:30 AM Masses on Sunday, February 17th. The girls will also have on hand all of your favorite Girl Scout cookies: Thin Mints, Caramel Delights, Peanut Butter Patties, etc. for \$4 a box. They are also excited to introduce the NEW gluten free Caramel Chocolate Chip Cookie at \$5 a bag. Our cookie sales help fund drama and art classes, horseback riding, and cabin sleepovers, to name just a few activities.

### THANK YOU! THANK YOU!

A big THANK YOU to all who attended the omelet breakfast to kick off Catholic Schools week. Over 150 were served and we added over \$700 to the school endowment. A big thank you also goes out to all of the parishioners who help prepare, cook, serve and clean up. Your efforts are making a difference for our school!

### **NCYC Informational Meeting**

Any current 8th graders to 11th graders are invited to attend an informational meeting about NCYC or National Catholic Youth Conference on Monday, February 25, 2019 at 6:30 pm



in the Media Center. NCYC will be held in Indianapolis, Indiana on November 21-23, 2019If you have any questions please contact John Mertes at johnm@holytrinitydm.org for more information.

### SERVICE OPPORTUNITY

Are you feeling the Holy Spirit calling you to share the Eucharist with others? We are in need of Eucharistic ministers to distribute Communion to patients at Unity Point/Methodist hospital on Sundays. If you are interested please contact Tammy Keiter (515-577-5754 tfkeiter@msn.com) or Sharon Provost (provost.sharon7@gmacom or 515-707-2139). We are having an informational meeting for hospital Eucharistic Ministry on Tuesday, February 19th at 6:30 pm in Room 102 at Holy Trinity. Join us to hear what this humbling and rewarding vocation is all about.



### A CLASH OF CREEDS comes to Holy Trinity on February 23rd

A Clash of Creeds is a conversation between three historic figures of the 20th century: Margaret Sanger, founder of Planned Parenthood, Ayn Rand, author of Atlas Shrugged, and St. Mother Teresa of Calcutta, founder of the Missionaries of Charities. To this day, their creeds clash in the public square, houses of worship, and even our families. A Clash of Creeds is dramatically presented in their own words, and moderated by one of the 20th century's great wits and intellect, G.K. Chesterton. Get ready for great theater! Doors open at 5:30 PM on Saturday, February 23rd for wine & appetizers with showtime at 6:15 P.M. A free will offering will be taken.



### PARISH & DIOCESAN NOTES

### DONATIONS NEEDED

Donations are needed at our 1426 6th Ave. and 520 Army Post Rd. locations. Store proceeds are used to fund programming that serves the local



community, with clothes also being given out in our clothing pantry. As a thank you for your continued support, mention this bulletin notice when you donate and receive a 10% off coupon for our store. If you are unable to drop donations off, please call 515-282-8328 to schedule a pick-up. Furniture items are especially needed during these cold winter months. Thank you for helping us help others!

### Trivia Night - Come Join the Fun!

Knowledge Wanted! But not required....Come join us for the Center for Social Ministry's annual Trivia Night. Trivia Night is your opportunity for food, fun and to show your support of our work of social justice and poverty awareness education. When: Saturday, March 2, 2019 from 6-9 p.m. (Dinner at 6 p.m. Trivia at 7 p.m.) Where: Catholic Pastoral Center, 601 Grand Avenue, Des Moines, IA. Cost: \$200 for a table/team of eight. Individual tickets are available for \$25 each. Recruit your friends, family, co-workers, or book club to form a team. There will be games and prizes. Dinner, beverages, and snacks are included. The winning team members will receive a prize, and of bragging rights. To register, visit www.centerforsocialministry.org/trivia-night/. Team registrations are appreciated by February 15. All proceeds will benefit the Center for Social Ministry.

### JOIN US FOR ENCOUNTER -A NIGHT OF WORSHIP

Encounter is a group of musicians that comes together on the first Friday of every month to give of ourselves and our talents back to Christ. We have done this by putting together a night of worship. On the first Fridays of every month at 7 pm, we gather at St. Pius X Catholic Church (66th & Douglas Ave. Urbandale) for a night or worship with music, confession, fellowship and most of all adoration. We have dedicated an hour to this once a month and also with us ending in night prayer. Our group wants to send an invitation out to parishioners of all parishes to get more involvement from the diocese as we are one body, together in Christ. This is a night of worship for all members of the family and is completely free! We hope you can join us.

### PEACE MINISTRY DINNER & PROGRAM

Catholic Peace Ministry's Bishop Dingman Peace Award will be held Saturday, March 30, 2019 at Holy Trinity Catholic Church, 2926 Beaver Ave., Des Moines. Please join us for food and fellowship in the parish hall at 6 pm and for the speaker and award program in the sanctuary at 7:30 pm. Tickets are \$50. Limited scholarships are available.

This year's awardee is Carolyn Uhlenhake Walker, a long-time peace and climate activist, teacher and mentor from Des Moines. Our speaker is Jeffrey Biggers of Iowa City, the author of Resistance: Reclaiming an American Tradition. He is an award-winning historian, journalist and playwright. Biggers founded the Climate Narrative Project and served as the Sustainability Writer-in-Residence at the University of Iowa from 2014-2017. For more information or to reserve tickets please call Patti McKee at 515-803-1152 or email to catholicpeaceministry@gmail.com.

### MASS OPPORTUNITY

In preparation of Lent, St. Anthony Church in Des Moines is hosting a special presentation on the Devotion to the Holy Face of Jesus, Saturday, March 2nd at the 8:30am Mass. The Holy Face of Jesus devotion is a work of reparation to bring us into a deeper personal relationship with Our Lord. The presentation is the Saturday just prior to Shrove Tuesday. All are welcome!



# Please remember the faithful departed...

### **Jack Wineinger**

Husband of Maggie Wineinger of our Parish

... God grant him eternal rest.

### Respect Life Corner

"Defend the unborn against abortion even if they persecute you, calumniate you, set traps for you, take you to court or kill you. No child should be deprived of the right to be born, the right to be fed, the right to go to school."

--His Holiness, Pope Francis

www.holytrinityrespectlife.com



# **Holy Trinity Spring Garage Sale**

Thursday, March 21st - 9AM to 5 PM • Friday, March 22nd - 9AM to 5 PM, Saturday, March 23rd - 9 AM to 12 PM

Here is a list of items that sell well at our garage sale: all types and styles of jewelry, clean clothing, toys, pots and pans, glassware, dishes and china (no cracks or chips, please), hardcover & paperback books, furniture in good condition, new small carpet samples (no room-size pieces), small appliances in working order, stereos, CDs, DVDs, radios, telephones, bedding and linens, drapery and curtains, sewing, needlepoint and craft materials, lamps and lampshades, pictures and frames, mirrors, silk flowers and plants, baskets, garden tools, sporting goods, new items of all kinds, and anything else of interest. Look through your home for unused treasures. If you don't use, donate it!

Please ... NO fax machines, printers, keyboards, TVs, VCRs, cassette tapes, magazines, textbooks or baby cribs.

You may drop off items for donation in the school gym beginning Sunday, March 17th after 10:30 am Mass, and 9 am - 5 pm Monday, March 18th & Tuesday, March 19th.

### Items will not be accepted after 5 PM Tuesday, March 19th.

They will be setting up all day Sunday, March 17th through Tuesday, March 19th. It takes many hours and many hands to get everything ready. If you can help all or part of the day, it would be greatly appreciated. Contact the Parish Office at 255-3162 ext. 128 to volunteer. This is a great way to earn service hours required for Holy Trinity Confirmation and Dowling Graduation.

### Welcome to Holywood!



The Red Carpet Gala website is up and running! Visit the website at bit.ly/HTRedCarpetGala keep up with all the Holy Trinity Red Carpet sightings! It can be your one

stop shop to learn about the gala! On the website, you will be able to donate items, become an award winning sponsor, get sneak peeks at many of the wonderful items up for bid, purchase your gala dinner tickets, and learn about mobile bidding!

The gala is a great fundraiser for our Holy Trinity Community. Part of what makes the gala so wonderful is the tremendous food, entertainment, and atmosphere that the evening provides. If you or your business would like to be on the Red Carpet Walk of Fame by sponsoring the costs of the gala, please reach out to Jenith Burry, Gala Director (auction@htschool.org or 255-3162 x 127). All sponsors will be recognized on the Red Carpet website, in our event program, on all mobile bidding devices, as well as on gala signage.

You are cordially invited to the

2<sup>nd</sup> Annual Holy Trinity Church & School



Presented by the Holy Trinity PTO

Saturday, March 9, 2019

6pm - Buffet Dinner; 7 to 9pm - DJ, Dancing & Desserts

### The River Center Eventorium

340 SW Third Street, Des Moines. Free Parking in a Principal Park lot - specially reserved for our event!

Girls may be escorted by Dad, Grandpa, an Uncle, or another adult to the event which includes a buffet dinner followed by a DJ, dancing and desserts.

\$75/couple plus \$25 per additional child.

Ticket sales will close on Monday, March 4, 2018. Purchase tickets online at www.htschool.org HT families are welcome to purchase tickets for guests. Financial assistance is available - please contact the Parish Office for more information. QUESTIONS? Email estrawn@stantonparkgroup.com.



# SAINT OF THE WEEK & PARISH SCHOOL NOTES

### Valentine, Martyr, d.c. 269



There is some confusion about the life of Valentine. There may have been two Valentines, one a priest and physician in Rome, the second the bishop of Interamna, a town about sixty miles from Rome. Many scholars believe that these were one and the same person.

Valentine, the priest, cared for Christians who were being persecuted under Claudius II. Arrested for this, he was sent by the emperor to the prefect of Rome who tried to persuade Valentine to renounce his faith.

The prefect failed in his efforts, and he ordered Valentine to be beheaded. The execution took place on February 14, 269. He was buried on the Flaminian Way in Rome where a church was erected in his honor and a gate, the Porta Valentini (now known as the Porta del Popolo) was named for him.

Valentine, the bishop, was also beheaded and buried on the Flaminian Way though he is said to have been executed in Interamna where a great devotion to the saint built up immediately. Tradition has it that he also was killed on February 14, however the year of his death is put in 273. It is entirely possible that Valentine, the bishop, was brought to Rome where he was put to death, thus, given our inexact knowledge of early dates, it is likely that Valentine, the priest, and Valentine, the bishop, are the same person.

The custom for young men and women to choose each other as Valentines on this day is based on the popular medieval belief, recorded in literature as early as Chaucer that birds began to pair on this day. Early references to the custom were contained in a letter written in 1477 by Elizabeth Drews to a prospective bridegroom concerning her marriageable daughter, Margery, and Margery's letter which refers to him as "...my right well beloved Valentine."

Valentine's message today: Since we know that "God is love," it seems appropriate that we should associate one of God's saints with love. We should remember, however, that God does not want us just to love those who are near to us. Jesus told us that we must love our enemies as well.

Do you pray for your enemies? Do you make any effort to understand their position? Have you tried to make peace with them?





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Register online at www.htschool.org

### PARISH AND SCHOOL CALENDAR

	SUNDAY 02/17	MONDAY 02/18	TUESDAY 02/19	WEDNESDAY 02/20	THURSDAY 02/21	FRIDAY 02/22	SATURDAY 02/23
HT School		No School KC Open		All School Mass hosted by 4th grade 8:30 am	Battle of the Books 7:30 am <b>MC</b>	Lego Club 7:15 am <b>MC</b> SCRIP Jeans Day	
Faith Formation RE				NO Faith Formation/ Edge			
Adult Faith Formation			RCIA		Adoration 2:00-10:00 pm		
Misc.	Coffee & Donuts after both Masses hosted by Girl Scouts	Baptism Class 7:00 pm		Catechist In-Service			Clash of Creeds Doors open at 5:30 pm Showtime at 6:15 pm

### Mass and Liturgy Schedule and Intentions

Sunday, February 17th

8:30 am Mass Monica Waters 10:30 am Mass Sharon Mahoney

Monday, February 18th

8:00 am Mass Communion Service

Tuesday, February 19th

8:00 am Mass Bill Hicks

Wednesday, February 20th

8:30 am Mass For the intentions of Megan Kuhlers

Thursday, February 21st

8:00 am Mass Marilon Hardy

Friday, February 22nd

8:00 am Mass For the Parish

Saturday, February 23rd

4:30 pm Mass Don Hilbert

Sunday, February 24th

8:30 am Mass Jack Wineinger 10:30 am Mass Virgil Hefner

†Give the spiritual gift of a Mass.

Offer it for the soul of a loved one or someone special in your life. Contact the Parish Office at 255-3162 to schedule a mass intention

### Financial Blessings Ending Week of January 20, 2019

Yearly goal (July 17-June 18) \$1,019,700 Weekly offertory collectd \$30,341 Year to date offering \$571,479

### Liturgical Ministers and Altar Servers

Tom Quiner

Saturday, February 23rd at 4:30 pm

Altar Server St. Luke Team
Lectors Jenn O'Tool
Gary Thull
EMHC Team 2

Sunday, February 24th at 8:30 am

Organist/Pianist

Altar Server St. Thomas Team
Lectors Chris Coleman
Linda Brice
EMHC Team 2
Children's Liturgy Team A

Sunday, February 24th at 10:30 am

Altar Server St. Maria Team Lectors Rob Hoover Teresa Baustian

EMHC Team 4
Children's Liturgy Team 4
Musical Coordinator Jim Shutt

CH -Church 101-106 Classrooms DC - Day Chapel Gym -Gymnasium K - Kitchen MC - Media Center PO - Parish Office Conference Room **SR** - Social Room





### PARISH CONTACTS

### HOLY TRINITY CATHOLIC CHURCH

Rev. Mark Neal, Pastor (515) 255-3162 ext. 126

http://www.virtualclassroom.net/ht/

### **PARISH OFFICE**

Monday to Friday, 8:00 am to 4:30 pm (515) 255-3162 ext. 128

### SCHOOL OFFICE

Monday to Friday, 8:00 am to 4:00 pm (515) 255-3162 ext. 116

Fax: (515) 255-1381

### **RELIGIOUS FAITH FORMATION OFFICE**

(515) 255-3162 ext. 224

For a Staff Directory, Calendar, or a List of Ministries and Groups, please go to www.holytrinitydm.org

### **PARISH REGISTRATION**

Registration forms are available in the pews, at the Parish Office or call 255-3162 ext. 128.

### SCHOOL REGISTRATION

Contact Melissa Heller at 255-3162 ext. 115 or email mheller@htschool.org

### **MASS TIMES**

Weekend

Saturday: 4:30 pm

Sunday: 8:30 am & 10:30 am

Weekdays

Monday: 8:00 am- Communion Service Tuesday/Thursday/Friday: 8:00 am Wednesday: 8:30 am-All School Mass

Adoration

Thursday: 2:00 pm-10:00 pm

Reconciliation Saturday: 3:00 pm

### SACRAMENTAL PREPARATION

Baptism: Class is held once a month on a Monday at 7:00 pm. Contact the Parish Office to register.

**Matrimony:** Contact the Parish Office at least 6 months prior to the wedding date.

RCIA: The Rite of Christian Initiation of Adults (RCIA) is the process adults go through to come into full communion with the Catholic Church., contact Jim Wilwerding at 771-1847 or jimw@holytrinitydm.org

### **FACILITIES SCHEDULING & RENTAL**

Parishioners may call Andy Negrete at 255-3162 ext. 129 for more information.

### PASTORAL CARE

Anointing of the Sick: Contact the Parish Office at 255-3162 ext. 128.

Communion to the Sick: If you are aware of someone who is homebound or in the hospital or nursing home and would like to receive communion, contact Sandy at 255-3162 ext. 124.

Prayer Chain: In the event of a crisis or serious illness of a family member or friend, your party will be included (with their permission) through a phone tree of parishioners who offer prayers daily.

### **BULLETIN ARTICLES**

Submit no later than noon, Friday (10 days before date of Sunday bulletin). Email: parishoffice@holytrinitydm.org Articles will be subject to edit and available space.

### Advertisers of the Week

Please support our parishioners and their local businesses listed on the back page.

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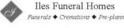
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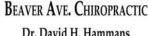


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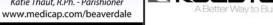
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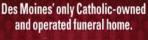
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or andyn@holytrinitydm.org